



The Harrington Senior Center

Phone: (302)-398-4224
Fax: (302)-398-4421
Email: karen@harringtonseniorcenter.org
Website: harringtonseniorcenter.org

Facebook: Like Harrington Senior Center & Friend us at Harrington Senior

**HOURS: Monday–Thursday 8:30 AM- 4:00 PM
Friday 8:30 AM–2:00 PM**

**AUGUST
2024
Volume 43,
No. 8**



The front desk closes 15 minutes prior to the Center closing time. Please handle all transactions by this time.

MESSAGE FROM THE EXECUTIVE DIRECTOR—KAREN CROUSE

Wow, it’s hard to believe that we are almost through the summer! If you need a cool place to be during the day, please come to the Center. The new facility is coming along nicely, we are getting close. Once we get the approval to move in we could still be at our current facility until all furniture, and rooms are ready for us to enjoy. As we move into the new facility please be patient as we need to get use to a whole new facility with more space, more programming, and new faces that are joining our Center. The staff and board look forward to celebrating the grand opening of the Center and are starting to make plans to have that ribbon cutting.

I encourage you to join us for our monthly member meetings to hear about the Center finances, programs we are having or considering to have, trips, and other activities. This is your time to express your thoughts on what you would like to see here at the Center and get your questions answered by the staff.



DSAAPD POST ACTIVITY SURVEYS

For anyone that participated in our variety of programming during February thorough June we have post activity surveys you need to fill out for us. These survey’s are important to help the State and the Center know what programming worked, what didn’t work, and how we can make the programming better should we get another grant.

CENTER ACTIVITIES & TRIPS

MINI CANVAS PAINTING CONTEST

DATE: Tuesday, July 30th

TIME: 1:00 pm

LOCATION: Dining Room

COST: FREE



SIGN UP NOW

Come have fun painting a mini canvas. We will pick a winner, 1st, 2nd and 3rd place for gift card prizes. All canvases will be taken to the Library for their contest. This is a great way for us to have fun and join in Library activities.

STAND BY ME ONE ON ONE SESSIONS

DATE: Friday, August 2nd

SIGN UP BEGINS: NOW, call the Center to register!



DINNER AT MIKE & MEL'S & BRECKNOCK COUNTY PARK

THE JONES BOYS

DATE: Wednesday, August 7th

DEPARTURE TIME: 3:45 pm

APPROXIMATE RETURN TIME: 8:30 pm

COST: \$2.00 plus dinner on your own

SIGN UP STARTED: Monday, July 8th

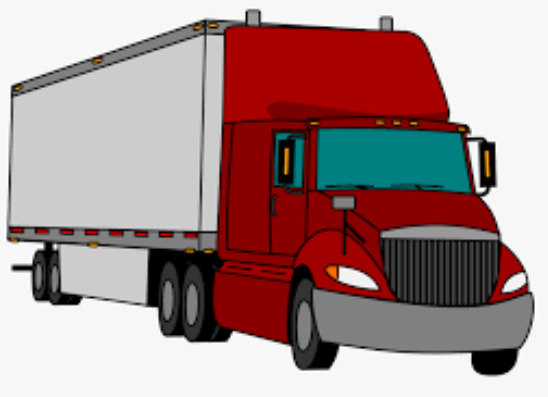
Come have a great dinner and then listen to some great music.

YOU NEED TO BRING A LAWN CHAIR & BUG SPRAY

We have 1 seat on the bus remaining. We will also have a waiting list if we have any cancellations.



Harrington Logistics



111 Reese Avenue

Harrington DE 19952

Is A Proud Sponsor of the Harrington Senior Center

CENTER ACTIVITIES & TRIPS



AUGUST BIRTHDAY PARTY

DATE: Thursday, August, 8th

TIME: 12:00 pm for In-Person

11:15 AM – 11:45 AM for Curbside Pick-Up

COST: \$6.00 suggested donation for age 60+ and \$9.00 required payment for under the age 60.

YOU WILL PAY AT THE DOOR

SIGN UP BEGINS: NOW

SIGN UP ENDS: Wednesday, August, 7th

MENU: Roast Beef with Gravy, Mashed Potatoes, Buttered Peas with Pearl Onions, Dinner Roll, Cake & Milk

Cake Sponsor: Jean Miller

Ice Cream Sponsors: Betty Wiggins, Cynthia Small, and in Memory of Nancy McMannemon

FOOD BANK STAND BY ME

DATE: Friday, August 9th

TIME: 10:00 am until Noon

No appointment necessary just come in anytime between 10:00 and noon.

Get help with processing Food Benefits, Medicaid, Child Care Applications and Renewals

This is open to anyone in the community.



MALL WALK

DATE: Tuesday, August 6th

BUS DEPARTS: 9:30 am

RETURN TIME: Noon

SIGN UP BEGINS: Thursday, August 1st

COST: \$2.00

Come and walk the Dover Mall and shop.



BLUE HEN

CONSTRUCTION

Hours of Operation:

8:00 AM—5:00 PM Monday—Friday

9:00 AM—4:00 PM—Saturday

Owned by Darrin & Laura Simpson

Address: 1 Dorman Street

Harrington DE 19952

Telephone Number: (302) 363-0343

CENTER ACTIVITIES



DINNER & ICE CREAM AT THE FELTON FIRE HOUSE

DATE: Friday, August 9th

DEPARTURE TIME: 5:00 pm

APPROXIMATE RETURN TIME:
7:00 pm

TRANSPORTATION: CENTER BUS

MEMBER COST: \$2.00

NON-MEMBER COST: \$4.00

SIGN UP BEGINS: Thursday, August 1st



FIFERS MARKET

SHOP AND ENJOY LUNCH AND OR ICE CREAM

1919 Allabands Mill Road
Camden, DE 19934

DATE: Monday, August 19th

DEPARTURE TIME: 10:30 am

APPROXIMATE RETURN TIME:
1:30 pm

TRANSPORTATION: Center Bus

MEMBER COST: \$2.00

SIGN UP BEGINS: Thursday, August 1st

YOU MAY USE YOUR FARMER'S MARKET CARDS AT THIS LOCATION.

BYLER'S SINCE 1974
Country Market AND Grocery Outlet

Your Neighborhood **Country Market & Grocery Outlet**

74 COFFEE & CREAM

Crafted Coffees & Lattes

Fresh Meats and Cheese

Daily Baked Bakery Goodies

Local Fresh Produce

www.bylers.com
(302) 398-0398

CENTER ACTIVITIES & TRIPS



DINNER AT NICOLA PIZZA & STANGO PARK FOR THE NAVY BAND COMMODORES

DATE: Tuesday, August 20th

DEPARTURE TIME: 3:30 pm

**APPROXIMATE RETURN TIME:
9:30 pm**

TRANSPORTATION: Center Bus

MEMBER COST: \$4.00

NON-MEMBER COST: \$6.00

**SIGN UP BEGINS: Thursday,
August 1st**



DINE AROUND: SURF AND TURF

947 N. Dupont Blvd
Milford, DE 19963

**DATE: Friday,
August 23rd**

**DEPARTURE TIME:
11:00 am**

APPROXIMATE RETURN TIME: 1:30 pm

TRANSPORTATION: Center Bus

MEMBER COST: \$2.00 plus cost of lunch

**NON-MEMBER COST: \$4.00 plus cost of
lunch**

SIGN UP BEGINS: Thursday, August 1st

Surf and Turf offers a great lunch menu
with \$15 meals of all kinds.

**COOK'S TIRE
& AUTO REPAIR
TIRE PROS**

**(302) 398-3751
12 CLARK STREET
HARRINGTON, DE 19952**



HOURS OF OPERATION: Monday through Friday

8:00 am—5:00 pm

**Commercial Tires, Passenger/LT Tires, Auto Repair,
Custom Wheels**



CENTER ACTIVITIES & TRIPS

HARRINGTON HERITAGE DAY PARADE

DATE: Saturday, August 24th

DEPARTURE TIME: 8:15 am

**APPROXIMATE RETURN TIME:
9:45 am**

TRANSPORTATION: Center Bus

MEMBER COST: FREE

**SIGN UP BEGINS: Thursday,
August 1st**

**COME HAVE FUN RIDING IN THE
PARADE!**



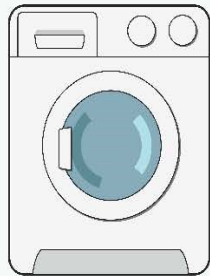
HARRINGTON HERITAGE DAY

DATE: Saturday, August 24th

TIME: 8:30 am until 3:00 pm

Depending on where we are with construction, we will either be hosting the various performers in our multi-purpose room or we will have a table set up outside to promote the Center. We will be selling our Boscov passes, our candles and accepting memberships.

Please stay tuned for information as it becomes available.



NOW AT **DOWNTOWN JUNCTION** **QUICK & EASY DRY CLEANING**

OUR SERVICES

- ✓ Dry Cleaning
- ✓ Drop off and pickup points
- ✓ Wash & Fold



302-398-4678

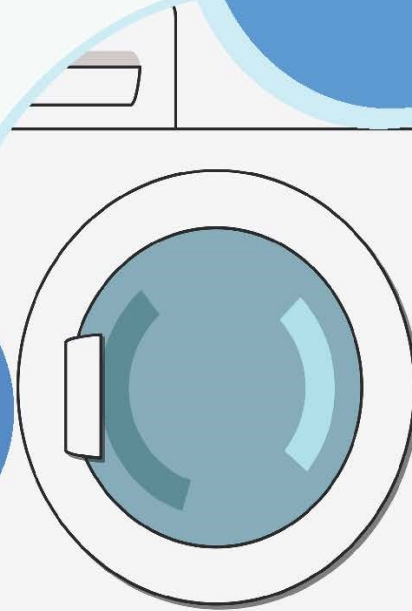


3 COMMERCE ST. HARRINGTON, DE

LOCATED AT DOWNTOWN JUNCTION
ACROSS FROM THE POST OFFICE!

**20% OFF
FOR NEW
CUSTOMERS**

**At home Pick-up/Drop-off
coming soon!**



CENTER ACTIVITIES & TRIPS



KALMAR FARM STAND

**DATE: Tuesday,
August 27th**

**DEPARTURE
TIME: 10:30 am**

**APPROXIMATE RETURN TIME:
11:30 am**

TRANSPORTATION: Center Bus

MEMBER COST: FREE

**SIGN UP BEGINS: Thursday,
August 1st**

**YOU MAY USE YOUR FARMER'S
MARKET CARDS AT THIS
LOCATION.**



MUSIC MOUNTAIN THEATRE IN

NEW JERSEY

**PRESENTS "WHITE CHRISTMAS"
LUNCH INCLUDED AT A FINE LOCAL
RESTAURANT BEFORE THE SHOW**

DATE: SUNDAY, NOVEMBER 3rd

DEPARTURE TIME: TBA

APPROXIMATE RETURN TIME: TBA

SHOW TIME IS 3:00 PM

MEMBER COST \$ 160.00

NON-MEMBER COST \$165.00

\$75.00 DEPOSIT REQUIRED AT SIGN UP

**TRIP CANCELLATION PROTECTION IS
AVAILABLE FOR \$19.00**

SIGN UP NOW

Chick's

SADDLERY ☆ WESTERNWEAR

Since 1975

Everything for Horse & Rider!

Follow Us

**Saddles ~ Tack ~ Boots ~ Clothes
Hats ~ Jewelry ~ Gifts & MORE!**

**www.ChickSaddlery.com 302-398-4630 18011 S DuPont Hwy
Harrington, DE 19952**

CENTER ACTIVITIES & TRIPS



SYMPATHY IS EXTENDED TO HSC MEMBERS AND THEIR FAMILIES

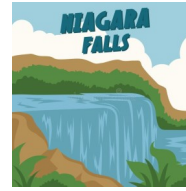
Family of HSC Member Barbara Ross.

Family of HSC Member Dorothy Collins.

MaryAnn & Bobby Wilson on death of her sister and HSC Member Dorothy Collins.

Delores Collins on the death of her sister-in-law and HSC Member Dorothy Collins.

Family of HSC Member Bobby Rothermel
Kathie Gooden on the death of her fiancée
Bobby Rothermel



NIAGARA FALLS TRIP

TRIP DATE:
September 30th—
October 4th, 2024

Please send us a copy of your passport or passport card.

MARK YOUR CALENDARS FOR OUR PRE-TRIP MEETING

Thursday, September 19th at 1:00 pm in the Dining Room



BIRD-IN-HAND LUNCHEON AND SHOW IN LANCASTER PA

DATE: Thursday, October 17, 2024

DEPARTURE TIME: Approximately 9:00 am

APPROXIMATE RETURN TIME: 6:30 pm

TRANSPORATION: COACH BUS

COST: \$150.00

Includes—Buffet Lunch, Show, Transportation and Bus Driver Tip

Final payment due September 5th

Comedy rules when Ryan returns to the stage with every one of his friends. Come hear comedy and songs ranging from Country to Broadway. Don't miss out on music and entertainment that comes with a great message!

WE STILL HAVE SEATS AVAILABLE!



SERVICES OFFERED AT THE CENTER

MEMBER RATES

NOTARY—\$2.00 (Free to those in the Military or Retired Military)

FAX—\$0.25 per page

COPIES— \$0.25 per page

COLOR COPIES—\$0.50 per page

NON—MEMBER RATES

NOTARY—\$5.00 (Free to those in the Military or Retired Military)

FAX—\$0.50 per page

COPIES—\$0.50 per page

COLOR COPIES— \$0.75 per page

CENTER ACTIVITIES



CARDIO DRUMMING EXERCISE CLASS

DATE: Mondays

TIME: 10:15 AM

LOCATION: Dining Room

Come be a part of this fun exercise class. We will be drumming using exercise balls, a clothes basket and drumsticks! Sound interesting? We would love to see you join us as we drum to the beat of several songs. It will be a fun time and we will be seated while we are drumming. The class will last approximately 30 minutes.



YOGA

DATE: Every Monday

MAT YOGA TIME: 12:45 PM

CHAIR YOGA TIME: 1:30 PM

You do not need to sign up to attend.

Class instructed by Elena Paladino

Location: Dining Room



© Can Stock Photo

REGULAR BINGO

DATE: Tuesday, August 6th

TIME: 1:00 pm

LOCATION: Dining Room and on ZOOM—Regular Bingo Only

Join us for a chance to win \$5.00 Gift Cards



MAH JONGG

DATE: Every Monday

TIME: 12:30 pm

LOCATION: Room #5



BLOOD PRESSURE CHECKS

DATES: AUGUST 7TH & 21ST

TIME: 11:30 am

LOCATION: Dining Room



BIBLE STUDY

Bible Study will resume in the fall.



Bingo + Exercise = Bingocize®

BINGOCIZE

DATE: Tuesday, August 27th

TIME: 1:00 pm —3:00 pm

Location: Dining Room

In-Person Only

Join us for a chance to win \$5.00 Gift Cards

CENTER ACTIVITIES

CRIBBAGE

Every Thursday at 1:00 PM

Dining Room or Room #3



TAI CHI WITH RAN

DATE: EVERY MONDAY

TIME: 2:30 PM—3:30 PM

LOCATION: Dining Room

The cost of the course is being covered by a grant so join us and a relaxing class



ARMCHAIR EXERCISE IN-PERSON

DATE: Every Monday and Wednesday

TIME: 9:30 AM LOCATION: Dining Room

Take part in our Armchair Exercise. The program takes about 30 minutes. All you need is a chair without arms, a set of weights (or 2 cans of vegetables), and a towel.



COMPUTER TECH SERVICES

Need help with your Smart Phone, Tablet, Laptop computer or software questions? This service is free to members with the exception of parts which you will need to pay for. You must be able to bring your device into the center.

DATES: August 2nd & 23rd

TIME: 1:00 pm—3:00 pm

Location: Room #5

Please call the Center to schedule an appointment.



SENIOR WALKING EXERCISE PROGRAM IN-PERSON

DATE: Every Tuesday & Thursday

TIME: 9:30 AM

LOCATION: Dining Room

We will be exercising by simply walking. We will walk one mile to start and we will mix in a few other steps to keep the pace lively.

The video we have been using is Leslie Sansone Beginning Walk found on Youtube.com.



DATE: Every Tuesday

TIME: 1:00 PM

LOCATION: Room #3

Come and bring your sewing or craft project to the Center to work on with a group of great people. We have some machines here or you may bring your own.

CENTER ACTIVITIES



MEMBERS MEETING IN-PERSON & ON ZOOM

DATE: Tuesday, August 20th

TIME: 1:00 pm

LOCATION: DR

Come hear information on construction, finances, and other news about the Center.



LINE DANCING

DATE: Every Friday

TIME: 9:00 AM—New Beginner Dancers

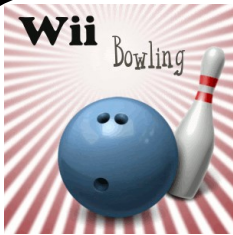
9:30 AM—Beginner Dancers

10:00 AM —Improver Dancers

This will give each level of dancer an hour of dancing. You are welcome to stay as long as you want for dancing.

LOCATION: Dining Room

Come join in the fun learning how to line dance. All levels of line dancers from beginners to the experienced are welcome to attend.



WII BOWLING

DATE: Every Wednesday

TIME: 10:15 AM

NOTE NEW START TIME

LOCATION: Dining Room

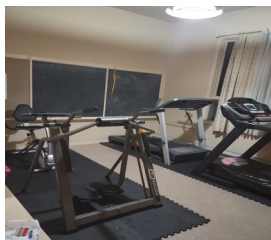
Come join in the fun of WII Bowling. You will bowl in teams of 4 people. Each group bowls two games.



PARKING

We know parking is tight at our temporary location. Please do not park between the orange cones by the church as we are using those spaces for the Meals on Wheels Drivers and truck from 9:00 am until approximately Noon. Please do not park in the area marked with orange cones as you enter the parking lot on the left as that is reserved for our bus and the Meals on Wheels van. For large bus trips, we will be meeting and parking at the Delaware State Fair in the handicap lot behind the Administration building. We will note bus location in each information trip block in the newsletter.

EXERCISE ROOM



The exercise room is open during normal center business hours. We have two treadmills, one exercise bike, and the walker. Use the equipment at your own risk. Feel free to open the curtains. We only ask that you close them when you are finished. The Exercise Room is located in Room #2. Sign up with the office for your workout time.



HARRINGTON LIONS CLUB—EYE GLASS COLLECTION BOX

Do you have glasses you no longer need? The Harrington Lions Club has placed a box here at the Center for you to drop off old glasses. Your donation helps support funding for children's eye glasses.

CENTER ACTIVITIES

CARD GAME DAY AND TIMES



BRIDGE

TUESDAYS:

**10:30 AM Bridge—
Room #5**



CANASTA

WEDNESDAYS

**11:30 AM Canasta—
Room #5**



500

WEDNESDAYS

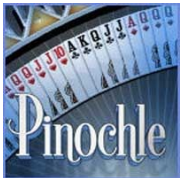
**12:30 PM 500—
Dining Room**



**Phase
10**

THURSDAYS:

**10:30 AM PHASE 10—
Room #5**



Pinochle

**12:30 PM Pinochle—
Room #5**

**COME JOIN IN THE FUN! ALL GROUPS ARE
WILLING TO TEACH YOU THEIR GAME!**

**Let's Have
Lunch
TOGETHER**

LUNCH IS SERVED AT NOON

COME IN FOR LUNCH

You no longer need to sign up for lunch on the clipboards. We do ask if you are in the building for programs and want to stay for lunch that you sign-up as you come in.

RESOURCE LISTS

The Center has gathered list of folks that assist with cleaning, being aides, yard work, drivers to appointments, and other needs. We are looking for folks that will do any of these services for seniors. Please let us know if you have anyone you can recommend we contact to see if they are interested in being placed on our list. If you would like a copy of this list, please call or email us.

Hendricks & Son Inc.

John W. & Nancy Jo Hendricks

Serving the Agricultural Community Since 1952

CENTER ACTIVITIES



INSURANCE AND
FINANCIAL
FOUNDATION LLC



*For all of your
insurance needs*

*Ready to provide
coverage for
home, auto,
business, health,
life, annuities,
funeral expense
insurance, and
more!*

INDEPENDENT and LOCAL
- We work for YOU, not
insurance companies.

PERSONALIZED -
Dedicated to getting you
the coverage right for
you.

TRUSTWORTHY -
Committed to honesty,
integrity, and
transparency.



302-566-1356



3 Commerce Street,
Suite 203
Harrington, DE



**SPORTS
PICK**
DELAWARE SPORTS LOTTERY

**MIDTOWN LIQUOR &
TOBACCO OUTLET**
2/B Liberty Plaza, Harrington, DE
(Next to Byler's) 302 398 4447

**Delaware
Lottery
Games**

Largest selection of Liquor, coldest Beer, Wine and Tobacco Products in town.

Easy in and out Sports Lottery – Lottery – Keno – ATM

ONE STOP SHOP

It's the law: You must be 18 to purchase Delaware Lottery tickets and 21 to play Sports Lottery

CENTER GUIDELINES/NEWS/ACTIVITIES



BUS INFORMATION

We need our bus riders to help us maximize our bus by doing the following:

1. Call in and schedule the bus as soon as possible for daily pick-ups. We have marked off every morning and afternoon for bus pick up and drop off.
2. Please try to schedule all medical appointments between 10:00 am and 2:00 pm. Please call as soon as you schedule an appointment so we can accommodate your needs as well as our daily riders.
3. **You will receive a call by 3:00 pm the day before your ride with a pick up time.**



GRAB & GO LUNCHES

You may pick-up lunch any day from 11:15 AM until 11:45 AM for a donation of \$6.00 for anyone older than 60 and \$9.00 for those under the age of 60. You do not need to call ahead to register but you may if you wish or you may just stop in and pick up a meal. Grab & Go lunches are a function of the Meals on Wheels Program so their staff will be handling the meal pick up. Please let the HSC staff know if you have any issues with this new process. The Meals on Wheels office can be reached by calling 302-398-4860.

PICK UP TIME DAILY

11:15 AM—11:45 AM

BUS GUIDELINES



1. Bus guidelines will be given to all first time bus riders upon them being added to the list.
2. Bus guidelines will be posted on bulletin boards in the Center.
3. Title VI is displayed on bulletin boards in the Center, on our website, and on the bus.



MILES OF PENNIES

It takes 84,480 pennies to travel one mile. Let us see how far we can travel in 2024.

Donate your Pennies Today!

GUEST GUIDELINES



1. A guest may only participate in three daily activities per year without being a member.
2. Anyone may participate in trips and activities that list a non-member price.



LIBRARY & PUZZLES

You are welcome to come to the Center to check out library books and puzzles. They are located in Room #4.

CANDLE FUNDRAISER TO SUPPORT HARRINGTON SENIOR CENTER

Kent County Candles created this candle just for the Harrington Senior Center.

This beautiful blue jar is filled with the scent of Salted Carmel and Vanilla. The Jar has engraving on the front and comes with a cork lid.

PURCHASE PRICE— \$20.00

We have candles in stock and also are taking orders.

Stop by the Harrington Senior Center to purchase your candle or place your order.



Medicare typically does not cover healthcare outside the U.S., except for specific situations such as:

- If you're in the U.S. when a medical emergency occurs, and the foreign hospital is closer than the nearest U.S. hospital that can treat your medical condition.
- You're traveling through Canada without unreasonable delay by the most direct route between Alaska and another U.S. state when a medical emergency occurs, and the Canadian hospital is closer than the nearest U.S. hospital that can treat the emergency.
- You live in the U.S. and the foreign hospital is closer to your home than the nearest U.S. hospital that can treat your medical condition, regardless of whether an emergency exists.

Because Medicare has limited travel medical coverage outside the U.S., you may choose to buy a travel insurance policy to get more coverage. An insurance agent or travel agent can give you more information about the cost of travel medical insurance. Travel insurance doesn't necessarily include health insurance, so it's important to read the conditions or restrictions carefully.



Business Hours: Everyday

6:00 am—10:00 pm

Dine in or Take Out

Delivery Hours:

Monday-Thursday

9:00 am—9:00 pm

Friday—Sunday

9:00 am—10:00 pm

17064 S. Dupont Highway, Harrington DE 19952

302-786-2766



CENTER ACTIVITIES



Lake Forest High School Pool

The pool is closed the month of August. We will start going back to the pool in September at least twice a month and maybe more depending on interest.



HARRINGTON SENIOR CENTER
(Non-Profit Organization)



ONE DAY ONLY - TUESDAY, OCTOBER 22, 2024
SHOP 8AM - 11PM

DONATE \$5 AND ENJOY:

- 25% OFF DISCOUNT SHOPPING PASS*
- REGISTER TO WIN A \$100 BOSCOV'S GIFT CARD
One Winner at every Boscov's store

100% OF YOUR DONATION GOES TO OUR ORGANIZATION

For Shopping Passes or information, contact:

302-398-4224 or visiting the Center at 190 Raughley Hill
Road

For more details visit boscovs.com/friendshelpingfriends
*Exclusions Apply

Starting July 8th we will be selling the Boscov's Shopping passes. The Center receives \$5.00 for each pass sold. The bus will go to Boscov's that day for shopping.



Our July Birthday Theme was a Hawaiian Luau. Everyone had a great time. Thank you to Heather Crouse for making all the candy for the bags!

CENTER ACTIVITIES



MACKINAC ISLAND INTEREST MEETING:
A Collette Representative will be here to make the presentation.

Thursday, August 29, 2024

TIME: 1:00 pm

**TRIP DATES: August 29th—
September 6, 2025**

Come join us on a 9 Day adventure to Chicago, Millennium Park, Frederik Meijer Gardens & Sculpturer Park, Mackinac Island, Grand Hotel, Frankenmuth, Henry Ford Museum & Greenfield Village.

8 Breakfast & 4 Dinners are included

TENTITIVE ITINERARY AT A GLANCE

Days 1 & 2 Hyatt Regency Chicago Illinois

**Day 3 Canopy by Hilton Grand Rapids
Downtown, Grand Rapid Michigan**

Days 4 & 5 Grand Hotel, Mackinac Island MI

**Day 6 Double Tree by Hilton Hotel Bay City—
Riverfront, Bay City MI**

**Day 7 & 8 Westin Hotel Southfield Detroit,
Southfield MI**

Cost: \$3,999.00 Each Double Occupancy

\$4,999 Each Single Occupancy

Trip Insurance is \$429.00

We have Flyers available at the Center. Please sign up to attend the interest meeting so we know if we have any interest in this trip.



BOARD GAME TIME

Every Tuesday at 10:00 AM

LOCATION: Dining Room

Come have fun playing a variety of board games. We have ordered a variety of board games to be played by members. If we do not have a game you like, please let us know. Once we move back to the Center, board games will be available everyday.



FITNESS CLASSES

**CONNER
CALLAWAY
Fitness
Trainer**

**Every Monday 6:00 pm—
7:00 pm**

**Every Thursday 9:45 am—
10:30 am**

Come enjoy working out with Conner on exercises designed for Seniors.

NOTE: No classes will be held on days the Center is Closed

CENTER NEWS



RSVP OF KENT COUNTY MMC RECOGNITION

Some of our volunteers were recognized at the MMC Volunteer Breakfast. We appreciate all of the volunteers that help us and we are planning a big volunteer celebration when we move back into our new facility.

Congratulations to those recognized by MMC

25 years—Jean Miller, 15 years—Jan Mitchell, and Joan Oakley



New Members—

Remember to use your coupon for a free lunch on us. We look forward to you joining us on a day of your choice. Please bring your coupon in to redeem your lunch. You may also use your coupon for curbside as well.

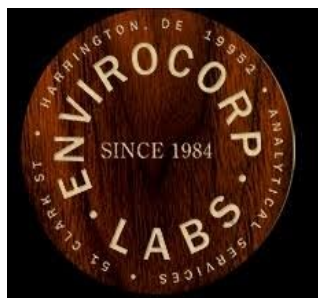
FOOD PANTRY AT THE CENTER

Please stop by the Center and pick up food supplies. We will be partnering with the Food Bank to help us get in more food items for you as well as continuing to work with our community partners that have food drives for us.



EMAILS and FACEBOOK

If we have your email address, you should be receiving emails from the Center almost daily. If you are not, please check your junk or spam mail. We also post on Facebook so please like our Harrington Senior Center Facebook page to follow us.



Full service laboratory specializing in analysis for commercial and residential clients!

51 Clark Street

Harrington, DE 19952

(302) 398-4313

Hours: Monday—Friday

8:00 AM —5:00 PM

info@envirocorplabs.com

An advertisement for Larson's Mower Shop. It features a green header with "LARSON'S Mower Shop Since 1985". Below the header, it says "Your Local Shop With A GREAT REPUTATION!". There are images of various lawn mowers and snow blowers. Text includes "Ask About Our Snow Blower Service & Repair", "523 Thistlewood Rd, Houston, DE", "Glenn Larson Owner 302-786-2038", and "Pick-Up Available Larsonmowershop.com".

LARSON'S Mower Shop
Since 1985

Your Local Shop With A **GREAT REPUTATION!**

Ask About Our Snow Blower Service & Repair

523 Thistlewood Rd, Houston, DE

Glenn Larson
Owner 302-786-2038

Pick-Up Available
Larsonmowershop.com

CENTER NEWS

JUNE PHASE 10 SCORES FOR

- 1st Darlene Marvel Cox 185**
- 2nd Ginny Brooks 200**
- 3rd Heidi Seeley 240**
- 4th Barlynn Boone 255**
- 5th Jan Mitchell 300**
- 6th Beverly Hollinger 305**
- 7th Tie Pat Shufelt & Luke Picone 385**
- 9th Donna Matlack 443**
- 10th—Gayle Sponaugle 445**
- 11th—Tie Watha Hostettler & Don Cooley 450**
- 13th—Eula Hoover 485**
- 14th—Baldy Sadler 505**
- 15th—Bill Carpenter 535**



YOUR RIGHTS UNDER TITLE VI

Harrington Senior Center operates its programs and services without regard to race, color, or national origin in accordance with Title VI of the 1964 Civil Rights Act. Any person who believes that she or he has been aggrieved by any unlawful discriminatory practice under Title VI may file a complaint with our agency.

Any such complaint must be in writing and filed with this agency within 180 days following the date of the alleged discriminatory occurrence. For information on our nondiscrimination obligations or how to file a complaint, please contact Harrington Senior Center by any of the methods listed below.

Harrington Senior Center
102 Fleming Street
Harrington DE 19952
Phone – 302-398-4224



Laura D. Willis, Esq.
HUDSON, JONES, JAYWORK
& FISHER, LLC

225 South State Street
Dover De 19901
(302) 734-7401

lwillis@delawarelaw.com

Practice areas include estate planning and business counseling.

REDNER'S RECEIPTS



When turning in your Redner's receipts, please do not cut off the bottom. We must have the part that reads "Today's 1% Save-A-Tape Total" with the date and dollar amount. All receipts must be within the last three years to count.

THANK YOU!

CENTER GUIDELINES

TRIP/ACTIVITY INFORMATION

1. We will begin boarding all trips approximately 15 minutes prior to the departure time. We board in the order in which you signed up for the trip.
3. All trips/activities must be paid for prior to the date of the trip/activity unless you are moved from the waiting list the day before. Should this occur you must pay before boarding the bus or participating in the activity.
4. **Refunds will only be issued if:**
 - A. We cancel the trip/activity
 - B. We are able to sell your seat
5. Everyone participating on a trip/activity must only need minimal assistance in transferring to seats, etc. Should you have an aide, they may sign up with you at the member price.



IT IS IMPORTANT TO SIGN UP

Signing up for events, activities, and trips is very important.

Please make sure you are signing up by the deadlines. This is important so we have room and items needed for the event. We also do not want to over order. Please look at the information for sign up dates and end dates. If you have questions, please contact us.



TRIP/ACTIVITY SIGN

Thursday, August 1st

1. When you arrive please come in and take a number for only yourself and wait in the dining room to be called.
2. You may purchase tickets for yourself and one other member or guest as long as you have the money for all tickets.
3. You cannot sign up prior to the date listed in the newsletter under each event.
4. Credit/Debit cards are now accepted for all trips, activities, and dues.
5. One check is accepted for all trips and activities you are paying for.

PICTURES IN THE NEWSLETTER, FACEBOOK & OUR WEBSITE



We take pictures at every event, on every trip, and just around the Center. We use these photos in various ways.

If you do not want your picture used, please make sure you do not get in the picture. If your picture is taken, please notify the person taking it to delete it so it is not used. Thank you for helping us with publishing our photos to help showcase our Center.

CENTER NEWS



CAPITAL CAMPAIGN GOAL



Our Capital Campaign is well under way. Some may say why do you still need money? You received money from the State and County and others have already donated money to the Capital Campaign Goal. The answer is easy.

1. We are going to have some cost overruns due to pricing and changes that have had to be made that were unexpected.
2. We need to make sure we have funds to purchase all of the furniture and items needed in a new building.
3. Our operating cost will be higher and we need to make sure we have funds to cover those expenses until we find other monies to cover these costs in the future.
4. The campaign recognition we are planning will be a way for members or others to remember or honor someone as a memorial. The recognition program will be on going as a way to continue to make donations in the future.
5. We will be contacting anyone that has already made a donation to the Capital Campaign to see the wording you want used.



MAKE A CAPITAL CAMPAIGN CONTRIBUTION TODAY!!



Monday-Friday

7:30 AM to 5:00 PM

Saturday

7:30 am until Noon

325 Walt Messick Road

Harrington DE 19952

302-398-3729

*Thomas E. Melvin
& Son Funeral Home, Inc.*



15522 S. DuPont Hwy.
Harrington, DE

(302) 398-3884

www.melvinfuneralhome.com



**CONGRATULATIONS TO OUR JUNE
BINGO WINNERS**

**June 4th—Laura DeVoe, Joanne Young,
Ginny Brooks, Laure Giannetta**

**June 11th—Joanne Young, May Fletcher,
Darlene Marvel-Cole, Judy Walls**

**June 25th—Keith Ayasse, Ginny, Brooks, Hildie Russomano, Bill, Carpenter,
Gayle Melvin, May Fletcher, and Joan Camac**

Come join in the fun and a chance to win \$5.00 gift cards.

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CENTER NEWS/SPONSORS/ACTIVITIES



JUNE WII SCORES—

The scores below
are the total for the
month.

1st—Don Cooley 234

2nd—Jan Mitchell 233

3rd Tie—Ginny Brooks and Craig
Brodeur 230

5th—Jackie Krech with 212

6th—Jeff Purse 205

7th—Susan Howarth 195

8th—Eula Hoover 161



JUNE 500 CARD SCORES

June 5th—Winner was Harold
Brode with 3920; Second was
Donna Shugars with 3290; Third
was Joyce Herrington with 3250.

June 12th—Winner was Harold
Brode with 3500; Second was Tom
Brown with 2590; Third was Donna
Shugars with 2290.

June 19th—No Game Center Closed

June 26th—Nancy Lawson with
2720; Second was Harold Brode
with 2690; Third was Dale
Trammell with 2460.

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15294 S. Dupont Highway

Harrington DE 19952

302-398-8877



HAPPY TAILS

DOG GROOMING

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25 Commerce Street

Harrington DE 19952

Hours:

Tuesday—Saturday

8:00 AM—3:30 PM

Web Address: [https://
www.happytailsde.com](https://www.happytailsde.com)

SPONSORS

**ENDLESS
SUMMER WINS!**

**2X
POINTS FOR
FREEPLAY**

**FRIDAY AUGUST 2
1:00PM - 9:00PM**

**\$40,000
HOT AUGUST NIGHTS**

**SATURDAYS
AUGUST 3, 10 & 24
8:00PM - 10:00PM
HOURLY DRAWINGS**

**\$30,000
JACKPOT
Drawing**

**FRIDAYS
AUGUST 9, 16, 23 & 30
8:00PM
TOP PRIZE:
\$2,500 SLOT DOLLARS!**



**SUNDAYS
AUGUST 11, 18 & 25
12:00PM - 6:00PM
1ST PLACE:
\$2,500 SLOT DOLLARS!**

**\$50,000
CASH DRAWINGS**

**SATURDAYS
AUGUST 17 & 31
8:00PM - 11:00PM
TOP PRIZE: \$10K CASH!**

**\$98,000
BEACH BALL
BONUS
KIOSK GAME**

**MONDAYS & WEDNESDAYS
2:00PM - 8:00PM
TOP PRIZE:
\$500 SLOT DOLLARS**

Thank You

**TO OUR 2024
SPONSORS**

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Hudson, Jones, Jaywork & Fisher—
Laura D. Willis, Esq.
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Larson's Mower Shop
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BRONZE

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WHERE WINNERS PLAY!

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*In press. Must be 21 years of age. No one under the legal 21 limit for the casino unless noted. Harrington Raceway and Casino reserves the right to cancel or change any promotion or event without notice. See Players Club for more details. All games are controlled by the Delaware State Lottery. Play responsibly. If you or someone you know has a gambling problem, call the Delaware Gambling Help Line: 1-888-850-8883.

AUGUST MANNA MENU

Lunch is served at 12 Noon. Meals are provided by the Modern Maturity Center, Inc. MANNA Programs. **Suggested Donation \$6.00 for ages 60 and up; \$9.00 payment required for Under 60 years of age** - Menu Subject to Change Without Notice. **IN-PERSON LUNCH is 12:00 until 12:30.**

Did you know? With funding from the Division of Services for Aging and Adults with Physical Disabilities, senior nutrition programs (Congregate and Meals on Wheels) are designed to provide balanced meals and services not met by other meal providers. We help you to live independently longer.

NOTE:

Please be advised that food served here may contain these ingredients: Milk, Eggs, Wheat, Soybean, Peanuts, Tree Nuts, Fish, Shellfish and Seafood Base

			1	2
			Pepper Steak Over White Rice	Roast Turkey with Gravy
			Broccoli	Cranberry Sauce
			Wheat Bread	Herb Dressing
			Pudding	Chef's Blend Vegetables
			Milk	Roll
				Fruit
				Milk
5	6	7	8	9
Spaghetti with Meat Sauce	Chili Cheese Dog on Bun	Chicken Salad on Bun with Mayo	BIRTHDAY PARTY DAY	Chicken Pot Pie
Buttered Green Beans	Sidewinder fries	Coleslaw	Roast Beef with Gravy	Buttered Broccoli
Italian Bread	Mixed Fruit	Pudding	Mashed Potatoes	Wheat Bread
Fruit	Milk	Milk	Buttered Peas with Pearl Onions	Cookies
Milk			Dinner Roll	Milk
			Cake	
			Milk	
12	13	14	15	16
Sloppy Joe on Bun	Chicken Parmesan with Sauce	Boneless Pork Chops with Gravy	Fried Chicken	Baked Ziti with Meat Sauce
Baked Potato with Sour Cream	Linguine	Mashed Potatoes	Macaroni & Cheese	Succotash
Fruit	Buttered Spinach	Green Beans	Mixed Greens	Roll
Milk	Italian Bread	Roll	Corn Bread	Fruit
	Pudding	Yogurt	Mousse	Milk
	Milk	Milk	Milk	
19	20	21	22	23
Chicken Tetrazzini	Meat Loaf with Gravy	Taco Chili Salad	Open Faced Turkey Sandwich	Swedish Meatballs
Buttered Carrots	Mashed Potatoes	Sour Cream	Mashed Potatoes	Buttered Noodles
Applesauce	Spinach	Lettuce, Tomato, Salsa, Tortilla Chips	Buttered Peas	Buttered Peas & Carrots
Wheat Bread	Wheat Bread	Pudding	Roll	Wheat Bread
Milk	Cookies	Milk	Apple Crisp	Fruit
	Milk		Milk	Milk
26	27	28	29	30
Meatball Sub	Baked Chicken with Gravy	Chef Salad with Turkey/Cheese/Egg & Dressing	Liver & Onions with Gravy	Chili Dog on Bun
Sidewinder Fries	Sweet Potatoes	Roll	Mashed Potatoes	Potato Wedges
Corn	Mixed Vegetables	Pudding	Buttered Green Beans	Roll
Fruit	Roll	Milk	Roll	Fruit
Milk	Cookies		Fruit	Milk
	Milk		Milk	

CALENDAR OF ACTIVITIES

Monday	Tuesday	Wednesday
<p>5 9:30—Armchair Exercise— In-Person (DR) 10:15—Cardio Drumming Exercise Class (DR) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Mah Jongg (RM#5) 12:45—Mat Yoga (DR) 1:30—Chair Yoga (DR) 2:30—Tai Chi (DR) 6:00—Fitness Trainer (RM#5)</p>	<p>6 9:30—Senior Walking Program In-Person (DR) 9:30—Depart for Mall Walk 10:00—Various Board Games 10:30—Bridge (RM#5) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 1:00—Sit & Sew (RM#3) 1:00—Regular Bingo (DR) In-person & Zoom</p>	<p>7 9:30—Armchair Exercise—In-Person (DR) 10:15—WII Bowling (DR) 11:15—11:45 Grab N Go Lunch 11:30—Canasta (RM#5) 11:30—Blood Pressure Checks (DR) 12:00—Lunch Served (DR) 12:30—500 (DR) 3:45 - Depart for Dinner & Brecknock Park</p>
<p>12 9:30—Armchair Exercise— In-Person (DR) 10:15—Cardio Drumming Exercise Class (RM#5) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Mah Jongg (RM#5) 12:45—Mat Yoga (DR) 1:30—Chair Yoga (DR) 2:30—Tai Chi (DR) 6:00—Fitness Trainer (DR)</p>	<p>13 9:30—Senior Walking Program In-Person (DR) 10:00—Various Board Games 10:30—Bridge (RM#5) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 1:00—Sit & Sew (RM#3)</p>	<p>14 9:30—Armchair Exercise—In-Person (DR) 10:15—WII Bowling (DR) 11:15—11:45 Grab N Go Lunch 11:30—Canasta (RM#5) 12:00—Lunch Served (DR) 12:30—500 (DR)</p>
<p>19 9:30—Armchair Exercise— In-Person (DR) 10:15—Cardio Drumming Exercise Class (RM#5) 10:30—Depart for Fifers Market 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Mah Jongg (RM#5) 12:45—Mat Yoga (DR) 1:30—Chair Yoga (DR) 2:30—Tai Chi (DR) 6:00—Fitness Trainer (DR)</p>	<p>20 9:30—Senior Walking Program In-Person (DR) 10:00—Various Board Games 10:30—Bridge (RM#5) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 1:00—Sit & Sew (RM#3) 1:00—Members Meeting (DR) In-Person & Zoom 3:30—Depart for Nicola Pizza & Stango Park</p>	<p>21 9:30—Armchair Exercise—In-Person (DR) 10:15—WII Bowling (DR) 11:15—11:45 Grab N Go Lunch 11:30—Canasta (RM#5) 11:30—Blood Pressure Checks (DR) 12:00—Lunch Served (DR) 12:30—500 (DR)</p>
<p>26 9:30—Armchair Exercise— In-Person (DR) 10:15—Cardio Drumming Exercise Class (DR) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Mah Jongg (RM#5) 12:45—Mat Yoga (DR) 1:30—Chair Yoga (DR) 2:30—Tai Chi (DR) 6:00—Fitness Trainer (DR)</p>	<p>27 9:30—Senior Walking Program In-Person (DR) 10:00—Various Board Games 10:30—Bridge (RM#5) 10:30—Depart for Kalmar Farm Stand 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 1:00—Sit & Sew (RM#3) 1:00—3:00 —Bingocize (DR) - In-person Only</p>	<p>28 9:30—Armchair Exercise—In-Person (DR) 10:15—WII Bowling (DR) 11:15—11:45 Grab N Go Lunch 11:30—Canasta (RM#5) 12:00—Lunch Served (DR) 12:30—500 (DR)</p>

AUGUST 2024

Thursday	Friday	Saturday
<p>1 9:00—Trip Sign Up (RM#1) 9:30—Senior Walking Program In-Person (DR) 9:45—Fitness Trainer (DR) 10:30—Phase 10 (RM#5) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Pinochle (RM#5) 1:00—Cribbage (RM#3)</p>	<p>2 9:00—New Beginner Line Dancers (DR) 9:30—Beginner Line Dancers (DR) 10:00—Improver Line Dancers (DR) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 1:00— Computer Tech (RM#5)</p> <p style="text-align: center;">Stand by Me Individual Appointments must be scheduled. No Walk-ins</p>	<p>3</p>
<p>8 9:30— Senior Walking Program In-Person (DR) 9:45—Fitness Trainer (DR) 10:30—Phase 10 (RM#5) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) Birthday Party 12:30—Pinochle (RM#5) 1:00—Cribbage (RM#3) 6:00—Board Meeting (RM#5)</p> <p style="text-align: center;">BIRTHDAY PARTY</p>	<p>9 9:00—New Beginner Line Dancers (DR) 9:30—Beginner Line Dancers (DR) 10:00—Improver Line Dancers (DR) 10:00 to Noon Food Bank Stand by Me—Walk Ins Welcomed 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 5:00—Depart Felton Fire House Dinner & Ice Cream</p>	<p>10</p>
<p>15 9:30—Senior Walking Program In-Person (DR) 9:45—Fitness Trainer (DR) 10:30—Phase 10 (RM#5) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Pinochle (RM#5) 1:00—Cribbage (RM#3)</p>	<p>16 9:00—New Beginner Line Dancers (DR) 9:30—Beginner Line Dancers (DR) 10:00—Improver Line Dancers (DR) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR)</p>	<p>17</p>
<p>22 9:30—Senior Walking Program In-Person (DR) 9:45—Fitness Trainer (DR) 10:30—Phase 10 (RM#5) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Pinochle (RM#5) 1:00—Cribbage (RM#3)</p>	<p>23 9:00—New Beginner Line Dancers (DR) 9:30—Beginner Line Dancers (DR) 10:00—Improver Line Dancers (DR) 11:00—Depart for Surf & Turf 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 1:00—Computer Tech (RM#5)</p>	<p>24</p> <p>8:15 Depart for Heritage Day Parade</p> <p>8:30 until 3:30 Heritage Day Booth or Tours and performers inside our facility.</p>
<p>29 9:30—Senior Walking Program In-Person (DR) 9:45—Fitness Trainer (DR) 10:30—Phase 10 (RM#5) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Pinochle (RM#5) 1:00—Cribbage (RM#3) 1:00—Interest Meeting for Mackinac Island (DR)</p>	<p>30 9:00—New Beginner Line Dancers (DR) 9:30—Beginner Line Dancers (DR) 10:00—Improver Line Dancers (DR) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR)</p>	<p>31</p>



AUGUST 2024 BIRTHDAY WISHES

**August 2nd**

Sue Hickman
Brenda Welch
Reig Outten

August 4th

Clem Pascoe
Bertha Kennedy

August 5th

Thelma Gustafson

August 6th

Dickie Lander
Eleanor Lindenmeier

August 8th

Pat Martin
Betty Benson

August 9th

Marlene Jarrell

August 10th

Donna Calhoun
Elizabeth Wilson

August 11th

Fay Lisiecki
Elizabeth Coward

August 12th

Anna Farley

August 13th

Barbara Bryant
Jeff Robbins

August 14th

Bonnie Baughan

August 15th

Wesley Towers
Roseann Vidal-Margiotto

Marian Moore

August 16th

Kelly Virdin

August 17th

Mary Sadler
Lucy Mondazze

August 18th

Will Fox
Selena Fry
Raymond Hannum

Sheila Arnold

Ada Greenly

August 19th

Bill Bynum
Helen Hadley
John Hickey

August 20th

Lena Paskey
Mary Bookhultz

August 21st

Paula Fisher
Sandy Parker
April King

Barbara Andreae

August 22nd

Nelson Reed
Sylvia Arow
Elizabeth Layton

August 23rd

Laurie Casey
Barbara Testerman
LaMoyne Baker
Deborah Chaffinch
Carla Benson-Green
Joan Dau

Audrey Govatos

August 24th

Clarence Richardson

August 25th

Linda Bennett

August 26th

Tracey Parker

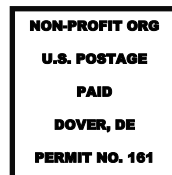
August 28th

Shelly Callaway
Ray Wright

August 29th

Robert Watkinson
Peggy Johnson

Harrington Senior Center
102 Fleming Street
Harrington DE 19952



Return Service Requested