The Harrington Senior Center Phone: (302)-398-4224 Fax: (302)-398-4421 Email: karen@harringtonseniorcenter.org Website: harringtonseniorcenter.org

Facebook: Like Harrington Senior Center & Friend us at Harrington Senior

HOURS: Monday—Thursday 8:30 AM- 4:00 PM Friday 8:30 AM—2:00 PM

DECEMBER 2024 Volume 43, No. 12

> The front desk closes 15 minutes prior to the Center closing time. Please handle all transactions by this time.

MESSAGE FROM THE EXECUTIVE DIRECTOR-KAREN CROUSE

What a day, Friday, November 15, 2024 was! We had an awesome turnout for our ribbon cutting ceremony. Thank you to everyone that attended and help make this a special day for members, staff and community.

We have only been in the building a few weeks and everything is not totally done. We are getting a price quote for sound boards to help with the echoing in all of the rooms. We are all excited to be home however it will take a few months for everything to get placed and set up. We are currently reviewing applications for a custodian so in the meantime please help us by cleaning up all spills and trash, and if you need help, please ask so we can help you.

Members Meetings—We ask that you attend the members meetings so you can let us know what programs/activities you would like to see, trips you would like to take, ask questions regarding the new building and things you see you would like discussed. We can not fix what we do not know so talking about it to others does not get the message to the staff. Our plan for the meetings is to listen and then the staff will discuss and report back to you as to why or why not we did or did not make a change.

The Staff and Board would like to wish you a Merry Christmas, Happy Hannukah, Happy Kwanza, and the best in however you celebrate the holidays!

2025 will be an exciting year at the Center so please invite your friends to join and lets have fun and grow together!

VICTORIAN CHRISTMAS CAPE MAY, NEW JERSEY

DATE: Tuesday, December 3rd

DEPARTURE TIME: 9:00 am

BUS LOADS at 8:45 am

From Delaware State Fair Parking Lot

APPROXIMATE RETURN TIME: 8:30pm

TRANSPORTATION: Motor Coach

Includes all entrance fees and bus driver tip.

Visit Winter Wonderland at Congress Hall.

Holiday Lights Trolley Ride.

Shopping and eating on Washington St. Mall decked out for the holidays.

Lunch and dinner are on your own.

Bring a blanket for the trolley ride if it is chilly.



DECORATING AT THE CENTER

> DATE: Wednesday, December 4th

TIME: 12:30 pm

Come help us decorate the Center for the holidays.

Hot Chocolate & Cookies will be served.



MMC DINNER THEATRE PRESENTS: HOLIDAY BLOCK PARTY

DATE: Wednesday, December 4th DEPARTURE TIME: 5:00 pm Dinner at 6:00 pm Show at 7:00 pm

TRANSPORTATION: Center Bus

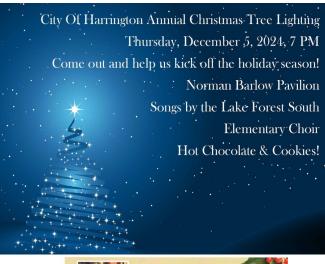
FOR THOSE DRIVING, PICK UP YOUR TICKETS BEFORE NOON ON DECEMBER 4th.



ton Logistics

111 Reese Avenue Harrington DE 19952

Is A Proud Sponsor of the Harrington Senior Center







HARRINGTON CHRISTMAS PARADE

"A Farmer's Christmas"

DATE: Friday, December 6th

DEPARTURE TIME: Bus Departs the Center at 6:15 pm

(Parade starts at 7:00 pm)

TRANSPORTATION: Center Bus

APPROXIMATE RETURN TIME: 7:45 pm

> RAIN DATE: Tuesday, December 10th

SIGN UP BEGINS: Thursday, December 5th

Come join in the fun and ride the bus in the parade.



Hours of Operation: 8:00 AM-5:00 PM Monday-Friday 9:00 AM-4:00 PM-Saturday Owned by Darrin & Laura Simpson Address: 1 Dorman Street Harrington DE 19952 Telephone Number: (302) 363-0343

CHRISTMAS ORNAMENT DECORATING

DATE: Monday, December 9th

11:00 am until 2:00 pm

Free to all Members

SIGN UP BEGINS: Now

Stop in anytime between 11:00 and 2:00 and make some Christmas Ornaments. This is a come and go event.

Please sign up so we have enough supplies.

CERAMIC PAINTING AT NIGHT

DATE: Monday, December 11th

TIME: 6:00pm

MEMBER COST: \$20

SIGN UP BEGINS: Thursday, December 5th

You can choose between three options when you sign up and pay. The options are Santa (5), Snowman (6), or Christmas Tree (4). These are all lighted and approximately 8 inches tall.









LAKE FOREST HIGH SCHOOL POOL

DATE: Tuesday, December 10th

TIME: Depart at 12:30 pm

Swim Time is 1:00 until 2:00 pm

RETURN TIME: 2:30 pm

SIGN UP BEGINS: Now

PLEASE SIGN UP EVEN IF DRIVING IN THE EVENT WE HAVE TO CANCEL





DECEMBER BIRTHDAY PARTY & CENTRAL CHORUS

DATE: Thursday, December 12th

TIME: Noon for In-Person

11:00 AM – 11:30 AM for Grab & Go Lunch Pick-Up

COST: \$6.00 suggested donation for age 60+ and \$9.00 required payment for under the age of 60. If your birthday is this month your lunch is free.

YOU WILL PAY AT THE DOOR

SIGN UP BEGINS: NOW

SIGN UP ENDS: Tuesday, December 10th MENU: Roast Beef with Gravy, Roasted Potatoes, Baby Carrots, Roll, Cake, Milk

Cake Sponsor: Jean Miller

Ice Cream Sponsors: Joan Oakley and in memory of Nancy McMannemon



(302) 398-3751 12 CLARK STREET HARRINGTON, DE 19952



HOURS OF OPERATION: Monday through Friday

8:00 am-5:00 pm

Commercial Tires, Passenger/LT Tires, Auto Repair, Custom Wheels







PAINTING DATE: Monday, December 16th

CERAMIC

12:30 pm until 3:30 PM This is a come and go event.

MEMBER COST: \$20

SIGN UP BEGINS: Thursday, December 5th

You can choose between three options when you sign up and pay. The options are Santa (5), Snowman (6), or Christmas Tree (4). These are all lighted and approximately 8 inches tall.



HOLIDAY FEAST— Entertainment by Janice Winkler

DATE: Thursday, December 19th

TIME: Noon for In-Person

11:00 AM – 11:30 AM for Grab & Go Lunch Pick-Up

COST: \$7.00 suggested donation for age 60+ and \$10.00 required payment for under the age 60.

YOU WILL PAY AT THE DOOR

SIGN UP BEGINS: NOW

SIGN UP ENDS: Tuesday, December 17th

MENU: Roast Turkey, Gravy, Cranberry Sauce, Herb Dressing, Candied Sweet Potatoes, Green Beans with Bacon, Roll, Sweet Potato or Apple Pie, Milk, Coffee.

Come Celebrate Christmas, Kwanza, and Hanukkah with us!



ORNAMENT EXCHANGE



DATE: Thursday, December 19th

TIME: DURING LUNCHEON

Please bring an ornament either wrapped or in a gift

bag. You will be given a number when you drop off your ornament. After lunch we will pull numbers for those that have a ticket. Make sure when you drop off your ornament you get a





NEW YEAR'S EVE CELEBRATION COVERED DISH LUNCHEON

FRIED CHICKEN WILL BE PROVIDED

DATE: Tuesday, December 31st

TIME: 11:30 am

BALL DROP AT NOON

SIGN UP BEGINS: Thursday, December 5th

SIGN UP ENDS: Friday, December 20th Bring in the New Year with us!



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302-398-4630

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CENTER ACTIVITIES, TRIPS, & COMMUNITY INFO



- Please make sure you are parking in only 1 spot. Please double check that you are pulled all the way in the spot and you see the white/blue lines on each side of the car.
- 3. On big event days, feel free to park on Fleming Street or at the bank lot. We will have the Fleming Street ramp door open on these days.
- 4. Consider car pooling and ride with a friend.
- 5. The bus can also bring you in on big event days.



SHOPPING TRIPS DATE: Friday,

DATE: Friday, December 13th

DEPARTURE TIME: 9:30 am

SHOPPING LOCATIONS: WAL-MART & DOLLAR TREE IN MILFORD

DATE: Friday, December 20th

DEPARTURE TIME: 9:30 am

SHOPPING LOCATIONS:

FOOD LION, BYLERS, and WALGREENS in Harrington.

MEMBER'S MEETING HIGHLIGHTS

 We discussed trip and dine arounds. With moving and getting adjusted, we did not plan November or December dine arounds. They will be back in January. Please send us location suggestions.

2. Beverage Bar—Please do not sit empty coffee pots on the hot burners. Sit them on the top burners only.

- 3. Suggestion Box and Bulletin Boards— We will install a suggestion box and bulletin boards in the future.
 - 4. Echos in the rooms—we are getting pricing for sound boards. Please try to watch the loudness of your voices as they are carrying throughout the building.
- 5. Please watch the newsletter for all trip departure times and locations.



CARDIO DRUMMING EXERCISE CLASS

DATE: Mondays at 10:15 am

Tuesdays at 10:00 am

LOCATION: Dining Room

Come be a part of this fun exercise class. We will be drumming using exercise balls, a clothes basket and drumsticks! We would love to see you join us as we drum to the beat of several songs. It will be a fun time. The class will last approximately 30 minutes.



MAH JONGG

DATE: Every Monday

TIME: 12:30 pm LOCATION: Card Room

BLOOD PRESSURE CHECKS

DATES: DECEMBER 4TH & 18TH

TIME: 11:30 am



BIBLE STUDY

Everyone is welcome to Study come join Bible Study held every Tuesday at 10:00 am in the Craft Room



YOGA

DATE: Every Monday

MAT YOGA TIME: 12:45 PM CHAIR YOGA TIME: 1:30 PM You do not need to sign up to attend. Class instructed by Elena Paladino Location: Dining Room



Can Stock Photo

REGULAR BINGO

REGULAR BINGO IN-PERSON & ZOOM DATE: Wednesday,

December 11th

TIME: 1:00 pm



BINGOCIZE

DATE: Wednesday, December 18th

TIME: 1:00 pm-3:00 pm





MEMBERS MEETING IN-PERSON & ON ZOOM

DATE: Tuesday, December 17th

TIME: 1:00 pm

LOCATION: Dining Room

Come share your ideas with the staff!



WII BOWLING

DATE: Every Wednesday

TIME: 10:15 AM

LOCATION: Dining Room

Come join in the fun of WII Bowling. You will bowl in teams of 4 people. Each group bowls two games.

EXCECISE ROOM

The room is open daily during our normal business hours. In January we plan to be open at nights.

We do have a liability release form that needs to be signed by all users. See Dana at the front desk to sign this form.



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LINE DANCING

DATE: Cancelled until December 13th

TIME: 9:00 AM—New Beginner Dancers

9:30 AM-Beginner Dancers

10:00 AM –Improver Dancers

This will give each level of dancer an hour of dancing. You are welcome to stay as long as you want for dancing.

LOCATION: Dining Room

Come join in the fun learning how to line dance. All levels of line dancers from beginners to the experienced are welcome to attend.



GAME ROOM ACTIVITIES

1. TV with Comcast Channels

2. Pool Table

3. Shuffleboard Table

4. Board and Card Games

5. Puzzle Table Come check out this room for activities.





HARRINGTON LIONS CLUB–EYE GLASS COLLECTION BOX

Do you have glasses you no longer need? The Harrington Lions Club has placed a box here at the Center for you to drop off old glasses. Your donation helps support funding for children's eye glasses.

CARD GAME DAY AND TIMES



TUESDAYS:

10:30 AM Bridge– Card Room



WEDNESDAYS 11:30 AM Canasta— Craft Room



WEDNESDAYS 12:30 PM 500-Card Room



THURSDAYS: 10:30 AM PHASE 10– Card Room



12:30 PM Pinochle-

Card Room

COME JOIN IN THE FUN! ALL GROUPS ARE WILLING TO TEACH YOU THEIR GAME!



LUNCH IS SERVED FROM NOON UNTIL 1:00 pm

Please sign in on the Clipboard at the kitchen window when you come in and are staying for lunch.

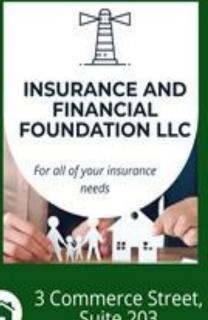
RESOURCE LISTS

The Center has gathered list of folks that assist with cleaning, being aides, yard work, drivers to appointments, and other needs. We are looking for folks that will do any of these services for seniors. Please let us know if you have anyone you can recommend we contact to see if they are interested in being placed on our list. If you would like a copy of this list, please call or email us.

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CENTER GUIDELINES/NEWS/ACTIVITIES



BUS NIFORMATION

We need our bus riders to help us maximize our bus by doing the following:

- Call in and schedule the bus as soon as possible for daily pick-ups. We have marked off every morning and afternoon for bus pick up and drop off.
- 2. Please try to schedule all medical appointments between 10:00 am and 2:00 pm. Please call as soon as you schedule an appointment so we can accommodate your needs as well as our daily riders.
- 3. You will receive a call by 3:00 pm the day before your ride with a pick up time.

BUS GUIDELINES



- 1. Bus guidelines will be given to all first time bus riders upon them being added to the list.
- 2. Bus guidelines will be posted on bulletin boards in the Center.
- 3. Title VI is displayed on bulletin boards in the Center, on our website, and on the bus.

GUEST GUIDELINES

1. A guest may only participate in three daily activities per year without being CUESS PASS

year without being a member.

2. Anyone may participate in trips and activities that list a non-member price.

GRAB & GO LUNCHES



You may pick-up lunch any day from 11:15 AM until 11:45 AM for a donation of \$6.00 for anyone older than 60 and \$9.00 for those

under the age of 60. You do not need to call ahead to register but you may if you wish or you may just stop in and pick up a meal. Grab

& Go lunches are a function of the Meals on Wheels Program so their staff will be handling the meal pick up. Please let the HSC staff know if you have any issues with this new process. The Meals on Wheels office can be reached by calling 302-398-4860.

PICK UP TIME DAILY

11:15 AM-11:45 AM

Special lunches will be 11:00–11:30

Please come inside and go to the dining room window.



MILES OF PENNIES

It takes 84,480 pennies to travel one mile. Let us

see how far we can travel in 2024.

Donate your Pennies Today!



LIBRARY & PUZZLES

You are welcome to come to the Center to check out library

books and puzzles. Puzzles are located in the Game Room.

CENTER GUIDELINES /NEWS/ACTIVITIES

CANDLE FUNDRAISER TO SUPPORT HARRINGTON SENIOR CENTER

Kent County Candles created this candle just for the Harrington Senior Center.

This beautiful blue jar is filled with the scent of Salted Carmel and Vanilla. The Jar has engraving on the front and comes with a cork lid.

PURCHASE PRICE- \$20.00

We have candles in stock and also are taking orders.

Stop by the Harrington Senior Center to purchase your candle or place your order.



PARTNERING WITH LAKE FOREST CENTRAL ELEMENTARY SCHOOL

We will be trying something new this year by working with students and staff at Central Elementary.

Pen Pals—Looking for 50 members to become Pen Pals with students. You will write encouraging letters to them monthly and we will have a breakfast reveal party on April 29th at 8:45 am

Book Fair Help–March 18th from 5:30–7:30 pm (need 6 to 8 people)

Sign up with Dana anytime for the above.

Save the Dates

December 12th—Chorus will perform at 1:00 pm

May 29th Chorus will perform at 1:00 pm followed by an Ice Cream Social with the chorus.



Business Hours: Everyday 6:00 am—10:00 pm

Dine in or Take Out

Delivery Hours: Monday-Thursday 9:00 am—9:00 pm

Friday-Sunday

9:00 am-10:00 pm

17064 S. Dupont Highway, Harrington DE 19952

302-786-2766



SERVICE **OFFERED AT THE** CENTER **MEMBER RATES**

NOTARY-\$2.00 (Free to those in the Military or Retired Military)

> FAX-\$0.25 per page COPIES- \$0.25 per page

COLOR COPIES—\$0.50 per page

NON-MEMBER RATES

NOTARY-\$5.00 (Free to those in the Military or Retired Military)

FAX—\$0.50 per page

COPIES—\$0.50 per page

COLOR COPIES- \$0.75 per page



EXERCISE CLASSES & FITNESS CENTER **TRAINING**

With

CONNER CALLAWAY—Fitness Trainer

EXERCISE CLASS IN THE DINING ROOM

Monday, December 2nd, 9th and 16th 6:00 pm-7:00 pm

Every Thursday 9:45 am-10:30 am **Exercise class in the dining room**

FITNESS CENTER CLASSES

December 3rd, 4th, 10th, 11th, 17th & 18th

Come learn how to operate the equipment in the Fitness Center. We will have evening hours starting in January.



SAVE THE DATE-Tuesday, August 19, 2025

Sight & Sound in Lancaster PA

"NOAH"

We will have reserved seating and an Amish Lunch at a local restaurant.

Estimated Price will be \$220.00 per person for a member and \$225.00 for non-members.

Price includes, show ticket, lunch, bus, and all tips.

TICKETS WILL GO ON SALE IN **JANUARY 2025**



SYMPATHY IS EXRENDED TO HSC MEMBERS AND THEIR FAMILIES

Judy Walls on the death of her step-sister and HSC **Member Betty Ann** Havelow.

Family of Betty Ann Havelow.

James Testerman on the death of his sister.

Helen Porter on the death of her husband and HSC member Norman Porter. The family has requested donations to Harrington Senior Center.

LAKE FOREST CENTRAL ELEMENTARY HOLIDAY SHOP VOLUNTEERS NEEDED

They are looking for volunteers to help students shop. Please let Dana know if you can help with a time listed below:

Monday, December 9th through Friday, December 13th.

Time slots for each day are as follows:

8:45 am-9:50 am

10:00 am-10:50 am

11:00 am-11:50 am

12:00 pm-1:20 pm

1:30 pm-3:00 pm

You may sign up for more than 1 time slot a day and multiple days if you schedule allows. State Grant-in-Aid has a section for intergenerational and community partnerships. This potentially could help us get more funding.



BOARD GAME

Every Day

LOCATION: Game Room and or Dining Room and Craft Room (when other programs are not in session in those rooms.)

Come have fun playing a variety of board games. We have ordered a variety of board games to be played by members. If we do not have a game you like, please let us know. LAKE FORES EAST ELEMENTARY VOLUNTEERS NEEDED

They are looking for volunteers to help put craft supplies together for students so they can take home a gift for their families. Please let Dana know if you can help with a time listed below:

Monday, December 2nd through Friday, December 6th 8:45 am until 2:30 pm.

You do not have to work the entire day. You can give Dana times you would be there.



DONATION TO ST. STEPHEN'S EPISCOPAL CHURCH

Members have asked about making a donation to the church for allowing us to be there for two years at no charge except their increase in utilities, which was minimal. The board will be adding to this donation and we will make a presentation to them.

Please turn in all donations by January 31, 2025.

CENTER NEWS



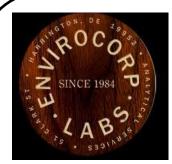
We Need Your Suggestions and Ideas

- 1. Dine Arounds
 - 2. Day Trips
- 3. Long Distant Trips
- 4. Fund Raising Ideas
- 5. Activities at the Center

Please come to our members meeting and help give us your input. You may provide suggestions by calling the Center at 302-398-4224.

FOOD PANTRY AT THE CENTER

Please stop by the Center and pick up food supplies. We will be partnering with the Food Bank to help us get in more food items for you as well as continuing to work with our community partners that have food drives for us.



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51 Clark Street Harrington, DE 19952 (302) 398-4313 Hours: Monday—Friday 8:00 AM —5:00 PM info@envirocorplabs.com



New Members–

Remember to use your coupon for a free lunch on

us. We look forward to you joining us on a day of your choice. Please bring your coupon in to redeem your lunch. You may also use your coupon for curbside as well.



EMAILS and FACEBOOK

If we have your email address,

you should be receiving emails from the Center almost daily. If you are not, please check your junk or spam mail. We also post on Facebook so please like our Harrington Senior Center Facebook page to follow us.



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CENTER NEWS

OCTOBER PHASE 10 SCORES 1st Jan Mitchell with 130 2nd Baldy Salder with 195 3rd Heidi Seeley with 200 4th Darlene Marvel with 210 5th Pat Shufelt with 225 6th Ginny Brooks with 230 7th Barlynn Boone with 240 8th Donna Matlack with 260 9th Linda Miller with 285 10th Beverly Hollinger with 290 11th Don Cooley with 340 12th Gayle Sponaugle with 380 13th Evelyn Sturgis with 410 14th Eula Hoover with 455 15th Eileen Weber with 465 16th Jo Purcell with 710



YOUR RIGHTS UNDER TITLE VI

Harrington Senior Center operates its programs and services without regard to race, color, or national origin in accordance with Title VI of the 1964 Civil Rights Act. Any person who believes that she or he has been aggrieved by any unlawful discriminatory practice under Title VI may file a complaint with our agency.

Any such complaint must be in writing and filed with this agency within 180 days following the date of the alleged discriminatory occurrence. For information on our nondiscrimination obligations or how to file a complaint, please contact Harrington Senior Center by any of the methods listed below.

Harrington Senior Center

102 Fleming Street

Harrington DE 19952

Phone - 302-398-4224

Redner's

Laura D. Willis, Esq. ALEMAN & ASSOCIATES 884 Walker Road Suite B Dover De 19901 (302) 990-8801 www.ae-attorneys.com Iwillis@ae-attorneys.com Practice areas include estate planning and business counseling. REDNER'S RECEIPTS

When turning in your Redner's receipts, please do not cut off the bottom. We must have the part that reads "Today's 1% Save-A-Tape Total" with the date and dollar amount. All receipts must be within the last three years to count.

THANK YOU!

CENTER GUIDELINES

TRIP/ACTIVITY INFORMATION

- 1. We will begin boarding all trips approximately 15 minutes prior to the departure time. We board in the order in which you signed up for the trip.
- 3. All trips/activities must be paid for prior to the date of the trip/activity unless you are moved from the waiting list the day before. Should this occur you must pay before boarding the bus or participating in the activity.
- 4. Refunds will only be issued if:A. We cancel the trip/activityB. We are able to sell your seat
- 5. Everyone participating on a trip/activity must only need minimal assistance in transferring to seats, etc. Should you have an aide, they may sign up with you at the member price.



IT IS IMPORTANT TO SIGN UP

Signing up for events, activities, and trips is very important.

Please make sure you are signing up by the deadlines. This is important so we have room and items needed for the event. We also do not want to over order. Please look at the information for sign up dates and end dates. If you have questions, please contact us.



TRIP/ACTIVITY SIGN

DATE: Thursday, December 5th DOORS OPEN AT 8:30 am

TIME: 9:00 am

Please come in and get a number from Dana and have a seat in the Craft Room.

You may only sign 1 other person up for a trip/activity.



PICTURES IN THE NEWSLETTER, FACEBOOK & OUR WEBSITE

We take pictures at every event, on every trip, and just around the Center. We use these photos in various ways. If you do not want your picture used, please make sure you do not get in the picture. If your picture is taken, please notify the person taking it to delete it so it is not used. Thank you for helping us with publishing our photos to help showcase our Center.

CAPITAL CAMPAIGN GOAL

Our Capital Campaign is well under way. Some may ask why do you still need money? Since we received money from the State and County and others have already donated money to the Capital Campaign Goal. The answer is easy.

- 1. We are going to have some cost overruns due to pricing and changes that have had to be made that were unexpected.
- 2. We need to make sure we have funds to purchase all of the furniture and items needed in a new building.
- 3. Our operating cost will be higher and we need to make sure we have funds to cover those expenses until we find other monies to cover these costs in the future.
- 4. The campaign recognition we are planning will be a way for members or others to remember or honor someone as a memorial. The recognition program will be on going as a way to continue to make donations in the future.
- 5. We will be contacting anyone that has already made a donation to the Capital Campaign to see the wording you want used.

MAKE A CAPITAL CAMPAIGN CONTRIBUTION TODAY!!



Monday-Friday 7:30 AM to 5:00 PM Saturday 7:30 am until Noon

325 Walt Messick Road Harrington DE 19952 302-398-3729 Thomas E. Melvin L Son Funeral Home, Inc.



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(302) 398-3884

www.melvinfuneralhome.com

CENTER NEWS



Sorry, we are

due to weather

CLOSE

NO BINGO WINNERS FOR OCTOBER TO REPORT

WEATHER CLOSINGS

Winter has arrived and with that it will more than likely bring Center closings due to bad weather. We will always error on the side of caution for our members and staff. Closings or delays will be announced on WBOC, our Facebook page, and an email will be sent out. With our new system, we should be able to send calls.

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CENTER NEWS/SPONSORS/ACTIVITIES



OCTOBER WII SCORES— The scores below are the total for the month.

1st—Don Cooley 269

2nd–Jeff Purse 232

3rd–Ginny Brooks 222

4th–Jackie Krech 217

5th–Linda Miller 217

6th–Beverly Hollinger 205

7th–Evelyn Sturges 199

8th–Eula Hoover 193

9th–Craig Brodeur 192

10th–Jan Mitchell 190

11th—Eileen Weber 166



OCTOBER 500 CARD SCORES

October 2nd—Winner was Harold Brode with 2910; Second was Terry Trammell with 2900; Third was Joe Frederick with 2580.

October 9th—Winner was Tom Brown with 2030; Second was Nelson Reed with 1570; Third was Dale Trammell with 1470.

October 16th—Winner was Tom Brown with 3000; Second was Harold Brode with 2530; Third was Joe Frederick with 1880.

October 23rd—Winner was Harold Brode with 3270; Second was Joe Frederick with 2530; Third was Connie Raymond with 2390.

October 30th—Winner was Harold Brode with 3290; Second was Terry Trammell with 2540; Third was Tom Brown with 2240.

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GOLD

Collins Mechanical

Hudson, Jones, Jaywork & Fisher— Laura D. Willis, Esq.

Thomas E. Melvin & Son Funeral Home

SILVER

Envirocorp Inc. Happy Tails Dog Grooming Larson's Mower Shop Taylor & Messick

BRONZE

IN-KIND SPONSORS

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DECEMBER MANNA MENU

Lunch is served at 12 Noon. Meals are provided by the Modern Maturity Center, Inc. MANNA Programs. Suggested Donation \$6.00 for ages 60 and up; \$9.00 payment required for Under 60 years of age - Menu Subject to Change Without Notice. IN-PERSON LUNCH is 12:00 until 12:30.

2	3	4	5	6
– Hot Dog on Bun with	Chicken & Dumplings	Cream of Cauliflower	Beef Tips with Gravy	BBQ Pulled Pork on Bun
Relish	Vegetable Blend	Soup with Crackers	Buttered Rice	Baked Beans
Potatoe Wedges	Roll	Turkey & Swiss Cheese Sandwich with	Steamed Broccoli	Coleslaw
Applesauce	Pudding	Mayonnaise	Wheat Bread Yogurt	Fruit
Milk	Milk	Macaroni Salad	Milk	Milk
		Fruit & Milk		
9	10	11	12	13
Baked Ziti with Meat Sauce	Jerk Chicken	Beef Stew (Potatoes/	BIRTHDAY PARTY	Chicken Marsala with Gravy
Buttered Chef Blend	Rice & Black Beans	Veggies)	Roast Beef with Gravy Roasted Potatoes	Wild Rice
Italian Bread	Fried Cabbage	Steamed Broccoli	Baby Carrots	Buttered Carrots
Cookies	Corn Bread	Biscuit	Roll	Wheat Bread
Milk	Pineapple Mousse & Milk	Fruit	Cake	Fruit
		Milk	Milk	Milk
16	17	18	19	20
Spaghetti with Meat Sauce	Fried Fish	Vegetable Soup/ Crackers	CHRISTMAS HOLIDAY FEAST	Meat Loaf with Gravy Mashed Potatoes
Chef's Blend Vegetables	Scalloped Potaotes	Tuna Salad on Bun	Roast Turkey with	Harvard Beets
Applesauce	Stewed Tomatoes	Baked Potato Chips	Gravy	Bread
Italian Bread	Roll	Fruit	Cranberry Sauce	Fruit
Milk	Ice Cream	Milk	Herb Dressing	Milk
	Milk		Candied Sweet Potatoes (MEALS ON WHEELS)	
			Green Beans with Ba- con	
			Mashed Potatoes Congregate Only	
			Sweet Potato/Apple Pie	
			Milk	
23	24	25	26	27
Italian Meatball Sub	BBQ Chicken	CENTER IS CLOSED	Salisbury Steak with Gravy	Low Sodium Ham with Mustard Sauce
French Fries	Mexican Corn	CHRISTMAS DAY	Mashed Potaotes	Parslied Potaotes
Applesauce	Buttered Peas Cookies		Buttered Peas	Seasoned Cabbage
Fruit Milk	Roll & Milk		Wheat Bread	Wheat Bread
WIIIK	KOII & MIIK		Pudding & Milk	Pudding & Milk
30	31	January 1st	Did you know? With funding	NOTE:
Chicken Tetrazzini	Boneless Pork Chop with	CENTER IS CLOSED	from the Division of Services for Aging and Adults with	Please be advised that food
Buttered Green Beans	Gravy	FOR NEW YEAR'S	Physical Disabilities, senior nutrition programs	served here may contain these ingredients: Milk,
Wheat Bread	Mashed Potaotes	DAY	(Congregate and Meals on Wheels) are designed to	Eggs, Wheat, Soybean,
Fruit	Sauerkraut		provide balanced meals and	Peanuts, Tree Nuts, Fish, Shellfish and Seafood Base.
Milk	Wheat Bread		services not met by other meal providers. We help you	
	Tropical Fruit & Milk		to live independently longer.	2

CALENDAR OF ACTIVITIES

Monday	Tuesday	Wednesday
 2 9:30-Armchair Exercise- (DR) 10:15-Cardio Drumming (DR) 11:15-11:45 Grab N Go Lunch 12:00-Lunch Served (DR) 12:30-Mah Jongg (RM#5) 12:45-Mat Yoga (Card Rooom) 1:30-Chair Yoga (DR) 2:30-Tai Chi (DR) 6:00-Exercise with Conner (DR) 	3 9:00 Depart for Cape May New Jersey From the Fair Parking Lot 9:30—Senior Walking Program (DR) 9:30—Fitness Center with Conner 10:00—Cardio Drumming (DR) 10:00—Bible Study (Craft Room) 10:30—Bridge (Card Room) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 1:00—Sit & Sew (Craft Room)	 4 9:30–Armchair Exercise DR) 9:30–Fitness Center with Conner 10:15–WII Bowling (DR) 11:15–11:45 Grab N Go Lunch 11:30–Canasta (Craft Room) 11:30–Blood Pressure Checks (Conf Rm) 12:00–Lunch Served (DR) 12:30–Center Christmas Decorating 12:30–500 (Card Room) 5:00–Depart for MMC Christmas Show
 9 9:30–Armchair Exercise– (DR) 10:15–Cardio Drumming (DR) 11:00–2:00 Christmas Ornament Decorating (Craft Room) COME & GO CRAFT 11:15–11:45 Grab N Go Lunch 12:00–Lunch Served (DR) 12:30–Mah Jongg (Card Room) 12:45–Mat Yoga (DR) 1:30–Chair Yoga (DR) 2:30–Tai Chi (DR) 6:00–Exercise with Conner (DR) 	 10 9:30-Senior Walking Program (DR) 9:30-Fitness Center with Conner 10:00-Cardio Drumming (DR) 10:00-Bible Study (Craft Room) 10:30-Bridge (Card Room) 11:15-11:45 Grab N Go Lunch 12:00-Lunch Served (DR) 12:30-Depart for LFHS Pool 1:00-Sit & Sew (Craft Room) 	 11 9:30–Armchair Exercise–(DR) 9:30 Fitness Center with Conner 10:15–WII Bowling (DR) 11:15–11:45 Grab N Go Lunch 11:30–Canasta (Craft Room) 12:00–Lunch Served (DR) 12:30–500 (Card Room) 1:00–Bingo (DR) 6:00–Ceramic Painting (Craft Room)
 16 9:30—Armchair Exercise (DR) 10:15—Cardio Drumming (DR) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Mah Jongg (Card Room) 12:30—3:30 Ceramic Painting (Craft RM) Come & Go Craft 12:45—Mat Yoga (DR) 1:30—Chair Yoga (DR) 2:30—Tai Chi (DR) 6:00—Exercise with Conner (DR) 	 17 9:30—Senior Walking Program (DR) 9:30—Fitness Center with Conner 10:00—Cardio Drumming (DR) 10:00—Bible Study (Craft Room) 10:30—Bridge (Card Room) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 1:00—Sit & Sew (Craft Room) 1:00—Members Meeting Zoom & In-person (DR) 	 18 9:30-Armchair Exercise-(DR) 9:30-Fitness Center with Conner 10:15-WII Bowling (DR) 11:15-11:45 Grab N Go Lunch 11:30-Canasta (Craft Room) 11:30-Blood Pressure Checks (Conf RM) 12:00-Lunch Served (DR) 12:30-500 (Card Room) 1:00-3:00-BINGOCIZE (DR)
23 9:30—Armchair Exercise (DR) 10:15—Cardio Drumming (DR) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Mah Jongg (Card Room) 12:45—Mat Yoga (DR) 1:30—Chair Yoga (DR) 2:30—Tai Chi (DR)	24 CHRISTMAS EVE MEALS ON WHEELS WILL BE SERVED THE CENTER IS CLOSED FOR ALL ACTIVITIES	25 CHRISTMAS DAY CENTER IS CLOSED NO MEALS ON WHEELS DELIVERED
30 9:30—Armchair Exercise— (DR) 10:15—Cardio Drumming (DR) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Mah Jongg (Card Room) 12:45—Mat Yoga (DR) 1:30—Chair Yoga (DR) 2:30—Tai Chi (DR)	31 9:30—Senior Walking Program (DR) 10:00—Cardio Drumming (DR) 10:00—Bible Study (Craft Room) 10:30—Bridge (Card Room) 11:15—11:45 Grab N Go Lunch 11:30—New Year's Eve Celebration 12:00—Lunch Served (DR) 1:00—Sit & Sew (Craft Room)	NEW YEAR'S DAY CENTER IS CLOSED NO MEALS ON WHEELS DELIVERED

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DECEMBER 2024

Thursday	Friday	Saturday
 5 9:00—Trip Sign Up 9:30—Senior Walking Program (DR) 9:45—Exercise with Conner (DR) 10:30—Phase 10 (Card Room) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Pinochle (Card Room) 1:00—Cribbage (Craft Room) 7:00—City of Harrington Tree Lighting 	6 LINE DANCING IS CANCELLED 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 6:15—Depart for Harrington Christmas Parade	7 BAUBLES & BLING BAKE SALE AT HARRINGTON LIBRARY 10:00 am—2:00 pm
 9:30—Senior Walking Program (DR) 9:45—Exercise with Conner (DR) 10:30—Phase 10 (Card Room) 11:00—11:30 Grab N Go Lunch 12:00—Lunch Served (DR) BIRTHDAY PARTY & Central Elementary Chorus 12:30—Pinochle (Card Room) 1:00—Cribbage (Craft Room) 6:00—Board Meeting (DR) 	 13 9:00- New Beginners Line Dancing (DR) 9:30-Beginners Line Dancing (DR) 9:30-Depart for Shopping in Milford 10:00-Improver Dancers Line Dancing (DR) 11:15-11:45-Grab N Go Lunch Pick-up (DR) 12:00-1:00-Lunch Served (DR) 	14
 19 9:30–Senior Walking Program (DR) 9:45–Exercise with Conner (DR) 10:30–Phase 10 (Card Room) 11:00–11:30 Grab N Go Lunch 12:00–Lunch Served (DR) HOLIDAY FEAST & Singing by Janice Winkler 12:30–Pinochle (Card Room) 1:00–Cribbage (Craft Room) 	 20 9:00- New Beginners Line Dancing (DR) 9:30-Beginners Line Dancing (DR) 9:30-Depart for Shopping in Harrington 10:00-Improver Dancers Line Dancing (DR) 11:15-11:45-Grab N Go Lunch Pick-up (DR) 12:00-1:00-Lunch Served (DR) 1:00 - Computer Tech (DR) 	21
26 DAY AFTER CHRISTMAS MEALS ON WHEELS WILL BE SERVED THE CENTER IS CLOSED FOR ALL ACTIVITIES	 27 9:00- New Beginners Line Dancing (DR) 9:30-Beginners Line Dancing (DR) 10:00-Improver Dancers Line Dancing (DR) 11:15-11:45-Grab N Go Lunch Pick-up (DR) 12:00-1:00-Lunch Served (DR) 	28
	Happy Rkah	



DECEMBER 2024 BIRTHDAY WISHES



December 1st Mary Louise Perrone Nancy Burris **December 2nd Charles Rankin Clarence** Cole December 3rd Melissa Clarke Diane DiStefano **December 4th** Wanda Clark Kenny Shinn Lillie Crouse David Adams **Ruth Wothers** December 5th Ken Correll **December 6th** Kathy Milito C. Gordon Clarkson **December 7th** Della Watkinson Blake Bartley Leroy Bookhultz

December 9th Donna Brisson December 11th Florence Alexandar Robert Reed **Barbara Walters** Earl Walters Joyce Herrington December 12th Sabrina Reid Kay Outten Tracy Kot Jennifer Asbury December 13th **Doug Poore Beverly Steigler December 14th** Linda Lesser December 15th **Beverly Turner December 16th** Ernest Margiotto Linda Garey

December 17th Ron Ward December 19th Kathy Blanchette **December 20th** Toni Bergfelder Daniel Bell December 21st Linda Tjaden Janet Marvel **Beverly Hollinger** Frankie Milorey December 23rd Willis Jester Christie Cole December 24th Anne Lyons Keith Avasse Caren Parry December 25th Michael Humphrey Barbara Reed

December 26th Patricia Flem Hildie Russomano December 27th Joanne Young December 28th Wayne Porter Barbara Fajnor December 29th Betty Taylor December 31st Lee Porter

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