



**The Harrington Senior Center**

Phone: (302)-398-4224  
Fax: (302)-398-4421  
Email: karen@harringtonseniorcenter.org  
Website: harringtonseniorcenter.org

Facebook: Like Harrington Senior Center & Friend us at Harrington Senior

**HOURS: Monday–Thursday 8:30 AM- 4:00 PM  
Friday 8:30 AM–2:00 PM**

**December  
2023  
Volume 42,  
No. 12**



**The front desk closes 15 minutes prior to the Center closing time. Please handle all transactions by this time.**

**MESSAGE FROM THE EXECUTIVE DIRECTOR—KAREN CROUSE**

**The Board of Directors and Staff would like to wish everyone a very Happy Holiday Season however you celebrate them. We all have our own traditions and let those traditions continue as the world changes around us. We all have a gift and if we share that gift we will always bring a smile to someone.**

**Merry Christmas and Happy New Year!**



**WEATHER CLOSINGS**

Winter has arrived and with that it will more than likely bring Center closings due to bad weather. We will always error on the side of caution for our members and staff. Closings or delays will be announced on WBOC, our Facebook page, and an email will be sent out. With our new system we should be able to send calls.

**2024 DUES INFORMATION**

**We will start to collect dues on Tuesday, January 2nd for our new membership year. We will be mailing out a new membership form in order to collect updated and additional information. Our new system allows us to track information that grants require us to submit so please do your best to answer all questions. We do not share this information with anyone and we will not question you.**

**Dues are increasing to \$25.00 for the calendar year due to being in a much larger facility. We have not increased dues in 6 years and yet cost have increased and we have added many new programs.**

# CENTER ACTIVITIES

## INDOOR PLANT CARE PRESENTATION

**DATE: Monday, December 11th**

**TIME: 10:00am (DR)**

**SIGN UP BEGINS: NOW**

Kent County Master Gardeners will be presenting information on caring for house plants.



## FIRE PREVENTION AND FREE SMOKE DETECTORS PRESENTED

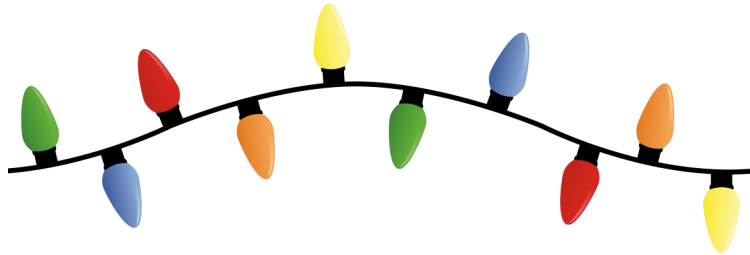
**BY THE HARRINGTON FIRE  
DEPARTMENT**

**DATE: Tuesday, December 12th**

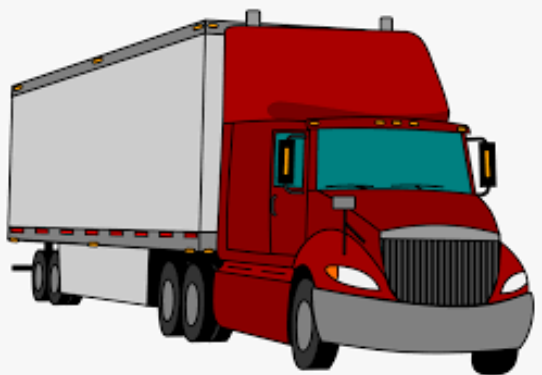
**TIME: 2:00 pm (DR)**

**SIGN UP BEGINS: Now**

During this time, a brief fire prevention presentation centered around holiday safety will be presented. Free smoke detectors will be available for pick-up. It is very important that you sign up for this event to ensure we have enough smoke detectors available.



## Harrington Logistics



**111 Reese Avenue**

**Harrington DE 19952**

**Is A Proud Sponsor of the  
Harrington Senior Center**

## CENTER ACTIVITIES

### CHRISTMAS TREE CRAFT

**DATE: Wednesday, December 13th**

**TIME: 1:00 pm (DR)**

**MEMBER COST: \$5.00**

**SIGN UP NOW**

You will be able to create a Christmas Tree similar to the one below. All materials are provided. You will have lovely instructors to guide you through the decorating.

Pace Your Life will be providing drinks and Christmas snacks during this time for you to enjoy.



**BLUE HEN**  
CONSTRUCTION

**Hours of Operation:**

**8:00 AM—5:00 PM Monday—Friday**

**9:00 AM—4:00 PM—Saturday**

**Owned by Darrin & Laura Simpson**

**Address: 1 Dorman Street**

**Harrington DE 19952**

**Telephone Number: (302) 363-0343**

# CENTER ACTIVITIES



## DECEMBER BIRTHDAY PARTY & CHRISTMAS FEAST PARTY CELEBRATIONS



GUEST PERFORMERS WILL BE THE LAKE  
FOREST CENTRAL ELEMENTARY  
CHORUS

**DATE: Thursday, December 14th**

**TIME: NOON for In-Person**

**11:15 AM – 11:45 AM for Curbside Pick-Up**

**COST: \$7.00 age 60+ and \$10.00 under age 60.**

**YOU WILL PAY AT THE DOOR**

**SIGN UP BEGINS: NOW**

**SIGN UP ENDS: Tuesday, December 12th**

**MENU: Roast Turkey with Gravy, Cranberry Sauce, Herb Dressing, Candied Sweet Potatoes, Green Beans with Bacon, Roll, Sweet Potato/Apple Pie (To Take Home)**

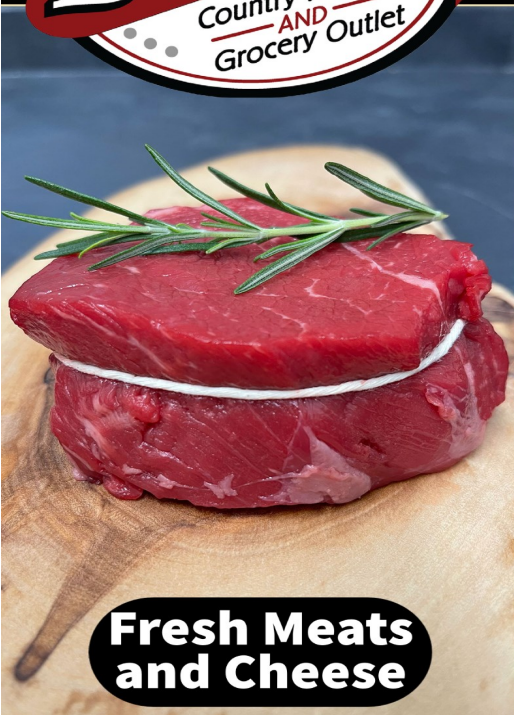
**CAKE: Jean Miller ICE CREAM: Doris Calhoun, Sherry Clark and Toni Bergfelder**

**WE WILL HAVE AN ORNAMENT EXCHANGE SO PLEASE BRING A WRAPPED ORNAMENT IF YOU WANT TO JOIN IN THE FUN!**



*Your Neighborhood*

**Country Market &  
Grocery Outlet**



**Fresh Meats  
and Cheese**



**Crafted Coffees &  
Lattes**



**Daily Baked  
Bakery Goodies**



**www.bylers.com  
(302) 398-0398**

**Local Fresh  
Produce**

## CENTER ACTIVITIES & TRIPS



### GNOME RAFFLE

You can purchase  
raffle tickets for  
this very cute  
Skiing Gnome.

Tickets are  
available in  
Michelle's office.  
We will draw the

lucky ticket at our Birthday Party/  
Christmas Feast on December 14th. You  
do not need to be present to win.

\$1.00 per raffle ticket or 6 tickets for  
\$5.00

### LET'S GO SEE CHRISTMAS LIGHTS!!

**DATE: Friday, December 15th**

**DEPARTURE TIME: 5:00pm**

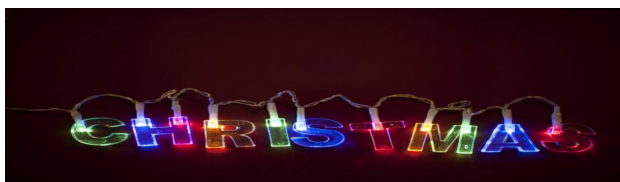
**APPROXIMATE RETURN TIME:  
7:00pm**

**TRANSPORTATION: Center Bus**

**MEMBER COST: \$4.00**

**SIGN UP BEGINS: Thursday,  
December 7th**

You will be going to see the Drive  
Thru Christmas Light Spectacular  
presented by the Seaford Kiwanis  
Club, Seaford High School Key Club,  
and Seaford Middle School Builders  
Club.



**WREATHS ACROSS  
AMERICAN  
PRESENTATION AT  
HARRINGTON FIRE HALL  
DATE: Thursday, December  
14th**

**TIME: 4:00 pm**

**DEPART: 3:00 pm**

We will be honoring our  
oldest Veteran at this  
service.

This will be an amazing  
event to watch as the  
wreaths will stop in  
Harrington on their way to  
Arlington Cemetery.

We are limited to the  
number of folks we can take  
inside the building so you  
must sign up to attend by  
Monday, December 11th at  
noon.

Our Honoree will be Mr.  
Harry Gene Turner who is  
89 and served 32 years in  
the Army as Chief  
Counterintelligence Agent.

# CENTER ACTIVITIES & TRIPS



## NEW ORLEANS

**DATE: Saturday, April 6,  
2024—Sunday, April 14,  
2024**

**Departure Time: 8:00 am**

**COST: Double Room Occupancy-  
\$1,250.00 plus insurance of \$96.00**

**Single Room Occupancy—\$1580.00  
plus insurance of \$132.00**

### **COST INCLUDES:**

**8 nights lodging with 4 in New  
Orleans**

**14 Meals: 8 Breakfast & 6 Dinners**

**All admission fees and tips.**

**\$75 Deposit is due at sign up.**

**PLENTY OF SEATS ARE STILL  
AVAILABLE**

**STOP IN OR CALL FOR A FLYER**



## NIAGARA FALLS TRIP

**TRIP DATE: September  
30th— October 4th, 2024**

**You will need a passport as we are  
staying on the Canadian side.**

**Cost: \$818.00 Double Occupancy,  
\$968.00 Single Occupancy**

**Insurance cost \$72.00**

**Cost includes: 4 nights lodging**

**8 Meals: 4 breakfast and 4 dinners**

**Admission fees, all tips and gratuities.**

**\$100 Deposit due at signup.**

**Seats are still available!**



## SIGHT & SOUND

**“DANIEL”**

**Lunch at Miller’s  
Smorgasbord**

**DATE: Thursday,  
May 16, 2024**

**DEPARTURE TIME: Approximately  
7:00 am**

**RETURN TIME: Approximately  
6:30 pm**

**TRANSPORTATION: Coach Bus**

**COST: \$175.00 which includes  
show, meal and meal tip. Deposit is  
\$75**

**BUS DRIVER TIP IS ON YOUR OWN  
– We will do a collection on the bus.**

**SIGN UP NOW**



**DO WE  
HAVE  
INTEREST  
IN A BUS  
TRIP TO  
SEE SHEN**

**YUN AT THE MILLER THEATRE  
IN PHILADELPHIA?**

**The cost would be approximately  
\$175.00. Once I know our interest  
I will proceed with getting more  
information.**

**Please let us know your interest  
by December 21st at the latest.  
This does not hold you to a seat  
but will allow us to plan. I know  
this show has been requested by  
many folks.**

## INFORMATION/SPONSORS



**THE CENTER WILL BE CLOSED ON THE FOLLOWING DATES FOR CHRISTMAS & NEW YEARS:**

**Friday, December 22nd—Meals on Wheels will be delivered.**

**Monday, December 25th—NO Meals on Wheels will be delivered.**

**Tuesday, December 26th—Meals on Wheels will be delivered.**

**Friday, December 29th— Meals on Wheels will be delivered.**

**Monday, January 1st—NO Meals on Wheels delivered  
We will reopen on January 2nd with normal operating hours.**



# Chick's

**SADDLERY** ★ **WESTERNWEAR**

— *Since 1975* —

## Everything for Horse & Rider!

Follow Us



**Saddles ~ Tack ~ Boots ~ Clothes  
Hats ~ Jewelry ~ Gifts & MORE!**

**[www.ChickSaddlery.com](http://www.ChickSaddlery.com)**

**302-398-4630**

**18011 S DuPont Hwy  
Harrington, DE 19952**

# CENTER ACTIVITIES



## CARDIO DRUMMING EXERCISE CLASS

**DATE: Mondays**

**TIME: 10:15 AM**

**LOCATION: Dining Room**

Come be a part of this fun exercise class. We will be drumming using exercise balls, a clothes basket and drumsticks! Sound interesting? We would love to see you join us as we drum to the beat of several songs. It will be a fun time and we will be seated while we are drumming. The class will last approximately 30 minutes. We may have the group perform for us at some point in time in the future.



## YOGA

**DATE: Every Monday**

**MAT YOGA TIME: 12:45 PM**

**CHAIR YOGA TIME: 1:30 PM**

**You do not need to sign up to attend.**

**Class instructed by Elena Paladino**

**Location: Dining Room**



## ARMCHAIR EXERCISE IN-PERSON

**DATE: Every Monday and Wednesday**

**TIME: 9:30 AM LOCATION: Dining Room**

Take part in our Armchair Exercise. The program takes about 30 minutes. All you need is a chair without arms, a set of weights (or 2 cans of vegetables), and a towel.



## SENIOR WALKING EXERCISE PROGRAM IN-PERSON

**DATE: Every Tuesday & Thursday**

**TIME: 9:30 AM**

**LOCATION: Dining Room**

We will be exercising by simply walking. We will walk one mile to start and we will mix in a few other steps to keep the pace lively.

The video we have been using is Leslie Sansone Beginning Walk found on Youtube.com.



**DATE: Every Tuesday**

**TIME: 1:00 PM**

**LOCATION: Room #3**

Come and bring your sewing or craft project to the Center to work on with a group of great people. We have some machines here or you may bring your own.



# CENTER ACTIVITIES



## COMPUTER TECH SERVICES

Need help with your Smart Phone, Tablet, Laptop computer or software questions? This service is free to members with the exception of parts which you will need to pay for. You must be able to bring your device into the center.

**DATES: NO TECH IN DECEMBER**

**INSIDE GAMES**  
We have a variety so come and join in the fun.

**DATE: Every Tuesday**

**TIME: 10:00 AM**

**LOCATION—Room #5 or DR**



## TAI CHI WITH RAN

**DATE: EVERY MONDAY**

**TIME: 2:30 PM—3:30 PM**

**LOCATION: Dining Room**

The cost of the course is being covered by a grant so join us and for a relaxing class. **Ran is currently out but the class is still be taught.**



© Can Stock Photo

## IN-PERSON and VIRTUAL BINGO

**DATE: Thursday, December 21st & 28th**

**TIME: 1:00 PM**

**LOCATION: Dining Room and on ZOOM**

Join us for a chance to win \$5.00 Gift Cards For Virtual Bingo—you will receive one email with the ZOOM link and one with the Bingo Card link. You can have both opened on your computer at the same time by minimizing Zoom once you are logged in or you can call in on Zoom on your phone and only have the card on your computer. We will also print cards for you to pick up at the Center and then all you need to do is call in on your house or cell phone.



## BLOOD PRESSURE CHECKS

**DATE: TUESDAY, DECEMBER 12TH & WEDNESDAY,**

**DECEMBER 27TH TIME: 12:30 pm**

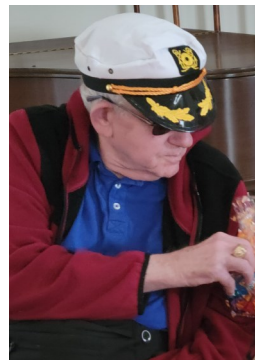


## MAH JONGG

**DATE: Every Monday**

**TIME: 12:30 pm**

**LOCATION: Room #5**



Don dressed up for Halloween Party!

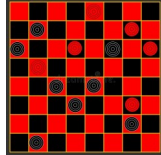
## CENTER ACTIVITIES

### CRIBBAGE OR OTHER BOARD GAMES

**Every Thursday at 1:00 PM**

**Dining Room or Room #3**

We are willing to purchase any games you want to play.



### LINE DANCING



**DATE: Every Friday**

**TIME: 9:00 AM—New  
Beginner Dancers**

**9:30 AM—Beginner Dancers**

**10:00 AM —Improver Dancers**

This will give each level of dancer an hour of dancing. You are welcome to stay as long as you want for dancing.

**LOCATION: Dining Room**

Come join in the fun learning how to line dance. All levels of line dancers from beginners to the experienced are welcome to attend.



### WII BOWLING

**DATE: Every  
Wednesday**

**TIME: 10:00 AM**

**LOCATION: Dining  
Room**

Come join in the fun of WII Bowling. You will bowl in teams of 4 people. Each group bowls two games.



### BIBLE STUDY

**DATE: Every  
Tuesday**

**TIME: 10:00 am**

**Pastor Lewis and Rev. Walton  
will be leading the class.**

**LOCATION: Room #5**

## Hendricks & Son Inc.

John W. & Nancy Jo Hendricks

Serving the Agricultural Community Since 1952

## CENTER ACTIVITIES

### CARD GAME DAY AND TIMES



**TUESDAYS:**

**10:30 AM Bridge—  
Dining Room**



**WEDNESDAYS**

**11:30 AM Canasta—  
Room #5**



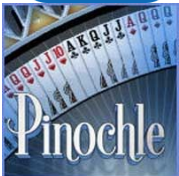
**WEDNESDAYS**

**12:30 PM 500—  
Dining Room**



**THURSDAYS:**

**10:00 AM PHASE 10—  
Dining Room**



**12:30 PM Pinochle—  
Room #5**

**COME JOIN IN THE FUN!  
ALL GROUPS ARE WILLING  
TO TEACH YOU THEIR GAME!**



**SERVICES OFFERED  
AT THE CENTER**

**MEMBER RATES**

NOTARY—\$2.00 (Free to those in the Military or Retired Military)

FAX—\$0.25 per page

COPIES— \$0.25 per page

COLOR COPIES—\$0.50 per page

**NON—MEMBER RATES**

NOTARY—\$5.00 (Free to those in the Military or Retired Military)

FAX—\$0.50 per page

COPIES—\$0.50 per page

COLOR COPIES— \$0.75 per page



**LOCALLY OWNED AND OPERATED**



**MIDTOWN LIQUOR &  
TOBACCO OUTLET**  
2/B Liberty Plaza, Harrington, DE  
(Next to Byler's) 302 398 4447



**Largest selection of Liquor, coldest Beer, Wine and Tobacco Products in town.**

**Easy in and out Sports Lottery – Lottery – Keno – ATM**

**ONE STOP SHOP**

**It's the law: You must be 18 to purchase Delaware Lottery tickets and 21 to play Sports Lottery**

# CENTER GUIDELINES/NEWS/ACTIVITIES



## BUS INFORMATION

We need our bus riders to help us maximize our bus by doing the following:

1. Call in and schedule the bus as soon as possible for daily pick-ups. We have marked off every morning and afternoon for bus pick up and drop off.
2. Please try to schedule all medical appointments between 10:00 am and 2:00 pm. Please call as soon as you schedule an appointment so we can accommodate your needs as well as our daily riders.
3. **You will receive a call by 3:00 pm the day before your ride with a pick up time.**



## PARKING

We know parking is tight at our temporary location. Please do not park between the orange cones by the church as

we are using those spaces for the Meals on Wheels Drivers and truck from 9:00 am until approximately Noon. Please do not park in the area marked with orange cones as you enter the parking lot on the left as that is reserved for our bus and the Meals on Wheels van.

For large bus trips, we will be meeting and parking at the Delaware State Fair in the handicap lot behind the Administration building. We will note bus location in each information trip block in the newsletter.

## BUS GUIDELINES



1. Bus guidelines will be given to all first time bus riders upon them being added to the list.
2. Bus guidelines will be posted on bulletin boards in the Center.
3. Title VI is displayed on bulletin boards in the Center, on our website, and on the bus.

## HARRINGTON LIONS CLUB—EYE GLASS COLLECTION BOX



Do you have glasses you no longer need? The Harrington Lions Club has placed a box here at the Center for you to drop off old glasses. Your donation helps support funding for children's eye glasses.

## GUEST GUIDELINES



1. A guest may only participate in three daily activities per year without being a member.
2. Anyone may participate in trips and activities that list a non-member price.



## LIBRARY & PUZZLES

You are welcome to come to the Center to check out library books and puzzles. They are located in Room #4.



## GRAB & GO LUNCHES

You may pick-up lunch any day from 11:15 AM until 11:45 AM for a donation of \$6.00 for anyone older than 60 and \$9.00 for those under the age of 60. You do not need to call ahead to register but you may if you wish or you may just stop in and pick up a meal. Grab & Go lunches are a function of the Meals on Wheels Program so their staff will be handling the meal pick up. Please let the HSC staff know if you have any issues with this new process. The Meals on Wheels office can be reached by calling 302-398-4860.

**PICK UP TIME DAILY**

**11:15 AM—11:45 AM**



**LUNCH IS SERVED AT NOON**

**COME IN FOR LUNCH**

You no longer need to sign up for lunch on the clipboards. We do ask if you are in the building for programs and want to stay for lunch that you sign-up as you come in.

## MILES OF PENNIES



It takes 84,480 pennies to travel one mile. Let us see how far we can travel in 2023.



**COVID 19 TEST KITS ARE NOW AVAILABLE FOR FREE**

**GO TO:**

**<https://covidtests.gov>**

**If you need help, come into the Center and we will help you. You can get 4 test kits.**



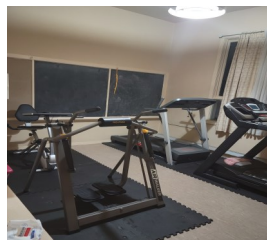
**MEMBERS MEETING  
IN-PERSON & ON ZOOM**

**DATE: Tuesday, December 19th**

**TIME: 1:00 pm**

**LOCATION: DR**

**Come hear information on construction, finances, and other news about the Center.**



**EXERCISE ROOM**

The exercise room is open during normal center business hours.

We have two treadmills, one exercise bike, and the walker. Use the equipment at your own risk. Feel free to open the curtains. We only ask that you close them when you are finished. The Exercise Room is located in Room #2. Sign up with the office for your workout time.

# CENTER NEWS



## SYMPATHY IS EXTENDED TO:

Eula Hoover on the death of her sister.

Trudy Killen on the death of her brother.

Gwen Scott on the death of her mother.

Carla Buck on the loss of her father.

Family of HSC Member Jean Sellers.



## New Members—

Remember to use your coupon for a free lunch on

us. We look forward to you joining us on a day of your choice. Please bring your coupon in to redeem your lunch. You may also use your coupon for curbside as well.

## FOOD PANTRY AT THE CENTER

Please stop by the Center and pick up food supplies. We will be partnering with the Food Bank to help us get in more food items for you as well as continuing to work with our community partners that have food drives for us.



## EMAILS and FACEBOOK

If we have your email address, you should be receiving emails from the Center almost daily. If you are not, please check your junk or spam mail. We also post on Facebook so please like our Harrington Senior Center Facebook page to follow us.



We had a great crowd for our Halloween Party!

**LARSON'S** Mower Shop  
Since 1985

Your Local Shop With A **GREAT REPUTATION!**

Ask About Our  
**Snow Blower  
Service & Repair**

523 Thistlewood Rd, Houston, DE

Glenn Larson  
Owner **302-786-2038** [Larsonmowershop.com](http://Larsonmowershop.com)

**Pick-Up Available**

Halloween  
Party Fun!



## YOUR RIGHTS UNDER TITLE VI

Harrington Senior Center operates its programs and services without regard to race, color, or national origin in accordance with Title VI of the 1964 Civil Rights Act. Any person who believes that she or he has been aggrieved by any unlawful discriminatory practice under Title VI may file a complaint with our agency.

Any such complaint must be in writing and filed with this agency within 180 days following the date of the alleged discriminatory occurrence. For information on our nondiscrimination obligations or how to file a complaint, please contact Harrington Senior Center by any of the methods listed below.

Harrington Senior Center  
102 Fleming Street  
Harrington DE 19952  
Phone – 302-398-4224



Full service  
laboratory  
specializing in  
analysis for  
commercial and  
residential  
clients!

51 Clark Street  
Harrington, DE 19952  
(302) 398-4313



Laura D. Willis, Esq.  
HUDSON, JONES, JAYWORK  
& FISHER, LLC

225 South State Street  
Dover De 19901  
(302) 734-7401

[lwillis@delawarelaw.com](mailto:lwillis@delawarelaw.com)

Practice areas include estate planning and business counseling.

## REDNER'S RECEIPTS



When turning in your Redner's receipts, please do not cut off the bottom. We must have the part that reads "Today's 1% Save-A-Tape Total" with the date and dollar amount. All receipts must be within the last three years to count.

THANK YOU!

# CENTER GUIDELINES

## TRIP/ACTIVITY INFORMATION

1. We will begin boarding all trips approximately 15 minutes prior to the departure time. We board in the order in which you signed up for the trip.
3. All trips/activities must be paid for prior to the date of the trip/activity unless you are moved from the waiting list the day before. Should this occur you must pay before boarding the bus or participating in the activity.
4. **Refunds will only be issued if:**
  - A. We cancel the trip/activity
  - B. We are able to sell your seat
5. Everyone participating on a trip/activity must only need minimal assistance in transferring to seats, etc. Should you have an aide, they may sign up with you at the member price.



## TRIP/ACTIVITY SIGN UP DAY

**Thursday, December 7th  
Beginning at 9:00 AM in  
Room #1**

1. When you arrive please come in and take a number for only yourself and wait in the dining room to be called.
2. You may purchase tickets for yourself and one other member or guest as long as you have the money for all tickets.
3. You cannot sign up prior to the date listed in the newsletter under each event.
4. Credit/Debit cards are now accepted for all trips, activities, and dues.
5. One check is accepted for all trips and activities you are paying for.

**SIGN UP**

## IT IS IMPORTANT TO SIGN UP

Signing up for events, activities, and trips is very important.

Please make sure you are signing up by the deadlines. This is important so we have room and items needed for the event. We also do not want to over order. Please look at the information for sign up dates and end dates. If you have questions, please contact us.

## PICTURES IN THE NEWSLETTER, FACEBOOK & OUR WEBSITE



We take pictures at every event, on every trip, and just around the Center. We use these photos in various ways.

If you do not want your picture used, please make sure you do not get in the picture. If your picture is taken, please notify the person taking it to delete it so it is not used. Thank you for helping us with publishing our photos to help showcase our Center.



## CENTER NEWS



### CAPITAL CAMPAIGN GOAL



Our Capital Campaign is well under way. Some may say why do you still need money? You received money from the State and County and others have already donated money to the Capital Campaign Goal. The answer is easy.

1. We are going to have some cost overruns due to pricing and changes that have had to be made that were unexpected.
2. We need to make sure we have funds to purchase all of the furniture and items needed in a new building.
3. Our operating cost will be higher and we need to make sure we have funds to cover those expenses until we find other monies to cover these costs in the future.
4. The campaign recognition we are planning will be a way for members or others to remember or honor someone as a memorial. The recognition program will be on going as a way to continue to make donations in the future.
5. We will be contacting anyone that has already made a donation to the Capital Campaign to see the wording you want used.

A Letter and Form will be mailed shortly.



**Monday-Friday**

**7:30 AM to 5:00 PM**

**Saturday**

**7:30 AM to Noon**

325 Walt Messick Road

Harrington DE 19952

302-398-3729

*Proud to Support  
the Harrington  
Senior Center!*

*Thomas E. Melvin & Son  
Funeral Home, Inc.*



*Harrington, DE*

*302-398-3884*

*[www.melvinfuneralhome.com](http://www.melvinfuneralhome.com)*

## CENTER NEWS



**Congratulations to our October Bingo Winners**

**Jimmy Anthony, Christi Cole, Joann Collison, Baldy Sadler, Stephen Albright, Betty Vincent, May Fletcher, and Donna Anthony**

### OCTOBER PHASE 10 SCORES

**1st—Baldy Sadler 230**

**2nd—Don Cooley 435**

**3rd (TIE)—Pat Shufelt 455**

**3rd (TIE) - Jan Mitchell 455**



# Hometown Drugs

*Keeping you healthy & happy*

**Phone: 302-450-1970**

**Address: 16819, S. Dupont Hwy, Harrington, DE 19952**

**FREE Rx DELIVERY**

### **Our Major Services:**

- **Personalized Service**
- **Immunizations**
- **Accepting All Insurance**
- **Drive-Through Pharmacy**
- **Health Screening**
- **Over-the-counter Medicines**

## CENTER NEWS/SPONSORS/ACTIVITIES



**OCTOBER WII  
SCORES—**  
The scores below  
are the total for the  
month.

- 1st—Tie Bob Fagan & Jeff Purse  
247**  
**2nd—Don Cooley 246**  
**3rd—Jan Mitchell 214**  
**4th—Craig Brodeur 190**  
**5th—Maddie Fagan 184**  
**6th—Jackie Krech 182**  
**7th—Adele Walter 178**  
**8th—Baldy Sadler 152**



### OCTOBER 500 CARD SCORES

**October 4th**—Winner was Joe Frederick with 2890; Second was Connie Raymond with 1930; Third was tie between Tom Shugars and Caren Parry with 1310.

**October 11th**—Winner was Nelson Reed with 2280; Second was Joe Fredrick with 1960; Third was tie with Caren Parry & Tom Brown with 1760.

**October 18th**—Winner was Donna Shugars with 3070; Second was Connie Raymond with 2950; Third was Tom Brown with 2400.

**October 25th**—Winner was Tom Brown with 3350; Second was Connie Raymond with 2950; Third was Donna Shugars with 2810.

# Happy Tails

**302-786-2528**  
**25 Commerce Street**  
**Harrington DE 19952**

**Hours:**

**Tuesday—Saturday**  
**8:00 AM—4:00 PM**



# SPONSORS

## TIS' THE SEASON TO WIN!

**\$25,000**  
**Jingle Bell**  
 BANK

**SUNDAYS, MONDAYS & TUESDAYS**  
**DECEMBER 3 - 26**  
 2:00PM - 8:00PM

**\$12,000**  
 ARKOCRAZ  
 JACKPOT DRAWING

**DRAWINGS EVERY 30 MINUTES!**  
**WEDNESDAY DECEMBER 27**  
 6:00PM - 10:00PM

**MONSTER ROLL**  
 CRAPS

**WEDNESDAYS & THURSDAYS**  
**IN DECEMBER**  
 10:00AM - 10:00PM

**2X TIER POINTS**  
 4 Thursdays

**EARN 2X TIER POINTS EVERY THURSDAY**  
**IN DECEMBER**  
 8:00AM - 11:59PM

**\$17,000**  
**SNOW STAKES**  
 Slot Tournament

**FRIDAYS IN DECEMBER**  
 6:00PM - 10:00PM

**\$10,000**  
 Holiday Play

**HOURLY DRAWINGS**  
**SATURDAYS IN DECEMBER**  
 7:00PM - 11:00PM

**NEW YEAR'S EVE**  
 Drawing

**JANUARY 1**  
 12:30AM - 1:00AM



WHERE WINNERS PLAY!

1-888-887-5687 | HARRINGTONRACEWAY.COM



\*In prizes. Must be 21 years of age. No one under the age of 21 can enter the casino unless noted. Harrington Raceway and Casino reserves the right to cancel or change any promotion or event without notice. See Players Club for more details. All games are controlled by the Delaware State Lottery. Play responsibly. If you or someone you know has a gambling problem, call the Delaware Gambling Help Line 1-800-651-8388.

Thank You

### TO OUR 2023 SPONSORS PLATINUM

Blue Hen Construction  
 Byler's  
 Chick Harness & Supply Inc.  
 Happy Tails Dog Grooming  
 Harrington Logistics  
 Harrington Raceway & Casino  
 Hendricks & Son Inc.  
 Hometown Drugs  
 MidTown Liquor

### GOLD

Thomas E. Melvin & Son  
 Funeral Home Inc.

### SILVER

Envirocorp Inc.  
 Hudson, Jones, Jaywork &  
 Fisher—Laura D. Willis, Esq.  
 Larson's Mower Shop  
 Taylor & Messick

### BRONZE

### IN-KIND SPONSORS

Harrington Sunshine 4-H Club  
 Delaware State Fair  
 Delaware State News  
 Ivins Florist  
 Harrington Lions Club  
 NeighborGood Partners  
 Harrington Fire Company  
 Auxiliary  
 Home Instead Senior Care

# DECEMBER MANNA MENU

Lunch is served at 12 Noon. Meals are provided by the Modern Maturity Center, Inc. MANNA Programs. **Suggested Donation \$6.00 for ages 60 and up; \$9.00 payment required for Under 60 years of age** - Menu Subject to Change Without Notice.

Did you know? With funding from the Division of Services for Aging and Adults with Physical Disabilities, senior nutrition programs (Congregate and Meals on Wheels) are designed to provide balanced meals and services not met by other meal providers. We help you to live independently longer.

**NOTE:**


Please be advised that food served here may contain these ingredients: Milk, Eggs, Wheat, Soybean, Peanuts, Tree Nuts, Fish, Shellfish and Seafood Base.

<p style="text-align: center;"><b>4</b></p> <p><b>Baked Ziti with Meat Sauce</b> <b>Buttered Chef's Blend</b> <b>Italian Bread</b> <b>Cookies</b> <b>Milk</b></p> <p style="text-align: center;"><b>11</b></p> <p><b>Spaghetti with Meat Sauce</b> <b>Chef's Blend Vegetables</b> <b>Italian Bread</b> <b>Applesauce</b> <b>Milk</b></p> <p style="text-align: center;"><b>18</b></p> <p><b>Low Sodium Ham with Mustard Sauce</b> <b>Parslied Potatoes</b> <b>Seasoned Cabbage</b> <b>Wheat Bread</b> <b>Pudding/Milk</b></p> <p style="text-align: center;"><b>25</b></p> <p><b>CENTER IS CLOSED FOR CHRISTMAS HOLIDAY</b></p>	<p style="text-align: center;"><b>5</b></p> <p><b>Taco Chili Salad with Sour Cream</b> <b>Lettuce &amp; Tomato</b> <b>Salsa, Tortilla Chips</b> <b>Pudding/Milk</b></p> <p style="text-align: center;"><b>12</b></p> <p><b>Fried Fish</b> <b>Au Gratin Potatoes</b> <b>Stewed Tomatoes</b> <b>Roll</b> <b>Ice Cream</b> <b>Milk</b></p> <p style="text-align: center;"><b>19</b></p> <p><b>BBQ Chicken</b> <b>Mexican Corn</b> <b>Buttered Peas</b> <b>Roll</b> <b>Cookies</b> <b>Milk</b></p> <p style="text-align: center;"><b>26</b></p> <p><b>Chicken &amp; Dumplings</b> <b>Vegetable Blend</b> <b>Applesauce</b> <b>Roll</b> <b>Milk</b></p> <p style="text-align: center;"><b>MEALS ON WHEELS ONLY NO IN HOUSE LUNCH SERVED</b></p>	<p style="text-align: center;"><b>6</b></p> <p><b>Beef Stew (Potatoes/Veggies) over Biscuit</b> <b>Buttered Broccoli</b> <b>Fruit</b> <b>Milk</b></p> <p style="text-align: center;"><b>13</b></p> <p><b>Cream of Broccoli Soup</b> <b>Tuna Salad on Bun</b> <b>Potato Chips</b> <b>Fruit</b> <b>Milk</b></p> <p style="text-align: center;"><b>20</b></p> <p><b>Cream of Cauliflower Soup</b> <b>Turkey &amp; Swiss Cheese Sandwich with Mayonnaise/Mustard</b> <b>Coleslaw</b> <b>Fruit/Milk</b></p> <p style="text-align: center;"><b>27</b></p> <p><b>Sloppy Joe on Bun</b> <b>Potato Wedges</b> <b>Steamed Broccoli</b> <b>Fruit</b> <b>Milk</b></p>	<p style="text-align: center;"><b>7</b></p> <p><b>Fried Chicken</b> <b>Macaroni &amp; Cheese</b> <b>Seasoned Green Beans</b> <b>Corn Bread</b> <b>Sherbet</b> <b>Milk</b></p> <p style="text-align: center;"><b>14</b></p> <p style="text-align: center;"><b>HOLIDAY FEAST &amp; BIRTHDAY PARTY</b></p> <p><b>Roast Turkey with Gravy</b> <b>Cranberry Sauce</b> <b>Herb Dressing</b> <b>Candied Sweet Potatoes</b> <b>Green Beans with Bacon</b> <b>Roll</b> <b>Dessert /Milk</b></p> <p style="text-align: center;"><b>21</b></p> <p><b>Liver &amp; Onions</b> <b>Mashed Potatoes with Gravy</b> <b>Mixed Vegetables</b> <b>Yogurt</b> <b>Bread</b> <b>Milk</b></p> <p style="text-align: center;"><b>28</b></p> <p><b>Roast Pork with Gravy</b> <b>Mashed Potatoes</b> <b>Chuckwagon Vegetables</b> <b>Roll</b> <b>Vanilla Mousse</b> <b>Milk</b></p>	<p style="text-align: center;"><b>1</b></p> <p><b>BBQ Pulled Pork on Bun</b> <b>Baked Beans</b> <b>Cole Slaw</b> <b>Fruit</b> <b>Milk</b></p> <p style="text-align: center;"><b>8</b></p> <p><b>Pork Chops with Gravy</b> <b>Mashed Potatoes</b> <b>Peas &amp; Carrots</b> <b>Wheat Bread</b> <b>Fruit/Milk</b></p> <p style="text-align: center;"><b>15</b></p> <p><b>Meat Loaf with Gravy</b> <b>Mashed Potatoes</b> <b>Buttered Carrots</b> <b>Bread</b> <b>Fruit</b> <b>Milk</b></p> <p style="text-align: center;"><b>22</b></p> <p><b>Italian Meatball Sub</b> <b>Potato Wedges</b> <b>California Blend</b> <b>Fruit</b> <b>Milk</b></p> <p style="text-align: center;"><b>MEALS ON WHEELS ONLY NO IN HOUSE LUNCH SERVED</b></p> <p style="text-align: center;"><b>29</b></p> <p><b>Hot Dog on Bun/Relish</b> <b>Baked Beans</b> <b>Cole Slaw</b> <b>Pudding</b> <b>Milk</b></p> <p style="text-align: center;"><b>MEALS ON WHEELS ONLY NO IN HOUSE LUNCH SERVED</b></p>
---	--	---	--	--

# CALENDAR OF ACTIVITIES

Monday	Tuesday	Wednesday
<p><b>FOR LOCAL SHOPPING CALL TO SCHEDULE AN APPOINTMENT</b></p>		
<p><b>4</b> 9:30—Armchair Exercise— In-Person (DR) 10:15—Cardio Drumming Exercise Class (DR) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Mah Jongg (RM#5) 12:45—Mat Yoga (DR) 1:30—Chair Yoga (DR) 2:30—Tai Chi (DR)</p>	<p><b>5</b> <b>7:00—Nashville Trip Departs</b> 9:30—Senior Walking Program In-Person (DR) 10:00—Inside Games (DR) 10:00— Bible Study (RM #5) 10:30—Bridge (DR) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 1:00—Sit &amp; Sew (RM#3)</p>	<p><b>6</b> 9:30—Armchair Exercise—In-Person (DR) 10:00—WII Bowling (DR) 11:15—11:45 Grab N Go Lunch 11:30—Canasta (RM#5) 12:00—Lunch Served (DR) 12:30—500 (DR)</p>
<p><b>11</b> 9:30—Armchair Exercise— In-Person (DR) <b>10:00—Caring for Indoor Plant Class (DR)</b> 10:15—Cardio Drumming Exercise Class (DR) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Mah Jongg (RM#5) 12:45—Mat Yoga (DR) <b>1:00—Food Bank (SNAP)</b> 1:30—Chair Yoga (DR) 2:30—Tai Chi (DR)</p>	<p><b>12</b> 9:30—Senior Walking Program In-Person (DR) 10:00—Inside Games (DR) 10:00—Bible Study (RM#5) 10:30—Bridge (DR) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) <b>12:30—Blood Pressure Checks (DR)</b> 1:00— Sit &amp; Sew (RM#3) <b>2:00—Harrington Fire Department Presentation (DR)</b></p>	<p><b>13</b> 9:30—Armchair Exercise In-Person (DR) 10:00—WII Bowling (DR) 11:15—11:45 Grab N Go Lunch 11:30—Canasta (RM#5) 12:00—Lunch Served (DR) 12:30—500 (DR) <b>1:00—Christmas Tree Craft (DR)</b></p>
<p><b>18</b> 9:30—Armchair Exercise— In-Person (DR) 10:15—Cardio Drumming Exercise Class (DR) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Mah Jongg (RM#5) 12:45—Mat Yoga (DR) 1:30—Chair Yoga (DR) 2:30—Tai Chi (DR)</p>	<p><b>19</b> 9:30—Senior Walking Program In-Person (DR) 10:00—Inside Games (DR) 10:00—Bible Study (RM #5) 10:30—Bridge (DR) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 1:00—Sit &amp; Sew (RM#3) <b>1:00—Members Meeting (DR)</b></p>	<p><b>20</b> 9:30—Armchair Exercise—In-Person (DR) 10:00—WII Bowling (DR) 11:15—11:45 Grab N Go Lunch 11:30—Canasta (RM#5) 12:00—Lunch Served (DR) 12:30—500 (DR)</p>
<p><b>25</b> <b>CENTER IS CLOSED</b>  <b>MERRY CHRISTMAS</b></p> <div style="text-align: center; margin-top: 20px;">  </div>	<p><b>26</b> <b>CENTER IS CLOSED</b>  <b>MEALS ON WHEELS WILL BE DELIVERED</b></p>	<p><b>27</b> 9:30—Armchair Exercise—In-Person (DR) 10:00—WII Bowling (DR) 11:15—11:45 Grab N Go Lunch 11:30—Canasta (RM#5) 12:00—Lunch Served (DR) 12:30—500 (DR) <b>12:30—Blood Pressure Checks (DR)</b></p>

# DECEMBER 2023

Thursday	Friday	Saturday
	<p><b>1</b> 9:00—New Beginner Line Dancers (DR)            9:30—Beginner Line Dancers (DR)            10:00—Improver Line Dancers (DR)            11:15—11:45 Grab N Go Lunch            12:00—Lunch Served (DR)</p>	<b>2</b>
<p><b>7</b> 9:00—Trip Sign Up Day            9:30— Senior Walking Program In-Person (DR) -            10:00—Phase 10 (DR)            11:15—11:45 Grab N Go Lunch            12:00—Lunch Served (DR)            12:30—Pinochle (RM#5)            1:00—Cribbage &amp; Other Board Games (RM#3)</p>	<p><b>8</b> 9:00—New Beginner Line Dancers (DR)            9:30—Beginner Line Dancers (DR)            10:00—Improver Line Dancers (DR)            11:15—11:45 Grab N Go Lunch            12:00—Lunch Served (DR)</p>	<p><b>9</b>  <b>Nashville Trip Returns</b>   <b>Approximately 1:00 pm</b></p>
<p><b>14</b> 9:30—Senior Walking Program In-Person (DR) -  <b>Cancelled</b>            10:00—Phase 10 (DR) - <b>Cancelled</b>            11:15—11:45 Grab N Go Lunch            12:00—Lunch Served (DR)            12:30—Pinochle (RM#5)            1:00—Cribbage &amp; Other Board Games (DR)  <b>3:00—Depart for Wreaths Across America            Presentation</b>   <b>BIRTHDAY PARTY &amp;            CHRISTMAS FEAST</b></p>	<p><b>15</b> 9:00—New Beginner Line Dancers (DR)            9:30—Beginner Line Dancers (DR)            10:00—Improver Line Dancers (DR)            11:15—11:45 Grab N Go Lunch            12:00—Lunch Served (DR)  <b>5:00— Depart Christmas Light Trip</b></p>	<b>16</b>
<p><b>21</b> 9:30— Senior Walking Program In-Person (DR)            10:00—Phase 10 (DR)            11:15—11:45 Grab N Go Lunch            12:00—Lunch Served (DR)            12:30—Pinochle (RM#5)            1:00—Cribbage &amp; Other Board Games (RM#3)  <b>1:00—BINGO (DR) In-person &amp; Zoom</b></p>	<p><b>22</b>   <b>CENTER IS CLOSED            MEALS ON WHEELS            WILL BE DELIVERED</b></p>	<b>23</b>
<p><b>28</b> 9:30—Senior Walking Program In-Person (DR)            10:00—Phase 10 (DR)            11:15—11:45 Grab N Go Lunch            12:00—Lunch Served (DR)            12:30—Pinochle (RM#5)            1:00—Cribbage &amp; Other Board Games (RM#3)  <b>1:00—BINGO (DR) In-Person &amp; ZOOM</b></p>	<p><b>29</b>   <b>CENTER IS CLOSED            MEALS ON WHEELS WILL BE            DELIVERED</b></p>	<p><b>30</b>   <b>31 New Year's Eve</b>  </p>



# DECEMBER 2023 BIRTHDAY WISHES



**December 1st**  
Mary Louise Perrone

**December 2nd**  
Charles Rankin  
Clarence Cole

Donald Vincent, Sr.

**December 3rd**  
Diane DiStefano  
Deb Farrell

**December 4th**  
Ruth Wothers  
Wanda Clark  
David Adams

Kenny Shinn

**December 5th**  
Kenneth Correll

**December 6th**  
Gordon Clarkson

**December 7th**  
Della Watkinson  
Leroy Bookhultz  
Blake Bartley

**December 9th**  
Beulah Simpson  
Donna Brisson

**December 11th**  
Earl Walters  
Barbara Walters

Robert Reed  
Florence Alexander  
Joyce Herrington

**December 12th**  
Kay Outten  
Jennifer Asbury

**December 13th**  
Doug Poore

**December 14th**  
Linda Lesser

**December 15th**  
Beverly Turner

**December 16th**  
Linda Garey

**December 17th**  
Cheryl Regis

**December 18th**  
Donna Anstine

**December 19th**  
Kathy Blanchette  
Edward Wells

**December 20th**  
Daniel Bell  
Toni Bergfelder

**December 21st**  
Linda Tjaden  
Yvonne Layton

Frankie Milorey  
Benjamin Cassell  
Janet Maravel

**December 23rd**  
Willis Jester

Christie Cole

**December 24th**  
Keith Ayasse

Anne Lyons  
Caren Parry

**December 25th**  
Michael Humphrey  
Barbara Reed

**December 27th**  
Joanne Young

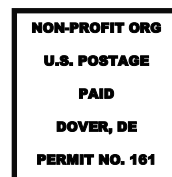
**December 28th**  
Linda Callaway

Wayne Porter

**December 29th**  
Betty Taylor

**December 31st**  
Lee Porter

Harrington Senior Center  
102 Fleming Street  
Harrington DE 19952



Return Service Requested