



January  
2024  
Volume 43,  
No. 1



**The Harrington Senior Center**

Phone: (302)-398-4224

Fax: (302)-398-4421

Email: karen@harringtonseniorcenter.org

Website: harringtonseniorcenter.org

Facebook: Like Harrington Senior Center & Friend us at Harrington Senior

**HOURS: Monday–Thursday 8:30 AM- 4:00 PM  
Friday 8:30 AM–2:00 PM**

**The front desk closes 15 minutes prior to the Center closing time. Please handle all transactions by this time.**

**MESSAGE FROM THE EXECUTIVE DIRECTOR—KAREN CROUSE**

Winter has arrived! Our new building is having the siding installed and then they will soon be hanging the dry wall. We do not have a completion date yet but I promise to keep you posted. You should have received a Capital Improvement Campaign letter so please call if you have any questions. Thank you to everyone that sent Christmas Cards and brought us yummy treats to share. We wish everyone a Happy and Blessed New Year!



**WEATHER CLOSINGS**

Winter has arrived and with that it will more than likely bring Center closings due to bad weather. We will always error on the side of caution for our members and staff. Closings or delays will be announced on WBOC, our Facebook page, and an email will be sent out. With our new system we should be able to send calls.

**2024 DUES INFORMATION**

We will start to collect dues on Tuesday, January 2nd for our new membership year. You should have received a new membership form in order to collect updated and additional information. Our new system allows us to track information that grants require us to submit so please do your best to answer all questions. We do not share this information with anyone and we will not question you as to your answers.

Dues are increasing to \$25.00 for the calendar year due to being in a much larger facility. We have not increased dues in 6 years and yet cost have increased and we have added many new programs.

# CENTER ACTIVITIES



## INCOME TAX PREPARATION

We will be doing taxes for free for members starting on January 29th. We will be able to file most returns electronically to help you get your refunds faster. We will be doing things a little different this year. You will make an appointment to come in and meet with the preparer to review last year's return and the documents you bring in for 2023. Hopefully this will allow us to prepare your taxes faster. Once your return is completed, you will be called back to make an appointment to pick them up. Appointments will be Monday's & Friday's through April 5th.

## BIRTHDAY PARTY ICE CREAM SPONSORSHIPS FOR 2024

Sign up begins now for sponsoring ice cream at our Birthday Parties for 2024. More than 1 person may sign up for a month due to the raising cost of ice cream. Ice Cream sponsorships are \$20.00 per month.



## JANUARY BIRTHDAY PARTY

**DATE: Thursday, January 11th**

**TIME: NOON for In-Person**

**11:15 AM – 11:45 AM for Curbside Pick-Up**

**COST: \$6.00 suggested donation for age 60+ and \$9.00 required payment for under the age 60.**

**YOU WILL PAY AT THE DOOR**

**SIGN UP BEGINS: NOW**

**SIGN UP ENDS: Tuesday, January 9th**

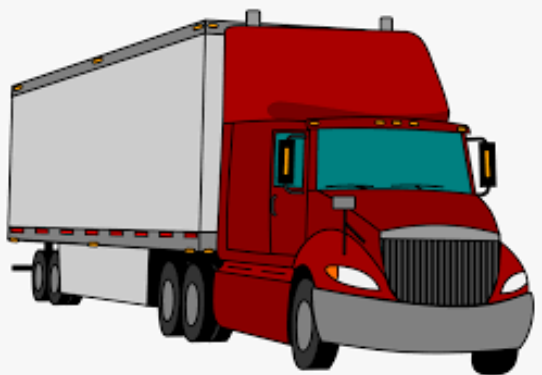
**MENU: Roast Beef with Gravy, Mashed Potatoes, Buttered Peas with Pearl Onions, Roll, Cake, Ice Cream and Milk**

**Sponsors:**

**Cake: Jean Miller**

**Ice Cream: Doug & Karen Crouse**

# Harrington Logistics



**111 Reese Avenue**

**Harrington DE 19952**

**Is A Proud Sponsor of the  
Harrington Senior Center**

## CENTER ACTIVITIES



### MARTIN LUTHER KING CELEBRATION LUNCHEON

#### CHICK-FIL-A MEAL

**DATE: Friday, January  
12th**

**TIME: Noon (In-Person Only)**

**COST: \$11.00 unless you are getting the  
MMC Meal for lunch then it is \$6 or \$9.**

**SIGN UP BEGINS: NOW**

**SIGN UP ENDS: Thursday, January 11th at  
3:00 pm (NO LATE SIGN-UPS DUE TO  
ORDERING FOOD)**



### DINE AROUND

#### CHEDDARS CAMDEN, DE

**DATE: Thursday, January  
18th**

**DEPARTURE TIME: 11:00 am**

**APPROXIMATE RETURN  
TIME: 1:30 pm**

**TRANSPORTATION: Center  
Bus**

**MEMBER COST: \$1.00**

**NON-MEMBER COST: \$6.00**

**SIGN UP BEGINS: Monday,  
January 8th**



# BLUE HEN

## CONSTRUCTION

### Hours of Operation:

**8:00 AM—5:00 PM Monday—Friday**

**9:00 AM—4:00 PM—Saturday**

**Owned by Darrin & Laura Simpson**

**Address: 1 Dorman Street**

**Harrington DE 19952**

**Telephone Number: (302) 363-0343**

# CENTER ACTIVITIES

## NATIONAL PIE DAY

**DATE: Tuesday, January 23rd**

**TIME: 12:30pm**

**SIGN UP BEGINS: Now**

**Come and enjoy some pie to celebrate National Pie Day.**



## AARP REFRESHER SAFETY COURSE

**DATE: Thursday, January 25th OR  
Thursday, February 22nd**

**You can choose either date.**

**You will need to be at the center at  
8:45am to fill out paperwork.**

**TIME: 9:00am to 2:00pm in Room 5.**

**COST: \$20.00 FOR AARP MEMBERS  
\$25.00 FOR NON AARP MEMBERS**

**Lunch Break from 11:45 am- 12:30pm**

**LUNCH IS AVAILABLE AT THE  
CENTER for \$6.00 per person (age 60  
and over).**

**Sign Ups begin now.**



*Your Neighborhood*

## Country Market & Grocery Outlet



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and Cheese**



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**Local Fresh  
Produce**

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(302) 398-0398**

## CENTER ACTIVITIES & TRIPS

# Turner/Collins and the Outlaws



*A night of Classic country  
music, dancing and 50/50*

**SAT. FEB.3 @ 6PM @THE  
MOOSE RT. 13 IN HARRINGTON**

*\$10 per person all monies go to the Senior  
Center.. Food and drinks on sale. for tickets and  
info 3023825280.. Tickets at the door also*

**A Funraiser to benefit the  
remodeling of the Harrington  
Senior Center, Sponsored by  
the Harrington century  
Club.**



### **AARP BEGINNER DEFENSIVE DRIVING SAFETY COURSE**

**DATE: Thursday, February 29th**

You will need to be at the center at  
8:45am to fill out paperwork.

The class is from 9:00am to 4:00pm in  
Room 5.

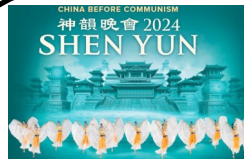
**COST: \$20.00 FOR AARP MEMBERS  
\$25.00 FOR NON-MEMBERS**

**Lunch Break from 11:45 am- 12:30pm**

**LUNCH AVAILABLE AT THE CENTER  
for \$6.00 per person (age 60 and over).**

**Sign Ups begin now.**

**Thank you to the Harrington  
Century Club for Sponsoring this  
fundraiser for the Center. Tickets  
will be available at the Center  
starting Monday, January 8th.**



### **SHEN YUN CHINESE DANCERS AND LUNCH AT A LOCAL RESTAURANT**

**DATE: Wednesday, March 13th**

**PACKAGE INCLUDES: Motorcoach  
transportation, Lunch at a Local  
Restaurant, Admission with reserved  
seating at Miller Theatre—Philadelphia  
PA and Bus Driver Tip**

**COST: \$225.00 SIGN UP BEGINS:  
Monday, January 8th with a \$75.00  
Deposit. Final Payment Due by  
February 1st.**

**Trip Cancellation Insurance available for an  
additional \$59.00**

# CENTER ACTIVITIES & TRIPS

## NEW ORLEANS



**DATE: Saturday, April 6,  
2024—Sunday, April 14,  
2024**

**Departure Time: 8:00 am**

**COST: Double Room Occupancy—  
\$1,250.00 plus insurance of \$96.00**

**Single Room Occupancy—\$1580.00  
plus insurance of \$132.00**

### **COST INCLUDES:**

**8 nights lodging with 4 in New Orleans**

**14 Meals: 8 Breakfast & 6 Dinners**

**All admission fees and tips.**

**PLENTY OF SEATS ARE STILL  
AVAILABLE**

**STOP IN OR CALL FOR A FLYER**

**FINAL PAYMENTS ARE DUE  
MONDAY, JANUARY 8th**



## NIAGARA FALLS TRIP

**TRIP DATE: September  
30th— October 4th, 2024**

**You will need a passport as we are  
staying on the Canadian side.**

**Cost: \$818.00 Double Occupancy,  
\$968.00 Single Occupancy**

**Insurance cost \$72.00**

**Cost includes: 4 nights lodging**

**8 Meals: 4 breakfast and 4 dinners**

**Admission fees, all tips and gratuities.**

**\$100 Deposit due at signup.**

**Seats are still available!**



## SIGHT & SOUND

**“DANIEL”**

**Lunch at Miller’s  
Smorgasbord**

**DATE: Thursday, May 16,  
2024**

**DEPARTURE TIME: Approximately  
7:00 am**

**RETURN TIME: Approximately  
6:30 pm**

**TRANSPORTATION: Coach Bus**

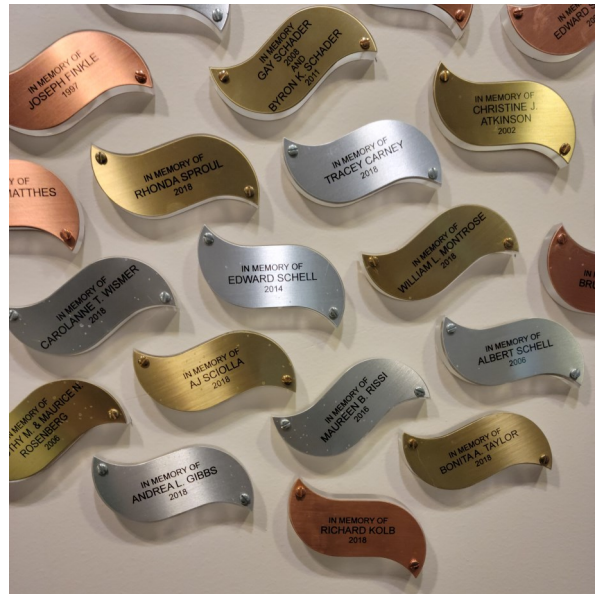
**COST: \$175.00 which includes show,  
meal and meal tip. Deposit is \$75**

**BUS DRIVER TIP IS ON YOUR OWN—  
We will do a collection on the bus.**

**SIGN UP NOW**



**Some have asked  
what the stone and  
leaves will look like  
for the tree for the  
Campaign fundraiser.  
Here is an example of  
the stone and leaf  
colors we are  
planning to use.**



# INFORMATION/SPONSORS



Above is what the tree will look like with the leaves and stones. We are also planning for this to be added onto when someone leaves memorial money or wants to make a donation in memory of a loved one to the Center.

# Chick's

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Harrington, DE 19952

# CENTER ACTIVITIES



## CARDIO DRUMMING EXERCISE CLASS

**DATE: Mondays**

**TIME: 10:15 AM**

**LOCATION: Dining Room**

Come be a part of this fun exercise class. We will be drumming using exercise balls, a clothes basket and drumsticks! Sound interesting? We would love to see you join us as we drum to the beat of several songs. It will be a fun time and we will be seated while we are drumming. The class will last approximately 30 minutes. We may have the group perform for us at some point in time in the future.



## ARMCHAIR EXERCISE IN-PERSON

**DATE: Every Monday and Wednesday**

**TIME: 9:30 AM LOCATION: Dining Room**

Take part in our Armchair Exercise. The program takes about 30 minutes. All you need is a chair without arms, a set of weights (or 2 cans of vegetables), and a towel.



## YOGA

**DATE: Every Monday**

**MAT YOGA TIME: 12:45 PM**

**CHAIR YOGA TIME: 1:30 PM**

**You do not need to sign up to attend.**

**Class instructed by Elena Paladino**

**Location: Dining Room**



## SENIOR WALKING EXERCISE PROGRAM IN-PERSON

**DATE: Every Tuesday & Thursday**

**TIME: 9:30 AM**

**LOCATION: Dining Room**

We will be exercising by simply walking. We will walk one mile to start and we will mix in a few other steps to keep the pace lively.

The video we have been using is Leslie Sansone Beginning Walk found on Youtube.com.



**DATE: Every Tuesday**

**TIME: 1:00 PM**

**LOCATION: Room #3**

Come and bring your sewing or craft project to the Center to work on with a group of great people. We have some machines here or you may bring your own.



# CENTER ACTIVITIES



## COMPUTER TECH SERVICES

Need help with your Smart Phone, Tablet, Laptop computer or software questions? This service is free to members with the exception of parts which you will need to pay for. You must be able to bring your device into the center.

**DATES: January 5th and 19th**

**TIME: 1:00 pm—3:00 pm**

**Please call the Center to schedule an appointment.**



© Can Stock Photo

## IN-PERSON and VIRTUAL BINGO

**DATE: Friday, January 19th & Friday, January 26th**

**TIME: 1:00 PM**

**LOCATION: Dining Room and on ZOOM**

Join us for a chance to win \$5.00 Gift Cards For Virtual Bingo—you will receive one email with the ZOOM link and one with the Bingo Card link. You can have both opened on your computer at the same time by minimizing Zoom once you are logged in or you can call in on Zoom on your phone and only have the card on your computer. We will also print cards for you to pick up at the Center and then all you need to do is call in on your house or cell phone.

## INSIDE GAMES

We have a variety so come and join in the fun.

**DATE: Every Tuesday**

**TIME: 10:00 AM**

**LOCATION—Room #5 or DR**



## TAI CHI WITH RAN

**DATE: EVERY MONDAY**

**TIME: 2:30 PM—3:30 PM**

**LOCATION: Dining Room**

The cost of the course is being covered by a grant so join us and for a relaxing class. **Ran is currently out but the class is still be taught.**



## BLOOD PRESSURE CHECKS

**DATE: Wednesday, January 10th & 24th**

**TIME: 12:30 pm**

**LOCATION: Dining Room**



## MAH JONGG

**DATE: Every Monday**

**TIME: 12:30 pm**

**LOCATION: Room #5**

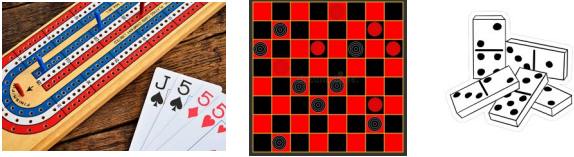
## CENTER ACTIVITIES

### CRIBBAGE OR OTHER BOARD GAMES

**Every Thursday at 1:00 PM**

**Dining Room or Room #3**

We are willing to purchase any games you want to play.



### LINE DANCING

**DATE: Every Friday**

**TIME: 9:00 AM—New  
Beginner Dancers**

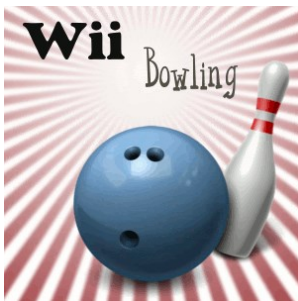
**9:30 AM—Beginner Dancers**

**10:00 AM —Improver Dancers**

This will give each level of dancer an hour of dancing. You are welcome to stay as long as you want for dancing.

**LOCATION: Dining Room**

Come join in the fun learning how to line dance. All levels of line dancers from beginners to the experienced are welcome to attend.



### WII BOWLING

**DATE: Every  
Wednesday**

**TIME: 10:15 AM  
NOTE NEW START  
TIME**

**LOCATION: Dining Room**

Come join in the fun of Wii Bowling. You will bowl in teams of 4 people. Each group bowls two games.



### BIBLE STUDY

**DATE: Every  
Tuesday starting  
January 9th**

**TIME: 10:00 am**

**Pastor Lewis and Rev. Walton will be  
leading the class.**

**LOCATION: Room #5**

## Hendricks & Son Inc.

John W. & Nancy Jo Hendricks

Serving the Agricultural Community Since 1952

## CENTER ACTIVITIES

### CARD GAME DAY AND TIMES



**TUESDAYS:**

**10:30 AM Bridge—  
Dining Room**



**WEDNESDAYS**

**11:30 AM Canasta—  
Room #5**



**WEDNESDAYS**

**12:30 PM 500—  
Dining Room**



**THURSDAYS:**

**10:00 AM PHASE 10—  
Dining Room**



**12:30 PM Pinochle—  
Room #5**

**COME JOIN IN THE FUN!  
ALL GROUPS ARE WILLING  
TO TEACH YOU THEIR GAME!**



### SERVICES OFFERED AT THE CENTER

#### MEMBER RATES

NOTARY—\$2.00 (Free to those in the Military or Retired Military)

FAX—\$0.25 per page

COPIES— \$0.25 per page

COLOR COPIES—\$0.50 per page

#### NON—MEMBER RATES

NOTARY—\$5.00 (Free to those in the Military or Retired Military)

FAX—\$0.50 per page

COPIES—\$0.50 per page

COLOR COPIES— \$0.75 per page



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**Easy in and out Sports Lottery – Lottery – Keno – ATM**

**ONE STOP SHOP**

**It's the law: You must be 18 to purchase Delaware Lottery tickets and 21 to play Sports Lottery**

# CENTER GUIDELINES/NEWS/ACTIVITIES



## BUS INFORMATION

We need our bus riders to help us maximize our bus by doing the following:

1. Call in and schedule the bus as soon as possible for daily pick-ups. We have marked off every morning and afternoon for bus pick up and drop off.
2. Please try to schedule all medical appointments between 10:00 am and 2:00 pm. Please call as soon as you schedule an appointment so we can accommodate your needs as well as our daily riders.
3. **You will receive a call by 3:00 pm the day before your ride with a pick up time.**



## PARKING

We know parking is tight at our temporary location. Please do not park between the orange cones by the church as we are using those spaces for the Meals on Wheels Drivers and truck from 9:00 am until approximately Noon. Please do not park in the area marked with orange cones as you enter the parking lot on the left as that is reserved for our bus and the Meals on Wheels van.

For large bus trips, we will be meeting and parking at the Delaware State Fair in the handicap lot behind the Administration building. We will note bus location in each information trip block in the newsletter.

## BUS GUIDELINES



1. Bus guidelines will be given to all first time bus riders upon them being added to the list.
2. Bus guidelines will be posted on bulletin boards in the Center.
3. Title VI is displayed on bulletin boards in the Center, on our website, and on the bus.

## HARRINGTON LIONS CLUB—EYE GLASS COLLECTION BOX



Do you have glasses you no longer need? The Harrington Lions Club has placed a box here at the Center for you to drop off old glasses. Your donation helps support funding for children's eye glasses.

## GUEST GUIDELINES



1. A guest may only participate in three daily activities per year without being a member.
2. Anyone may participate in trips and activities that list a non-member price.



## LIBRARY & PUZZLES

You are welcome to come to the Center to check out library books and puzzles. They are located in Room #4.



## GRAB & GO LUNCHES

You may pick-up lunch any day from 11:15 AM until 11:45 AM for a donation of \$6.00 for anyone older than 60 and \$9.00 for those under the age of 60. You do not need to call ahead to register but you may if you wish or you may just stop in and pick up a meal. Grab & Go lunches are a function of the Meals on Wheels Program so their staff will be handling the meal pick up. Please let the HSC staff know if you have any issues with this new process. The Meals on Wheels office can be reached by calling 302-398-4860.

**PICK UP TIME DAILY**

**11:15 AM—11:45 AM**



**LUNCH IS SERVED AT NOON**

**COME IN FOR LUNCH**

You no longer need to sign up for lunch on the clipboards. We do ask if you are in the building for programs and want to stay for lunch that you sign-up as you come in.

## MILES OF PENNIES



It takes 84,480 pennies to travel one mile. Let us see how far we can travel in 2023.



**COVID 19 TEST KITS ARE NOW AVAILABLE FOR FREE**

**GO TO:**

**<https://covidtests.gov>**

**If you need help, come into the Center and we will help you. You can get 4 test kits.**



**MEMBERS MEETING  
IN-PERSON & ON ZOOM**

**DATE: Tuesday, January 16th**

**TIME: 1:00 pm**

**LOCATION: DR**

**Come hear information on construction, finances, and other news about the Center.**



**EXERCISE ROOM**

The exercise room is open during normal center business hours.

We have two treadmills, one exercise bike, and the walker. Use the equipment at your own risk. Feel free to open the curtains. We only ask that you close them when you are finished. The Exercise Room is located in Room #2. Sign up with the office for your workout time.



## SYMPATHY IS EXTENDED TO

The family of HSC Member Jack Redden.

## FOOD PANTRY AT THE CENTER

Please stop by the Center and pick up food supplies. We will be partnering with the Food Bank to help us get in more food items for you as well as continuing to work with our community partners that have food drives for us.



## THANK YOU CRYSTAL TRUST

We have received a grant from Crystal Trust to cover the cost of the new exercise equipment for our new exercise room. We also plan to have this room open at designated times in the evenings for our members that work. Stay tuned for more information once we are in the new building!



**New Members—** Remember to use your coupon for a free lunch on

us. We look forward to you joining us on a day of your choice. Please bring your coupon in to redeem your lunch. You may also use your coupon for curbside as well.



## EMAILS and FACEBOOK

If we have your email address, you should be receiving emails from the Center almost daily. If you are not, please check your junk or spam mail. We also post on Facebook so please like our Harrington Senior Center Facebook page to follow us.



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## CENTER NEWS

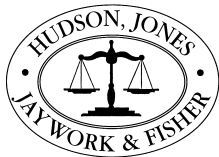


We have received a Grant from DHSS to cover additional programs at the Center around keeping seniors active. We will also be offering some evening classes for our seniors who work. We plan to take trips to the Lake Forest Pool, the bowling alley and a variety of other fun programming and all will be free of charge. More information will be in the February Newsletter. Watch for a survey from Survey Monkey to your email so we can obtain your input on dates and times for our evening programs.



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Laura D. Willis, Esq.  
HUDSON, JONES, JAYWORK  
& FISHER, LLC

225 South State Street  
Dover De 19901  
(302) 734-7401

[lwillis@delawarelaw.com](mailto:lwillis@delawarelaw.com)

Practice areas include estate planning and business counseling.

## YOUR RIGHTS UNDER TITLE VI

Harrington Senior Center operates its programs and services without regard to race, color, or national origin in accordance with Title VI of the 1964 Civil Rights Act. Any person who believes that she or he has been aggrieved by any unlawful discriminatory practice under Title VI may file a complaint with our agency.

Any such complaint must be in writing and filed with this agency within 180 days following the date of the alleged discriminatory occurrence. For information on our nondiscrimination obligations or how to file a complaint, please contact Harrington Senior Center by any of the methods listed below.

Harrington Senior Center  
102 Fleming Street  
Harrington DE 19952  
Phone – 302-398-4224

## REDNER'S RECEIPTS



When turning in your Redner's receipts, please do not cut off the bottom. We must have the part that reads "Today's 1% Save-A-Tape Total" with the date and dollar amount. All receipts must be within the last three years to count.

THANK YOU!

# CENTER GUIDELINES

## TRIP/ACTIVITY INFORMATION

1. We will begin boarding all trips approximately 15 minutes prior to the departure time. We board in the order in which you signed up for the trip.
3. All trips/activities must be paid for prior to the date of the trip/activity unless you are moved from the waiting list the day before. Should this occur you must pay before boarding the bus or participating in the activity.
4. **Refunds will only be issued if:**
  - A. We cancel the trip/activity
  - B. We are able to sell your seat
5. Everyone participating on a trip/activity must only need minimal assistance in transferring to seats, etc. Should you have an aide, they may sign up with you at the member price.



## TRIP/ACTIVITY SIGN UP DAY

**Monday, January 8th  
Beginning at 9:00 AM in  
Room #1**

1. When you arrive please come in and take a number for only yourself and wait in the dining room to be called.
2. You may purchase tickets for yourself and one other member or guest as long as you have the money for all tickets.
3. You cannot sign up prior to the date listed in the newsletter under each event.
4. Credit/Debit cards are now accepted for all trips, activities, and dues.
5. One check is accepted for all trips and activities you are paying for.



## IT IS IMPORTANT TO SIGN UP

Signing up for events, activities, and trips is very important.

Please make sure you are signing up by the deadlines. This is important so we have room and items needed for the event. We also do not want to over order. Please look at the information for sign up dates and end dates. If you have questions, please contact us.

## PICTURES IN THE NEWSLETTER, FACEBOOK & OUR WEBSITE



We take pictures at every event, on every trip, and just around the Center. We use these photos in various ways.

If you do not want your picture used, please make sure you do not get in the picture. If your picture is taken, please notify the person taking it to delete it so it is not used. Thank you for helping us with publishing our photos to help showcase our Center.



## CENTER NEWS



### CAPITAL CAMPAIGN GOAL



Our Capital Campaign is well under way. Some may say why do you still need money? You received money from the State and County and others have already donated money to the Capital Campaign Goal. The answer is easy.

1. We are going to have some cost overruns due to pricing and changes that have had to be made that were unexpected.
2. We need to make sure we have funds to purchase all of the furniture and items needed in a new building.
3. Our operating cost will be higher and we need to make sure we have funds to cover those expenses until we find other monies to cover these costs in the future.
4. The campaign recognition we are planning will be a way for members or others to remember or honor someone as a memorial. The recognition program will be on going as a way to continue to make donations in the future.
5. We will be contacting anyone that has already made a donation to the Capital Campaign to see the wording you want used.

A Letter and Form will be mailed shortly.



**Monday-Friday**

**7:30 AM to 5:00 PM**

325 Walt Messick Road  
Harrington DE 19952  
302-398-3729

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the Harrington  
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Funeral Home, Inc.*



*Harrington, DE*

*302-398-3884*

*[www.melvinfuneralhome.com](http://www.melvinfuneralhome.com)*

## CENTER NEWS



**Congratulations to our November Bingo Winners**

**11/30/23—Grace Jester, Betty Reynolds, Clarence Cole,  
Priscilla Ford, Bill Holland, Keith Ayasse, Elfrieda Bamford,  
Jean Miller, and Mildred Kennedy**



**Pictures from our Holiday  
Luncheon and Birthday Party.  
We were very happy to have Lake  
Forest Central Elementary  
Chorus join us!**



# Hometown Drugs

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**Phone: 302-450-1970**

**Address: 16819, S. Dupont Hwy, Harrington, DE 19952**

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- **Drive-Through Pharmacy**
- **Health Screening**
- **Over-the-counter Medicines**

## CENTER NEWS/SPONSORS/ACTIVITIES



**NOVEMBER WII  
SCORES—**  
The scores below  
are the total for the  
month.

- 1st—Don Cooley 260**
- 2nd—Jan Mitchell 244**
- 3rd—Craig Brodeur 212**
- 4th—Bob Fagan 203**
- 5th—Maddie Fagan 197**
- 6th—Jeff Purse 195**
- 7th—Eula Hoover 184**
- 8th—Jackie Krech 173**
- 9th—Adele Walters 140**



**NOVEMBER 500 CARD  
SCORES**

**November 8th**—Winner was Tom Brown with 2540; Second was Caren Parry with 2360; Third was Fran Jaquette with 2080.

**November 15th**—Winner was Tom Brown with 2960; Second was Lokie Harcum with 2860; Third was a Tie with Harold Brode and Will Harcum each with 2840.

**November 22nd**—Winner was Fran Jaquette with 3500; Second was Tom Brown with 2470; Third was Ed Parry with 2380.

**November 29th**—Winner was Dale Trammell with 3060; Second was Connie Raymond with 2900; Third was Fran Jaquette with 2490.

# Happy Tails

**302-786-2528**  
**25 Commerce Street**  
**Harrington DE 19952**

**Hours:**

**Tuesday—Saturday**  
**8:00 AM—4:00 PM**



# SPONSORS

## WINTER WONDERLAND *of Wins!*

**\$40,000**  
**WINTER WINDFALL**  
*of Cash*

TOP PRIZE  
**\$5,000 CASH!**

**SUNDAYS IN JANUARY**  
8:00PM

**\$12,500**  
*Arctic Mondays*

WIN YOUR SHARE  
OF \$12,500!

**MONDAYS IN JANUARY**  
8:00PM

**\$28,000**

HOURLY DRAWINGS!

**TUESDAYS,  
WEDNESDAYS  
& THURSDAYS  
IN JANUARY**  
5:00PM - 8:00PM

*Carded Polar Express*

**\$15,600**

1<sup>ST</sup> PLACE PRIZE  
**\$1,000 SLOT DOLLARS!**

**FRIDAYS IN JANUARY**  
6:00PM - 10:00PM

*Frigid Friday*  
SLOT TOURNAMENT


**\$50,000**  
*Chill & Thrill*  
RICHES

HOURLY DRAWINGS  
TO WIN!

**SATURDAYS IN JANUARY**  
9:00PM - 10:00PM



WHERE WINNERS PLAY

1-888-887-5687 | HARRINGTONRACEWAY.COM | 



\*In prizes. Must be 21 years of age. No one under the age of 21 can enter the casino unless noted. Harrington Raceway and Casino reserves the right to cancel or change any promotion or event without notice. See Players Club for more details. All games are controlled by the Delaware State Lottery. Play responsibly. If you or someone you know has a gambling problem, call the Delaware Gambling Help Line: 1-888-850-3838.

*Thank You*

### TO OUR 2023 SPONSORS PLATINUM

Blue Hen Construction  
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Chick Harness & Supply Inc.  
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Harrington Logistics  
Harrington Raceway & Casino  
Hendricks & Son Inc.  
Hometown Drugs  
MidTown Liquor

### GOLD

Thomas E. Melvin & Son  
Funeral Home Inc.

### SILVER

Envirocorp Inc.  
Hudson, Jones, Jaywork &  
Fisher—Laura D. Willis, Esq.  
Larson's Mower Shop  
Taylor & Messick

### BRONZE

### IN-KIND SPONSORS

Harrington Sunshine 4-H Club  
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Delaware State News  
Ivins Florist  
Harrington Lions Club  
NeighborGood Partners  
Harrington Fire Company  
Auxiliary  
Home Instead Senior Care

# JANUARY MANNA MENU

Lunch is served at 12 Noon. Meals are provided by the Modern Maturity Center, Inc. MANNA Programs. **Suggested Donation \$6.00 for ages 60 and up; \$9.00 payment required for Under 60 years of age** - Menu Subject to Change Without Notice.

1	2	3	4	5
CENTER IS CLOSED FOR NEW YEAR'S DAY 	Spaghetti w/Meat Sauce Chef's Blend Vegetables Italian Bread Pudding Milk	Meat Loaf w/Gravy Mashed Potatoes Glazed Carrots Wheat Bread Mandarin Oranges Milk	Fried Chicken Macaroni & Cheese Collard Greens Corn Bread Pudding Milk	Chili Con Carne Seasoned Rice Peas & Carrots Cornbread Cookies Milk
8 Baked Ziti w/Meat Sauce Buttered Peas & Carrots Italian Bread Fruit Milk	9 Chicken Marsala w/ Mushroom Gravy Wild Rice Chef's Blend Applesauce Wheat Bread Milk	10 Vegetable Soup Tuna Salad on Bun with Lettuce Beet Salad Fruit Milk	11 Roast Beef w/Gravy Mashed Potatoes Buttered Peas w/Pearl Onions Roll Cake Milk <b>Birthday Party</b>	12 BBQ Chicken Potato Wedges Mexican Corn Roll/Cookies Milk <b>MARTIN LUTHER KING CELEBRATION - CHICK FIL A LUNCH In-Person</b>
15 CENTER IS CLOSED FOR MARTIN LUTHER KING HOLIDAY	16 Beef Stroganoff Buttered Noodles Buttered Green Beans Fruit Roll Milk	17 Italian Meat Balls Spaghetti Buttered Peas Italian Bread Fruit Milk	18 Fried Chicken Mashed Potatoes Mixed Greens Dinner Roll Sherbet Milk	19 BBQ Pulled Pork on Bun Baked Beans Coleslaw Fruit Milk
22 Chicken & Dumplings Mixed Vegetables Biscuit Fruit Milk	23 Sliced Ham & Cabbage Boiled Potatoes Wheat Bread Yogurt Milk	24 Minestrone Soup Low Sodium Ham & Cheese Sandwich with Mustard & Mayonnaise Broccoli Salad Cookies Milk	25 Liver & Onions w/Gravy Mashed Potatoes Seasoned Green Beans Wheat Bread Ice Cream Milk	26 Baked Chicken with Gravy Seasoned Rice Buttered Spinach Applesauce Wheat Bread Milk
29 Chicken Tetrizzini w/ Noodles Buttered Broccoli & Cauliflower Pudding Wheat Bread Pudding Milk	30 Fried Fish Au Gratin Potatoes Stewed Tomatoes Roll Brownie Milk	31 Beef Barley Soup Chicken Salad on Bun Coleslaw Fruit Milk	<p>Did you know? With funding from the Division of Services for Aging and Adults with Physical Disabilities, senior nutrition programs (Congregate and Meals on Wheels) are designed to provide balanced meals and services not met by other meal providers. We help you to live independently longer.</p> <p><b>NOTE:</b> Please be advised that food served here may contain these ingredients: Milk, Eggs, Wheat, Soybean, Peanuts, Tree Nuts, Fish, Shellfish and Seafood Base.</p>	

# CALENDAR OF ACTIVITIES

Monday	Tuesday	Wednesday
<p><b>1</b></p> <p style="text-align: center;"><b>CENTER IS CLOSED FOR NEW YEAR'S DAY</b></p> <div style="text-align: center;">  </div>	<p><b>2</b> 9:30—Senior Walking Program In-Person (DR)</p> <p>10:00—Inside Games (DR)</p> <p>10:30—Bridge (DR)</p> <p>11:15—11:45 Grab N Go Lunch</p> <p>12:00—Lunch Served (DR)</p> <p>1:00—Sit &amp; Sew (RM#3)</p>	<p><b>3</b> 9:30—Armchair Exercise—In-Person (DR)</p> <p>10:15—WII Bowling (DR)</p> <p>11:15—11:45 Grab N Go Lunch</p> <p>11:30—Canasta (RM#5)</p> <p>12:00—Lunch Served (DR)</p> <p>12:30—500 (DR)</p>
<p><b>8</b> <b>9:00—Trip Sign Up Day(RM#1)</b></p> <p>9:30—Armchair Exercise— In-Person (DR)</p> <p>10:15—Cardio Drumming Exercise Class (DR)</p> <p>11:15—11:45 Grab N Go Lunch</p> <p>12:00—Lunch Served (DR)</p> <p>12:30—Mah Jongg (RM#5)</p> <p>12:45—Mat Yoga (DR)</p> <p>1:30—Chair Yoga (DR)</p> <p>2:30—Tai Chi (DR)</p>	<p><b>9</b> 9:30—Senior Walking Program In-Person (DR)</p> <p>10:00—Inside Games (DR)</p> <p>10:00— Bible Study (RM #5)</p> <p>10:30—Bridge (DR)</p> <p>11:15—11:45 Grab N Go Lunch</p> <p>12:00—Lunch Served (DR)</p> <p>1:00—Sit &amp; Sew (RM#3)</p>	<p><b>10</b> 9:30—Armchair Exercise—In-Person (DR)</p> <p>10:15—WII Bowling (DR)</p> <p>11:15—11:45 Grab N Go Lunch</p> <p>11:30—Canasta (RM#5)</p> <p>12:00—Lunch Served (DR)</p> <p>12:30—500 (DR)</p> <p>12:30—Blood Pressure Checks (DR)</p>
<p><b>15</b></p> <p style="text-align: center;"><b>CLOSED FOR MARTHIN LUTHER KING, JR HOLIDAY</b></p> <div style="text-align: center;">  </div>	<p><b>16</b> 9:30—Senior Walking Program In-Person (DR)</p> <p>10:00—Inside Games (DR)</p> <p>10:00—Bible Study (RM#5)</p> <p>10:30—Bridge (DR)</p> <p>11:15—11:45 Grab N Go Lunch</p> <p>12:00—Lunch Served (DR)</p> <p>1:00— Sit &amp; Sew (RM#3)</p> <p><b>1:00—Members Meeting (DR)</b></p>	<p><b>17</b> 9:30—Armchair Exercise In-Person (DR)</p> <p>10:15—WII Bowling (DR)</p> <p>11:15—11:45 Grab N Go Lunch</p> <p>11:30—Canasta (RM#5)</p> <p>12:00—Lunch Served (DR)</p> <p>12:30—500 (DR)</p>
<p><b>22</b> 9:30—Armchair Exercise— In-Person (DR)</p> <p>10:15—Cardio Drumming Exercise Class (DR)</p> <p>11:15—11:45 Grab N Go Lunch</p> <p>12:00—Lunch Served (DR)</p> <p>12:30—Mah Jongg (RM#5)</p> <p>12:45—Mat Yoga (DR)</p> <p>1:30—Chair Yoga (DR)</p> <p>2:30—Tai Chi (DR)</p>	<p><b>23</b> 9:30—Senior Walking Program In-Person (DR)</p> <p>10:00—Inside Games (DR)</p> <p>10:00—Bible Study (RM #5)</p> <p>10:30—Bridge (DR)</p> <p>11:15—11:45 Grab N Go Lunch</p> <p>12:00—Lunch Served (DR)</p> <p><b>12:30—National Pie Day (DR)</b></p> <p>1:00—Sit &amp; Sew (RM#3)</p>	<p><b>24</b> 9:30—Armchair Exercise—In-Person (DR)</p> <p>10:15—WII Bowling (DR)</p> <p>11:15—11:45 Grab N Go Lunch</p> <p>11:30—Canasta (RM#5)</p> <p>12:00—Lunch Served (DR)</p> <p>12:30—500 (DR)</p> <p>12:30—Blood Pressure Checks (DR)</p>
<p><b>29</b> 9:30—Armchair Exercise— In-Person (DR)</p> <p>10:15—Cardio Drumming Exercise Class (DR)</p> <p>11:15—11:45 Grab N Go Lunch</p> <p>12:00—Lunch Served (DR)</p> <p>12:30—Mah Jongg (RM#5)</p> <p>12:45—Mat Yoga (DR)</p> <p>1:30—Chair Yoga (DR)</p> <p>2:30—Tai Chi (DR)</p>	<p><b>30</b> 9:30—Senior Walking Program In-Person (DR)</p> <p>10:00—Inside Games (DR)</p> <p>10:00—Bible Study (RM #5)</p> <p>10:30—Bridge (DR)</p> <p>11:15—11:45 Grab N Go Lunch</p> <p>12:00—Lunch Served (DR)</p> <p>1:00—Sit &amp; Sew (RM#3)</p>	<p><b>31</b> 9:30—Armchair Exercise—In-Person (DR)</p> <p>10:15—WII Bowling (DR)</p> <p>11:15—11:45 Grab N Go Lunch</p> <p>11:30—Canasta (RM#5)</p> <p>12:00—Lunch Served (DR)</p> <p>12:30—500 (DR)</p>

# JANUARY 2024

Thursday	Friday	Saturday
<p><b>4</b> 9:30—Senior Walking Program In-Person (DR)            10:00—Phase 10 (DR)            11:15—11:45 Grab N Go Lunch            12:00—Lunch Served (DR)            12:30—Pinochle (RM#5)            1:00—Cribbage &amp; Other Board Games (RM#3)</p>	<p><b>5</b> 9:00—New Beginner Line Dancers (DR)            9:30—Beginner Line Dancers (DR)            10:00—Improver Line Dancers (DR)            11:15—11:45 Grab N Go Lunch            12:00—Lunch Served (DR)  <b>1:00—Computer Tech (RM#5)</b></p>	<p><b>6</b></p>
<p><b>11</b> 9:30—Senior Walking Program In-Person (DR)  <b>CANCELLED</b>            10:00—Phase 10 (DR) - <b>CANCELLED</b>            11:15—11:45 Grab N Go Lunch            12:00—Lunch Served (DR)            12:30—Pinochle (RM#5)            1:00—Cribbage &amp; Other Board Games (RM#3)            6:00—Board Meeting (DR)</p> <p style="text-align: center;"><b>BIRTHDAY PARTY</b></p>	<p><b>12</b> 9:00—New Beginner Line Dancers (DR)            9:30—Beginner Line Dancers (DR)            10:00—Improver Line Dancers (DR)            11:15—11:45 Grab N Go Lunch            12:00—Lunch Served (DR) - Chick-Fil-A for in-person dining &amp; <b>MARTIN LUTHER KING, JR. CELEBRATION</b></p>	<p><b>13</b></p>
<p><b>18</b> 9:30—Senior Walking Program In-Person (DR)            10:00—Phase 10 (DR)  <b>11:00—Depart for Cheddars Dine Around</b>            11:15—11:45 Grab N Go Lunch            12:00—Lunch Served (DR)            12:30—Pinochle (RM#5)            1:00—Cribbage &amp; Other Board Games (DR)</p>	<p><b>19</b> 9:00—New Beginner Line Dancers (DR)            9:30—Beginner Line Dancers (DR)            10:00—Improver Line Dancers (DR)            11:15—11:45 Grab N Go Lunch            12:00—Lunch Served (DR)  <b>1:00—Bingo (DR)</b>  <b>1:00—Computer Tech (RM#5)</b></p>	<p><b>20</b></p>
<p><b>25</b> <b>8:45—AARP Refresher Course (RM#5)</b>            9:30—Senior Walking Program In-Person (DR)            10:00—Phase 10 (DR)            11:15—11:45 Grab N Go Lunch            12:00—Lunch Served (DR)            12:30—Pinochle (<b>DR</b>)            1:00—Cribbage &amp; Other Board Games (RM#3)</p>	<p><b>26</b> 9:00—New Beginner Line Dancers (DR)            9:30—Beginner Line Dancers (DR)            10:00—Improver Line Dancers (DR)            11:15—11:45 Grab N Go Lunch            12:00—Lunch Served (DR)  <b>1:00—Bingo (DR)</b></p>	<p><b>27</b></p>



# JANUARY 2024 BIRTHDAY WISHES

**January 1st**

Nancy Paynter

**January 2nd**

Robert Wilson

Janette Hobbs

Thomas Samuel

**January 3rd**

Joan Camac

**January 4th**

James Tepfenhart

**January 5th**

Jackie Krech

Carole Hammond

**January 6th**

Linda Niner

**January 8th**

Bill Ivins

Patsy Voss

Pauline Lister

Charyl Manship

Robert Salmons

**January 9th**

Walter Perdue

Rowland Scott

Baldy Sadler, Sr.

**January 11th**

David Martin

Frank Bless

Norman Porter

Shirley Baker

Edward Baynard

**January 12th**

Jay Biggs

**January 13th**

Mike Clough

Gloria Domina

Joespeh Collison, Sr.

**January 15th**

Chery Gladden

Jack Brown

**January 16th**

Dana Kelley

**January 17th**

Sherry Clark

Carolyn Murray

Charlene Beene

Cheryl Harrington

**January 19th**

Richard Shultie

Jean Miller

Phyllis Wolfinger

Cynthia Small

**January 20th**

Carolyn Plummer

Barbara Boone

Felecia McCoy

Harold Brode

**January 21st**

Doug Spickes

Ann Milorey

Larry Cannon

**January 22nd**

Mary Ann Stumpf

**January 23rd**

Ronald Hughes

**January 24th**

Reginald Evans

Jeannie Darling

Julia McCullough

**January 25th**

Denise Weller

Thomas Matt

David Reynolds

**January 26th**

Barbara Manley

Audrey Wright

Peggy Garey

Patsy Jester

Loretta McDowell

**January 27th**

Nancy McDaniel

**January 28th**

Cathy Caulo

Gloria Minner

Charles Asbury

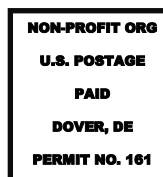
**January 20th**

Joyce Carter

**January 31st**

Susan Davis

Harrington Senior Center  
 102 Fleming Street  
 Harrington DE 19952



Return Service Requested