

APRIL MANNA MENU

Lunch is served at 12 Noon. Meals are provided by the Modern Maturity Center, Inc. MANNA Programs. **Suggested Donation \$6.00 for ages 60 and up; \$9.00 payment required for Under 60 years of age** - Menu Subject to Change Without Notice. **IN-PERSON LUNCH is 12:00 until 12:30.**

<p>1</p> <p>Salisbury Steak with Gravy</p> <p>Mashed Potatoes</p> <p>Chef's Blend</p> <p>Wheat Bread</p> <p>Fruit & Milk</p>	<p>2</p> <p>Baked Chicken with Gravy</p> <p>Wild Rice</p> <p>Buttered Carrots</p> <p>Wheat Bread</p> <p>Pudding & Milk</p>	<p>3</p> <p>Vegetable Soup</p> <p>Tuna Salad on Bun</p> <p>Beet Salad</p> <p>Fruit</p> <p>Milk</p>	<p>4</p> <p>Fried Chicken</p> <p>Macaroni & White Cheese</p> <p>Mixed Greens</p> <p>Roll</p> <p>Pudding</p> <p>Milk</p>	<p>5</p> <p>Chili with Red Beans</p> <p>White Rice</p> <p>Green Beans</p> <p>Corn Bread</p> <p>Fruit</p> <p>Milk</p>
<p>8</p> <p>Spaghetti & Meat Sauce</p> <p>Peas</p> <p>Breadsticks</p> <p>Pudding</p> <p>Milk</p>	<p>9</p> <p>Boneless Pork Chops with Onion Gravy</p> <p>Mashed Potatoes</p> <p>Yellow Squash with Tomatoes</p> <p>Wheat Bread</p> <p>Brownie & Milk</p>	<p>10</p> <p>Navy Bean Soup</p> <p>Turkey & Provolone Cheese on Bun with Mayonnaise</p> <p>Lettuce & Tomato</p> <p>Fruit</p> <p>Milk</p>	<p>11</p> <p>Roast Turkey with Gravy</p> <p>Herb Dressing</p> <p>Buttered Peas with Pearl Onions</p> <p>Dinner Roll</p> <p>Cake</p> <p>Milk</p>	<p>12</p> <p>Baked Cod</p> <p>Scalloped Potatoes</p> <p>Stewed Tomatoes</p> <p>Wheat Bread</p> <p>Pudding</p> <p>Milk</p>
BIRTHDAY PARTY				
<p>15</p> <p>Meat Loaf with Gravy</p> <p>Mashed Potatoes</p> <p>Spinach</p> <p>Wheat Bread</p> <p>Pudding & Milk</p>	<p>16</p> <p>Chicken Breast with Cranberry Glaze</p> <p>Buttered Rice</p> <p>Broccoli</p> <p>Roll</p> <p>Cookies & Milk</p>	<p>17</p> <p>Taco Chili Salad with Lettuce & Tomato</p> <p>Sour Cream</p> <p>Nacho Chips</p> <p>Yogurt & Milk</p>	<p>18</p> <p>Liver & Onions with Gravy</p> <p>Mashed Potatoes</p> <p>Green Beans</p> <p>Wheat Bread</p> <p>Mousse & Milk</p>	<p>19</p> <p>Baked Ziti with Sauce</p> <p>Tossed Salad with Dressing</p> <p>Italian Bread</p> <p>Fruit</p> <p>Milk</p>
<p>22</p> <p>Chicken Pot Pie</p> <p>Buttered Peas & Carrots</p> <p>Applesauce</p> <p>Dinner Roll</p> <p>Milk</p>	<p>23</p> <p>Jumbo Chili (no Beans) Dog on Bun</p> <p>Relish/Ketchup/Mustard</p> <p>Baked Beans</p> <p>Butter Cookies & Milk</p>	<p>24</p> <p>Chicken Noodle Soup</p> <p>Chicken Salad Sandwich</p> <p>Broccoli Salad</p> <p>Fruit & Milk</p>	<p>25</p> <p>Fried Fish</p> <p>Scalloped Potatoes</p> <p>Stewed Tomatoes</p> <p>Corn Bread</p> <p>Sherbet & Milk</p>	<p>26</p> <p>Swedish Meat Balls</p> <p>Garlic Mashed Potatoes</p> <p>Italian Blend Vegetables</p> <p>Fruit</p> <p>Milk</p>
<p>29</p> <p>Sliced Ham with Pineapple Sauce</p> <p>Parslied Potatoes</p> <p>Buttered Cabbage</p> <p>Wheat Bread</p> <p>Oatmeal Cookies</p> <p>Milk</p>	<p>30</p> <p>BBQ Chicken</p> <p>Macaroni & Cheese</p> <p>Mixed Greens</p> <p>Corn Bread</p> <p>Tapioca Pudding</p> <p>Milk</p>	<p>Did you know? With funding from the Division of Services for Aging and Adults with Physical Disabilities, senior nutrition programs (Congregate and Meals on Wheels) are designed to provide balanced meals and services not met by other meal providers. We help you to live independently longer.</p>		
<p>NOTE:</p> <p>Please be advised that food served here may contain these ingredients: Milk, Eggs, Wheat, Soybean, Peanuts, Tree Nuts, Fish, Shellfish and Seafood Base.</p>				