



The Harrington Senior Center

Phone: (302)-398-4224
Fax: (302)-398-4421
Email: karen@harringtonseniorcenter.org
Website: harringtonseniorcenter.org

Facebook: Like Harrington Senior Center & Friend us at Harrington Senior

**HOURS: Monday–Thursday 8:30 AM- 4:00 PM
Friday 8:30 AM–2:00 PM**

**JANUARY
2025
Volume 44,
No. 1**



The front desk closes 15 minutes prior to the Center closing time. Please handle all transactions by this time.

**MESSAGE FROM THE EXECUTIVE DIRECTOR—
KAREN CROUSE**

Happy New Year! What an exciting closing to 2024 with the opening of the new Center. We plan to see 2025 bring many new opportunities for the Center.

Kenny Sapp has been hired as our new custodian, Crickett Morris will also become our full-time bus driver and Gayle Sponaule will become our substitute driver along with Sam Layton. Our board elected 6 new board members in December that will be seated on January 9th.

We would like to thank the outgoing board members who have served the Center for many years: Mr. Frank Tolson, Mrs. Gayle Melvin, Mrs. Ruth Peterman, Mr. Jack Stewart, Mr. Jim Callaway, Ms. Jan Mitchell, and Mrs. Debbie Dupre.

The Board will elect new officers at their January meeting.

Looking forward to a great 2025!!

Sorry, we are
CLOSED
due to weather

WEATHER CLOSINGS

Winter has arrived and with that it will more than likely bring Center closings due to bad weather. We will always error on the side of caution for our members and staff. Closings or delays will be announced on WBOC, our Facebook page, and an email will be sent out. With our new system, we should be able to send calls.



Dues are \$25.00 for the year. 2025 Dues will be collected starting January 2nd. Please pay your dues by February 14th to receive a March Newsletter.

CENTER ACTIVITIES & TRIPS



**NEW YEAR'S
EVE
CELEBRATION
COVERED DISH
LUNCHEON**

**FRIED CHICKEN WILL BE
PROVIDED**

DATE: Tuesday, December 31st

TIME: 11:30 am

BALL DROP AT NOON

**SIGN UP ENDS: Friday,
December 27th**

**Come ring in the New Year with
us!**



**JANUARY
BIRTHDAY PARTY**

**DATE: Thursday,
January 9th**

**TIME: Noon for
In-Person**

**11:00 AM – 11:30 AM for
Grab & Go Lunch Pick-Up**

**COST: \$6.00 suggested donation for age 60+
and \$9.00 required payment for under the
age of 60. If your birthday is this month, your
lunch is free.**

YOU WILL PAY AT THE DOOR

SIGN UP BEGINS: NOW

SIGN UP ENDS: Tuesday, January 7th

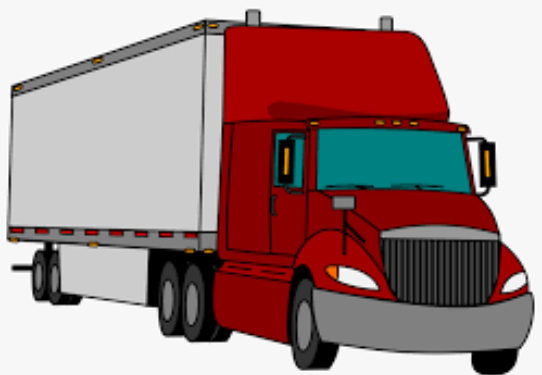
Cake Sponsor: Jean Miller

Ice Cream Sponsors: Doug & Karen Crouse

**PLEASE CALL TO SIGN UP FOR IN-PERSON
OR GRAB & GO.**



Harrington Logistics



111 Reese Avenue

Harrington DE 19952

**Is A Proud Sponsor of the
Harrington Senior Center**

CENTER ACTIVITIES & TRIPS



DR. MARTIN LUTHER KING CELEBRATION

DATE: Tuesday, January 14th

TIME: Noon

MENU: Fried Chicken, Macaroni & Cheese, Collard Greens, Corn Bread, Sweet Potato Pie, and Milk

COST: \$6.00 suggested donation for age 60+ and \$9.00 required payment for under the age of 60.

YOU WILL PAY AT THE DOOR

SIGN UP BEGINS: NOW

SIGN UP ENDS: Friday, January 10th

PLEASE CALL TO SIGN UP FOR IN-PERSON OR GRAB & GO.



NATIONAL STRAWBERRY ICE CREAM DAY

DATE: Wednesday, January 15th

TIME: 12:15pm

SIGN UP BEGINS: NOW

Come and enjoy Strawberry Ice Cream.



POOL GROUP

Every Friday starting at 9:30 AM.

Come join the fun and play pool with a group.

Pool is also available every day in the social room.



BLUE HEN

CONSTRUCTION

Hours of Operation:

8:00 AM—5:00 PM Monday—Friday

9:00 AM—4:00 PM—Saturday

Owned by Darrin & Laura Simpson

Address: 1 Dorman Street

Harrington DE 19952

Telephone Number: (302) 363-0343

CENTER ACTIVITIES



**DINE
AROUND
LONG NECK
DINER IN
MILLSBORO**

DATE: Friday, January 17th

DEPARTURE TIME: 10:45 am

APPROXIMATE RETURN TIME: 2:30 pm

TRANSPORTATION: Center Bus

MEMBER COST: \$4.00 plus your lunch cost.

NON-MEMBER COST: \$6.00 plus lunch on your own.

SIGN UP BEGINS: Thursday, January 2nd

Come join us for a fun lunch outing!

VISIT FROM MILFORD SENIOR CENTER

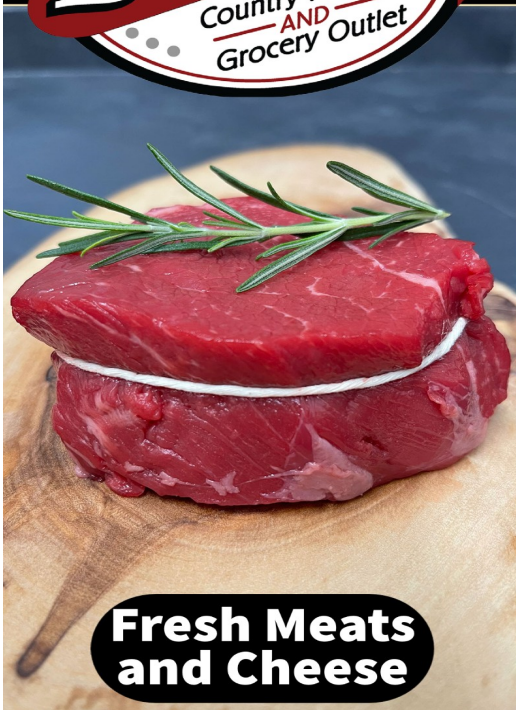
DATE: Monday, January 27th

Milford Senior Center members will be visiting the Center from 10:30 am to 1:00 pm. They will tour our building and have lunch with us. Please come out and say hello and join them for lunch.



Your Neighborhood

**Country Market &
Grocery Outlet**



**Fresh Meats
and Cheese**



**Crafted Coffees &
Lattes**



**www.bylers.com
(302) 398-0398**



**Daily Baked
Bakery Goodies**



**Local Fresh
Produce**

CENTER ACTIVITIES & TRIPS

SUPER BOWL PARTY

DATE: February 7th

TIME: Noon

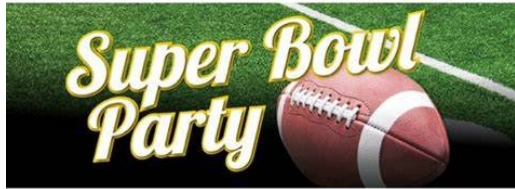
Chili, Hot Dogs and Games

MEMBER COST: \$5.00

NON-MEMBER COST: \$8.00

**SIGN UP BEGINS: Thursday,
January 2nd**

**SIGN UP ENDS: Thursday,
February 6th.**



**SAVE THE
DATE—
Tuesday,
August 19,
2025**

**Sight & Sound in Lancaster PA
“NOAH”**

**We will have reserved seating
and lunch at a local Amish
restaurant.**

**Estimated price will be \$220.00
per person for a member and
\$225.00 for non-members.**

**Price includes: show ticket,
lunch, bus, and all tips.**

**TICKETS WILL GO ON SALE
February 6th.**

**COOK'S TIRE
& AUTO REPAIR
TIRE PROS**

**(302) 398-3751
12 CLARK STREET
HARRINGTON, DE 19952**



**HOURS OF OPERATION: Monday through Friday
8:00 am—5:00 pm**

**Commercial Tires, Passenger/LT Tires, Auto Repair,
Custom Wheels**



CENTER ACTIVITIES & TRIPS

FOOD DRIVE FOR OUR CENTER FOOD BANK

JANUARY 2025

We have a nice pantry and would like to stock it for the winter season. Items in need are soups, breakfast cereals, mac and cheese, canned fruit, peanut butter and jelly.



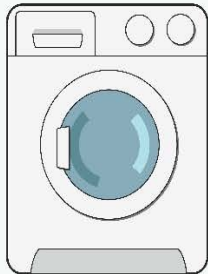
This Photo by Unknown Author is licensed under [CC BY](#)

MODERN MATURITY CENTER MEETING

DATE: Tuesday, January 21st

TIME: 1:00 pm

Come meet with Nimi the Dietitian from MMC. Monthly nutrition class and discussion of any meal concerns are required by the state. This meeting is to tell her what type of nutrition classes you would like to see. This meeting will be followed by our monthly members meeting for January.



NOW AT **DOWNTOWN JUNCTION** **QUICK & EASY DRY CLEANING**

OUR SERVICES

- ✓ Dry Cleaning
- ✓ Drop off and pickup points
- ✓ Wash & Fold



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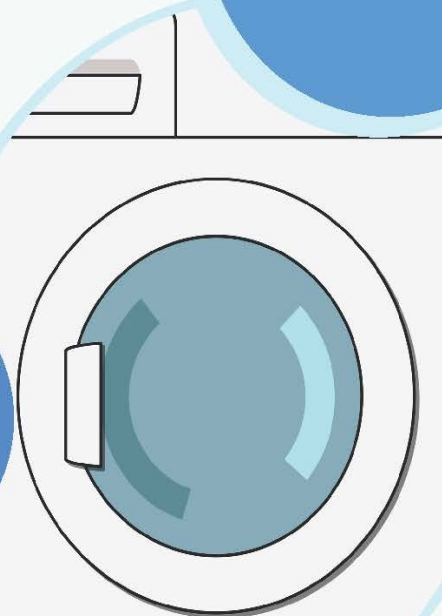


3 COMMERCE ST. HARRINGTON, DE

LOCATED AT DOWNTOWN JUNCTION
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**20% OFF
FOR NEW
CUSTOMERS**

At home Pick-up/Drop-off coming soon!



CENTER ACTIVITIES & TRIPS

SHOPPING TRIP— ROSES IN SEAFORD

DATE: Friday, January 24th

DEPARTURE TIME: 10:00 am

**APPROXIMATE RETURN TIME: 12:30
pm**

NOTE: We will take you shopping whenever the bus is available. Please call Dana at the front desk to schedule a local shopping time to Food Lion, Walgreens, Dollar General, etc.



DEFENSIVE DRIVING CLASSES

REFRESHER COURSE

DATE: Monday, February 10th

BEGINNER CLASS

DATE: Monday, February 24th

**SIGN UP FOR BOTH CLASSES BEGINS:
Thursday, January 2nd**

We will have cost and start and end times at sign up on January 2nd. You may also call the Center at 302-398-4224 or check our Facebook page for more details.

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Harrington, DE 19952

CENTER ACTIVITIES, TRIPS, & COMMUNITY INFO



MEMBER'S MEETING HIGHLIGHTS

1. We discussed the buffet serving at large lunches
2. Looking for a Crochet Instructor
3. Looking for a Knitting Instructor
4. Please tell us what authors/subjects you would like to see in the library.
5. Talked about Bridge on Friday's .
6. Talked about Pool League on Friday's.
7. Kenny Sapp has been hired as the new Custodian.
8. Gayle Sponaugle will go to a substitute driver and Crickett Morris will become the full time bus driver.



PARKING

We know at times parking is tight so please try to do the following:

1. If you do not mind walking, please park in the museum lot. You may park in the handicap spots there even if you do not have a handicap tag.
2. Please make sure you are parking in only 1 spot. Please double check that you are pulled all the way in the spot and you see the white/blue lines on each side of the car.
3. On big event days, feel free to park on Fleming Street or at the bank lot. We will have the Fleming Street ramp door open on these days.
4. Consider car pooling and riding with a friend.
5. The bus can also bring you in on big event days.



NEW BRIDGE GROUP ON FRIDAY'S

Starting on January 10th,

there will be a second opportunity to play Bridge on Friday's at the Center.

Party Bridge will start at 9:30 am promptly and end at Noon which will allow you to stay for lunch.

You may have snacks, but you must have them in a closed container and make sure you clean up any mess. Beverages must have a lid on them to avoid spills.

The Friday Bridge is for persons who already know how to play Bridge.

From 12:30 to 1:30 there will be a Bridge Brush Up Class for those that have not played in a long time. This would also allow those that want to explore learning how to play Bridge.

All levels of Bridge experience are welcome to attend on Friday's .

There is still Bridge every Tuesday at the Center starting at 10:30. This group breaks for lunch and ends by 3:00 pm.

CENTER ACTIVITIES



CARDIO DRUMMING EXERCISE CLASS

DATE: Mondays at 10:15 am
Tuesdays at 10:00 am

LOCATION: Dining Room

Come be a part of this fun exercise class. We will be drumming using exercise balls, a clothes basket and drumsticks! We would love to see you join us as we drum to the beat of several songs. It will be a fun time. The class will last approximately 30 minutes.



YOGA

DATE: Every Monday

MAT YOGA TIME: 12:45 PM

CHAIR YOGA TIME: 1:30 PM

You do not need to sign up to attend.

Class instructed by Elena Paladino

Location: Dining Room



REGULAR BINGO

© Can Stock Photo

REGULAR BINGO

IN-PERSON & ZOOM

DATE: January 16th & 28th

TIME: 1:00 pm



MAH JONGG

DATE: Every Monday

TIME: 12:30 pm

LOCATION: Card Room



BLOOD PRESSURE CHECKS

DATES: JANUARY 15TH & 29TH

TIME: 11:30 am

LOCATION: Dining Room



Bingo + Exercise = Bingocize®

BINGOCIZE

DATE: January 22nd

TIME: 1:00 pm—3:00 pm



BIBLE STUDY

Everyone is welcome to come join Bible Study held every Tuesday at 10:00 am in the Craft Room

CENTER ACTIVITIES



CRIBBAGE

DATE: Every Tuesday

Time: 11:30 am

LOCATION: Social Room

NOTE DATE AND TIME CHANGE



COMPUTER TECH SERVICES

Need help with your Smart Phone, Tablet, Laptop computer or software questions? This service is free to members with the exception of parts which you will need to pay for. You must be able to bring your device into the center.

DATES: January 10th & 31st

TIME: 1:00–3:00

SIGN UP FOR AN APPOINTMENT



TAI CHI WITH RAN

DATE: EVERY MONDAY

TIME: 2:30 PM–3:30 PM

LOCATION: Dining Room

The cost of the course is being covered by a grant so join us and a relaxing class



ARMCHAIR EXERCISE IN-PERSON

DATE: Every Monday and Wednesday

TIME: 9:30 AM LOCATION: Dining Room

Take part in our Armchair Exercise. The program takes about 30 minutes. All you need is a chair without arms, a set of weights (or 2 cans of vegetables), and a towel.



SENIOR WALKING EXERCISE PROGRAM IN-PERSON

DATE: Every Tuesday & Thursday

TIME: 9:30 AM

LOCATION: Dining Room

We will be exercising by simply walking. We will walk one mile to start and we will mix in a few other steps to keep the pace lively.

The video we have been using is Leslie Sansone Beginning Walk found on Youtube.com.



DATE: Every Tuesday

TIME: 1:00 PM

LOCATION: Craft Room

Come and bring your sewing or craft project to the Center to work on with a group of great people. Machines are always set up. As long as nothing else is booked in this room you can sew anytime.

CENTER ACTIVITIES



MEMBERS MEETING IN-PERSON & ON ZOOM

DATE: Tuesday, January 21st

TIME: 1:00 pm

LOCATION: Dining Room

Come share your ideas with the staff!



LINE DANCING

DATE: Every Friday

**TIME: 9:00 AM—New
Beginner Dancers**

**9:30 AM—Beginner
Dancers**

10:00 AM —Improver Dancers

This will give each level of dancer an hour of dancing. You are welcome to stay as long as you want for dancing.

LOCATION: Dining Room

Come join in the fun learning how to line dance. All levels of line dancers from beginners to the experienced are welcome to attend.



WII BOWLING

**DATE: Every
Wednesday**

TIME: 10:15 AM

LOCATION: Dining Room

Come join in the fun of WII Bowling. You will bowl in teams of 4 people. Each group bowls two games.

GAME ROOM ACTIVITIES

1. TV with Comcast Channels
2. Pool Table
3. Shuffleboard Table
4. Board and Card Games



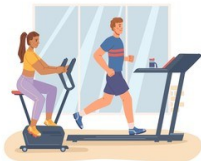
5. Puzzle Table

Come check out this room for activities.



EXCECISE ROOM

The room is open daily during our normal business hours. We do have a liability release form that needs to be signed by all users. See Dana at the front desk to sign this form. We are looking at having this room being open in the evenings soon.



HARRINGTON LIONS CLUB—EYE GLASS COLLECTION BOX

Do you have glasses you no longer need? The Harrington Lions Club has placed a box here at the Center for you to drop off old glasses. Your donation helps support funding for children's eye glasses.

CENTER ACTIVITIES

CARD GAME DAY AND TIMES



BRIDGE TUESDAYS
at 10:30 AM & FRIDAYS at
9:30 am

Card Room



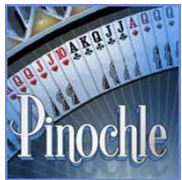
WEDNESDAYS
11:30 AM Canasta—
Craft Room



WEDNESDAYS
12:30 PM 500—
Card Room



THURSDAYS:
10:30 AM PHASE 10—
Card Room



12:30 PM Pinochle—
Card Room

**COME JOIN IN THE FUN! ALL GROUPS ARE
WILLING TO TEACH YOU THEIR GAME!**

Let's Have
Lunch
TOGETHER

LUNCH IS SERVED FROM NOON UNTIL
1:00 pm

Please sign in on the Clipboard at the
kitchen window when you come in
and are staying for lunch.

RESOURCE LISTS

The Center has gathered list of folks that assist with cleaning, being aides, yard work, drivers to appointments, and other needs. We are looking for folks that will do any of these services for seniors. Please let us know if you have anyone you can recommend we contact to see if they are interested in being placed on our list. If you would like a copy of this list, please call or email us.

Hendricks & Son Inc.

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CENTER ACTIVITIES



3 Commerce Street,
Suite 203
Harrington, DE



302-566-1356



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CENTER GUIDELINES/NEWS/ACTIVITIES



BUS INFORMATION

We need our bus riders to help us maximize our bus by doing the following:

1. Call in and schedule the bus as soon as possible for daily pick-ups. We have marked off every morning and afternoon for bus pick up and drop off.
2. Please try to schedule all medical appointments between 10:00 am and 2:00 pm. Please call as soon as you schedule an appointment so we can accommodate your needs as well as our daily riders.
3. **You will receive a call by 3:00 pm the day before your ride with a pick up time.**

BUS GUIDELINES



1. Bus guidelines will be given to all first time bus riders upon them being added to the list.
2. Bus guidelines will be posted on bulletin boards in the Center.
3. Title VI is displayed on bulletin boards in the Center, on our website, and on the bus.

GUEST GUIDELINES



1. A guest may only participate in three daily activities per year without being a member.
2. Anyone may participate in trips and activities that list a non-member price.

GRAB & GO LUNCHES



You may pick-up lunch any day from 11:15 AM until 11:45 AM for a donation of \$6.00 for anyone older than 60 and \$9.00 for those under the age of 60. You do not need to call ahead to register but you may if you wish or you may just stop in and pick up a meal. Grab & Go lunches are a function of the Meals on Wheels Program so their staff will be handling the meal pick up. Please let the HSC staff know if you have any issues with this new process. The Meals on Wheels office can be reached by calling 302-398-4860.

PICK UP TIME DAILY

11:15 AM—11:45 AM

Special lunches will be 11:00—11:30

Please come inside and go to the dining room window.



MILES OF PENNIES

It takes 84,480 pennies to travel one mile. Let us see how far we can travel in 2024.

Donate your Pennies Today!



LIBRARY & PUZZLES

You are welcome to come to the Center to check out library books and puzzles. Puzzles are located in the Game Room.

CENTER GUIDELINES /NEWS/ACTIVITIES

CANDLE FUNDRAISER TO SUPPORT HARRINGTON SENIOR CENTER

Kent County Candles created this candle just for the Harrington Senior Center.

This beautiful blue jar is filled with the scent of Salted Carmel and Vanilla. The Jar has engraving on the front and comes with a cork lid.

PURCHASE PRICE— \$20.00

We have candles in stock and also are taking orders.

Stop by the Harrington Senior Center to purchase your candle or place your order.



PARTNERING WITH LAKE FOREST CENTRAL ELEMENTARY SCHOOL

We will be trying something new this year by working with students and staff at Central Elementary.

Pen Pals—Looking for 50 members to become Pen Pals with students. You will write encouraging letters to them monthly and we will have a breakfast reveal party on April 29th at 8:45 am

Book Fair Help—March 18th from 5:30—7:30 pm (need 6 to 8 people)

Sign up with Dana anytime for the above.

Save the Dates

May 29th Chorus will perform at 1:00 pm followed by an Ice Cream Social with the chorus.



Business Hours: Everyday

6:00 am—10:00 pm

Dine in or Take Out

Delivery Hours:

Monday-Thursday

9:00 am—9:00 pm

Friday—Sunday

9:00 am—10:00 pm

17064 S. Dupont Highway, Harrington DE 19952

302-786-2766



CENTER ACTIVITIES



SERVICE OFFERED AT THE CENTER MEMBER RATES

NOTARY—\$2.00 (Free to those in the Military or Retired Military)

FAX—\$0.25 per page

COPIES— \$0.25 per page

COLOR COPIES—\$0.50 per page

NON—MEMBER RATES

NOTARY—\$5.00 (Free to those in the Military or Retired Military)

FAX—\$0.50 per page

COPIES—\$0.50 per page

COLOR COPIES— \$0.75 per page



INCOME TAX PREPARATION

We will be doing taxes for free for members starting on January 27th. We will be able to file most returns electronically to help you get your refunds faster. We will be doing things a little different this year. You will make an appointment to come in and meet with the preparer to review last year's return and the documents you bring in for 2024. Hopefully this will allow us to prepare your taxes faster. Once your return is completed, you will be called back to make an appointment to pick them up. Appointments will be Monday's & Friday's through April 4th.

Call the Center to Make An Appointment



EXERCISE CLASSES & FITNESS CENTER TRAINING

CONNER CALLAWAY—Fitness Trainer

EXERCISE CLASS IN THE DINING ROOM

Every Monday at 6:00 pm except January 20th as we are closed.

**Every Thursday 9:45 am—10:30 am
Exercise class in the dining room**

FITNESS CENTER

Conner will be in the Fitness Center to help with learning the new equipment.

Every Tuesday & Wednesday at 9:30 am.

We are looking into having evening hours with Conner in February.



SYMPATHY IS EXTENDED TO HSC MEMBERS AND THEIR FAMILIES

Joan Quillen on the death of her brother-in-law and HSC Member Frank Quillen.

Thea Quillen on the death of her father and HSC Member Frank Quillen.

Tom Kaufmann (MMC Volunteer) on the death of his father.

CENTER ACTIVITIES



QUILT SILENT AUCTION FOR THE MONTH OF JANUARY

Two beautiful quilts were donated by Lisa Holland. She made them and supplied all materials.

These quilts are displayed in the dining room.

To bid, place your name and your bid amount on the sheet of paper next to each quilt.

Bidding will begin on January 2, 2025 and will end on January 31 at Noon.



BIRTHDAY PARTY ICE CREAM SPONSORSHIPS FOR 2025

Sign up begins now for sponsoring ice cream at our Birthday Parties for 2025. More than 1 person may sign up for a month due to the raising cost of ice cream. Ice Cream sponsorships are \$20.00 per month.



NOVEMBER BINGO WINNERS

Cynthia

Small, Eileen Weber, Laurie Giannetta, Sandy Parsons, Mark McGuckin, Bob Wells, and Joan Camac



BOARD GAME TIME

Every Day

LOCATION: Social Room and/or Dining Room and Craft Room (when other programs are not in session in those rooms).

Come have fun playing a variety of board games. We have several board games available to be played by members. If we do not have a game you like, please let us know.



DONATION TO ST. STEPHEN'S EPISCOPAL CHURCH

Members have asked about making a donation to the church for allowing us to be there for two years at no charge (except their increase in utilities, which was minimal). The board will be adding to this donation and we will make a presentation to them.

Please turn in all donations by January 31, 2025.



We Need Your Suggestions and Ideas

1. Dine Arounds
2. Day Trips
3. Long Distant Trips
4. Fund Raising Ideas
5. Activities at the Center

Please come to our members meeting and help give us your input. You may provide suggestions by calling the Center at 302-398-4224.

FOOD PANTRY AT THE CENTER

Please stop by the Center and pick up food supplies. We will be partnering with the Food Bank to help us get in more food items for you as well as continuing to work with our community partners that have food drives for us.



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51 Clark Street

Harrington, DE 19952

(302) 398-4313

Hours: Monday—Friday

8:00 AM —5:00 PM

info@envirocorplabs.com



New Members— Remember to use your coupon for a free lunch on

us. We look forward to you joining us on a day of your choice. Please bring your coupon in to redeem your lunch. You may also use your coupon for curbside as well.



EMAILS and FACEBOOK

If we have your email address, you should be receiving emails from the Center almost daily. If you are not, please check your junk or spam mail. We also post on Facebook so please like our Harrington Senior Center Facebook page to follow us.



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CENTER NEWS

NOVEMBER PHASE 10 SCORES

- 1st Pat Shufelt with 165
- 2nd Darlene Marvel with 200
- 3rd Donna Matlack with 210
- 4th Ginny Brooks with 265
- 5th Watha Hostettler with 280
- 6th Eileen Weber with 300
- 7th Eula Hoover with 305
- 8th Linda Miller with 390
- 9th Beverly Hollinger with 440
- 10th Evelyn Sturgis with 455
- 11th Jan Mitchell with 460
- 12th Heidi Seeley with 470



YOUR RIGHTS UNDER TITLE VI

Harrington Senior Center operates its programs and services without regard to race, color, or national origin in accordance with Title VI of the 1964 Civil Rights Act. Any person who believes that she or he has been aggrieved by any unlawful discriminatory practice under Title VI may file a complaint with our agency.

Any such complaint must be in writing and filed with this agency within 180 days following the date of the alleged discriminatory occurrence. For information on our nondiscrimination obligations or how to file a complaint, please contact Harrington Senior Center by any of the methods listed below.

Harrington Senior Center
102 Fleming Street
Harrington DE 19952
Phone – 302-398-4224

Laura D. Willis, Esq.
ALEMAN & ASSOCIATES
884 Walker Road Suite B
Dover De 19901
(302) 990-8801

www.ae-attorneys.com
lwillis@ae-attorneys.com

Practice areas include estate planning and business counseling.

REDNER'S RECEIPTS



When turning in your Redner's receipts, please do not cut off the bottom. We must have the part that reads "Today's 1% Save-A-Tape Total" with the date and dollar amount. All receipts must be within the last three years to count.

THANK YOU!

CENTER GUIDELINES

TRIP/ACTIVITY INFORMATION

1. We will begin boarding all trips approximately 15 minutes prior to the departure time. We board in the order in which you signed up for the trip.
3. All trips/activities must be paid for prior to the date of the trip/activity unless you are moved from the waiting list the day before. Should this occur you must pay before boarding the bus or participating in the activity.
4. **Refunds will only be issued if:**
 - A. We cancel the trip/activity
 - B. We are able to sell your seat
5. Everyone participating on a trip/activity must only need minimal assistance in transferring to seats, etc. Should you have an aide, they may sign up with you at the member price.



TRIP/ACTIVITY SIGN

DATE: Thursday, January 2nd

DOORS OPEN AT 8:30 am

TIME: 9:00 am

Please come in and get a number from Dana and have a seat in the Craft Room.

You may only sign 1 other person up for a trip/activity.

SIGN UP

IT IS IMPORTANT TO SIGN UP

Signing up for events, activities, and trips is very important.

Please make sure you are signing up by the deadlines. This is important so we have room and items needed for the event. We also do not want to over order. Please look at the information for sign up dates and end dates. If you have questions, please contact us.



PICTURES IN THE NEWSLETTER, FACEBOOK & OUR WEBSITE

We take pictures at every event, on every trip, and just around the Center. We use these photos in various ways. If you do not want your picture used, please make sure you do not get in the picture. If your picture is taken, please notify the person taking it to delete it so it is not used. Thank you for helping us with publishing our photos to help showcase our Center.

CENTER NEWS

MEMORIAL/REMEMBRANCE TREE

As our Capital Campaign comes to an end, we will be working on our tree with the plaques and stones.

This tree will continue to grow through the years with any memorial donations for our building fund.

Please make sure you let the staff at the front desk know you want your donation marked as building fund.

The building fund will be used for any cost associated with the building.

NEW PROGRAMS AT THE CENTER

The Newsletter has many new activities listed. Please look at it closely.

Also please do the survey we sent out on our exercise programming.

We will have more survey's coming out soon on various program offerings. These survey's help us know what you want us to have and we are also required to gather data for grants.



Monday-Friday

7:30 AM to 5:00 PM

325 Walt Messick Road
Harrington DE 19952
302-398-3729

*Thomas E. Melvin
& Son Funeral Home, Inc.*



15522 S. DuPont Hwy.
Harrington, DE

(302) 398-3884

www.melvinfuneralhome.com

How does the challenge work?

- Register on NexTrex.com to obtain access to the Trex Portal
 - Determine a 12-month collection time period
 - Collect a minimum of 1,000 lbs.
 - Report recycling totals at my.trex.com
 - Weigh, record and attached pictures
 - Deliver the collected plastic film to a participating retailer (see list) for recycling
- Stores prefer smaller and more frequent amounts in the provided bin. Please contact store ahead of time with larger amounts.*

What does Trex provide?

- Up to three recycling bins
- Posters

What can I win?



Trex Bench

What can be recycled?

All plastic must be clean, dry and free of food residue.



With the help of Charlie Taylor with the Harrington Lions Club and Doug Crouse we are looking to have a bench made for the Center. Our members can help by collecting different types of plastic listed in the article on the left. Please bring your donation into the Center at any time to help us with this project.

Hometown Drugs

Keeping you healthy & happy

Phone: 302-450-1970

Address: 16819, S. Dupont Hwy, Harrington, DE 19952

FREE Rx DELIVERY

Our Major Services:

- Personalized Service
- Immunizations
- Accepting All Insurance
- Drive-Through Pharmacy
- Health Screening
- Over-the-counter Medicines

CENTER NEWS/SPONSORS/ACTIVITIES



NOVEMBER WII SCORES—

The scores below are the total for the month.

1st—Don Cooley 247

2nd—Craig Brodeur 194

3rd—Jan Mitchell & Eula Hoover with 191

5th—Eileen Weber with 170

6th—Jackie Krech with 166

7th—Beverly Hollinger with 151

8th—Bert Tolson with 145



NOVEMBER 500 CARD SCORES

November 6th—I apologize as it was misplaced during the move.

November 13th—No cards played

November 20th—Winner was Donna Shugars with 2620; Second was Tom Brown with 2440; Third was Tom Shugars with 2200.

November 27th—Winner was Tom Brown with 3390; Second was Nelson Reed with 2820; Third was Donna Shugars 2810.

We are always looking for new players so come and join us every Wednesday starting at 12:30 pm

COLLINS MECHANICAL INC.



Plumbing-HVAC

Residential & Commercial

302.398.8877

15294 S. Dupont Highway

Harrington DE 19952

302-398-8877



HAPPY TAILS

DOG GROOMING

302-786-2528

25 Commerce Street

Harrington DE 19952

Hours:

Tuesday—Saturday

8:00 AM—3:30 PM

Web Address: <https://www.happytailsde.com>

SPONSORS

Happy Holidays

\$175,000
Mondays, Wednesdays & Thursdays in December
2:00PM - 8:00PM
TOP PRIZE:
\$1,000 SLOT DOLLARS!

\$30,000
Snowstorm of Prizes
Tuesdays in December
4:00PM - 8:00PM
TOP PRIZE:
\$2,500 SLOT DOLLARS!

\$125,000
Santa's
Saturdays in December
Hourly Drawings:
7:00PM - 11:00PM

\$50,000
Holiday Returns
Saturdays in December
8:00PM
TOP PRIZE:
\$5,000 SLOT DOLLARS!

MAKE A WISH
SUNDAY DECEMBER 29
12:00PM - 8:00PM
Donate a minimum of \$10 cash to Make-A-Wish and receive \$25 Free Slot Play!

\$50,000
COUNTDOWN
DECEMBER 31 - JANUARY 1
Hourly Drawings:
10:15PM - 1:15AM
TOP PRIZE:
\$25,000 SLOT DOLLARS!

HARRINGTON
RACEWAY & CASINO
WHERE WINNERS PLAY!

1-888-887-5687 | HARRINGTONRACEWAY.COM |

*In prizes. Must be 21 years of age. No one under the age of 21 can enter the casino unless noted. Harrington Raceway and Casino reserves the right to cancel or change any promotion or event without notice. See Players Club for more details. All games are controlled by the Delaware State Lottery. Play responsibly. If you or someone you know has a gambling problem, call the Delaware Gambling Helpline 1-888-850-8888.

Thank You

TO OUR 2024
SPONSORS

PLATINUM

Blue Hen Construction
Byler's Store
Chick Harness & Supply Inc.
Cooks Tire & Auto Repair Service
Downtown Junction
Harrington Logistics
Harrington Raceway & Casino
Hendricks & Son Inc.
Hometown Drugs
Insurance & Financial Foundation LLC
MidTown Liquor
Rudy's Restaurant

GOLD

Collins Mechanical
Hudson, Jones, Jaywork & Fisher—
Laura D. Willis, Esq.
Thomas E. Melvin & Son Funeral Home

SILVER

Envirocorp Inc.
Happy Tails Dog Grooming
Larson's Mower Shop
Taylor & Messick

BRONZE

IN-KIND SPONSORS

Harrington Sunshine 4-H Club
Delaware State Fair
Ivins Florist
Harrington Lions Club
NeighborGood Partners
Harrington Fire Company Auxiliary
Home Instead Senior Care

JANUARY MANNA MENU

Lunch is served at 12 Noon. Meals are provided by the Modern Maturity Center, Inc. MANNA Programs. **Suggested Donation \$6.00 for ages 60 and up; \$9.00 payment required for Under 60 years of age** - Menu Subject to Change Without Notice. **IN-PERSON LUNCH is 12:00 until 12:30.**

Did you know? With funding from the Division of Services for Aging and Adults with Physical Disabilities, senior nutrition programs (Congregate and Meals on Wheels) are designed to provide balanced meals and services not met by other meal providers. We help you to live independently longer.

NOTE:

Please be advised that food served here may contain these ingredients: Milk, Eggs, Wheat, Soybean, Peanuts, Tree Nuts, Fish, Shellfish and Seafood Base.

1
CENTER IS CLOSED
FOR NEW YEAR'S
DAY



2
Fried Fish with Tarter
Sauce
Scalloped Potatoes
Stewed Tomatoes
Dinner Roll
Pudding
Milk

3
BBQ Pulled Pork
Baked Beans
Coleslaw
Fruit
Milk

6
Spaghetti with Meat Balls
Mixed Vegetables
Italian Bread
Pudding
Milk

7
Chicken Marsala
Rice
Chef's Blend
Applesauce
Wheat Bread
Milk

8
Meat Loaf with Gravy
Mashed Potatoes
Buttered Broccoli
Wheat Bread
Brownie
Milk

9
Roast Pork with Gravy
Sweet Potatoes
Buttered Peas
Cake
Roll
Milk

10
BBQ Chicken
Mexican Corn
Potato Salad
Cookies
Roll
Milk

BIRTHDAY PARTY

13
Chicken Pot Pie
Mixed Vegetables
Biscuit
Fruit
Milk

14
Fried Chicken
Macaroni & Cheese
Collard Greens
Corn Bread
Sweet Potato Pie
Milk

15
Chili with Red Beans
Seasoned Rice
Peas & Carrots

16
Sliced Ham with Mustard
Sauce
Boiled Potatoes
Seasoned Cabbage
Wheat Bread
Yogurt
Milk

17
Sloppy Joe on Bun
Potato Wedges
Steamed Broccoli
Fruit
Milk

MLK DAY CELEBRATION

20
CENTER IS CLOSED
MARTIN LUTHER KING
HOLIDAY



21
Hot Dog on Bun
Baked Beans
Potato Chips
Pudding
Milk

22
Beef Stroganoff
Buttered Noodles
Buttered Green Beans
Fruit
Roll
Milk

23
Liver & Onions with
Gravy
Mashed Potatoes
Seasoned Green Beans
Applesauce
Wheat Bread
Milk

24
Baked Chicken with Gravy
Seasoned Rice
Buttered Spinach
Wheat Bread
Fruit
Milk

27
Meatloaf with Gravy
Mashed Potatoes
Buttered Carrots
Applesauce
Wheat Bread
Milk

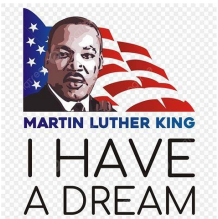
28
Meatball Sub
Potato Wedges
Corn & Black Bean Salad
Tropical Fruit
Milk

29
Seafood Salad
Broccoli Pasta Salad
Roll
Vanilla Pudding
Milk

30
Pepper Steak
Jasmine Rice
Buttered Broccoli
Dinner Roll
Mandarin Oranges
Milk

31
Chicken & Dumplings
Buttered Chef's Blend
Wheat Bread
Cookies
Milk

CALENDAR OF ACTIVITIES

Monday	Tuesday	Wednesday
<p>6 9:30—Armchair Exercise— (DR) 10:15—Cardio Drumming (DR) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Mah Jongg (Card Room) 12:45—Mat Yoga (DR) 1:30—Chair Yoga (DR) 2:30—Tai Chi (DR) 6:00—Exercise with Conner (DR)</p>	<p>7 9:30—Senior Walking Program (DR) 9:30—Fitness Center with Conner 10:00—Cardio Drumming (DR) 10:00—Bible Study (Craft Room) 10:30—Bridge (Card Room) 11:15—11:45 Grab N Go Lunch 11:30—Cribbage (Social Room) 12:00—Lunch Served (DR) 1:00—Sit & Sew (Craft Room)</p>	<p>1 CENTER IS CLOSED FOR NEW YEAR'S DAY</p> <div style="text-align: center;">  </div> <p>8 9:30—Armchair Exercise—(DR) 9:30 Fitness Center with Conner 10:15—WII Bowling (DR) 11:15—11:45 Grab N Go Lunch 11:30—Canasta (Craft Room) 12:00—Lunch Served (DR) 12:30—500 (Card Room)</p>
<p>13 9:30—Armchair Exercise (DR) 10:15—Cardio Drumming (DR) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Mah Jongg (Card Room) 12:45—Mat Yoga (DR) 1:30—Chair Yoga (DR) 2:30—Tai Chi (DR) 6:00—Exercise with Conner (DR)</p>	<p>14 9:30—Senior Walking Program (DR) 9:30—Fitness Center with Conner 10:00—Cardio Drumming (DR) 10:00—Bible Study (Craft Room) 10:30—Bridge (Card Room) 11:15—11:45 Grab N Go Lunch 11:30—Cribbage (Social Room) 12:00—Lunch Served (DR) Martin Luther King Celebration 1:00—Sit & Sew (Craft Room)</p>	<p>15 9:30—Armchair Exercise—(DR) 9:30—Fitness Center with Conner 10:15—WII Bowling (DR) 11:15—11:45 Grab N Go Lunch 11:30—Canasta (Craft Room) 11:30—Blood Pressure Checks (Dining Room) 12:00—Lunch Served (DR) 12:15—National Strawberry Ice Cream Day (Free Ice Cream) 12:30—500 (Card Room)</p>
<p>20 CENTER IS CLOSED FOR MARTIN LUTHER KING, JR HOLIDAY</p> <div style="text-align: center;">  </div>	<p>21 9:30—Senior Walking Program (DR) 9:30—Fitness Center with Conner 10:00—Cardio Drumming (DR) 10:00—Bible Study (Craft Room) 10:30—Bridge (Card Room) 11:15—11:45 Grab N Go Lunch 11:30—Cribbage (Social Room) 12:00—Lunch Served (DR) 1:00—Sit & Sew (Craft Room) 1:00—Modern Maturity Meeting (DR) 1:00—Members Meeting Zoom & In-person (DR)</p>	<p>22 9:30—Armchair Exercise—(DR) 9:30—Fitness Center with Conner 10:15—WII Bowling (DR) 11:15—11:45 Grab N Go Lunch 11:30—Canasta (Craft Room) 12:00—Lunch Served (DR) 12:30—500 (Card Room) 1:00—Bingocize (Dining Room)</p>
<p>27 9:30—Armchair Exercise— (DR) 10:15—Cardio Drumming (DR) 10:30—Milford Senior Center Visit 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Mah Jongg (Card Room) 12:45—Mat Yoga (DR) 1:30—Chair Yoga (DR) 2:30—Tai Chi (DR) 6:00— Exercise with Conner (DR)</p>	<p>28 9:30—Senior Walking Program (DR) 9:30—Fitness Center with Conner 10:00—Cardio Drumming (DR) 10:00—Bible Study (Craft Room) 10:30—Bridge (Card Room) 11:15—11:45 Grab N Go Lunch 11:30—Cribbage (Social Room) 12:00—Lunch Served (DR) 1:00—Sit & Sew (Craft Room) 1:00—Bingo (Dining Room)</p>	<p>29 9:30—Armchair Exercise—(DR) 9:30—Fitness Center with Conner 10:15—WII Bowling (DR) 11:15—11:45 Grab N Go Lunch 11:30—Canasta (Craft Room) 11:30—Blood Pressure Checks (Dining Room) 12:00—Lunch Served (DR) 12:30—500 (Card Room)</p>

JANUARY 2025

Thursday	Friday	Saturday
<p>2 9:00—Trip Sign Up 9:30—Senior Walking Program (DR) 9:45—Exercise with Conner (DR) 10:30—Phase 10 (Card Room) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Pinochle (Card Room)</p>	<p>3 9:00— New Beginners Line Dancing (DR) 9:30—Beginners Line Dancing (DR) 9:30—POOL Group (Social Room) 10:00—Improver Dancers Line 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR)</p>	<p>4</p>
<p>9 9:30—Senior Walking Program (DR) 9:45—Exercise with Conner (DR) 10:30—Phase 10 (Card Room) 11:00—11:30 Grab N Go Lunch 12:00—Lunch Served (DR) BIRTHDAY PARTY 12:30—Pinochle (Card Room) 6:00—Board Meeting (DR)</p>	<p>10 9:00— New Beginners Line Dancing (DR) 9:30—Beginners Line Dancing (DR) 9:30—Pool Group (Social Room) 9:30—Party Bridge (Card Room) 10:00—Improver Dancers Line Dancing (DR) 11:15—11:45—Grab N Go Lunch Pick-up (DR) 12:00—Lunch Served (DR) 12:30—Bridge Brush Up Class (Card Rm) 1:00—Computer Tech</p>	<p>11</p>
<p>16 9:30—Senior Walking Program (DR) 9:45—Exercise with Conner (DR) 10:30—Phase 10 (Card Room) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Pinochle (Card Room) 1:00—Bingo (Dining Room)</p>	<p>17 9:00— New Beginners Line Dancing (DR) 9:30—Beginners Line Dancing (DR) 9:30—Pool Group (Social Room) 9:30—Party Bridge (Card Room) 10:00—Improver Dancers Line Dancing (DR) 10:45—Depart for Dine Around 11:15—11:45—Grab N Go Lunch Pick-up (DR) 12:00—Lunch Served (DR) 12:30—Bridge Brush Up Class (Card Rm)</p>	<p>18</p>
<p>23 9:30—Senior Walking Program (DR) 9:45—Exercise with Conner (DR) 10:30—Phase 10 (Card Room) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Pinochle (Card Room)</p>	<p>24 9:00— New Beginners Line Dancing (DR) 9:30—Beginners Line Dancing (DR) 9:30—Pool Group (Social Room) 9:30—Party Bridge (Card Room) 10:00—Improver Dancers Line Dancing (DR) 10:00—Depart for Roses Shopping 11:15—11:45—Grab N Go Lunch Pick-up (DR) 12:00—Lunch Served (DR) 12:30—Bridge Brush Up Class (Card Rm)</p>	<p>25</p>
<p>30 9:30—Senior Walking Program (DR) 9:45—Exercise with Conner (DR) 10:30—Phase 10 (Card Room) 11:15-11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Pinochle (Card Room)</p>	<p>31 9:00— New Beginners Line Dancing (DR) 9:30—Beginners Line Dancing (DR) 9:30—Pool Group (Social Room) 9:30—Party Bridge (Card Room) 10:00—Improver Dancers Line Dancing (DR) 11:15—11:45—Grab N Go Lunch Pick-up (DR) 12:00—Lunch Served (DR) 12:30—Bridge Brush Up Class (Card Rm) 1:00—Computer Tech</p>	



JANUARY 2025 BIRTHDAY WISHES



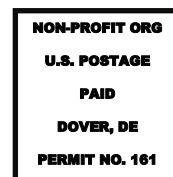
January 1st
Nancy Paynter
January 2nd
Bob Wilson
Janette Hobbs
Thomas Samuel
January 3rd
Joan Camac
Crystal Yerkes
January 5th
Jackie Krech
January 6th
Denise Smith
January 8th
Patsy Voss
Pauline Lister
Bill Ivins
Cheryl Manship
Robert Salmons
January 9th
Walter Perdue
Baldy Sadler, Sr.

January 11th
David Martin
Edward Baynard
Shirley Baker
Byron Stubbs
January 12th
Virginia Shultie
January 13th
Gloria Domina
Mike Clough
January 15th
Jack Brown
Wanda Nichols
Pamela Gordon
Chery Gladden
January 16th
Dana Kelley
Darlene Marvel-Cole
January 17th
Sherry Clark
Kelly Willey
Charlene Beene
Carolyn Murray

January 18th
Phyllis Doyle
January 19th
Richard Shultie
Phyllis Wolfinger
Cynthia Small
Jean Miller
Elena Paladino
January 20th
Carolyn Plummer
Harold Brode
Barbara Boone
Felecia McCoy
January 21st
Larry Cannon
Ann Milorey
Doug Spickes
January 22nd
Mary Ann Stumpf
Kathleen Harris
January 23rd
Ronald Hughes

January 24th
Jeannie Darling
Julia McCullough
January 25th
Patricia Gorman
David Reynolds
Thomas Matt
January 26th
Patsy Jester
Loretta McDowell
Audrey Wright
Barbara Manley
Peggy Garey
January 27th
Nancy McDaniel
January 28th
Gloria Minner
Charles Asbury
January 29th
David Collins
January 30th
Joyce Carter
January 31st
Susan Davis

Harrington Senior Center
102 Fleming Street
Harrington DE 19952



Return Service Requested