



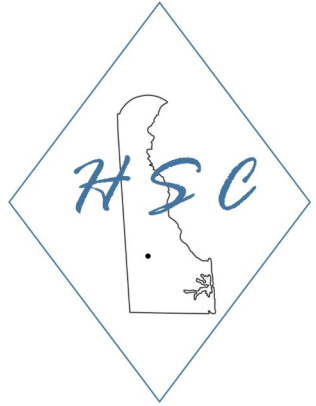
The Harrington Senior Center

Phone: (302)-398-4224
Fax: (302)-398-4421
Email: karen@harringtonseniorcenter.org
Website: harringtonseniorcenter.org

Facebook: Like Harrington Senior Center & Friend us at Harrington Senior

**HOURS: Monday–Thursday 8:30 AM- 4:00 PM
Friday 8:30 AM–2:00 PM**

**SEPTEMBER
2024
Volume 43,
No. 9**



The front desk closes 15 minutes prior to the Center closing time. Please handle all transactions by this time.

MESSAGE FROM THE EXECUTIVE DIRECTOR—KAREN CROUSE

“September is National Senior Center Month”

Theme Powering Connections

Welcome Fall! As the leaves begin to change, so will our home. It is our hope to move to our new remodeled, larger Center in September. We do not have a final date as of yet, but if all goes well, it should be soon. We have been truly blessed to have a home for close to 2 years. We ask that you be patient with us as we navigate moving back.

We are very lucky that so many new members have been joining us. As they come to join in our many activities, please welcome them and make them feel at home.

We have partnered with Lake Forest Central Elementary School for this school year and have many great activities planned where we can interact with students and families. This is a piece we have been missing out on in our Grant-In-Aid packet and we are excited to see this activity to start to help bridge the generational gap.

September is National Senior Center Month with the theme of Powering Connections. We will celebrate as we move through the month with a variety of activities. Come have fun with us as we promote our Center to our Community and make connections that will last a lifetime!



CENTER ACTIVITIES & TRIPS

NATIONAL SENIOR CENTER MONTH ACTIVITIES

ncof National Institute Of Senior Centers September 2024

National Senior Center Month
Powering Connections



How will you connect?

For the entire month of September, each day, that you come into the Center for activities you will be entered into a drawing for a chance to win the following:

1. A basket filled with goodies and gift cards valued at \$50.00.
2. Two drawings for baskets filled with goodies & gift cards valued at \$25.00 each.

* During the week of September 2nd, we will have snacks available each day as you come into the Center for activities.

- * On Tuesday, September 10th we will have donuts and milk available from 9:00 am until 10:00 am. **Please sign up by September 12th.**
- * On Wednesday, September 18th we will serve Pizza and an Ice Cream Cone for lunch. **Please sign up by Tuesday September 14th.**
- * Thursday, September 26th, is National Pancake Day. Come join us as we serve Pancakes for Breakfast starting at 8:30 am. **Please sign up by Wednesday, September 25th.**

All of the above activities are free of charge. Invite a friend who is not a member to come with you so they can see all the fun activities we offer and you will receive an extra raffle ticket. And, if they join that day, they will also receive an extra raffle ticket to enter the drawing. Winners will be announced in October Newsletter



Harrington Logistics



111 Reese Avenue
Harrington DE 19952

Is A Proud Sponsor of the
Harrington Senior Center

CENTER ACTIVITIES & TRIPS

STAND BY ME ONE ON ONE SESSIONS

Friday, September 6th

Sign Up Begins: Now— Call the Center to make your appointment.



ICE CREAM AT THE FELTON FIRE HOUSE

DATE: Friday, September 13th

DEPART AT: 5:00 pm

APPROXIMATE RETURN TIME: 7:00 pm

TRANSPORTATION: Center Bus

MEMBER COST: \$2.00

SIGN UP BEGINS: Thursday, September 5th

Note: They also have hamburgers, hotdogs and other food items available to purchase.



SEPTEMBER BIRTHDAY PARTY

DATE: Thursday, September 12th

TIME: 12:00 pm for In-Person

11:15 AM – 11:45 AM for Curbside Pick-Up

COST: \$6.00 suggested donation for age 60+ and \$9.00 required payment for under the age 60.

YOU WILL PAY AT THE DOOR

SIGN UP BEGINS: NOW

SIGN UP ENDS: Tuesday, September 10th at 1:00 pm

MENU: Roast Turkey with Gravy, Herb Stuffing, Buttered Peas with Pearl Onions, Dinner Roll, Cake, Ice Cream & Milk

Cake Sponsor: Jean Miller

Ice Cream Sponsors: Melvin Funeral Home, Charlotte Wyatt & Phyllis Masten



BLUE HEN

CONSTRUCTION

Hours of Operation:

8:00 AM—5:00 PM Monday—Friday

9:00 AM—4:00 PM—Saturday

Owned by Darrin & Laura Simpson

Address: 1 Dorman Street

Harrington DE 19952

Telephone Number: (302) 363-0343

CENTER ACTIVITIES

CRACKER BARREL DINE AROUND

19550 Coastal Highway
Rehoboth, DE 19973

DATE: Friday, September 20th

DEPART AT: 11:30am

APPROXIMATE RETURN TIME:

2:00pm

TRANSPORTATION: Center Bus

MEMBER COST: \$4.00

**SIGN UP BEGINS: Thursday,
September 5th**



DELAWARE ASSISTIVE TECHNOLOGY INITIATIVE PRESENTATION

Anthony Kokoszka MS, OTR/L, CAPS, CDP

Sr. Assistive Technology Manager

Delaware Assistive Technology Initiative

DATE: Monday, September 23rd

TIME: 10:00am

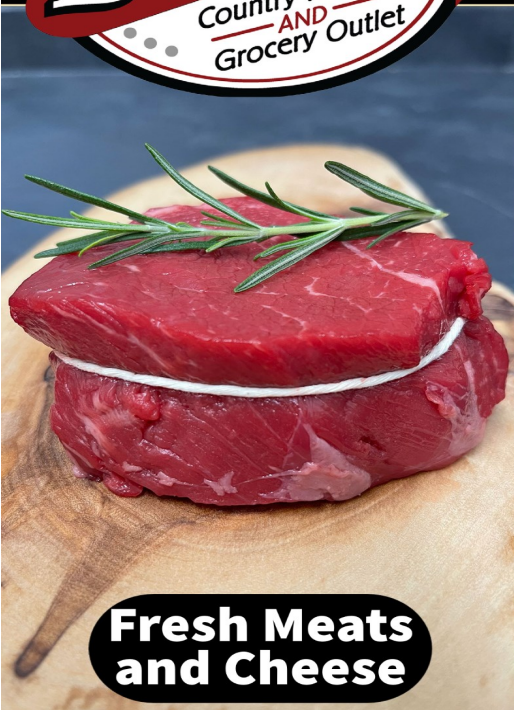
**SIGN UP BEGINS: Thursday,
September 5th**

Funded by the Administration on Community Living, the Delaware Assistive Technology Initiative (DATI) helps Delawareans find and try tools that support learning, communication, personal care, employment and leisure pursuits. DATI raises awareness of assistive technology (AT) through community events, such as health fairs and exhibits, and offers training to people with disabilities, families and professionals. DATI also operates several programs that help people acquire the tools they need.



Your Neighborhood

Country Market & Grocery Outlet



Fresh Meats and Cheese



Crafted Coffees & Lattes



**www.bylers.com
(302) 398-0398**



Daily Baked Bakery Goodies



Local Fresh Produce

CENTER ACTIVITIES & TRIPS



MALL WALK

**DATE: Tuesday,
September 24th**

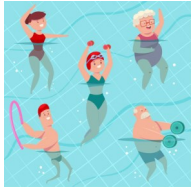
BUS DEPARTS: 9:30 am

RETURN TIME: Noon

**SIGN UP BEGINS: Thursday,
September 5th**

COST: \$2.00

Come and walk the Dover Mall and shop.



Lake Forest High School Pool

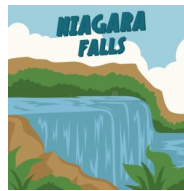
**Dates: Tuesday,
September 10th &
September 24th**

Thursday, October 3rd & October 17th

Tuesday, October 29th

Departure Time: 2:30 pm

Return Time: 4:30 pm



NIAGARA FALLS TRIP

**TRIP DATE: September 30th—
October 4th, 2024**

Please send us a copy of your passport or passport card if you have not done so or bring to the pre-trip meeting.

**MARK YOUR CALENDARS FOR OUR
PRE-TRIP MEETING**

**Thursday, September 19th at 1:00 pm in
the Dining Room**

**If you are unable to attend this meeting,
please arrange to come in and pick up your
items.**

**We will depart from Delaware State Fair
Grounds on September 30th**

**Arrive at the Fair at 7:30 am for a 8:00 am
Departure.**

**We will have snacks & water on both
busses for the entire trip.**

**COOK'S TIRE
& AUTO REPAIR
TIRE PROS**

**(302) 398-3751
12 CLARK STREET
HARRINGTON, DE 19952**



**HOURS OF OPERATION: Monday through Friday
8:00 am—5:00 pm**

**Commercial Tires, Passenger/LT Tires, Auto Repair,
Custom Wheels**



CENTER ACTIVITIES & TRIPS

HARRINGTON PUBLIC LIBRARY'S RIBBON CUTTING & GRAND OPENING

DATE: Monday, October 7th

DEPARTURE TIME: 9:30 AM

**APPROXIMATE RETURN TIME:
11:00 AM**

**SIGN UP BEGINS: Thursday,
September 5th**

Come celebrate the opening of the library and see all it has to offer. We have partnered with the library on several things so it will be great to support them.

**Last Day to Sign up is Friday,
September 20th as we have to notify
them how many are attending.**



NEEDLEWORK EXHIBITION & GROTTO PIZZA

**DATE: Tuesday,
October 8th**

**DEPARTURE TIME:
9:30am**

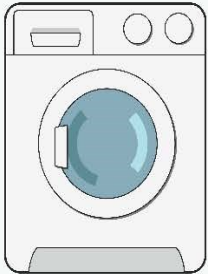
APPROXIMATE RETURN TIME: 3:00pm

TRANSPORTATION: Center Bus

MEMBER COST: \$4.00 plus lunch

**SIGN UP BEGINS: Thursday,
September 5th**

We will visit Rehoboth Beach Museum to see all the beautiful work of the participating stitchers. We will then make a stop at Grotto Pizza in Lewes for lunch.



NOW AT **DOWNTOWN JUNCTION** **QUICK & EASY DRY CLEANING**

OUR SERVICES

- ✓ Dry Cleaning
- ✓ Drop off and pickup points
- ✓ Wash & Fold



302-398-4678

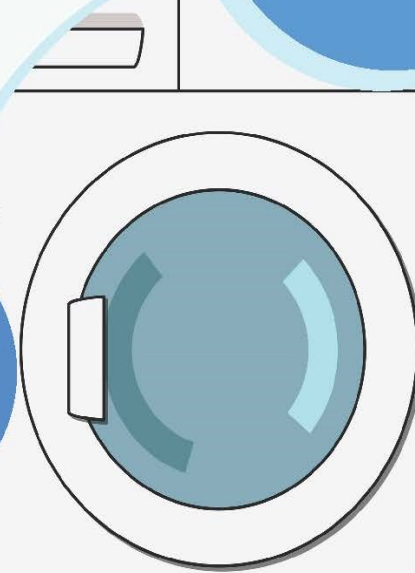


3 COMMERCE ST. HARRINGTON, DE

LOCATED AT DOWNTOWN JUNCTION
ACROSS FROM THE POST OFFICE!

**20% OFF
FOR NEW
CUSTOMERS**

**At home Pick-
up/Drop-off
coming soon!**



CENTER ACTIVITIES & TRIPS



BIRD-IN-HAND LUNCHEON AND SHOW IN LANCASTER, PA

DATE: Thursday, October 17th

DEPARTURE TIME: Approximately
9:00 am

APPROXIMATE RETURN TIME: 6:30
pm

TRANSPORTATION: COACH BUS

COST: \$150.00

Includes—Buffet Lunch, Show,
Transportation and Bus Driver Tip

Final payment due September 5th

**WE MUST SELL 10 MORE TICKETS
OR THIS TRIP WILL BE CANCELLED.
INVITE YOUR FRIENDS!**



MUSIC MOUNTAIN THEATRE IN NEW JERSEY

PRESENTS "WHITE CHRISTMAS"
LUNCH INCLUDED AT A FINE LOCAL
RESTAURANT BEFORE THE SHOW

DATE: SUNDAY, NOVEMBER 3rd

DEPARTURE TIME: TBA

APPROXIMATE RETURN TIME: TBA

SHOW TIME IS 3:00 PM

MEMBER COST \$ 160.00 NON-MEMBER
COST \$165.00

TRIP CANCELLATION PROTECTION IS
AVAILABLE FOR \$19.00

**SIGN UP NOW—FINAL PAYMENT DUE
SEPTEMBER 20TH**

WE NEED TO SELL 10 MORE TICKETS!



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18011 S DuPont Hwy
Harrington, DE 19952

CENTER ACTIVITIES & TRIPS



????????MYSTERY TRIP????????

**DATE: Tuesday,
December 3rd**

DEPART AT APPROXIMATELY: 7:00 am

APPROXIMATE RETURN TIME: 8:00pm

MEMBER COST: \$115.00

NON MEMBER COST : \$125.00

**SIGN UP BEGINS: Thursday,
September 5th**

You will take a charter bus to our destination. There will be shopping, sightseeing, or your can just sit back and take in the sights. You can do all 3 if you would like.

Lunch and Dinner will be on your own with a variety of choices.

You will need to dress for the outside weather. There will be a lot of walking, and it will consist of inside and outside venues and other fun activities.



SYMPATHY IS EXTENDED TO HSC MEMBERS AND THEIR FAMILIES

Randy & Sherri Larimore on the Death of Randy's mom.

Jeannie Wood, and Bonnie Shockley on the death of their mother and HSC member Bonnie Poynter

Joanne Young on the death of her sister.

Clarence & Christy Cole on the death of Clarence's mom.

**READERS, WRITERS
& BOOKS, OH MY!**



FRIENDS OF THE LIBRARY BOOK FEST

Regional Authors Children Activities Vendors Food
Mini Canvas Art Show Raffle Baskets Door Prizes



October 5, 2024, 10AM - 2PM

William R. Outten Complex, 114 E. Liberty St, Harrington DE
Receive free door prize ticket for every canned food item donated.

Once Upon a Wine...

Friday, October 4, 6-9PM + Attire/Dressy Casual

Harrington Public Library, 101 Little Masten's Corner Road, Harrington DE

Ticket Sales Start August 13

Advance: \$35/Person, \$70/Couple At the Door: \$40/Person, \$75/Couple



Author Readings - Wine Tasting - Grazing Board

All proceeds support the Harrington Public Library.



Sponsored By: Blue Hen Construction, Mad Clay Homes, LLC, Cook's Tires, Daily State News, American Finance



SERVICE OFFERED AT THE CENTER

MEMBER RATES

NOTARY—\$2.00 (Free to those in the Military or Retired Military)

FAX—\$0.25 per page

COPIES— \$0.25 per page

COLOR COPIES—\$0.50 per page

NON—MEMBER RATES

NOTARY—\$5.00 (Free to those in the Military or Retired Military)

FAX—\$0.50 per page

COPIES—\$0.50 per page

COLOR COPIES— \$0.75 per page

CENTER ACTIVITIES



CARDIO DRUMMING EXERCISE CLASS

DATE: Mondays

TIME: 10:15 AM

LOCATION: Dining Room

Come be a part of this fun exercise class. We will be drumming using exercise balls, a clothes basket and drumsticks! Sound interesting? We would love to see you join us as we drum to the beat of several songs. It will be a fun time and we will be seated while we are drumming. The class will last approximately 30 minutes.



YOGA

DATE: Every Monday

MAT YOGA TIME: 12:45 PM

CHAIR YOGA TIME: 1:30 PM

You do not need to sign up to attend.

Class instructed by Elena Paladino

Location: Dining Room



© Can Stock Photo

REGULAR BINGO

DATE: Thursday, September 5th

TIME: 1:00 pm

LOCATION: Dining Room and on ZOOM—Regular Bingo Only

Join us for a chance to win \$5.00 Gift Cards



MAH JONGG

DATE: Every Monday

TIME: 12:30 pm

LOCATION: Room #5



BLOOD PRESSURE CHECKS

DATES: SEPTEMBER 4TH & 18TH

TIME: 11:30 am LOCATION: Dining Room



BIBLE STUDY

Bible Study starts on September 10th and will be held weekly Tuesdays at 10:00 am. You will be studying the Book of Daniel. Rm #5



Bingo + Exercise = Bingocize®

BINGOCIZE

DATE: Thursday, September 26th

TIME: 1:00 pm —3:00 pm

Location: Dining Room

In-Person Only

Join us for a chance to win \$5.00 Gift Cards

CENTER ACTIVITIES

CRIBBAGE

Every Thursday at 1:00 PM

Dining Room or Room #3



TAI CHI WITH RAN

DATE: EVERY MONDAY

TIME: 2:30 PM—3:30 PM

LOCATION: Dining Room

The cost of the course is being covered by a grant so join us and a relaxing class



ARMCHAIR EXERCISE IN-PERSON

DATE: Every Monday and Wednesday

TIME: 9:30 AM LOCATION: Dining Room

Take part in our Armchair Exercise. The program takes about 30 minutes. All you need is a chair without arms, a set of weights (or 2 cans of vegetables), and a towel.



COMPUTER TECH SERVICES

Need help with your Smart Phone, Tablet, Laptop computer or software questions? This service is free to members with the exception of parts which you will need to pay for. You must be able to bring your device into the center.

DATES: Only Emergency tech services will be scheduled due to computer tech moving items to the new building.



SENIOR WALKING EXERCISE PROGRAM IN-PERSON

DATE: Every Tuesday & Thursday

TIME: 9:30 AM

LOCATION: Dining Room

We will be exercising by simply walking. We will walk one mile to start and we will mix in a few other steps to keep the pace lively.

The video we have been using is Leslie Sansone Beginning Walk found on Youtube.com.



DATE: Every Tuesday

TIME: 1:00 PM

LOCATION: Room #3

Come and bring your sewing or craft project to the Center to work on with a group of great people. We have some machines here or you may bring your own.

CENTER ACTIVITIES



MEMBERS MEETING IN-PERSON & ON ZOOM

DATE: Tuesday, September 17th

TIME: 1:00 pm

LOCATION: Dining Room

Come hear information on construction, finances, and other news about the Center.



LINE DANCING

DATE: Every Friday

TIME: 9:00 AM—New Beginner Dancers

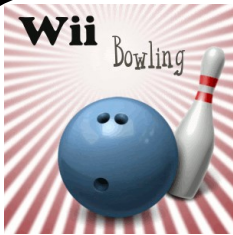
9:30 AM—Beginner Dancers

10:00 AM —Improver Dancers

This will give each level of dancer an hour of dancing. You are welcome to stay as long as you want for dancing.

LOCATION: Dining Room

Come join in the fun learning how to line dance. All levels of line dancers from beginners to the experienced are welcome to attend.



WII BOWLING

DATE: Every Wednesday

TIME: 10:15 AM

NOTE NEW START TIME

LOCATION: Dining Room

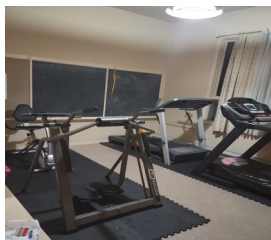
Come join in the fun of WII Bowling. You will bowl in teams of 4 people. Each group bowls two games.



PARKING

We know parking is tight at our temporary location. Please do not park between the orange cones by the church as we are using those spaces for the Meals on Wheels Drivers and truck from 9:00 am until approximately Noon. Please do not park in the area marked with orange cones as you enter the parking lot on the left as that is reserved for our bus and the Meals on Wheels van. For large bus trips, we will be meeting and parking at the Delaware State Fair in the handicap lot behind the Administration building. We will note bus location in each information trip block in the newsletter.

EXERCISE ROOM



The exercise room is open during normal center business hours. We have two treadmills, one exercise bike, and the walker. Use the equipment at your own risk. Feel free to open the curtains. We only ask that you close them when you are finished. The Exercise Room is located in Room #2. Sign up with the office for your workout time.



HARRINGTON LIONS CLUB—EYE GLASS COLLECTION BOX

Do you have glasses you no longer need? The Harrington Lions Club has placed a box here at the Center for you to drop off old glasses. Your donation helps support funding for children's eye glasses.

CENTER ACTIVITIES

CARD GAME DAY AND TIMES



TUESDAYS:

**10:30 AM Bridge—
Room #5 on 9/3
Dining Room Starting 9/10**



WEDNESDAYS

**11:30 AM Canasta—
Room #5**

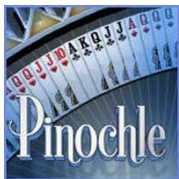


**WEDNESDAYS
12:30 PM 500—
Dining Room**



THURSDAYS:

**10:30 AM PHASE 10—
Room #5**



**12:30 PM Pinochle—
Room #5**

**COME JOIN IN THE FUN! ALL GROUPS ARE
WILLING TO TEACH YOU THEIR GAME!**

**Let's Have
Lunch
TOGETHER**

LUNCH IS SERVED AT NOON

COME IN FOR LUNCH

You no longer need to sign up for lunch on the clipboards. We do ask if you are in the building for programs and want to stay for lunch that you sign-up as you come in.

RESOURCE LISTS

The Center has gathered list of folks that assist with cleaning, being aides, yard work, drivers to appointments, and other needs. We are looking for folks that will do any of these services for seniors. Please let us know if you have anyone you can recommend we contact to see if they are interested in being placed on our list. If you would like a copy of this list, please call or email us.

Hendricks & Son Inc.

John W. & Nancy Jo Hendricks

Serving the Agricultural Community Since 1952

CENTER ACTIVITIES



*Ready to
provide
coverage for
home, auto,
business,
health, life,
annuities,
funeral
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insurance, and
more!*

INDEPENDENT and
LOCAL - We work
for YOU, not
insurance
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PERSONALIZED -
Dedicated to
getting you the
coverage right for
you.

TRUSTWORTHY -
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honesty, integrity,
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Suite 203
Harrington, DE



302-566-1356



badri@pramukhinsadvisor.com



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TOBACCO OUTLET**
2/B Liberty Plaza, Harrington, DE
(Next to Byler's) 302 398 4447



Largest selection of Liquor, coldest Beer, Wine and Tobacco Products in town.

Easy in and out Sports Lottery – Lottery – Keno – ATM

ONE STOP SHOP

It's the law: You must be 18 to purchase Delaware Lottery tickets and 21 to play Sports Lottery

CENTER GUIDELINES/NEWS/ACTIVITIES



BUS INFORMATION

We need our bus riders to help us maximize our bus by doing the following:

1. Call in and schedule the bus as soon as possible for daily pick-ups. We have marked off every morning and afternoon for bus pick up and drop off.
2. Please try to schedule all medical appointments between 10:00 am and 2:00 pm. Please call as soon as you schedule an appointment so we can accommodate your needs as well as our daily riders.
3. **You will receive a call by 3:00 pm the day before your ride with a pick up time.**



GRAB & GO LUNCHES

You may pick-up lunch any day from 11:15 AM until 11:45 AM for a donation of \$6.00 for anyone older than 60 and \$9.00 for those under the age of 60. You do not need to call ahead to register but you may if you wish or you may just stop in and pick up a meal. Grab & Go lunches are a function of the Meals on Wheels Program so their staff will be handling the meal pick up. Please let the HSC staff know if you have any issues with this new process. The Meals on Wheels office can be reached by calling 302-398-4860.

PICK UP TIME DAILY

11:15 AM—11:45 AM

BUS GUIDELINES



1. Bus guidelines will be given to all first time bus riders upon them being added to the list.
2. Bus guidelines will be posted on bulletin boards in the Center.
3. Title VI is displayed on bulletin boards in the Center, on our website, and on the bus.



MILES OF PENNIES

It takes 84,480 pennies to travel one mile. Let us see how far we can travel in 2024.

Donate your Pennies Today!

GUEST GUIDELINES



1. A guest may only participate in three daily activities per year without being a member.
2. Anyone may participate in trips and activities that list a non-member price.



LIBRARY & PUZZLES

You are welcome to come to the Center to check out library books and puzzles. They are located in Room #4.

CANDLE FUNDRAISER TO SUPPORT HARRINGTON SENIOR CENTER

Kent County Candles created this candle just for the Harrington Senior Center.

This beautiful blue jar is filled with the scent of Salted Carmel and Vanilla. The Jar has engraving on the front and comes with a cork lid.

PURCHASE PRICE— \$20.00

We have candles in stock and also are taking orders.

Stop by the Harrington Senior Center to purchase your candle or place your order.



PARTNERING WITH LAKE FOREST CENTRAL ELEMENTARY SCHOOL

We will be trying something new this year and that is working with students and staff at Central Elementary.

Pen Pals—Looking for 50 members to become Pen Pals with students. You will write encouraging letters to them monthly and we will have a breakfast reveal party on April 29th at 8:45 am

Book Fair Help—October 15th from 5:30 pm—7:30 pm (need 6 to 8 people)

Book Fair Help—March 18th from 5:30—7:30 pm need (6 to 8 people)

Sign up with Dana anytime for the above.

Save the Dates

December 12th—Chorus will perform at 1:00 pm

May 29th Chorus will perform at 1:00 pm followed by an Ice Cream Social with the chorus.

Business Hours: Everyday

6:00 am—10:00 pm

Dine in or Take Out

Delivery Hours:

Monday-Thursday

9:00 am—9:00 pm

Friday—Sunday

9:00 am—10:00 pm

17064 S. Dupont Highway, Harrington DE 19952

302-786-2766

Rudy's
FAMILY RESTAURANT
& PIZZERIA



CENTER ACTIVITIES

Buy your shopping pass now. We will take the bus to Boscov's that day free of charge. Sign up will be in October.

HARRINGTON SENIOR CENTER
(Non-Profit Organization)



Boscov's
FRIENDS
HELPING
FRIENDS IN-STORE & ONLINE

ONE DAY ONLY - TUESDAY, OCTOBER 22, 2024
SHOP 8AM - 11PM

DONATE \$5 AND ENJOY:

- **25% OFF** DISCOUNT SHOPPING PASS*
- **REGISTER TO WIN A \$100 BOSCOV'S GIFT CARD**
One Winner at every Boscov's store

100% OF YOUR DONATION GOES TO OUR ORGANIZATION
For Shopping Passes or information, contact:
302-398-4224 or visiting the Center at **190 Raughley Hill Road**

For more details visit boscovs.com/friendshelpingfriends
*Exclusions Apply

Want to be a part of the future of transit in Delaware?



Take our survey



MOBILITY IN MOTION 2024

You could win a \$50 gift card!

Learn more at www.MobilityDE.org



Please take this survey by using the QR box or go to the website or stop at the Center and pick up a paper copy to fill out and we will mail it in for you. We rely on DART for

SAVE THE DATE

Sight & Sound in Lancaster PA

“NOAH”

We will have reserved seating and an Amish Lunch at a local restaurant.

Estimated Price will be \$220.00 per person for a member and \$225.00 for non-members.

Price includes, show ticket, lunch, bus, and all tips.

TICKETS WILL GO ON SALE IN JANUARY 2025

CENTER ACTIVITIES



MACKINAC ISLAND

**TRIP DATES:
August 29th—
September 6,
2025**

Come join us on a
9 Day adventure

to Chicago, Millennium Park, Frederik Meijer
Gardens & Sculpturer Park, Mackinac Island,
Grand Hotel, Frankenmuth, Henry Ford
Museum & Greenfield Village.

8 Breakfast & 4 Dinners are included

TENTITIVE ITINERARY AT A GLANCE

Days 1 & 2 Hyatt Regency Chicago Illinois

Day 3 Canopy by Hilton Grand Rapids
Downtown, Grand Rapid Michigan

Days 4 & 5 Grand Hotel, Mackinac Island MI

Day 6 Double Tree by Hilton Hotel Bay City—
Riverfront, Bay City MI

Day 7 & 8 Westin Hotel Southfield Detroit,
Southfield MI

Cost: \$3,999.00 Each Double Occupancy

\$4,999 Each Single Occupancy

Trip Insurance is \$429.00

We have Flyers available at the Center

STOP BY THE CENTER AND SIGN UP!

INVITE FRIENDS AND FAMILY!



BOARD GAME TIME

Every Tuesday at 10:00 AM

LOCATION: Dining Room

Come have fun playing a
variety of board games. We
have ordered a variety of
board games to be played by
members. If we do not have a
game you like, please let us
know. Once we move back to
the Center, board games will
be available everyday.



FITNESS CLASSES

**CONNER
CALLAWAY
Fitness
Trainer**

**Every Monday 6:00 pm—
7:00 pm**

**Every Thursday 9:45 am—
10:30 am**

Come enjoy working
out with Conner on
exercises designed for
Seniors.

**NOTE: No classes will
be held on days the
Center is Closed**

CENTER NEWS



PRIMARY VOTING IN DELAWARE

**WHEN: Tuesday,
September 10th**

**TIME: Polls are open
7:00 am—8:00 pm**

**If you need help finding your voting
location stop and see us.**

We encourage everyone to vote!

Staff will not recommend candidates



**New
Members—**
Remember to
use your
coupon for a
free lunch on

us. We look forward to you joining us
on a day of your choice. Please bring
your coupon in to redeem your lunch.
You may also use your coupon for
curbside as well.

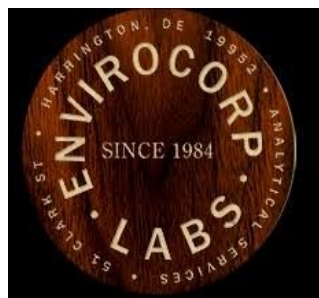
FOOD PANTRY AT THE CENTER

Please stop by the Center and pick up
food supplies. We will be partnering
with the Food Bank to help us get in
more food items for you as well as
continuing to work with our community
partners that have food drives for us.



EMAILS and FACEBOOK

If we have your
email address,
you should be receiving emails from
the Center almost daily. If you are
not, please check your junk or spam
mail. We also post on Facebook so
please like our Harrington Senior
Center Facebook page to follow us.



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Hours: Monday—Friday

8:00 AM —5:00 PM

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Glenn Larson
Owner **302-786-2038** Larsonmowershop.com

Pick-Up Available

CENTER NEWS

JULY PHASE 10 SCORES

- 1st Watha Hostetler 105
- 2nd Heidi Seeley 155
- 3rd Darlene Marvel Cole 220
- 4th Eula Hoover 225
- 5th Jan Mitchell 235
- 6th Beverly Hollinger 275
- 7th Connie Cooper 285
- 8th Pat Shufelt 330
- 9th Baldy Sadler 340
- 10th Barlynn Boone 375
- 11th Ginny Brooks 445
- 12th Evelyn 530



YOUR RIGHTS UNDER TITLE VI

Harrington Senior Center operates its programs and services without regard to race, color, or national origin in accordance with Title VI of the 1964 Civil Rights Act. Any person who believes that she or he has been aggrieved by any unlawful discriminatory practice under Title VI may file a complaint with our agency.

Any such complaint must be in writing and filed with this agency within 180 days following the date of the alleged discriminatory occurrence. For information on our nondiscrimination obligations or how to file a complaint, please contact Harrington Senior Center by any of the methods listed below.

Harrington Senior Center
102 Fleming Street
Harrington DE 19952
Phone – 302-398-4224



Laura D. Willis, Esq.
HUDSON, JONES, JAYWORK
& FISHER, LLC

225 South State Street
Dover De 19901
(302) 734-7401

lwillis@delawarelaw.com

Practice areas include estate planning and business counseling.

REDNER'S RECEIPTS



When turning in your Redner's receipts, please do not cut off the bottom. We must have the part that reads "Today's 1% Save-A-Tape Total" with the date and dollar amount. All receipts must be within the last three years to count.

THANK YOU!

CENTER GUIDELINES

TRIP/ACTIVITY INFORMATION

1. We will begin boarding all trips approximately 15 minutes prior to the departure time. We board in the order in which you signed up for the trip.
3. All trips/activities must be paid for prior to the date of the trip/activity unless you are moved from the waiting list the day before. Should this occur you must pay before boarding the bus or participating in the activity.
4. **Refunds will only be issued if:**
 - A. We cancel the trip/activity
 - B. We are able to sell your seat
5. Everyone participating on a trip/activity must only need minimal assistance in transferring to seats, etc. Should you have an aide, they may sign up with you at the member price.



IT IS IMPORTANT TO SIGN UP

Signing up for events, activities, and trips is very important.

Please make sure you are signing up by the deadlines. This is important so we have room and items needed for the event. We also do not want to over order. Please look at the information for sign up dates and end dates. If you have questions, please contact us.

TRIP/ACTIVITY SIGN

**Thursday,
September 5th**



Doors open at 8:30 to pick up your number.

1. When you arrive please come in and take a number for only yourself and wait in the dining room to be called.
2. You may purchase tickets for yourself and one other member or guest as long as you have the money for all tickets.
3. You cannot sign up prior to the date listed in the newsletter under each event.
4. Credit/Debit cards are now accepted for all trips, activities, and dues.
5. One check is accepted for all trips and activities you are paying for.



PICTURES IN THE NEWSLETTER, FACEBOOK & OUR WEBSITE

We take pictures at every event, on every trip, and just around the Center. We use these photos in various ways. If you do not want your picture used, please make sure you do not get in the picture. If your picture is taken, please notify the person taking it to delete it so it is not used. Thank you for helping us with publishing our photos to help showcase our Center.

CENTER NEWS



CAPITAL CAMPAIGN GOAL



Our Capital Campaign is well under way. Some may say why do you still need money? You received money from the State and County and others have already donated money to the Capital Campaign Goal. The answer is easy.

1. We are going to have some cost overruns due to pricing and changes that have had to be made that were unexpected.
2. We need to make sure we have funds to purchase all of the furniture and items needed in a new building.
3. Our operating cost will be higher and we need to make sure we have funds to cover those expenses until we find other monies to cover these costs in the future.
4. The campaign recognition we are planning will be a way for members or others to remember or honor someone as a memorial. The recognition program will be on going as a way to continue to make donations in the future.
5. We will be contacting anyone that has already made a donation to the Capital Campaign to see the wording you want used.



MAKE A CAPITAL CAMPAIGN CONTRIBUTION TODAY!!



Monday-Friday

7:30 AM to 5:00 PM

Saturday

7:30 am until Noon

325 Walt Messick Road

Harrington DE 19952

302-398-3729

*Thomas E. Melvin
& Son Funeral Home, Inc.*



15522 S. DuPont Hwy.
Harrington, DE

(302) 398-3884

www.melvinfuneralhome.com

CENTER NEWS



CONGRATULATIONS TO OUR JULY BINGO WINNERS

Sally Nehra, Darlene Marvel Cole,
Jean Miller, Elfreida Bamford, Ginny
Brooks, Debra Simms, Keith Alysse,
and Ella Korell,

Come join in the fun and a chance to win \$5.00 gift cards!



TIME TO GET YOUR FLU SHOT

DATE: Monday, September 16th

TIME: 9:00 am until 11:30 am

Please bring a copy of your insurance cards.

SIGN UP BEGINS NOW

Hometown Drugs

Keeping you healthy & happy

Phone: 302-450-1970

Address: 16819, S. Dupont Hwy, Harrington, DE 19952

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- Immunizations
- Accepting All Insurance
- Drive-Through Pharmacy
- Health Screening
- Over-the-counter Medicines

CENTER NEWS/SPONSORS/ACTIVITIES



JULY WII SCORES—

The scores below are the total for the month.

- 1st—Don Cooley 247
- 2nd—Keith Ayasse 205
- 3rd—Jan Mitchell 203
- 4th—Jeff Purse 200
- 5th—Craig Brodeur 196
- 6th—Beverly Hollinger 194
- 7th—Ginny Brooks 188
- 8th—Eula Hoover 164
- 9th—Debra Simms 143
- 10th—Jackie Krech 128
- 11th—Luke Picone 92



JULY 500 CARD SCORES

July 1st—Winner was Joyce Herrington with 4040; Second was Connie Raymond with 3700; Third was Harold Brode with 3670.

July 10th— Winner was Dale Trammell with 3220; Second was Connie Raymond with 2490; Third was Nelson Reed with 2340.

July 17th—Winner was Joe Frederick with 3990; Second was Dale Trammell with 3710; Third was Terry Trammell with 3190.

July 31st—Winner was Connie Raymond with 2740; Second was Joyce Herrington with 2500; Third was Tom Brown with 2430.

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Harrington DE 19952

Hours:

Tuesday—Saturday

8:00 AM—3:30 PM

Web Address: [https://
www.happytailsde.com](https://www.happytailsde.com)

SPONSORS

FALL *Into* FORTUNE

\$20,000 CASH DRAWING

**SUNDAYS
SEPTEMBER
1, 8, 15 & 22**

HOURLY DRAWINGS:
4:00PM - 6:00PM

\$40,000 Fall into Winnings SLOT TOURNAMENT

**MONDAYS
SEPTEMBER
2, 9, 16 & 23**

3:00PM - 7:00PM

1st PRIZE: \$2,500 CASH!

2X SLOT DOLLARS

**TUESDAYS
IN SEPTEMBER**

1:00PM - 9:00PM

\$70,000 It's Finally Friday DRAWING

**FRIDAYS
IN SEPTEMBER**

HOURLY DRAWINGS:
8:00PM - 11:00PM

\$125,000 IT'S TIME TO CELEBRATE Drawing

**SATURDAYS
IN SEPTEMBER**

HOURLY DRAWINGS:
7:00PM - 11:00PM



1-888-887-5687 | HARRINGTONRACEWAY.COM |

*Incess: Must be 21 years of age. No one under the age of 21 can enter the casino unless noted. Harrington Raceway and Casino reserves the right to cancel or change any promotion or event without notice. See Players Club for more details. All games are controlled by the Delaware State Lottery. Play responsibly. If you or someone you know has a gambling problem, call the Delaware Gambling Help Line: 1-800-450-3888.

WHERE WINNERS PLAY!



**TO OUR 2024
SPONSORS**

PLATINUM

- Blue Hen Construction
- Byler's Store
- Chick Harness & Supply Inc.
- Cooks Tire & Auto Repair Service
- Downtown Junction
- Harrington Logistics
- Harrington Raceway & Casino
- Hendricks & Son Inc.
- Hometown Drugs
- Insurance & Financial Foundation LLC
- MidTown Liquor
- Rudy's Restaurant

GOLD

- Collins Mechanical
- Hudson, Jones, Jaywork & Fisher—
Laura D. Willis, Esq.
- Thomas E. Melvin & Son Funeral Home

SILVER

- Envirocorp Inc.
- Happy Tails Dog Grooming
- Larson's Mower Shop
- Taylor & Messick

BRONZE

IN-KIND SPONSORS

- Harrington Sunshine 4-H Club
- Delaware State Fair
- Ivins Florist
- Harrington Lions Club
- NeighborGood Partners
- Harrington Fire Company Auxiliary
- Home Instead Senior Care

SEPTEMBER MANNA MENU

Lunch is served at 12 Noon. Meals are provided by the Modern Maturity Center, Inc. MANNA Programs. **Suggested Donation \$6.00 for ages 60 and up; \$9.00 payment required for Under 60 years of age** - Menu Subject to Change Without Notice. **IN-PERSON LUNCH is 12:00 until 12:30.**

2
Center is Closed for
Labor Day Holiday



9
Salisbury Steak with Gravy
Mashed Potatoes
Seasoned Green Beans
Fruit
Wheat Bread
Milk

16
Baked Ziti with Meat Sauce
Buttered Broccoli
Wheat Bread
Pudding
Milk

23
Meatball Sub
Potato Wedges
Peas & Carrots
Yogurt
Milk

30
Chicken Pot Pie
Buttered Broccoli
Applesauce
Wheat Bread
Milk

3
Meatloaf with Gravy
Wild Rice
Baby Carrots
Wheat Bread
Cookies
Milk

10
Low Sodium Ham with
Mustard Sauce
Red Roasted Potatoes
Seasoned Cabbage
Wheat Bread
Cookies
Milk

17
Chicken Marsala
Wild Rice
Chef's Blend
Wheat Bread
Apricots
Milk

24
Spanish Chicken with
Mango Salsa
Rice & Red Beans
Zucchini & Red Peppers
Wheat Bread
Peach Cobbler
Milk

4
Beef Stroganoff
Egg Noodles
Vegetable Blend
Wheat Bread
Pudding
Milk

11
Minestrone Soup
Chicken Salad on Bun
Lettuce & Tomato
Coleslaw
Fruit
Milk

18
Seafood Salad
Lettuce & Tomato
Macaroni Salad
Roll
Milk

25
Lasagna with Meat
Sauce
Italian Mixed
Vegetables
Italian Bread
Tropical Fruit
Milk

5
Fried Chicken
Macaroni & Cheese
Collard Greens
Corn Bread
Bread Pudding
Milk

12
BIRTHDAY PARTY
Roast Turkey with
Gravy
Herb Stuffing
Buttered Peas with
Pearl Onions
Dinner Roll
Cake
Milk

19
Fried Fish
Au Gratin Potatoes
Stewed Tomatoes
Dinner Roll
Sherbet
Milk

26
Liver & Onions with
Gravy
Mashed Potatoes
Buttered Green Beans
Roll
Pudding
Milk

Did you know? With funding from the Division of Services for Aging and Adults with Physical Disabilities, senior nutrition programs (Congregate and Meals on Wheels) are designed to provide balanced meals and services not met by other meal providers. We help you to live independently longer.

6
Spaghetti with Meatballs
Mixed Vegetables
Applesauce
Italian Bread
Milk

13
Swedish Meatballs
Egg Noodles
Buttered Spinach
Wheat Bread
Fruit
Milk

20
Baked Chicken with Gravy
Mashed Potatoes
Mixed Vegetables
Applesauce
Wheat Bread
Milk

27
Jumbo Beef Hot Dog on Bun
Onions/Relish/Ketchup/
Mustard
Baked Beans
Coleslaw
Cookies
Milk

NOTE:
Please be advised that food served here may contain these ingredients: Milk, Eggs, Wheat, Soybean, Peanuts, Tree Nuts, Fish, Shellfish and Seafood Base

CALENDAR OF ACTIVITIES

Monday	Tuesday	Wednesday
<p>2</p> <p style="text-align: center;">CENTER IS CLOSED FOR LABOR DAY HOLIDAY</p> <div style="text-align: center;">  </div>	<p>3 9:30—Senior Walking Program In-Person (DR) 10:00—Various Board Games (DR) 10:30—Bridge (RM#5) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 1:00—Sit & Sew (RM#3)</p> <p style="text-align: center;">SNACKS AVAILABLE</p>	<p>4 9:30—Armchair Exercise—In-Person (DR) 10:15—WII Bowling (DR) 11:15—11:45 Grab N Go Lunch 11:30—Canasta (RM#5) 11:30—Blood Pressure Checks (DR) 12:00—Lunch Served (DR) 12:30—500 (DR)</p> <p style="text-align: center;">SNACKS AVAILABLE</p>
<p>9 9:30—Armchair Exercise— In-Person (DR) 10:15—Cardio Drumming Exercise Class (DR) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Mah Jongg (RM#5) 12:45—Mat Yoga (DR) 1:30—Chair Yoga (DR) 2:30—Tai Chi (DR) 6:00—Fitness Trainer (RM#5)</p>	<p>10 9:00—10:00 Donuts & Milk 9:30—Senior Walking Program In-Person (DR) 10:00—Various Board Games (DR) 10:00—Bible Study (RM#5) 10:30—Bridge (DR) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 1:00—Sit & Sew (RM#3) 2:30—Depart for LFHS Pool</p> <p style="text-align: center;">Primary Voting 7:00 am til 8:00 pm</p>	<p>11 9:30—Armchair Exercise—In-Person (DR) 10:15—WII Bowling (DR) 11:15—11:45 Grab N Go Lunch 11:30—Canasta (RM#5) 12:00—Lunch Served (DR) 12:30—500 (DR)</p> <div style="text-align: right;">  </div>
<p>16 9:00—11:30 Flu Shots (DR) No Arm Chair or Cardio Drumming 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Mah Jongg (RM#5) 12:45—Mat Yoga (DR) 1:30—Chair Yoga (DR) 2:30—Tai Chi (DR) 6:00—Fitness Trainer (DR)</p>	<p>17 9:30—Senior Walking Program In-Person (DR) 10:00—Various Board Games (DR) 10:00—Bible Study (RM#5) 10:30—Bridge (DR) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 1:00—Sit & Sew (RM#3) 1:00—Members Meeting (DR) In-Person & Zoom</p>	<p>18 9:30—Armchair Exercise—In-Person (DR) 10:15—WII Bowling (DR) 11:15—11:45 Grab N Go Lunch 11:30—Canasta (RM#5) 11:30—Blood Pressure Checks (DR) 12:00—Lunch Served (DR) Pizza & Ice Cream Cone Party 12:30—500 (DR)</p>
<p>23 9:30—Armchair Exercise— In-Person (DR) 10:00—Delaware Assistive Technology Initiative Presentation (RM#5) 10:15—Cardio Drumming Exercise Class (DR) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Mah Jongg (RM#5) 12:45—Mat Yoga (DR) 1:30—Chair Yoga (DR) 2:30—Tai Chi (DR) 6:00—Fitness Trainer (DR)</p>	<p>24 9:30—Senior Walking Program In-Person (DR) 9:30—Depart for Mall Walk 10:00—Various Board Games (DR) 10:00—Bible Study (RM#5) 10:30—Bridge (DR) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 1:00—Sit & Sew (RM#3) 2:30—Depart for LFHS Pool</p>	<p>25 9:30—Armchair Exercise—In-Person (DR) 10:15—WII Bowling (DR) 11:15—11:45 Grab N Go Lunch 11:30—Canasta (RM#5) 12:00—Lunch Served (DR) 12:30—500 (DR)</p>
<p>30 9:30—Armchair Exercise— In-Person (DR) 10:15—Cardio Drumming Exercise Class (DR) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Mah Jongg (RM#5) 12:45—Mat Yoga (DR) 1:30—Chair Yoga (DR) 2:30—Tai Chi (DR) 6:00—Fitness Trainer (DR)</p>	<p>September 30th Depart for Niagara Falls at 8:00 AM From Delaware State Fair Ground Handicap Parking Lot behind Administration Building</p>	

SEPTEMBER 2024

Thursday	Friday	Saturday
<p>5 9:00—Trip Sign Up (RM#1) 9:30—Senior Walking Program In-Person (DR) 9:45—Fitness Trainer (DR) 10:30—Phase 10 (RM#5) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Pinochle (RM#5) 1:00—Cribbage (RM#3) 1:00— Regular Bingo In-person & Zoom SNACKS AVAILABLE</p>	<p>6 9:00—New Beginner Line Dancers (DR) 9:30—Beginner Line Dancers (DR) 10:00—Improver Line Dancers (DR) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR)</p> <p style="text-align: center;">Stand by Me - Individual Appointments must be scheduled. No Walk-ins</p> <p style="text-align: center;">SNACKS AVAILABLE</p>	<p>7</p>
<p>12 9:30— Senior Walking Program In-Person (DR) 9:45—Fitness Trainer (DR) 10:30—Phase 10 (RM#5) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Pinochle (RM#5) 1:00—Cribbage (RM#3) 6:00—Board Meeting (RM#5)</p> <p style="text-align: center;">BIRTHDAY PARTY</p>	<p>13 9:00—New Beginner Line Dancers (DR) 9:30—Beginner Line Dancers (DR) 10:00—Improver Line Dancers (DR) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 5:00—Depart for Felton Fire House Dinner & Ice Cream</p>	<p>14</p>
<p>19 9:30—Senior Walking Program In-Person (DR) 9:45—Fitness Trainer (DR) 10:30—Phase 10 (RM#5) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Pinochle (RM#5) 1:00—Cribbage (RM#3) 1:00—Niagara Falls Pre Trip Meeting</p>	<p>20 9:00—New Beginner Line Dancers (DR) 9:30—Beginner Line Dancers (DR) 10:00—Improver Line Dancers (DR) 11:15—11:45 Grab N Go Lunch 11:30—Depart for Cracker Barrel Dine Around 12:00—Lunch Served (DR)</p>	<p>21</p>
<p>26 8:30—Pancake Breakfast 9:30—Senior Walking Program In-Person (DR) 9:45—Fitness Trainer (DR) 10:30—Phase 10 (RM#5) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Pinochle (RM#5) 1:00—Cribbage (RM#3) 1:00—3:00 Bingocize (DR)</p>	<p>27 9:00—New Beginner Line Dancers (DR) 9:30—Beginner Line Dancers (DR) 10:00—Improver Line Dancers (DR) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR)</p>	<p>28</p>
<div style="display: flex; align-items: center;">  <div> <p>Gayle at the Pig Kissing Contest at the Fair.</p> </div> </div>	<p style="text-align: center;">October 4th Return from Niagara Falls Trip at Approximately 10:00 pm</p>	



SEPTEMBER 2024 BIRTHDAY WISHES

**September 1st**

Tim Young

September 2nd

Jean Callaway

JoAnn Laskiewicz-Smith

September 3rd

Susan Adams

September 4th

Juanita Farrington

September 6th

John Morris

Allen Jerread

Louise Hudson

Elfriede Bamford

September 7th

Betty Havelow

September 8th

Bob Tjaden

Jean Wothers

Bill Chandler

September 9th

Sherry Spikes

Alyce Cooper

Louise Hopkins

September 11th

Mae Bates

Tony Barton

September 12th

Christine Walsh

Evelyn Collins

Sharon Ivory

September 13th

Jerry Sapp

Thelma Legates

Edward Purcell

September 14th

Michelle Baltrusch

September 15th

Marilyn Buchanan

September 16th

Richard Patton

September 17th

Tina Herring

Lynn Myers

Donna Carter

September 18th

Jo Purcell

September 19th

Lilly Amodeo

Eddie Dennis

Gina Kaufmann

Joan Peterson

September 21st

Lynn Outten

Patricia Mendes

Sandra Phillips

Lynn Thompson

Jean Mumford

Cindy Coverdale

September 22nd

Reggie Maguire

September 23rd

Irene Layton

Franklin Smith

Grace Jester

Debbie Burrell

September 24th

Brenda Alexander

Eleanor Swink

Bonnie Brown

Vicki Cannon

Bruce Peck

September 26th

Lucky Yoo

September 27th

Francis Hale

Joan Botkin

September 28th

Debra Cain

David Buchanan

September 29th

Debra Simms

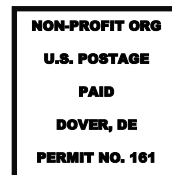
Charlene Norman

September 30th

Donna Butler

Marsee Morris

Harrington Senior Center
 102 Fleming Street
 Harrington DE 19952



Return Service Requested