

MAY MANNA MENU

Lunch is served at 12 Noon. Meals are provided by the Modern Maturity Center, Inc. MANNA Programs. **Suggested Donation \$6.00 for ages 60 and up; \$9.00 payment required for Under 60 years of age** - Menu Subject to Change Without Notice. **IN-PERSON LUNCH is 12:00 until 12:30.**

Did you know? With funding from the Division of Services for Aging and Adults with Physical Disabilities, senior nutrition programs (Congregate and Meals on Wheels) are designed to provide balanced meals and services not met by other meal providers. We help you to live independently longer.

NOTE:
Please be advised that food served here may contain these ingredients: Milk, Eggs, Wheat, Soybean, Peanuts, Tree Nuts, Fish, Shellfish and Seafood Base.

1
Taco Chili Salad with Lettuce, Tomato, Sour Cream, Salsa, & Tortilla Chips
Mousse
Milk

2
Pepper Steak
White Rice
Peas & Carrots
Roll
Yogurt
Milk

3
Baked Chicken with Gravy
Mashed Potatoes
Steamed Broccoli
Wheat Bread
Fruit
Milk

6
Sloppy Joe on Bun
Potato Wedges
Mexican Corn
Sherbet
Milk

7
Chicken Parmesan
Spaghetti
Buttered Spinach
Italian Bread
Yogurt
Milk

8
Broccoli Cheese Soup
Tuna on Bun
Lettuce & Tomato
Brownie
Milk

9
Birthdays Luncheon
Roast Beef with Gravy
Mashed Potatoes
Green Beans
Roll
Cake
Milk

10
Chicken Pot Pie
Buttered Zucchini
Wheat Bread
Pudding
Milk

13
Chicken Tetrazzini with Noodles
Buttered Peas
Wheat Bread
Fruit
Milk

14
Meat Loaf with Gravy
Mashed Potatoes
Mixed Vegetables
Wheat Bread
Lemon Pudding
Milk

15
Cod
Buttered Rice
Buttered Broccoli
Wheat Bread
Fruit
Milk

16
Fried Chicken
Macaroni & Cheese
Seasoned Collard Greens
Roll
Ice Cream
Milk

17
Jumbo Beef Chili Dog on Bun
Potato Wedges
Coleslaw
Fruit
Milk

20
Pork Chop with Gravy
Mashed Potatoes
Sauerkraut
Roll
Butter Cookies
Milk

21
Boneless Chicken Breast with Mango Salsa
Buttered Rice
Steamed Broccoli
Roll
Mandarin Oranges
Milk

22
Hamburger on Bun
Ketchup, Mustard
Mayonnaise,
Lettuce & Tomato
Sidewinder Fries
Coleslaw
Cookies
Milk

23
Liver & Onions with Gravy
Mashed Potatoes
Peas & Carrots
Bread
Bread Pudding
Milk

24
MEMORIAL DAY CELEBRATION
BBQ Chicken
Baked Beans
Potato Salad
Roll
Mixed Fruit Salad
Milk
HSC Will Be Our Own Luncheon

27
CENTER CLOSED FOR MEMORIAL DAY

28
Chicken & Dumplings
Buttered Green Beans
Applesauce
Biscuit
Milk

29
Spaghetti with Meat Sauce
Mixed Vegetables
Italian Bread
Sherbet
Milk

30
Fried Fish
Au Gratin Potatoes
Stewed Tomatoes
Corn Bread
Pudding
Milk

31
Meatball Sub
French Fries
Broccoli Salad
Fruit
Milk

