



The Harrington Senior Center

Phone: (302)-398-4224
Fax: (302)-398-4421
Email: karen@harringtonseniorcenter.org
Website: harringtonseniorcenter.org

Facebook: Like Harrington Senior Center & Friend us at Harrington Senior

**HOURS: Monday–Thursday 8:30 AM- 4:00 PM
Friday 8:30 AM–2:00 PM**

**JUNE
2024
Volume 43,
No. 6**

The front desk closes 15 minutes prior to the Center closing time. Please handle all transactions by this time.

MESSAGE FROM THE EXECUTIVE DIRECTOR—KAREN CROUSE

Wow, it’s hard to believe that the year is half over! Over the last several months, the Center has grown in membership and in offering a wide variety of programming. In July, we will scale back some programming as the grant we received will end. It is vacation time for some and of course the Delaware State Fair for others. We are working on obtaining additional funding to keep some of the activities going well into the future. More information will be in the July Newsletter.

Construction is moving forward as we await the arrival of the “very important” electrical panel. I know you are all anxious to move into the new location. Please be patient and please do not try to enter the new facility to see what it looks like. This is a construction site and not safe at this time for those wanting to get that first peak. I promise you everyone will get a chance to see the facility as we will try to do walkthroughs once we have our occupancy permits and are starting to move items in. I know many of you have asked when we will start packing. We will need to wait for a more final date so currently all programming is still being offered here at the church. We continue to be very grateful for this space.



**FARMERS’ MARKET VOUCHERS
IN-PERSON & MEMBERS ONLY
DATE: Thursday, May 30th & Friday, May 31st
TIME: 10:00am to Noon each day.**

When you come into the center, please take a number and you will be assisted in the order you arrive. If we still have vouchers, you may call in after these dates to make an appointment to pick up vouchers. We will also open them up to the public.

Delaware Senior Farmers’ Market Nutrition Program runs from June 1 to September 30th.

CENTER ACTIVITIES & TRIPS



TIE-DYE SHIRT CLASS

Come Tie-Dye your shirt to wear to our birthday party.

DATE: Monday, June 3rd

Time: 10:30 am

You must provide your own shirt.



STAND BY ME ONE ON ONE SESSIONS

DATE: Friday, June 7th

Call the center now to schedule your appointment. These are one on one appointments.

Services they offer: Budget Planning, Applying for Benefits, Lower Debt & Improving Credit Score, Plan now for the future and many more items they can help you with in your life.

STITCHING STORIES OF FREEDOM: BYWAY QUILT BLOCK TRAIL

DATE: Tuesday, June 11th

DEPARTURE TIME: 9:30am

APPROXIMATE RETURN TIME: 4:00pm

TRANSPORTATION: Center Bus

MEMBER PRICE: \$10.00

NON-MEMBER PRICE: \$15.00

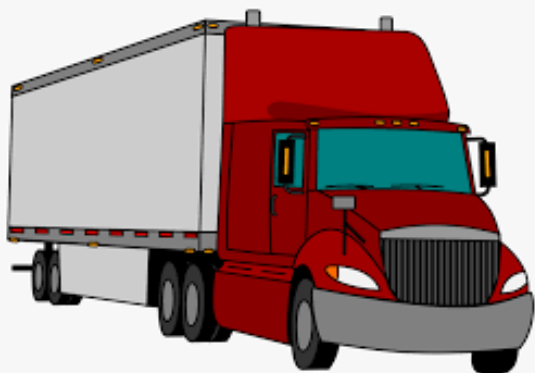
SIGN UP BEGINS: Wednesday, June 5th

We will stop for lunch at Denton Diner. Lunch will be at your own cost.

The Byway Quilt Trail is a public art project that features 15 quilt block replicas located along the Harriet Tubman Underground Railroad Byway in Caroline County. Each quilt block was hand painted by a community member or organization and portrays a theme related to the Underground Railroad.



Harrington Logistics



111 Reese Avenue

Harrington DE 19952

**Is A Proud Sponsor of the
Harrington Senior Center**

CENTER ACTIVITIES & TRIPS



JUNE BIRTHDAY PARTY

DATE: Thursday, June 13th

TIME: 12:00 pm for In-Person

**11:15 AM – 11:45 AM for Curbside
Pick-Up**

**COST: \$6.00 suggested donation for age
60+ and \$9.00 required payment for
under the age 60.**

YOU WILL PAY AT THE DOOR

SIGN UP BEGINS: NOW

SIGN UP ENDS: Wednesday, June 12th

MENU:

**Fried Chicken, Mashed Potatoes with
Gravy, Succotash, Roll, Cake Milk**

Cake Sponsor: Jean Miller

**Ice Cream Sponsors: Craig Brodeur,
Sharon Bean, Chick Family, In
Memory of Nancy McMannemon**

Wear your favorite Tie-Dye Shirt

FATHER'S DAY DONUTS/MUFFINS & A FUN GAME SHOW

DATE: Friday, June 14th

TIME: 9:00 am

SIGN UP BEGINS: Wednesday, June 5th

**Come and join us in a fun time playing
Plinko for great gifts. Every man that
plays Plinko will walk away with a gift!**



BLUE HEN

CONSTRUCTION

Hours of Operation:

8:00 AM—5:00 PM Monday—Friday

9:00 AM—4:00 PM—Saturday

Owned by Darrin & Laura Simpson

Address: 1 Dorman Street

Harrington DE 19952

Telephone Number: (302) 363-0343

CENTER ACTIVITIES

CRAFT WITH PACE YOUR LIFE

DATE: Monday, June 17th

TIME: 10:30am-noon

MEMBER COST: Free

SIGN UP BEGINS: Wednesday, June 5th

Come and have fun doing an activity with the staff from Pace Your Life.



JUNETEENTH CELEBRATION

DATE: Tuesday, June 18th

TIME: Noon

SIGN UP BEGINS: Wednesday, June 5th

COST: \$6.00 payable at the door.

MANNA LUNCH MENU

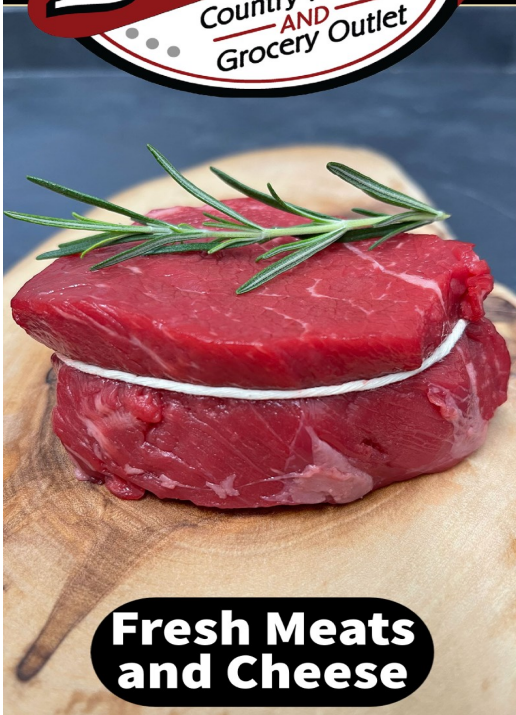
BBQ Chicken, Blackeye Peas, Collard Greens, Corn Bread, Sweet Potato Pie, & Milk

Come and here a guest singer perform the National Anthem and other songs. Learn some history of Juneteenth and why it is celebrated. We will also share some trivia and have a chance to win some gift cards or lunch coupons.



Your Neighborhood

Country Market & Grocery Outlet



Fresh Meats and Cheese



Crafted Coffees & Lattes



Daily Baked Bakery Goodies



**www.bylers.com
(302) 398-0398**

Local Fresh Produce

CENTER ACTIVITIES & TRIPS

WOOD SIGN MAKING CLASS

DATE: Monday, June 24th

TIME: 6:00pm to 8:00pm

SIGN UP BEGINS: Wednesday, June 5th

This is a free event.

You will pick your design at sign-up time. Designs will be Summer holiday themes.



**MMC
DINNER
THEATRE
PRESENTS
AMERICAN
BANDSTAND
REVISITED**

DATE: Tuesday, June 25th

DEPARTURE TIME: 5:00 pm

APPROXIMATE RETURN TIME: 10:00 pm

TRANSPORTATION: Center Bus

COST: \$47.00

**Come join us for an evening of entertainment!
at the Modern Maturity Center.**

WAITING LIST ONLY

**COOK'S TIRE
& AUTO REPAIR
TIRE PROS**

**(302) 398-3751
12 CLARK STREET
HARRINGTON, DE 19952**



HOURS OF OPERATION: Monday through Friday

8:00 am—5:00 pm

**Commercial Tires, Passenger/LT Tires, Auto Repair,
Custom Wheels**



CENTER ACTIVITIES & TRIPS

MYSTERY PAINT NIGHT

DATE: Wednesday, June 26th

TIME: 6:00pm

SIGN UP BEGINS: Monday, May 6th

This is a free event.

The May class is completely full with a waiting list, so we are splitting the May sign-up list into 2 classes. You can be asked to be on a waiting list incase someone cancels for either the May or June class.



OLIVE GARDEN DINE AROUND

**DATE: Friday,
June 28th**

DEPART AT: 11:30am

**APPROXIMATE RETURN TIME:
2:00pm**

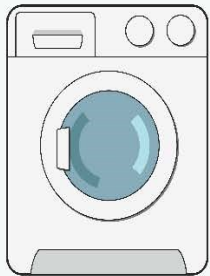
TRANSPORTATION: Center Bus

MEMBER COST: \$2.00

NON-MEMBER COST: \$4.00

Lunch cost on your own

SIGN UP BEGINS: Wednesday, June 5th



NOW AT **DOWNTOWN JUNCTION** **QUICK & EASY DRY CLEANING**

OUR SERVICES

- ✓ Dry Cleaning
- ✓ Drop off and pickup points
- ✓ Wash & Fold



302-398-4678

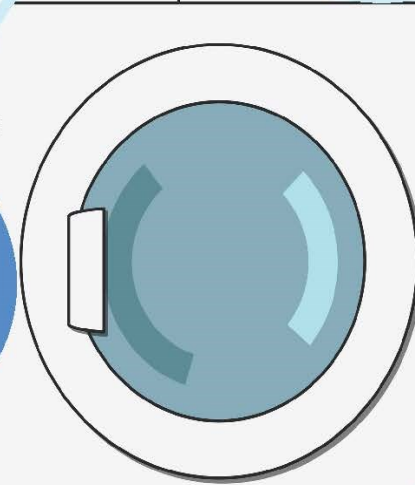


3 COMMERCE ST. HARRINGTON, DE

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**20% OFF
FOR NEW
CUSTOMERS**

**At home Pick-
up/Drop-off
coming soon!**



CENTER ACTIVITIES & TRIPS

INDEPENDENCE DAY CELEBRATION

DATE: Wednesday, July 3rd

TIME: Noon

MEMBER COST: To be determined

SIGN UP BEGINS: Now

Join us in celebrating our
Independence with lunch and a
program.



**SAVE
the
DATE**

FUTURE TRIP DATES:

August 7th—Dinner
and The Jones Boys at
Brecknock County
Park in Camden

August 20th— Dinner and The Navy
Band Commodores at Stango Park in
Lewes

November 3rd—The Music Mountain
Theatre in New Jersey to see White
Christmas. Lunch will be at a local
restaurant

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CENTER ACTIVITIES & TRIPS



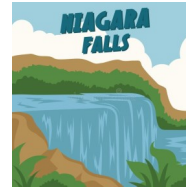
SYMPATHY IS EXTENDED TO HSC MEMBERS AND THEIR FAMILIES

Florence Robinson on the death of her brother.

Mark McGuckin on the death of his mother and HSC member Jackie McGuckin.

Please consider donating to the Capital Campaign in Jackie's memory so a leaf may be placed on the tree in her memory. Members have asked if we could collect donations to make this possible.

Mary Pitlick on the death of her husband and HSC member Richard Pitlick.



NIAGARA FALLS TRIP

TRIP DATE:
September 30th—
October 4th, 2024

You will need a passport as we are staying on the Canadian side. If you have signed up for this trip please bring, email or mail a copy of your passport to us.

Cost: \$818.00 Double Occupancy, 968.00 Single Occupancy

Insurance cost \$72.00

Final Payment is due by July 1st

Cost includes: 4 nights lodging
8 Meals: 4 breakfast and 4 dinners
Admission fees, all tips and gratuities.

Seats are still available!



BIRD-IN-HAND LUNCHEON AND SHOW

DATE: Thursday, October 17, 2024

DEPARTURE TIME: TBA

APPROXIMATE RETURN TIME: TBA

TRANSPORATION: COACH BUS

COST: \$150.00

Includes—Buffet Lunch, Show, Transportation and Bus Driver Tip

SIGN UP BEGINS: Monday, May 6th

Comedy rules when Ryan returns to the stage with every one of his friends. Come hear comedy and songs ranging from Country to Broadway. Don't miss out on music and entertainment that comes with a great message!



SERVICES OFFERED AT THE CENTER

MEMBER RATES

NOTARY—\$2.00 (Free to those in the Military or Retired Military)

FAX—\$0.25 per page

COPIES— \$0.25 per page

COLOR COPIES—\$0.50 per page

NON—MEMBER RATES

NOTARY—\$5.00 (Free to those in the Military or Retired Military)

FAX—\$0.50 per page

COPIES—\$0.50 per page

COLOR COPIES— \$0.75 per page

CENTER ACTIVITIES



CARDIO DRUMMING EXERCISE CLASS

DATE: Mondays

TIME: 10:15 AM

LOCATION: Dining Room

Come be a part of this fun exercise class. We will be drumming using exercise balls, a clothes basket and drumsticks! Sound interesting? We would love to see you join us as we drum to the beat of several songs. It will be a fun time and we will be seated while we are drumming. The class will last approximately 30 minutes.



YOGA

DATE: Every Monday

MAT YOGA TIME: 12:45 PM

CHAIR YOGA TIME: 1:30 PM

You do not need to sign up to attend.

Class instructed by Elena Paladino

Location: Dining Room



© Can Stock Photo

IN-PERSON and VIRTUAL BINGO

DATE: Tuesday, June 11th & 25th

TIME: 1:00 PM

LOCATION: Dining Room and on ZOOM

Join us for a chance to win \$5.00 Gift Cards

For Virtual Bingo—you will receive one email with the ZOOM link and one with the Bingo Card link. You can have both opened on your computer at the same time by minimizing Zoom once you are logged in or you can call in on Zoom on your phone and only have the card on your computer. We will also print cards for you to pick up at the Center and then all you need to do is call in on your house or cell phone.



MAH JONGG

DATE: Every Monday

TIME: 12:30 pm

LOCATION: Room #5

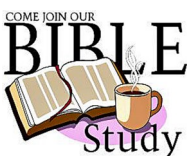


BLOOD PRESSURE CHECKS

DATE: WEDNESDAY, JUNE 12TH & 26TH

TIME: 11:30 am

LOCATION: Dining Room



BIBLE STUDY

Bible Study will resume in the fall.

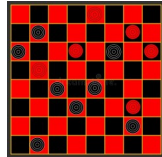
CENTER ACTIVITIES

CRIBBAGE OR OTHER BOARD GAMES

Every Thursday at 1:00 PM

Dining Room or Room #3

We are willing to purchase any games you want to play.



COMPUTER TECH SERVICES

Need help with your Smart Phone, Tablet, Laptop computer or software questions? This service is free to members with the exception of parts which you will need to pay for. You must be able to bring your device into the center.

DATES: Friday, June 14th & 28th

TIME: 1:00 pm–3:00 pm

Location: Room #5

Please call the Center to schedule an appointment.



TAI CHI WITH RAN

DATE: EVERY MONDAY

TIME: 2:30 PM–3:30 PM

LOCATION: Dining Room

The cost of the course is being covered by a grant so join us and for a relaxing class



ARMCHAIR EXERCISE IN-PERSON

DATE: Every Monday and Wednesday

TIME: 9:30 AM LOCATION: Dining Room

Take part in our Armchair Exercise. The program takes about 30 minutes. All you need is a chair without arms, a set of weights (or 2 cans of vegetables), and a towel.



SENIOR WALKING EXERCISE PROGRAM IN-PERSON

DATE: Every Tuesday & Thursday

TIME: 9:30 AM

LOCATION: Dining Room

We will be exercising by simply walking. We will walk one mile to start and we will mix in a few other steps to keep the pace lively.

The video we have been using is Leslie Sansone Beginning Walk found on Youtube.com.



DATE: Every Tuesday

TIME: 1:00 PM

LOCATION: Room #3

Come and bring your sewing or craft project to the Center to work on with a group of great people. We have some machines here or you may bring your own.

CENTER ACTIVITIES



MEMBERS MEETING IN-PERSON & ON ZOOM

DATE: Tuesday, June 18th

TIME: 1:00 pm

LOCATION: DR

Come hear information on construction, finances, and other news about the Center.



LINE DANCING

DATE: Every Friday

TIME: 9:00 AM—New Beginner Dancers

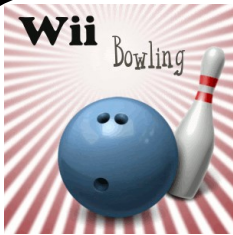
9:30 AM—Beginner Dancers

10:00 AM —Improver Dancers

This will give each level of dancer an hour of dancing. You are welcome to stay as long as you want for dancing.

LOCATION: Dining Room

Come join in the fun learning how to line dance. All levels of line dancers from beginners to the experienced are welcome to attend.



WII BOWLING

DATE: Every Wednesday

TIME: 10:15 AM

NOTE NEW START TIME

LOCATION: Dining Room

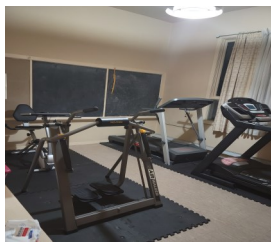
Come join in the fun of WII Bowling. You will bowl in teams of 4 people. Each group bowls two games.



PARKING

We know parking is tight at our temporary location. Please do not park between the orange cones by the church as we are using those spaces for the Meals on Wheels Drivers and truck from 9:00 am until approximately Noon. Please do not park in the area marked with orange cones as you enter the parking lot on the left as that is reserved for our bus and the Meals on Wheels van. For large bus trips, we will be meeting and parking at the Delaware State Fair in the handicap lot behind the Administration building. We will note bus location in each information trip block in the newsletter.

EXERCISE ROOM



The exercise room is open during normal center business hours. We have two treadmills, one exercise bike, and the walker. Use the equipment at your own risk. Feel free to open the curtains. We only ask that you close them when you are finished. The Exercise Room is located in Room #2. Sign up with the office for your workout time.



HARRINGTON LIONS CLUB—EYE GLASS COLLECTION BOX

Do you have glasses you no longer need? The Harrington Lions Club has placed a box here at the Center for you to drop off old glasses. Your donation helps support funding for children's eye glasses.

CENTER ACTIVITIES

CARD GAME DAY AND TIMES



BRIDGE

TUESDAYS:

**10:30 AM Bridge—
Room #5**



CANASTA

WEDNESDAYS

**11:30 AM Canasta—
Room #5**



500

WEDNESDAYS

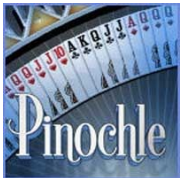
**12:30 PM 500—
Dining Room**



**Phase
10**

THURSDAYS:

**10:00 AM PHASE 10—
Room #5**



Pinochle

**12:30 PM Pinochle—
Room #5**

**COME JOIN IN THE FUN! ALL GROUPS ARE
WILLING TO TEACH YOU THEIR GAME!**

**Let's Have
Lunch
TOGETHER**

LUNCH IS SERVED AT NOON

COME IN FOR LUNCH

You no longer need to sign up for lunch on the clipboards. We do ask if you are in the building for programs and want to stay for lunch that you sign-up as you come in.

RESOURCE LISTS

The Center has gathered list of folks that assist with cleaning, being aides, yard work, drivers to appointments, and other needs. We are looking for folks that will do any of these services for seniors. Please let us know if you have anyone you can recommend we contact to see if they are interested in being placed on our list. If you would like a copy of these list please call or email us.

Hendricks & Son Inc.

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CENTER ACTIVITIES



INSURANCE AND
FINANCIAL
FOUNDATION LLC



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insurance needs*

*Ready to provide
coverage for
home, auto,
business, health,
life, annuities,
funeral expense
insurance, and
more!*

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insurance companies.

PERSONALIZED -
Dedicated to getting you
the coverage right for
you.

TRUSTWORTHY -
Committed to honesty,
integrity, and
transparency.



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3 Commerce Street,
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Harrington, DE



**SPORTS
PICK**
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**Delaware
Lottery
Games**

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Easy in and out Sports Lottery – Lottery – Keno – ATM

ONE STOP SHOP

It's the law: You must be 18 to purchase Delaware Lottery tickets and 21 to play Sports Lottery

CENTER GUIDELINES/NEWS/ACTIVITIES



BUS INFORMATION

We need our bus riders to help us maximize our bus by doing the following:

1. Call in and schedule the bus as soon as possible for daily pick-ups. We have marked off every morning and afternoon for bus pick up and drop off.
2. Please try to schedule all medical appointments between 10:00 am and 2:00 pm. Please call as soon as you schedule an appointment so we can accommodate your needs as well as our daily riders.
3. **You will receive a call by 3:00 pm the day before your ride with a pick up time.**



GRAB & GO LUNCHES

You may pick-up lunch any day from 11:15 AM until 11:45 AM for a donation of \$6.00 for anyone older than 60 and \$9.00 for those under the age of 60. You do not need to call ahead to register but you may if you wish or you may just stop in and pick up a meal. Grab & Go lunches are a function of the Meals on Wheels Program so their staff will be handling the meal pick up. Please let the HSC staff know if you have any issues with this new process. The Meals on Wheels office can be reached by calling 302-398-4860.

PICK UP TIME DAILY

11:15 AM—11:45 AM

BUS GUIDELINES



1. Bus guidelines will be given to all first time bus riders upon them being added to the list.
2. Bus guidelines will be posted on bulletin boards in the Center.
3. Title VI is displayed on bulletin boards in the Center, on our website, and on the bus.



MILES OF PENNIES

It takes 84,480 pennies to travel one mile. Let us see how far we can travel in 2024.

Donate your Pennies Today!

GUEST GUIDELINES



1. A guest may only participate in three daily activities per year without being a member.
2. Anyone may participate in trips and activities that list a non-member price.



LIBRARY & PUZZLES

You are welcome to come to the Center to check out library books and puzzles. They are located in Room #4.

HAPPY 60TH ANNIVERSARY TO



**SAM & IRENE LAYTON
“FROM THEIR FAMILY”**

**On June 6th Sam & Irene
will celebrate their 60th
Wedding Anniversary.**

**This is an amazing
milestone. Wishing them
many more years
together!**



Business Hours: Everyday

6:00 am—10:00 pm

Dine in or Take Out

Delivery Hours:

Monday-Thursday

9:00 am—9:00 pm

Friday—Sunday

9:00 am—10:00 pm



17064 S. Dupont Highway, Harrington DE 19952

302-786-2766

NEW DAY & EVENING ACTIVITIES



MINDFULNESS SESSION

DATE: Friday, June 14th

TIME: 11:15 am – 12:15

Come learn important ways to Reduce Stress, Increase Concentration, Manage Anxiety, Control Pain and Improve Self Esteem.

This will be held the second Friday through June.

NOTE: Class is currently full.



MALL WALK With at lunch stop at Chick-Fil-A

DATE: Friday, June 21st

BUS DEPARTS: 9:30 am

RETURN TIME: 2:00 pm

SIGN UP BEGINS: Wednesday, June 5th

FREE TRIP

Come and walk the Dover Mall, shop and eat lunch at Chic-Fil-A in Camden.



TAI CHI with Spike

DATES: Every Tuesday, April 23rd through June 18th

TIME: 6:00pm

MEMBER COST: FREE



LET'S GO BOWLING

DATES: Thursday, June 6th & 27th

DEPARTURE TIME: 12:30pm

APPROXIMATE RETURN TIME: 3:30pm

TRANSPORTATION: Center Bus

SIGN UP BEGINS: NOW

This is a free event. There is no charge for the bus, bowling lane or shoe rental.

If the ball is too heavy they will have bowling ramps available.



JOIN US AT THE LAKE FOREST HIGH SCHOOL POOL

DATE: Tuesday, June 11th and June 25th
June 11th you will need to drive on your own.

DATE: Tuesday, July 9th & 23rd

DEPARTURE TIME: 11:00am

APPROXIMATE RETURN TIME: 1:00pm

TRANSPORTATION: Center Bus (June 25th, July 9th & 23rd)

SIGN UP BEGINS: NOW

FREE ACTIVITY

NEW DAY & EVENING ACTIVITIES



EVENING LINE DANCING CLASSES

DATE: Thursday, June 13th & 27th

TIME: 6:00 pm

Class will be one hour in length.
You can be a beginner or advanced.
This is a great time to come and have fun!



DATE/TIME: Sunday, June 9th 2-4 pm

Sunday, June 23rd 2-4 pm

Thursday, June 27th 10 am- Noon

These are all In-Person Only

Come join in this new and fun way to play Bingo. While playing you will be able to gain knowledge on health education, improving and /or maintaining mobility and improve nutrition.

You do not need to sign up ahead of time.
Prizes will be given and it will be a lots of fun.



May Birthday Celebration!



CHAIR YOGA WITH ELENA

NOTE: This has changed to Chair Yoga instead of Mat Yoga

DATES: Wednesday through June 12th

TIME: 6:00pm

You do not need to register you can just come on the nights that work for you!

MEMBER COST: FREE

CENTER NEWS



**Mother's Day Talk Show
and Dessert Party**



New Members—
Remember to use your coupon for a free lunch on

us. We look forward to you joining us on a day of your choice. Please bring your coupon in to redeem your lunch. You may also use your coupon for curbside as well.

FOOD PANTRY AT THE CENTER

Please stop by the Center and pick up food supplies. We will be partnering with the Food Bank to help us get in more food items for you as well as continuing to work with our community partners that have food drives for us.



EMAILS and FACEBOOK

If we have your email address, you should be receiving emails from the Center almost daily. If you are not, please check your junk or spam mail. We also post on Facebook so please like our Harrington Senior Center Facebook page to follow us.



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Harrington, DE 19952

(302) 398-4313

Hours: Monday—Friday

8:00 AM —5:00 PM

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CENTER NEWS

APRIL PHASE 10 SCORES FOR

- 1st Jan Michell 225
- 2nd Donna Matlack 260
- 3rd Don Cooley 265
- 4th Darlene Marvel Cole 275
- 5th Arlene Harris 290
- 6th Bill Carpenter 295
- 7th Eula Hoover 300
- 8th Pat Shufelt 345
- 9th Barlynn Boone 380
- 10th Beverly Hollinger 485



YOUR RIGHTS UNDER TITLE VI

Harrington Senior Center operates its programs and services without regard to race, color, or national origin in accordance with Title VI of the 1964 Civil Rights Act. Any person who believes that she or he has been aggrieved by any unlawful discriminatory practice under Title VI may file a complaint with our agency.

Any such complaint must be in writing and filed with this agency within 180 days following the date of the alleged discriminatory occurrence. For information on our nondiscrimination obligations or how to file a complaint, please contact Harrington Senior Center by any of the methods listed below.

Harrington Senior Center
102 Fleming Street
Harrington DE 19952
Phone – 302-398-4224



Laura D. Willis, Esq.
HUDSON, JONES, JAYWORK
& FISHER, LLC

225 South State Street
Dover De 19901
(302) 734-7401

lwillis@delawarelaw.com

Practice areas include estate planning and business counseling.

REDNER'S RECEIPTS



When turning in your Redner's receipts, please do not cut off the bottom. We must have the part that reads "Today's 1% Save-A-Tape Total" with the date and dollar amount. All receipts must be within the last three years to count.

THANK YOU!

CENTER GUIDELINES

TRIP/ACTIVITY INFORMATION

1. We will begin boarding all trips approximately 15 minutes prior to the departure time. We board in the order in which you signed up for the trip.
3. All trips/activities must be paid for prior to the date of the trip/activity unless you are moved from the waiting list the day before. Should this occur you must pay before boarding the bus or participating in the activity.
4. **Refunds will only be issued if:**
 - A. We cancel the trip/activity
 - B. We are able to sell your seat
5. Everyone participating on a trip/activity must only need minimal assistance in transferring to seats, etc. Should you have an aide, they may sign up with you at the member price.



TRIP/ACTIVITY SIGN UP DAY

**Wednesday, June 5th
Beginning at 9:00 AM in
Room #1**

1. When you arrive please come in and take a number for only yourself and wait in the dining room to be called.
2. You may purchase tickets for yourself and one other member or guest as long as you have the money for all tickets.
3. You cannot sign up prior to the date listed in the newsletter under each event.
4. Credit/Debit cards are now accepted for all trips, activities, and dues.
5. One check is accepted for all trips and activities you are paying for.



IT IS IMPORTANT TO SIGN UP

Signing up for events, activities, and trips is very important.

Please make sure you are signing up by the deadlines. This is important so we have room and items needed for the event. We also do not want to over order. Please look at the information for sign up dates and end dates. If you have questions, please contact us.

PICTURES IN THE NEWSLETTER, FACEBOOK & OUR WEBSITE



We take pictures at every event, on every trip, and just around the Center. We use these photos in various ways.

If you do not want your picture used, please make sure you do not get in the picture. If your picture is taken, please notify the person taking it to delete it so it is not used. Thank you for helping us with publishing our photos to help showcase our Center.

CENTER NEWS



CAPITAL CAMPAIGN GOAL



Our Capital Campaign is well under way. Some may say why do you still need money? You received money from the State and County and others have already donated money to the Capital Campaign Goal. The answer is easy.

1. We are going to have some cost overruns due to pricing and changes that have had to be made that were unexpected.
2. We need to make sure we have funds to purchase all of the furniture and items needed in a new building.
3. Our operating cost will be higher and we need to make sure we have funds to cover those expenses until we find other monies to cover these costs in the future.
4. The campaign recognition we are planning will be a way for members or others to remember or honor someone as a memorial. The recognition program will be on going as a way to continue to make donations in the future.
5. We will be contacting anyone that has already made a donation to the Capital Campaign to see the wording you want used.



A Letter and Form has been mailed to all members. You still have time to make a donation.



Monday-Friday

7:30 AM to 5:00 PM

Saturday

7:30 am until Noon

325 Walt Messick Road

Harrington DE 19952

302-398-3729

*Thomas E. Melvin
& Son Funeral Home, Inc.*



15522 S. DuPont Hwy.
Harrington, DE

(302) 398-3884

www.melvinfuneralhome.com



**CONGRATULATIONS TO OUR
APRIL BINGO WINNERS**

**APRIL 12TH—Joann Young, Judy
Walls, Connie Cooper, Carole
Hammond, Donna Anthony, Gayle
Melvin, and Grace Jester**

**Come join in the fun and a chance
to win \$5.00 gift cards.**

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CENTER NEWS/SPONSORS/ACTIVITIES



**APRIL WII
SCORES—**
The scores below
are the total for the
month.

- 1st Don Cooley 279**
- 2nd Jackie Krech 234**
- 3rd Jan Mitchell 227**
- 4th Jeff Purse 211**
- 5th Craig Brodeur 195**
- 6th Beverly Hollinger 193**
- 7th Eula Hoover 172**
- 8th Susan Howarth 160**
- 9th Adele Walter 150**
- 10th Cynthia Small 140**



APRIL 500 CARD SCORES

April 3rd—Winner was Tom Shugars with 3640; Second was Harold Brode with 3610; Third was Donna Shugars with 2470.

April 10th—Winner was Harold Brode with 2800; Second was Tom Shugars with 2380; Third was Joyce Herrington with 1890.

April 17th—Winner was Tom Brown with 4040, Second was Joyce Herrington with 3510; Third was Donna Shugars with 2980.

April 24th—Winner was Connie Raymond with 3200; Second was Ed Parry with 2870; Third was Donna Shugars with 2840.

COLLINS MECHANICAL INC.



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all of your plumbing, electrical
and HVAC residential and
business services.**

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HAPPY TAILS

DOG GROOMING

302-786-2528

25 Commerce Street

Harrington DE 19952

Hours:

Tuesday—Saturday

8:00 AM—3:30 PM

**Web Address: [https://
www.happytailsde.com](https://www.happytailsde.com)**

SPONSORS

ENDLESS Summer

\$40,000 SATURDAY NIGHT LOOT DRAWING

TOP PRIZE
\$1,000 SLOT DOLLARS!

SATURDAYS
JUNE 1, 15, 22 & 29
8:00PM - 10:00PM

Early Bird

777 SLOT TOURNAMENT

THURSDAYS IN JUNE
10:00AM - 2:00PM

POINTS FOR Free Play

REDEEM YOUR POINTS FOR
SLOT DOLLARS!

FRIDAYS IN JUNE
1:00PM - 8:00PM

\$45,000 Golden Goose DRAWING

DRAWINGS EVERY 30 MINUTES
TOP PRIZE \$5,000 CASH!

SATURDAY JUNE 8
2:00PM - 9:00PM

HARRINGTON RACEWAY & CASINO

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*In nj only. Must be 21 years of age. No one under the age of 21 can enter the casino unless noted. Harrington Raceway and Casino reserves the right to cancel or change any promotion or event without notice. See Players Club for more details. All games are controlled by the Delaware State Lottery. Play responsibly. If you or someone you know has a gambling problem, call the Delaware Gambling Help Line: 1-888-850-8888.



TO OUR 2024 SPONSORS

PLATINUM

- Blue Hen Construction
- Byler's Store
- Chick Harness & Supply Inc.
- Cooks Tire & Auto Repair Service
- Downtown Junction
- Harrington Logistics
- Harrington Raceway & Casino
- Hendricks & Son Inc.
- Hometown Drugs
- Insurance & Financial Foundation LLC
- MidTown Liquor
- Rudy's Restaurant

GOLD

- Collins Mechanical
- Hudson, Jones, Jaywork & Fisher—
Laura D. Willis, Esq.
- Thomas E. Melvin & Son Funeral Home

SILVER

- Envirocorp Inc.
- Happy Tails Dog Grooming
- Larson's Mower Shop
- Taylor & Messick

BRONZE

IN-KIND SPONSORS

- Harrington Sunshine 4-H Club
- Delaware State Fair
- Ivins Florist
- Harrington Lions Club
- NeighborGood Partners
- Harrington Fire Company Auxiliary
- Home Instead Senior Care

JUNE MANNA MENU


Lunch is served at 12 Noon. Meals are provided by the Modern Maturity Center, Inc. MANNA Programs. **Suggested Donation \$6.00 for ages 60 and up; \$9.00 payment required for Under 60 years of age** - Menu Subject to Change Without Notice. **IN-PERSON LUNCH is 12:00 until 12:30.**

3	4	5	6	7
Chicken & Dumplings Green Beans Biscuit Pudding Milk	Boneless Pork Chop with Gravy Mashed Potatoes Sauerkraut Wheat Bread Cookies & Milk	Taco Chili Salad with Lettuce, Tomato, Black Olives, Sour Cream, Tortilla Chips, Salsa, Cheese Vanilla Mousse & Milk	Delaware Chicken Garlic Red Potatoes Harvard Beets Roll Yogurt Milk	Spaghetti with Meat Sauce Mixed Vegetables Garlic Bread Fruit Milk
10	11	12	13	14
Beef A Roni Casserole Peas Italian Bread Fruit Milk	Chicken Marsala Wild Rice Chef's Blend Wheat Bread Cookies & Milk	Beef Chili Dog on Bun Sidewinder Fries Coleslaw Fruit & Milk	Fried Chicken Mashed Potatoes with Gravy Succotash Roll Cake & Milk	Meatball Sub French Fries Pasta Salad with Cucumbers & Tomatoes Yogurt & Milk
17	18	19	20	21
Meat Loaf with Gravy Mashed Potatoes Buttered Spinach Dinner Roll Cookies Milk	BBQ Chicken Blackeye Peas Collard Greens Corn Bread Sweet Potato Pie Milk	JUNETEENTH HOLIDAY CENTER IS CLOSED	Fried Fish Au Gratin Potatoes Stewed Tomatoes Wheat Bread Fruit Milk	Chili with Red Beans Rice Vegetable Medley Wheat Bread Fruit Milk
24	25	26	27	28
Swedish Meat Balls Egg Noodles Buttered Peas Wheat Bread Fruit Milk	Chicken Parmesan Linguine with Marinara Sauce Green Beans Garlic Bread Fruit & Milk	Hamburger on Bun Potato Wedges Lettuce & Tomato Fruit Milk	Baked Ham with Mustard Sauce Parslied Potatoes Cabbage Roll Bread Pudding & Milk	Chicken Pot Pie Buttered Broccoli Applesauce Wheat Bread Milk

Did you know? With funding from the Division of Services for Aging and Adults with Physical Disabilities, senior nutrition programs (Congregate and Meals on Wheels) are designed to provide balanced meals and services not met by other meal providers. We help you to live independently longer.

NOTE:
Please be advised that food served here may contain these ingredients: Milk, Eggs, Wheat, Soybean, Peanuts, Tree Nuts, Fish, Shellfish and Seafood Base

CALENDAR OF ACTIVITIES

Monday	Tuesday	Wednesday
<p>3 9:30—Armchair Exercise— In-Person (DR) 10:15—Cardio Drumming Exercise Class (DR) 10:30—Tie-Dye Class (Outside) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Mah Jongg (RM#5) 12:45—Mat Yoga (DR) 1:30—Chair Yoga (DR) 2:30—Tai Chi (DR)</p>	<p>4 9:30—Senior Walking Program In-Person (DR) 10:30—Bridge (RM#5) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 1:00—Sit & Sew (RM#3) 1:00—Bingo (DR) In-Person & Zoom 6:00—Tai Chi with Spike</p>	<p>5 9:00—Trip Sign Up (RM#1) 9:30—Armchair Exercise—In-Person (DR) 10:15—WII Bowling (DR) 11:15—11:45 Grab N Go Lunch 11:30—Canasta (RM#5) 12:00—Lunch Served (DR) 12:30—500 (DR) 6:00— Chair Yoga with Elena</p>
<p>10 9:30—Armchair Exercise— In-Person (DR) 10:15—Cardio Drumming Exercise Class (DR) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Mah Jongg (RM#5) 12:45—Mat Yoga (DR) 1:30—Chair Yoga (DR) 2:30—Tai Chi (DR)</p>	<p>11 9:30—Senior Walking Program In-Person (DR) 9:30—Depart for Quilt Trip 10:30—Bridge (RM#5) 11:00—Depart for LFHS Pool (You must drive yourself—Bus is not available) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 1:00—Sit & Sew (RM#3) 1:00—Bingo (DR) In-Person & Zoom 6:00—Tai Chi with Spike</p>	<p>12 9:30—Armchair Exercise—In-Person (DR) 10:00— Noon—Stand-By-Me (RM#3) 10:15—WII Bowling (DR) 11:15—11:45 Grab N Go Lunch 11:30—Canasta (RM#5) 11:30—Blood Pressure Checks (DR) 12:00—Lunch Served (DR) 12:30—500 (DR) 6:00— Chair Yoga with Elena (Last Night)</p>
<p>17 9:30—Armchair Exercise— In-Person (DR) 10:15—Cardio Drumming Exercise Class (RM#5) 10:30—Pace Your Life Craft Class 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Mah Jongg (RM#5) 12:45—Mat Yoga (DR) 1:30—Chair Yoga (DR) 2:30—Tai Chi (DR)</p>	<p>18 9:30—Senior Walking Program In-Person (DR) 10:30—Bridge (RM#5) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:00— Juneteenth Celebration 1:00—Sit & Sew (RM#3) 1:00—Members Meeting (DR) In-Person & Zoom 6:00— Tai Chi with Spike</p>	<p>19</p> <p>CENTER IS CLOSED FOR JUNETEENTH HOLIDAY</p>  <p><i>Emancipation Proclamation</i></p>
<p>24 9:30—Armchair Exercise— In-Person (DR) 10:15—Cardio Drumming Exercise Class (DR) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Mah Jongg (RM#5) 12:45—Mat Yoga (DR) 1:30—Chair Yoga (DR) 2:30—Tai Chi (DR) 6:00—Wood Sign Making (DR)</p>	<p>25 9:30—Senior Walking Program In-Person (DR) 10:30—Bridge (RM#5) 11:00—Depart for LFHS Pool 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 1:00—Sit & Sew (RM#3) 1:00—Bingo (DR) In-Person & Zoom 5:00—Depart for MMC Dinner Theater</p>	<p>26 9:30—Armchair Exercise—In-Person (DR) 10:15—WII Bowling (DR) 11:15—11:45 Grab N Go Lunch 11:30—Canasta (RM#5) 11:30—Blood Pressure Checks (DR) 12:00—Lunch Served (DR) 12:30—500 (DR) 6:00—Mystery Paint Night</p>



JUNE 2024

Thursday	Friday	Saturday
<p>6 9:30—Senior Walking Program In-Person (DR) 10:00—Phase 10 (RM#5) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Pinochle (RM#5) 12:30—Depart for Bowling 1:00—Cribbage & Other Board Games (RM#3)</p>	<p>7 9:00—New Beginner Line Dancers (DR) 9:30—Beginner Line Dancers (DR) 10:00—Improver Line Dancers (DR) 10:00—1:00—Stand By Me Appointments 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR)</p>	<p>8</p> <p>9 2:00—4:00 Bingocize In-Person Only</p>
<p>13 9:30—Senior Walking Program In-Person (DR) 10:00—Phase 10 (RM#5) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Pinochle (RM#5) 1:00—Cribbage & Other Board Games (RM#3) 6:00—Board Meeting (RM#5) 6:00—Line Dancing (DR)</p> <p style="text-align: center;">BIRTHDAY PARTY</p>	<p>14 ALL LINE DANCING CANCELLED 9:00—Father's Day Event 11:15—Mindfulness Session (DR) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 1:00—Computer Tech (RM#5)</p>	<p>15</p>
<p>20 9:30—Senior Walking Program In-Person (DR) 10:00—Phase 10 (RM#5) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Pinochle (RM#5) 1:00—Cribbage & Other Board Games (RM#3)</p>	<p>21 9:00—New Beginner Line Dancers (DR) 9:30—Beginner Line Dancers (DR) 9:30—Depart for Mall Walk & Lunch 10:00—Improver Line Dancers (DR) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR)</p>	<p>22</p> <p>23 2:00—4:00 Bingocize In-Person Only</p>
<p>27 9:30—Senior Walking Program In-Person (DR) 10:00—Phase 10 (Rm#5) 10:00—Noon—BINGOCIZE (DR) In-Person Only 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Pinochle (RM#5) 12:30—Depart for Bowling 1:00—Cribbage & Other Board Games (RM#3) 6:00—Line Dancing (DR)</p>	<p>28 9:00—New Beginner Line Dancers (DR) 9:30—Beginner Line Dancers (DR) 10:00—Improver Line Dancers (DR) 11:15—11:45 Grab N Go Lunch 11:30—Depart for Olive Garden Dine Around 12:00—Lunch Served (DR) (Manna Menu) 1:00—Computer Tech (RM#5)</p>	<p>29</p>





JUNE 2024 BIRTHDAY WISHES

**June 1st**

Charlotte Frederick

June 2nd

Krystal Pallino

June 3rd

Karen Crouse

June 4th

Annette Ashely

June 5th

June Jerread

June 6th

Pat Shufelt

Mary Hirt

James Christopher

June 7th

Rosemarie Thurau

Pat Smith

Debra Hopkins

June 8th

Donna Matlack

June 9th

Debbie Sterling

June 11th

Gary Peterman

June 12th

Daniel Oswald

June 13th

June Brous

Clifford Outten

Erik Liimatta

June 14th

Virginia Gleeson

Lois Walters

Bonnie Speicher

June 15th

Bob Tarr

Jeana Dubbs

Emerson Brooks

June 16th

George Deering

June 17th

Bob Sherwood

Kaye Sapp

Terri White

Nina McQuillan

Henry Wilson, Jr.

June 18th

Viva Poore

Kathy Gooden

June 19th

Pat Hickey

June 20th

Earl Davis

June 21st

Lisa Poore

Michael Smith

Cynthia Evans

Delores Collins

Elima Bynum

June 22nd

Gladys Argo

Sandy Sponaugle

June 23rd

Ruth Peterman

June 25th

Joanne Bedwell

Debbie Webb

June 26th

Gabby Pratt

Deanne Ryan

June 28th

Nancy Kenton

Gayle Melvin

Sheila Clough

June 29th

Emilie Haines

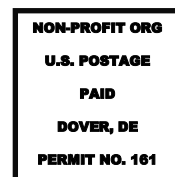
June 30th

Mikell Wamsley

Tom Shugars

Pat Weaver

Harrington Senior Center
 102 Fleming Street
 Harrington DE 19952



Return Service Requested