



The Harrington Senior Center

Phone: (302)-398-4224
Fax: (302)-398-4421
Email: karen@harringtonseniorcenter.org
Website: harringtonseniorcenter.org

Facebook: Like Harrington Senior Center & Friend us at Harrington Senior

**HOURS: Monday–Thursday 8:30 AM- 4:00 PM
Friday 8:30 AM–2:00 PM**

**JULY
2024
Volume 43,
No. 7**

The front desk closes 15 minutes prior to the Center closing time. Please handle all transactions by this time.

MESSAGE FROM THE EXECUTIVE DIRECTOR—KAREN CROUSE

Happy Summer! Our new building is coming along quickly and we hope to be fully open by September if not sooner. If you are need of a cool place during the excessive heat waves we been having, please feel free to come into the Center location and sit in the air conditioning.

We have hired a new staff member, Mrs. Dana Kelley, as our Clerical Assistant. She will be happy to help you with signing up for trips/ activities, membership questions, faxing, and copying. We would also like to welcome Crickett Morris as a substitute bus driver. This addition to our staff will allow us to plan more evening and weekend trips.

The Center will be closed July 22nd through July 26th. Meals on Wheels will still be delivered. We will re-open on Monday, July 29th.

Thank you to everyone that has participated in our many activities that were possible through the DSAAPD Grant. The grant ended on June 30th and the staff has decided to cut back on activities in July as we prepare for moving and learning what other grant opportunities are available for this type of programming. We are planning to keep some of these activities for free or at a minimal cost. Stay tuned!



FARMERS' MARKET VOUCHERS

We still have vouchers to give away. Please call the office to schedule your appointment to pick up your card. This is a great way to get fresh fruits and vegetables if you qualify. We will be opening this up to anyone in the community that qualifies.

CENTER ACTIVITIES & TRIPS

INDEPENDENCE DAY CELEBRATION

DATE: Wednesday, July 3rd

TIME: Noon

**MEMBER COST: \$6.00 Payable at
the Door MMC**

SIGN UP BEGINS: Now

SIGN UP ENDS: Monday, July 1st.

MANNA MENU with EXTRAS

**Cheeseburger on Bun, Potato Salad,
Lettuce & Tomato, Fruit Cup.
Extras—Bake Beans, Chips, Dessert,
Beverages**

**Join us in celebrating our
Independence with lunch and a
program.**

Entertainment By: Paul DeWolfe



JULY BIRTHDAY PARTY

**DATE:
Thursday, July 11th**

TIME: 12:00 pm for In-Person

**11:15 AM – 11:45 AM for Curbside
Pick-Up**

**COST: \$6.00 suggested donation for age
60+ and \$9.00 required payment for
under the age 60.**

YOU WILL PAY AT THE DOOR

SIGN UP BEGINS: NOW

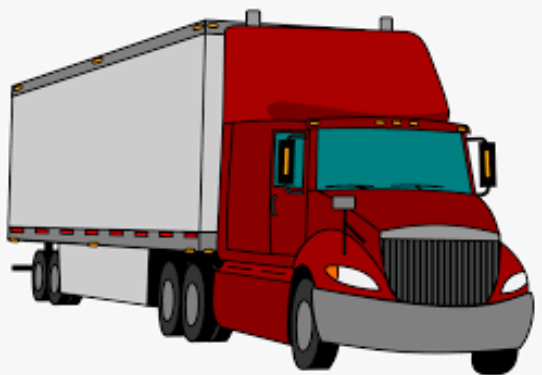
SIGN UP ENDS: Wednesday, July 10th

**MENU: Roast Beef with Gravy,
Mashed Potatoes, Peas with Pearl
Onions, Roll, Milk, Cake & Ice Cream**

Cake Sponsor: Jean Miller

**Ice Cream Sponsors:
Erik & Barbara Liimatta, Betty
Wiggins, & Jim & Grace Corcoran**

Harrington Logistics



111 Reese Avenue

Harrington DE 19952

**Is A Proud Sponsor of the
Harrington Senior Center**

CENTER ACTIVITIES & TRIPS

**DINE AROUND AT
TGI FRIDAY'S**

**222 S. Dupont Highway
Dover, DE 19901**

DATE: Friday, July 12th

DEPARTURE TIME: 11:00am

**APPROXIMATE RETURN TIME:
1:30PM**

TRANSPORTATION: Center Bus

MEMBER COST: \$2.00

Non-Member Cost: \$5.00

SIGN UP BEGINS: Monday, July 8th



**DELAWARE
STATE FAIR
SENIOR
CITIZENS DAY
TRIP**

DATE: Monday, July 22nd

DEPARTURE TIME: 9:00 am

**APPROXIMATE RETURN TIME:
1:30 pm**

TRANSPORTATION: Center Bus

MEMBER COST: FREE

SIGN UP BEGINS: Monday, July 8th

Come and enjoy a day at the Fair. This trip is dependent on the weather. We will cancel if it is extremely hot or it is raining.



**BLUE HEN
CONSTRUCTION**

Hours of Operation:

8:00 AM—5:00 PM Monday—Friday

9:00 AM—4:00 PM—Saturday

Owned by Darrin & Laura Simpson

Address: 1 Dorman Street

Harrington DE 19952

Telephone Number: (302) 363-0343

CENTER ACTIVITIES



DELAWARE STATE FAIR SENIOR CITIZENS DAY TRIP & SEE GAYLE KISS THE PIG

DATE: Thursday, July 25th

DEPARTURE TIME: 1:30 pm

APPROXIMATE RETURN TIME: 5:00 pm

TRANSPORTATION: Center Bus

MEMBER COST: FREE

SIGN UP BEGINS: Monday, July 8th

Come and enjoy a day at the Fair. At 3:00 pm on the Free Entertainment Stage you can see Gayle participate in the Pig Kissing Contest. This trip is dependent on the weather. We will cancel if it is extremely hot or it is raining.

MINI CANVAS PAINTING CONTEST

DATE: Tuesday, July 30th

TIME: 1:00 pm

LOCATION: Dining Room

COST: FREE

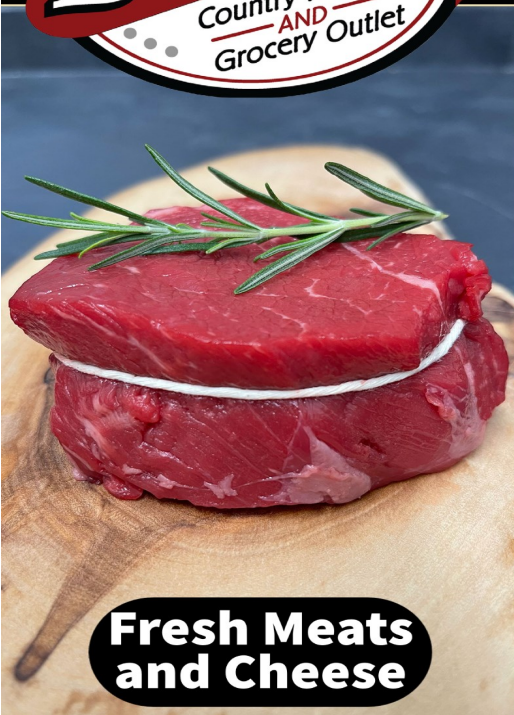
SIGN UP BEGINS: Monday, July 8th

Come have fun painting a mini canvas. We will pick a winner, 1st, 2nd and 3rd place for gift card prizes. All canvases will be taken to the Library for their contest. This is a great way for us to have fun and join in Library activities.



Your Neighborhood

Country Market & Grocery Outlet



Fresh Meats and Cheese



Crafted Coffees & Lattes



Daily Baked Bakery Goodies



**www.bylers.com
(302) 398-0398**

Local Fresh Produce

CENTER ACTIVITIES & TRIPS



DINNER AT
MIKE &
MEL'S

**BRECKNOCK COUNTY PARK
THE JONES BOYS**

DATE: Wednesday, August 7th

DEPARTURE TIME: 3:45 pm

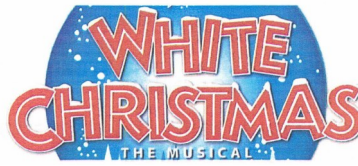
**APPROXIMATE RETURN TIME:
8:30 pm**

COST: \$2.00 plus dinner on your own

SIGN UP BEGINS: Monday, July 8th

**Come have a great dinner and then
listen to some great music.**

**YOU NEED TO BRING A LAWN CHAIR
& BUG SPRAY**



**MUSIC
MOUNTAIN
THEATRE
PRESENTS**

“WHITE CHRISTMAS”

**LUNCH AT A FINE LOCAL
RESTAURANT BEFORE THE SHOW**

DATE: SUNDAY, NOVEMBER 3rd

DEPARTURE TIME: TBA

APPROXIMATE RETURN TIME: TBA

SHOW TIME IS 3:00 PM

MEMBER COST \$ 160.00

NON-MEMBER COST \$165.00

\$75.00 DEPOSIT REQUIRED AT SIGN UP

**TRIP CANCELLATION PROTECTION IS
AVAILABLE FOR \$19.00**

SIGN UP BEGINS: Monday, July 8th

**COOK'S TIRE
& AUTO REPAIR
TIRE PROS**

**(302) 398-3751
12 CLARK STREET
HARRINGTON, DE 19952**



HOURS OF OPERATION: Monday through Friday

8:00 am—5:00 pm

**Commercial Tires, Passenger/LT Tires, Auto Repair,
Custom Wheels**



CENTER ACTIVITIES & TRIPS

FUTURE TRIP/ACTIVITY DATES:



August 20th— Dinner and
The Navy Band Commodores
at Stango Park in Lewes



MALL WALK

**DATE: Tuesday,
July 30th**

BUS DEPARTS: 9:30 am

RETURN TIME: Noon

SIGN UP BEGINS: FREE TRIP

Come and walk the Dover Mall and shop.



KISS THE PIG

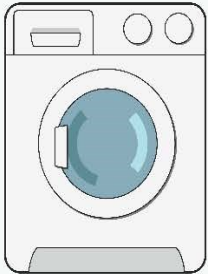
**KISS THE PIG
CONTEST AT
THE
DELAWARE
STATE FAIR**

DATE: Thursday, July 25th

TIME: 3:00 pm

**LOCATION: Free Entertainment
Stage**

Our bus driver, Gayle, is collecting funds to kiss the pig. The money collected goes towards scholarships for the Junior Exhibitors of the Delaware State Fair. We have collection jugs at the Center if you would like to make a donation.



NOW AT **DOWNTOWN JUNCTION**

**QUICK & EASY
DRY CLEANING**

OUR SERVICES

- ✓ Dry Cleaning
- ✓ Drop off and pickup points
- ✓ Wash & Fold



302-398-4678

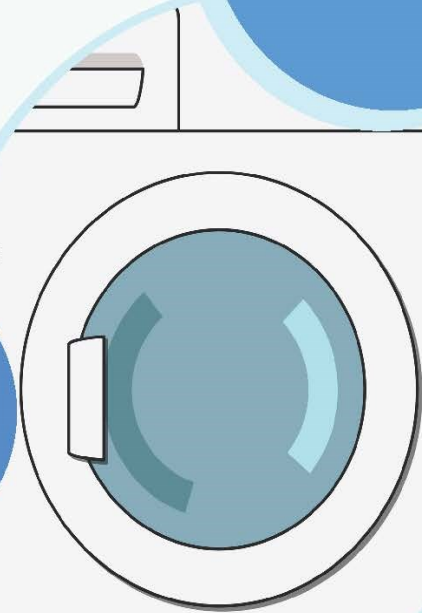


3 COMMERCE ST. HARRINGTON, DE

LOCATED AT DOWNTOWN JUNCTION
ACROSS FROM THE POST OFFICE!

**20% OFF
FOR NEW
CUSTOMERS**

**At home Pick-
up/Drop-off
coming soon!**



CENTER ACTIVITIES & TRIPS



Time for
fitness

**FITNESS
CLASSES**
**CONNER
CALLAWAY**
Fitness
Trainer

Every Monday 6:00 pm—7:00 pm

Every Thursday 9:45 am—10:30 am

Come enjoy working out with
Conner on exercises designed
for Seniors.

**NOTE: No classes on days the
Center is Closed**

BOARD GAME TIME

Every Tuesday at 10:00 AM

LOCATION: Dining Room

Come have fun playing a variety of
board games. We have ordered a variety
of board games to be played by mem-
bers. If we do not have a game you like



Chick's

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Harrington, DE 19952**

CENTER ACTIVITIES & TRIPS



SYMPATHY IS EXTENDED TO HSC MEMBERS AND THEIR FAMILIES

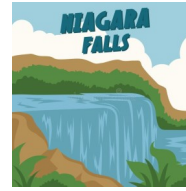
Sherri Stubbs on death of her mother and HSC Member Beulah Mae Simpson.

Nancy McDaniel on the death of her husband and HSC Member John McDaniel.

Family of HSC Member Carole Hammond.

Rosemary Vincent on the death of her husband and HSC Member Donald Vincent. The family has suggested donations to Harrington Senior Center in his memory.

Emilie Haines on the death of her sister.



NIAGARA FALLS TRIP

TRIP DATE:
September 30th—
October 4th, 2024

Please send us a copy of your passport.

Cost: \$818.00 Double Occupancy, 968.00 Single Occupancy

Insurance cost \$72.00

Final Payment is due by July 1st

Cost includes: 4 nights lodging
8 Meals: 4 breakfast and 4 dinners
Admission fees, all tips and gratuities.

Seats are still available!



BIRD-IN-HAND LUNCHEON AND SHOW

DATE: Thursday, October 17, 2024

DEPARTURE TIME: TBA

APPROXIMATE RETURN TIME: TBA

TRANSPORATION: COACH BUS

COST: \$150.00

Includes—Buffet Lunch, Show, Transportation and Bus Driver Tip

Final payment due September 5th

Comedy rules when Ryan returns to the stage with every one of his friends. Come hear comedy and songs ranging from Country to Broadway. Don't miss out on music and entertainment that comes with a great message!



SERVICES OFFERED AT THE CENTER

MEMBER RATES

NOTARY—\$2.00 (Free to those in the Military or Retired Military)

FAX—\$0.25 per page

COPIES— \$0.25 per page

COLOR COPIES—\$0.50 per page

NON—MEMBER RATES

NOTARY—\$5.00 (Free to those in the Military or Retired Military)

FAX—\$0.50 per page

COPIES—\$0.50 per page

COLOR COPIES— \$0.75 per page

CENTER ACTIVITIES



CARDIO DRUMMING EXERCISE CLASS

DATE: Mondays

TIME: 10:15 AM

LOCATION: Dining Room

Come be a part of this fun exercise class. We will be drumming using exercise balls, a clothes basket and drumsticks! Sound interesting? We would love to see you join us as we drum to the beat of several songs. It will be a fun time and we will be seated while we are drumming. The class will last approximately 30 minutes.



YOGA

DATE: Every Monday

MAT YOGA TIME: 12:45 PM

CHAIR YOGA TIME: 1:30 PM

You do not need to sign up to attend.

Class instructed by Elena Paladino

Location: Dining Room



© Can Stock Photo

BINGO & BINGOCIZE

Regular Bingo Tuesday, July 9th at 1:00 pm

Bingocize Tuesday, July 30th at 2:00 pm til 4:00 pm

LOCATION: Dining Room and on ZOOM—Regular Bingo Only

Join us for a chance to win \$5.00 Gift Cards



MAH JONGG

DATE: Every Monday

TIME: 12:30 pm

LOCATION: Room #5

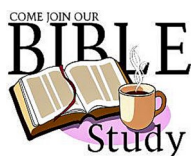


BLOOD PRESSURE CHECKS

DATES: JULY 10TH

TIME: 11:30 am

LOCATION: Dining Room



BIBLE STUDY

Bible Study will resume in the fall.



Come join us in Bingocize.

CENTER ACTIVITIES

CRIBBAGE

Every Thursday at 1:00 PM

Dining Room or Room #3



TAI CHI WITH RAN

DATE: EVERY MONDAY

TIME: 2:30 PM—3:30 PM

LOCATION: Dining Room

The cost of the course is being covered by a grant so join us and a relaxing class



ARMCHAIR EXERCISE IN-PERSON

DATE: Every Monday and Wednesday

TIME: 9:30 AM LOCATION: Dining Room

Take part in our Armchair Exercise. The program takes about 30 minutes. All you need is a chair without arms, a set of weights (or 2 cans of vegetables), and a towel.



COMPUTER TECH SERVICES

Need help with your Smart Phone, Tablet, Laptop computer or software questions? This service is free to members with the exception of parts which you will need to pay for. You must be able to bring your device into the center.

DATES: Friday, July 12th

TIME: 1:00 pm—3:00 pm

Location: Room #5

Please call the Center to schedule an appointment.



SENIOR WALKING EXERCISE PROGRAM IN-PERSON

DATE: Every Tuesday & Thursday

TIME: 9:30 AM

LOCATION: Dining Room

We will be exercising by simply walking. We will walk one mile to start and we will mix in a few other steps to keep the pace lively.

The video we have been using is Leslie Sansone Beginning Walk found on Youtube.com.



DATE: Every Tuesday

TIME: 1:00 PM

LOCATION: Room #3

Come and bring your sewing or craft project to the Center to work on with a group of great people. We have some machines here or you may bring your own.

CENTER ACTIVITIES



MEMBERS MEETING IN-PERSON & ON ZOOM

DATE: July 16th TIME: 1:00 pm

LOCATION: DR

Come hear information on construction, finances, and other news about the Center.



LINE DANCING

DATE: Every Friday

TIME: 9:00 AM—New Beginner Dancers

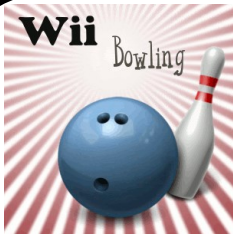
9:30 AM—Beginner Dancers

10:00 AM —Improver Dancers

This will give each level of dancer an hour of dancing. You are welcome to stay as long as you want for dancing.

LOCATION: Dining Room

Come join in the fun learning how to line dance. All levels of line dancers from beginners to the experienced are welcome to attend.



WII BOWLING

DATE: Every Wednesday

TIME: 10:15 AM

NOTE NEW START TIME

LOCATION: Dining Room

Come join in the fun of WII Bowling. You will bowl in teams of 4 people. Each group bowls two games.



PARKING

We know parking is tight at our temporary location. Please do not park between the orange cones by the church as we are using those spaces for the Meals on Wheels Drivers and truck from 9:00 am until approximately Noon. Please do not park in the area marked with orange cones as you enter the parking lot on the left as that is reserved for our bus and the Meals on Wheels van. For large bus trips, we will be meeting and parking at the Delaware State Fair in the handicap lot behind the Administration building. We will note bus location in each information trip block in the newsletter.

EXERCISE ROOM



The exercise room is open during normal center business hours. We have two treadmills, one exercise bike, and the walker. Use the equipment at your own risk. Feel free to open the curtains. We only ask that you close them when you are finished. The Exercise Room is located in Room #2. Sign up with the office for your workout time.



HARRINGTON LIONS CLUB—EYE GLASS COLLECTION BOX

Do you have glasses you no longer need? The Harrington Lions Club has placed a box here at the Center for you to drop off old glasses. Your donation helps support funding for children's eye glasses.

CENTER ACTIVITIES

CARD GAME DAY AND TIMES



BRIDGE

TUESDAYS:

**10:30 AM Bridge—
Room #5**



CANASTA

WEDNESDAYS

**11:30 AM Canasta—
Room #5**



500

WEDNESDAYS

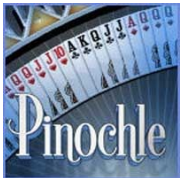
**12:30 PM 500—
Dining Room**



**Phase
10**

THURSDAYS:

**10:30 AM PHASE 10—
Room #5**



Pinochle

**12:30 PM Pinochle—
Room #5**

**COME JOIN IN THE FUN! ALL GROUPS ARE
WILLING TO TEACH YOU THEIR GAME!**

**Let's Have
Lunch
TOGETHER**

LUNCH IS SERVED AT NOON

COME IN FOR LUNCH

You no longer need to sign up for lunch on the clipboards. We do ask if you are in the building for programs and want to stay for lunch that you sign-up as you come in.

RESOURCE LISTS

The Center has gathered list of folks that assist with cleaning, being aides, yard work, drivers to appointments, and other needs. We are looking for folks that will do any of these services for seniors. Please let us know if you have anyone you can recommend we contact to see if they are interested in being placed on our list. If you would like a copy of this list, please call or email us.

Hendricks & Son Inc.

John W. & Nancy Jo Hendricks

Serving the Agricultural Community Since 1952

CENTER ACTIVITIES



INSURANCE AND
FINANCIAL
FOUNDATION LLC



*For all of your
insurance needs*

*Ready to provide
coverage for
home, auto,
business, health,
life, annuities,
funeral expense
insurance, and
more!*

INDEPENDENT and LOCAL
- We work for YOU, not
insurance companies.

PERSONALIZED -
Dedicated to getting you
the coverage right for
you.

TRUSTWORTHY -
Committed to honesty,
integrity, and
transparency.



302-566-1356



3 Commerce Street,
Suite 203
Harrington, DE



**SPORTS
PICK**
DELAWARE SPORTS LOTTERY

**MIDTOWN LIQUOR &
TOBACCO OUTLET**
2/B Liberty Plaza, Harrington, DE
(Next to Byler's) 302 398 4447

**Delaware
Lottery
Games**

Largest selection of Liquor, coldest Beer, Wine and Tobacco Products in town.

Easy in and out Sports Lottery – Lottery – Keno – ATM

ONE STOP SHOP

It's the law: You must be 18 to purchase Delaware Lottery tickets and 21 to play Sports Lottery

CENTER GUIDELINES/NEWS/ACTIVITIES



BUS INFORMATION

We need our bus riders to help us maximize our bus by doing the following:

1. Call in and schedule the bus as soon as possible for daily pick-ups. We have marked off every morning and afternoon for bus pick up and drop off.
2. Please try to schedule all medical appointments between 10:00 am and 2:00 pm. Please call as soon as you schedule an appointment so we can accommodate your needs as well as our daily riders.
3. **You will receive a call by 3:00 pm the day before your ride with a pick up time.**



GRAB & GO LUNCHES

You may pick-up lunch any day from 11:15 AM until 11:45 AM for a donation of \$6.00 for anyone older than 60 and \$9.00 for those under the age of 60. You do not need to call ahead to register but you may if you wish or you may just stop in and pick up a meal. Grab & Go lunches are a function of the Meals on Wheels Program so their staff will be handling the meal pick up. Please let the HSC staff know if you have any issues with this new process. The Meals on Wheels office can be reached by calling 302-398-4860.

PICK UP TIME DAILY

11:15 AM—11:45 AM

BUS GUIDELINES



1. Bus guidelines will be given to all first time bus riders upon them being added to the list.
2. Bus guidelines will be posted on bulletin boards in the Center.
3. Title VI is displayed on bulletin boards in the Center, on our website, and on the bus.



MILES OF PENNIES

It takes 84,480 pennies to travel one mile. Let us see how far we can travel in 2024.

Donate your Pennies Today!

GUEST GUIDELINES



1. A guest may only participate in three daily activities per year without being a member.
2. Anyone may participate in trips and activities that list a non-member price.



LIBRARY & PUZZLES

You are welcome to come to the Center to check out library books and puzzles. They are located in Room #4.

CENTER GUIDELINES /NEWS/ACTIVITIES



DO YOU LIKE TO PLAY CHESS?

We have some interest in starting a Chess Club.

Please call and let us know if you would like to play and tell us what day and time would work for you. We will then decide the best day and time for this group.

Contact Dana at 302-398-4224 or by email at dkelley@harringtonseniorcenter.org



The Front Entrance Sign is now lit at night. It looks awesome!



We had a great Father's Day Celebration. The dads all received a gift bag and the chance to win prizes playing PLINKO! THANK YOU DSAAPD GRANT



Wood Sign Class. An Arts & Craft Class using the DSAAPD Grant.



Business Hours: Everyday

6:00 am—10:00 pm

Dine in or Take Out

Delivery Hours:

Monday-Thursday

9:00 am—9:00 pm

Friday—Sunday

9:00 am—10:00 pm

17064 S. Dupont Highway, Harrington DE 19952

302-786-2766



CENTER ACTIVITIES



JOIN US AT THE LAKE FOREST HIGH SCHOOL POOL

DATE: DATE: Tuesday, July 9th

DEPARTURE TIME: 11:00am

APPROXIMATE RETURN TIME: 1:00pm

TRANSPORTATION: Center Bus

SIGN UP BEGINS: NOW FREE ACTIVITY

Bring your swimsuit and towel. Participants will do exercises for a portion of the time while in the pool.

HARRINGTON SENIOR CENTER
(Non-Profit Organization)



ONE DAY ONLY - TUESDAY, OCTOBER 22, 2024
SHOP 8AM - 11PM

DONATE \$5 AND ENJOY:

- **25% OFF DISCOUNT SHOPPING PASS***
- **REGISTER TO WIN A \$100 BOSCOV'S GIFT CARD**
One Winner at every Boscov's store

100% OF YOUR DONATION GOES TO OUR ORGANIZATION

For Shopping Passes or information, contact:

**302-398-4224 or visiting the Center at 190 Raughley Hill
Road**

For more details visit boscovs.com/friendshelpingfriends
*Exclusions Apply

Starting July 8th we will be selling the Boscov's Shopping passes. The Center receives \$5.00 for each pass sold. The bus will go to Boscov's that day for shopping.

CENTER ACTIVITIES

MACKINAC ISLAND INTEREST MEETING:

Thursday, August 29, 2024

TIME: 1:00 pm

**TRIP DATES: August 29th—September
6, 2025**

**Come join us on a 9 Day adventure to Chicago,
Millennium Park, Frederik Meijer Gardens &
Sculpturer Park, Mackinac Island, Grand
Hotel, Frankenmuth, Henry Ford Museum &
Greenfield Village.**

8 Breakfast & 4 Dinners are included

TENTATIVE ITINERARY AT A GLANCE

Days 1 & 2 Hyatt Regency Chicago Illinois

**Day 3 Canopy by Hilton Grand Rapids
Downtown, Grand Rapid Michigan**

Days 4 & 5 Grand Hotel, Mackinac Island MI

**Day 6 Double Tree by Hilton Hotel Bay City—
Riverfront, Bay City MI**

**Day 7 & 8 Westin Hotel Southfield Detroit,
Southfield MI**

Cost: \$3,999.00 Each Double Occupancy

\$4,999 Each Single Occupancy

Trip Insurance is \$429.00

**We have Flyers available at the Center. Please
sign up to attend the interest meeting so we
know if we have any interest in this trip.**



Flower Arranging Class. Thank you DSAAPD for this grant to allow this class to happen.



Diamond Art Class. Members had fun making a coaster set. Thank you DSAAPD for this grant to allow this class to happen.



Bowling was another great activity we did with DSAPPD grant monies.

CENTER NEWS



Mindfulness Class was brought to us by the DSAAPD Grant with the University of Delaware as the presenter.

FOOD PANTRY AT THE CENTER

Please stop by the Center and pick up food supplies. We will be partnering with the Food Bank to help us get in more food items for you as well as continuing to work with our community partners that have food drives for us.



Full service laboratory specializing in analysis for commercial and residential clients!

51 Clark Street

Harrington, DE 19952

(302) 398-4313

Hours: Monday—Friday

8:00 AM —5:00 PM

info@envirocorplabs.com



New Members—

Remember to use your coupon for a free lunch on us. We look forward to you joining us on a day of your choice. Please bring your coupon in to redeem your lunch. You may also use your coupon for curbside as well.



EMAILS and FACEBOOK

If we have your email address, you should be receiving emails from the Center almost daily. If you are not, please check your junk or spam mail. We also post on Facebook so please like our Harrington Senior Center Facebook page to follow us.



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Your Local Shop With A **GREAT REPUTATION!**

Ask About Our Snow Blower Service & Repair

523 Thistlewood Rd, Houston, DE

Glenn Larson
Owner 302-786-2038

Pick-Up Available
Larsonmowershop.com

CENTER NEWS

MAY PHASE 10 SCORES FOR

- 1st Heidi Seeley 235
- 2nd Luke Picone 240
- 3rd Pat Shufelt 295
- 4th Beverly Hollinger 330
- 5th Don Cooley 335
- 6th Tie Baldy Sadler & Darlene Marvel Cole
350
- 8th Barlynn Boone 360
- 9th Ginny Brooks 400
- 10th Donna Matlack 405
- 11th Eula Hoover 410
- 12th Jan Mitchell 420
- 13th Bill Carpenter 445
- 14th Crystal 535



YOUR RIGHTS UNDER TITLE VI

Harrington Senior Center operates its programs and services without regard to race, color, or national origin in accordance with Title VI of the 1964 Civil Rights Act. Any person who believes that she or he has been aggrieved by any unlawful discriminatory practice under Title VI may file a complaint with our agency.

Any such complaint must be in writing and filed with this agency within 180 days following the date of the alleged discriminatory occurrence. For information on our nondiscrimination obligations or how to file a complaint, please contact Harrington Senior Center by any of the methods listed below.

Harrington Senior Center
102 Fleming Street
Harrington DE 19952
Phone – 302-398-4224



Laura D. Willis, Esq.
HUDSON, JONES, JAYWORK
& FISHER, LLC

225 South State Street
Dover De 19901
(302) 734-7401

lwillis@delawarelaw.com

Practice areas include estate planning and business counseling.

REDNER'S RECEIPTS



When turning in your Redner's receipts, please do not cut off the bottom. We must have the part that reads "Today's 1% Save-A-Tape Total" with the date and dollar amount. All receipts must be within the last three years to count.

THANK YOU!

CENTER GUIDELINES

TRIP/ACTIVITY INFORMATION

1. We will begin boarding all trips approximately 15 minutes prior to the departure time. We board in the order in which you signed up for the trip.
3. All trips/activities must be paid for prior to the date of the trip/activity unless you are moved from the waiting list the day before. Should this occur you must pay before boarding the bus or participating in the activity.
4. **Refunds will only be issued if:**
 - A. We cancel the trip/activity
 - B. We are able to sell your seat
5. Everyone participating on a trip/activity must only need minimal assistance in transferring to seats, etc. Should you have an aide, they may sign up with you at the member price.



IT IS IMPORTANT TO SIGN UP

Signing up for events, activities, and trips is very important.

Please make sure you are signing up by the deadlines. This is important so we have room and items needed for the event. We also do not want to over order. Please look at the information for sign up dates and end dates. If you have questions, please contact us.



TRIP/ACTIVITY SIGN

Monday, July 8th
Beginning at 9:00 am in
Room #1

1. When you arrive please come in and take a number for only yourself and wait in the dining room to be called.
2. You may purchase tickets for yourself and one other member or guest as long as you have the money for all tickets.
3. You cannot sign up prior to the date listed in the newsletter under each event.
4. Credit/Debit cards are now accepted for all trips, activities, and dues.
5. One check is accepted for all trips and activities you are paying for.

PICTURES IN THE NEWSLETTER, FACEBOOK & OUR WEBSITE



We take pictures at every event, on every trip, and just around the Center. We use these photos in various ways.

If you do not want your picture used, please make sure you do not get in the picture. If your picture is taken, please notify the person taking it to delete it so it is not used. Thank you for helping us with publishing our photos to help showcase our Center.

CENTER NEWS



CAPITAL CAMPAIGN GOAL



Our Capital Campaign is well under way. Some may say why do you still need money? You received money from the State and County and others have already donated money to the Capital Campaign Goal. The answer is easy.

1. We are going to have some cost overruns due to pricing and changes that have had to be made that were unexpected.
2. We need to make sure we have funds to purchase all of the furniture and items needed in a new building.
3. Our operating cost will be higher and we need to make sure we have funds to cover those expenses until we find other monies to cover these costs in the future.
4. The campaign recognition we are planning will be a way for members or others to remember or honor someone as a memorial. The recognition program will be on going as a way to continue to make donations in the future.
5. We will be contacting anyone that has already made a donation to the Capital Campaign to see the wording you want used.



MAKE A CAPITAL CAMPAIGN CONTRIBUTION TODAY!!



Monday-Friday

7:30 AM to 5:00 PM

Saturday

7:30 am until Noon

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& Son Funeral Home, Inc.*



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Harrington, DE

(302) 398-3884

www.melvinfuneralhome.com



**CONGRATULATIONS TO OUR MAY
BINGO WINNERS**

**Come join in the fun and a chance to
win \$5.00 gift cards.**

**May 7th—Joanne Young, Darlene
Marvel Cole, Bill Carpenter, Donna**

Matlack, Louise Appt, Craig Brodeur, Gail Holden, and May Fletcher,

**May 21st—Joanne Young, Gail Holden, Judy Walls, Ginny Brooks,
Phyllis Wolfinger, and Darlene Marvel Cole.**

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CENTER NEWS/SPONSORS/ACTIVITIES



MAY WII SCORES—

The scores below are the total for the month.

- 1st—Don Cooley 266
- 2nd—Jan Mitchell 236
- 3rd—Jeff Purse 214
- 4th—Craig Brodeur 211
- 5th—Ginny Brooks 207
- 6th—Jackie Krech 195
- 7th—Beverly Hollinger 171
- 8th—Adele Walters 169
- 9th—Darlene Sampson 158
- 10th—Susan Howarth 156
- 11th—Eula Hoover 153



MAY 500 CARD SCORES

May 1st—Winner was Dale Trammell with 3500; Second was Joyce Herrington with 3400; Third was Harold Brode with 3050.

May 8th— Winner was Tom Shugars with 3220; Second was Connie Raymond with 3170; Third was Nelson Reed with 2690.

May 15th—Winner was Fran Jaquette with 2710; Second was Tom Shugars with 2460; Third was Donna Shugars with 2390.

May 22nd—Winner was Harold Brode with 2890; Second was Tom Brown with 2500; Third was Tom Shugars with 2300.

May 29th—Winner was Harold Brode with 2850; Second was Connie Raymond with 2810; Third was Nancy Lawson with 2130.

COLLINS MECHANICAL INC.



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Residential &
Commercial

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Harrington DE 19952

302-398-8877



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DOG GROOMING

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25 Commerce Street
Harrington DE 19952

Hours:

Tuesday—Saturday

8:00 AM—3:30 PM

Web Address: [https://
www.happytailsde.com](https://www.happytailsde.com)

SPONSORS



**TO OUR 2024
SPONSORS**

PLATINUM

- Blue Hen Construction
- Byler's Store
- Chick Harness & Supply Inc.
- Cooks Tire & Auto Repair Service
- Downtown Junction
- Harrington Logistics
- Harrington Raceway & Casino
- Hendricks & Son Inc.
- Hometown Drugs
- Insurance & Financial Foundation LLC
- MidTown Liquor
- Rudy's Restaurant

GOLD

- Collins Mechanical
- Hudson, Jones, Jaywork & Fisher—
Laura D. Willis, Esq.
- Thomas E. Melvin & Son Funeral Home

SILVER

- Envirocorp Inc.
- Happy Tails Dog Grooming
- Larson's Mower Shop
- Taylor & Messick

BRONZE

IN-KIND SPONSORS

- Harrington Sunshine 4-H Club
- Delaware State Fair
- Ivins Florist
- Harrington Lions Club
- NeighborGood Partners
- Harrington Fire Company Auxiliary
- Home Instead Senior Care

Sizzling Summer Wins!

\$10,000 Sizzling Slot Draws TUESDAYS JULY 2, 9 & 16
6:00PM - 10:00PM DRAWINGS EVERY 30 MIN

\$18,000 OVER THE HUMP DAY WEDNESDAYS JULY 3, 10 & 17
4:00PM - 8:00PM • HOURLY DRAWINGS WIN YOUR SHARE OF \$18,000 SLOT DOLLARS!

\$5,000 INDEPENDENCE DAY Drawing THURSDAY JULY 4
8:00PM

BIG WHEEL-WINNERS DRAWING FRIDAY JULY 5 SATURDAY JULY 6
8:00PM - 10:00PM HOURLY DRAWINGS

\$10,000 Time To Win THURSDAY JULY 11
2:00PM - 8:00PM

\$68,000 Ho-Nick 100-K GAME JULY 18 - JULY 30
2:00PM - 8:00PM

\$10,000 JACKPOT DRAWING WEDNESDAY JULY 31
8:00PM • TOP PRIZE: \$5,000 SLOT DOLLARS

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*In press. Must be 21 years of age. No one under the age of 21 can enter the casino unless noted. Harrington Raceway and Casino reserves the right to cancel or change any promotion or event without notice. See Players Club for more details. All games are controlled by the Delaware State Lottery. Play responsibly. If you or someone you know has a gambling problem, call the Delaware Gambling Help Line: 1-888-850-8883.

JULY MANNA MENU



Lunch is served at 12 Noon. Meals are provided by the Modern Maturity Center, Inc. MANNA Programs. **Suggested Donation \$6.00 for ages 60 and up; \$9.00 payment required for Under 60 years of age** - Menu Subject to Change Without Notice. **IN-PERSON LUNCH is 12:00 until 12:30.**

1	2	3	4	5
Meat Loaf with Gravy Yellow Rice Buttered Peas Wheat Bread Pudding Milk	Chicken Filet Mashed Potatoes Buttered Carrots Wheat Bread Cookies Milk	Cheeseburger on Bun Pickles, Ketchup, Lettuce & Tomato Potato Salad, Fresh Fruit Cup Milk Independence Day Luncheon	CENTER IS CLOSED 	CENTER IS CLOSED 
8 Salisbury Steak with Gravy Mashed Potatoes Seasoned Spinach Wheat Bread Fruit Milk	9 Low Sodium Ham with Sauce Boiled Red Potatoes Seasoned Cabbage Wheat Bread Cookies Milk	10 Chicken Caesar Salad with Dressing (Romaine Lettuce, Tomato) Dinner Roll Fruit Milk	11 Birthday Day Roast Turkey with Gravy Mashed Potatoes Peas with Pearl Onions Roll Cake Milk	12 Jumbo Beef Hot Dog on Bun with Ketchup & Relish Sidewinder Fries Coleslaw Fruit Milk
15 Chicken Pot Pie Chef's Blend Roll Fruit Milk	16 Liver & Onions Mashed Potatoes with Gravy Green Beans Roll Pudding & Milk	17 Seafood Salad Lettuce & Tomato Macaroni Salad Roll Fruit Milk	18 Fried Chicken Macaroni & Cheese Mixed Greens Corn Bread Pudding Milk	19 Swedish Meatballs Egg Noodles Buttered Peas Wheat Bread Fruit Milk
22 Beef A Roni Casserole Oriental Mixed Vegetables Italian Bread Fruit Milk MEALS ON WHEELS ONLY	23 Open Faced Turkey Sandwich Mashed Potatoes Buttered Broccoli Roll Fruit Milk MEALS ON WHEELS ONLY	24 BBQ Pulled Pork on Bun Potato Wedges Broccoli Salad Fruit Milk MEALS ON WHEELS ONLY	25 Fried Fish (Cod Nuggets) Sidewinder Fries Coleslaw Biscuit Pineapple Mousse Milk MEALS ON WHEELS ONLY	26 Baked Chicken with Gravy Mashed Potatoes Oriental Blend Vegetables Applesauce Wheat Bread Milk MEALS ON WHEELS ONLY
29 Chicken A la King Buttered Noodles Broccoli/Cauliflower Roll Peaches Milk	30 Chili with Red Beans Rice Green Beans Wheat Bread Tapioca Pudding Milk	31 Chef Salad with HC Egg/Turkey & Cheese with Dressing (Lettuce, Tomato & Grated Carrots) Dinner Roll Mandarin Oranges Milk	<p>Did you know? With funding from the Division of Services for Aging and Adults with Physical Disabilities, senior nutrition programs (Congregate and Meals on Wheels) are designed to provide balanced meals and services not met by other meal providers. We help you to live independently longer.</p> <p>NOTE: Please be advised that food served here may contain these ingredients: Milk, Eggs, Wheat, Soybean, Peanuts, Tree Nuts, Fish, Shellfish and Seafood Base</p>	

CALENDAR OF ACTIVITIES

Monday	Tuesday	Wednesday
<p>1 9:30—Armchair Exercise— In-Person (DR) 10:15—Cardio Drumming Exercise Class (DR) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Mah Jongg (RM#5) 12:45—Mat Yoga (DR) 1:30—Chair Yoga (DR) 2:30—Tai Chi (DR) 6:00—Fitness Trainer (DR)</p>	<p>2 9:30—Senior Walking Program In-Person (DR) 10:00—Various Board Games 10:30—Bridge (RM#5) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 1:00—Sit & Sew (RM#3)</p>	<p>3 9:30—Armchair Exercise—In-Person (DR) 10:15—WII Bowling (DR) 11:15—11:45 Grab N Go Lunch 11:30—Canasta (RM#5) 12:00—Lunch Served (DR) 12:30—500 (DR) INDEPENDENCE DAY CELEBRATION</p>
<p>8 9:00—Trip Sign Up (RM#1) 9:30—Armchair Exercise— In-Person (DR) 10:15—Cardio Drumming Exercise Class (DR) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Mah Jongg (RM#5) 12:45—Mat Yoga (DR) 1:30—Chair Yoga (DR) 2:30—Tai Chi (DR) 6:00—Fitness Trainer (RM#5)</p>	<p>9 9:30—Senior Walking Program In-Person (DR) 10:00—Various Board Games 10:30—Bridge (RM#5) 11:00—Depart for LFHS Pool 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 1:00—Sit & Sew (RM#3) 1:00—Regular Bingo (DR) In-person & Zoom</p>	<p>10 9:30—Armchair Exercise—In-Person (DR) 10:15—WII Bowling (DR) 11:15—11:45 Grab N Go Lunch 11:30—Canasta (RM#5) 11:30—Blood Pressure Checks (DR) 12:00—Lunch Served (DR) 12:30—500 (DR)</p>
<p>15 9:30—Armchair Exercise— In-Person (DR) 10:15—Cardio Drumming Exercise Class (RM#5) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Mah Jongg (RM#5) 12:45—Mat Yoga (DR) 1:30—Chair Yoga (DR) 2:30—Tai Chi (DR) 6:00—Fitness Trainer (DR)</p>	<p>16 9:30—Senior Walking Program In-Person (DR) 10:00—Various Board Games 10:30—Bridge (RM#5) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 1:00—Sit & Sew (RM#3) 1:00—Members Meeting (DR) In-Person & Zoom</p>	<p>17 9:30—Armchair Exercise—In-Person (DR) 10:15—WII Bowling (DR) 11:15—11:45 Grab N Go Lunch 11:30—Canasta (RM#5) 12:00—Lunch Served (DR) 12:30—500 (DR)</p>
<p>22 CENTER WILL BE CLOSED MEALS ON WHEELS WILL BE DELIVERED AS NORMAL 9:00 AM Depart for Fair Trip</p>	<p>23 CENTER WILL BE CLOSED MEALS ON WHEELS WILL BE DERLIVERED AS NORMAL</p>	<p>24 CENTER WILL BE CLOSED MEALS ON WHEELS WILL BE DERLIVERED AS NORMAL</p>
<p>29 9:30—Armchair Exercise— In-Person (DR) 10:15—Cardio Drumming Exercise Class (DR) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Mah Jongg (RM#5) 12:45—Mat Yoga (DR) 1:30—Chair Yoga (DR) 2:30—Tai Chi (DR) 6:00—Fitness Trainer (DR)</p>	<p>30 9:30—Senior Walking Program In-Person (DR) 9:30—Depart for Mall Walk 10:00—Various Board Games 10:30—Bridge (RM#5) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 1:00—Sit & Sew (RM#3) 1:00—Mini Canvas Painting (DR) 2:00—Bingocize</p>	<p>31 9:30—Armchair Exercise—In-Person (DR) 10:15—WII Bowling (DR) 11:15—11:45 Grab N Go Lunch 11:30—Canasta (RM#5) 12:00—Lunch Served (DR) 12:30—500 (DR)</p>

JULY 2024

Thursday	Friday	Saturday
<p style="text-align: center;">4</p> <p style="text-align: center;">Center is Closed to Observe July 4th Holiday</p> <div style="text-align: center;">  </div>	<p style="text-align: center;">5</p> <p style="text-align: center;">CENTER IS CLOSED</p> <div style="text-align: center;">  </div>	<p style="text-align: center;">6</p>
<p>11 9:30—Senior Walking Program In-Person (DR) 9:45—Fitness Trainer (DR) 10:30—Phase 10 (RM#5) Note New Time 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Pinochle (RM#5) 1:00—Cribbage (RM#3) 6:00—Board Meeting (RM#5)</p> <p style="text-align: center;">BIRTHDAY PARTY</p>	<p>12 9:00—New Beginner Line Dancers (DR) 9:30—Beginner Line Dancers (DR) 10:00—Improver Line Dancers (DR) 11:00—Depart for TGIF Dine Around 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 1:00— Computer Tech (RM#5)</p>	<p style="text-align: center;">13</p>
<p>18 9:30—Senior Walking Program In-Person (DR) 9:45—Fitness Trainer (DR) 10:30—Phase 10 (RM#5) Note New Time 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Pinochle (RM#5) 1:00—Cribbage (RM#3)</p>	<p>19 9:00—New Beginner Line Dancers (DR) 9:30—Beginner Line Dancers (DR) 10:00—Improver Line Dancers (DR) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR)</p>	<p style="text-align: center;">20</p>
<p style="text-align: center;">25</p> <p style="text-align: center;">CENTER WILL BE CLOSED</p> <p style="text-align: center;">MEALS ON WHEELS WILL BE DERLIVERED AS NORMAL</p> <p style="text-align: center;">1:30 PM Depart for Fair Trip</p>	<p style="text-align: center;">26</p> <p style="text-align: center;">CENTER WILL BE CLOSED</p> <p style="text-align: center;">MEALS ON WHEELS WILL BE DERLIVERED AS NORMAL</p>	<p style="text-align: center;">27</p>



JULY 2024 BIRTHDAY WISHES



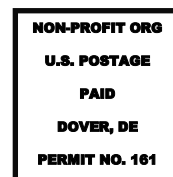
July 1st
 Ted Welch
 Judy Melvin-Howard
 Jeff Purse
 Carol Hammond
 Jody Parker
 Eve Richardson
 Jim Cain
July 2nd
 Kris Montoy
July 3rd
 Mike Coverdale
 Virginia Deputy
 Laura Welch
 Charlyne Hughes
July 4th
 Ruth Rambo
 Robin Smith
July 5th
 Donna Purdy
 Louise Aptt
 David Jones
July 6th
 Bonnie Melvin
 Chicquita Allen
 Katherine Hurley

JULY 6th
 May Fletcher
July 7th
 Barbara Beachy
 Cheryl Deering
July 8th
 Gary Miller
 William Brous
July 9th
 Karen DeLaVergne
July 10th
 Jim Corcoran
 Karen Heyd
 Louise Savage
July 11th
 Jesse Sauls
 William Moore
 Richard Parson
 Spike Adams
 Lisa Cooper
July 12th
 Geraldine Outten
 Barbara Clark
July 13th
 Rebecca Sharp
 Carol Fry
 Betty Wiggins

July 14th
 Sharon Bean
 Julie Owens
 Sue Killen
July 15th
 Joanne DelGiudice
 Mary Etta
July 16th
 Charlotte Wyatt
 Laura DeVoe
July 18th
 Dubby LeKites, III
 Lydia Tucker
 Beverly Davidson
July 19th
 Gloria Meredith
 Attilio Zarrella
 Nancy Pellegrino
 Betty Bennett
July 20
 Barbara Opsitnik
 Sally Nehra
 Lisa Holland
July 21st
 Charlotte Tarr
 Michele Dill

July 22nd
 Charlin Nilram
July 23rd
 Beverly Minner
 Rebecca Collison
 Sara Towers
 Nicole Shinn
July 24th
 Thomas Susen
July 25th
 Jack Stewart
 Doris Porter
July 29th
 Gene Turner
July 30th
 Penny Porter
 Debbie Dupre
July 31st
 Heidi Seeley
 Norman Clough
 Teresa Trammell
 Joe Frederick
 Clyde Bobar
 Bill Carpenter

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Return Service Requested