



The Harrington Senior Center

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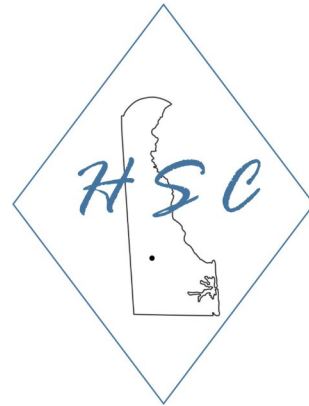
Website: harringtonseniorcenter.org

Facebook: Like Harrington Senior Center Page
& Friend us at Harrington Senior

HOURS: Monday—Thursday 8:30 AM- 4:00 PM

Friday 8:30 AM—2:00 PM

**FEBRUARY
2025
Volume 44,
No. 2**



The front desk closes 15 minutes prior to the Center closing time. Please handle all transactions by this time.

**MESSAGE FROM THE EXECUTIVE DIRECTOR—
KAREN CROUSE**

We are getting settled into our new home so we have been making some minor adjustments to the temperature in various areas and moving of activities into different rooms to accommodate our growing numbers which is awesome. We welcome your suggestions; however, please understand we have to make our decisions based on the needs of everyone and all the activities at the Center.

We are happy to report that our Fitness Center will have evening hours with Conner coming in to demonstrate how to use the equipment.

Please help us in keeping our new facility in tip top shape. Be sure to flush the toilets and urinal before exiting the stalls/bathrooms. In addition please inform the staff if any of the following need to be addressed: Spills, restroom issues, and other needs you feel need to be addressed while you are in the building.



WEATHER CLOSINGS

Winter has arrived and with that it will more than likely bring Center closings due to bad weather. We will always error on the side of caution for our members and staff. Closings or delays will be announced on WBOC, our Facebook page, and an email will be sent out. With our new system, we should be able to send calls.



Dues are \$25.00 for the year. Please pay your dues by February 14th to receive a March Newsletter and not be removed as a member of the Center. Ask a friend to join the Center and come have some fun!

The Prime Years

CENTER ACTIVITIES & TRIPS

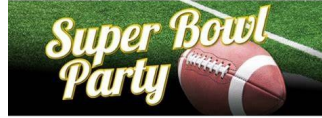
MODERN MATURITY CENTER MEETING

DATE: Wednesday, February 5th

TIME: 11:00 am

Location: Dining Room

Come meet with Nimi who serves as the Dietitian from MMC. Monthly nutrition class and a discussion of any meal concerns are required by the state. This meeting is to tell her what type of nutrition classes you would like to see. She will be speaking about Heart Healthy items as February is Heart Healthy Month.



SUPER BOWL PARTY

**DATE: Friday,
February 7th**

TIME: Noon

Chili, Hot Dogs and Games

MEMBER COST: \$5.00

NON-MEMBER COST: \$8.00

SIGN UP ENDS: Thursday, February 6th.



DEFENSIVE DRIVING CLASSES

REFRESHER COURSE

DATE: Monday, February 10th

TIME: 8:45 am until 1:00 pm

BEGINNER CLASS

DATE: Monday, February 24th

TIME: 8:45 am until 3:00 pm

**You must sign up to attend either class.
Call the Center to register.**

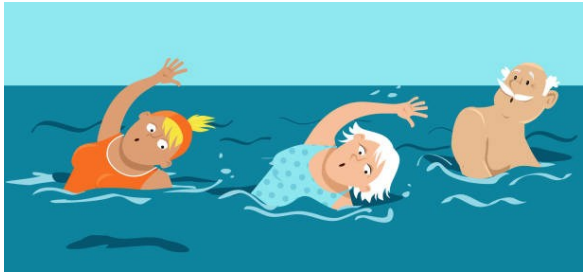
Harrington Logistics



**111 Reese Avenue
Harrington DE 19952**

**Is A Proud Sponsor of the
Harrington Senior Center**

CENTER ACTIVITIES & TRIPS



SENIOR SWIM LAKE FOREST HIGH SCHOOL POOL

DATE: Tuesday, February 11th

TIME: Depart at 12:30 pm

Swim Time 1:00—2:00

**APPROXIMATE RETURN TIME:
2:30 pm**

No cost to members!

**NOTE: Tentative March Dates are
March 11th and 20th**

**SIGN UP BEGINS: Thursday,
February 6th**



FEBRUARY BIRTHDAY PARTY

**DATE:
Thursday,
February 13th**

TIME: Noon for In-Person

**11:00 AM – 11:30 AM for Grab & Go
Lunch Pick-Up**

**MENU: Roast Pork with Gravy, Mashed
Potatoes, Sauerkraut, Roll, Milk,
Dessert & Ice Cream**

**COST: \$6.00 suggested donation for age
60+ and \$9.00 required payment for
under the age of 60.**

YOU WILL PAY AT THE DOOR

SIGN UP BEGINS: NOW

SIGN UP ENDS: Tuesday, February 11th

**Ice Cream Sponsor:
Elaine Straughn**



BLUE HEN

CONSTRUCTION

Hours of Operation:

8:00 AM—5:00 PM Monday—Friday

9:00 AM—4:00 PM—Saturday

Owned by Darrin & Laura Simpson

Address: 1 Dorman Street

Harrington DE 19952

Telephone Number: (302) 363-0343

CENTER ACTIVITIES



VALENTINE'S DAY PARTY WITH SWEET TREATS & JAZZ MUSIC BY JOE BAIONE

DATE: Friday, February 14th

TIME: Noon

MENU: Fried Shrimp or Alternate Meat Hush Puppies, Coleslaw, Roll, Milk & Sweet Treats for Dessert Party

Come have fun with lunch, music and sweet treat desserts. Bring your Valentine or come alone and we will all have some fun!

COST: \$6.00 suggested donation for age 60+ and \$9.00 required payment for under the age of 60.

SIGN UP BEGINS: NOW

SIGN UP ENDS: Tuesday, February 11th

GREATER HARRINGTON HISTORICAL SOCIETY PRESENTS
BLACK HISTORY MONTH
Come and Celebrate with Us!

HONORING HARRINGTON'S UNSUNG

February 15, 2025 - 12:00-2:00 pm
 New Harrington Senior Center
 102 Fleming St. Harrington, DE

Unsung Honorees

 Dr. Vickie Hendricks Lindsey Supervisor, Strategic Talent Sourcing and Workforce Planning Dept. of Defense	 Fred Johnson Athletic Director, Lake Forest High School & Community Programs	 Chester Scott, Jr. African American Farmer, Retired Teacher, Lake Forest High School	 Dr. Gwendolyn Scott-Jones Dean of Wesley College Health & Behavioral Science, Dean of DSU Graduate Studies	 George Teague, Jr. Owner, Teague Stables, Inc., Harness Racing Hall of Fame 2022, National Museum of Racing
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Featuring:

- Harrington's Black History Exhibit
- Exhibit from 302 Stories
- Dance Performance by Brielle Coleman
- Harrington's "S.W.I.F.T. Elder" Tribute
- Door Prizes
- Light Refreshments served

Attire: Business Casual/Comfortable
 Doors open at 11:30 am.

For more information go to www.ghhsociety.org

Special Thank You to Our Sponsor

MID-DEL FOUNDATION
<https://casino.harringtonraceway.com/mid-del-foundation>

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Daily Baked Bakery Goodies

www.bylers.com (302) 398-0398

CENTER ACTIVITIES & TRIPS



BLACK HISTORY MONTH CELEBRATION

DATE: Thursday, February 20th

TIME: Noon

MENU: Fried Chicken, Macaroni & Cheese, Mixed Greens, Cornbread, Pie, and Milk

COST: \$6.00 suggested donation for age 60+ and \$9.00 required payment for under the age of 60.

SIGN UP BEGINS: NOW

Come join us as we celebrate Black History Month

A program will follow lunch.

SIGN UP ENDS: Tuesday, February 18th

DINE AROUND AT FREDERICA PIZZA AND PASTA HOUSE

DATE: Friday, February 21st

DEPART AT: 11:30am

APPROXIMATE RETURN TIME: 1:30pm

TRANSPORTATION: Center Bus

MEMBER COST: \$2.00

SIGN UP BEGINS: Tuesday, February 6th



**COOK'S TIRE & AUTO REPAIR
TIRE PROS**

**(302) 398-3751
12 CLARK STREET
HARRINGTON, DE 19952**



HOURS OF OPERATION: Monday through Friday

8:00 am—5:00 pm

**Commercial Tires, Passenger/LT Tires, Auto Repair,
Custom Wheels**



CENTER ACTIVITIES & TRIPS

MOVIES AT THE CENTER

“MOMMA MIA”

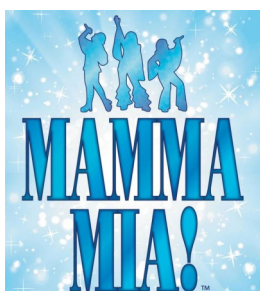
DATE: Tuesday, February 25th

START TIME: 1:30 pm (please arrive by 1:15 pm)

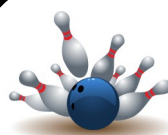
Beverages and Popcorn will be served.

Come and have fun!

SIGN UP BEGINS: Thursday, February 6th



LET’S GO BOWLING



DATE: Wednesday, February 26th

DEPARTURE TIME: 1:00 PM

APPROXIMATE RETURN TIME: 4:00 PM

COST: \$5.00 which includes 2 Games, shoes and transportation. The Center will be picking up a portion of the overall cost.

Come join in the fun!

NOTE: Tentative March dates are March 12th & 26th

SIGN UP BEGINS: Thursday, February 6th

NOW AT DOWNTOWN JUNCTION

QUICK & EASY DRY CLEANING

OUR SERVICES

- ✓ Dry Cleaning
- ✓ Drop off and pickup points
- ✓ Wash & Fold

20% OFF FOR NEW CUSTOMERS

302-398-4678

3 COMMERCE ST. HARRINGTON, DE

LOCATED AT DOWNTOWN JUNCTION
ACROSS FROM THE POST OFFICE!

At home Pick-up/Drop-off coming soon!

LAKE FOREST HIGH SCHOOL PRESENTS *SLEEPING BEAUTY THE MUSICAL*



DATE: Thursday, March 14th

DEPARTURE TIME: 6:15 pm

APPROXIMATE RETURN TIME: 9:30 PM

MEMBER COST: \$12.00

NON-MEMBER COST: \$15.00

Cost includes show ticket & bus fee.

Come and support the youth in our community with their drama production.

SIGN UP BEGINS: Thursday, February 6th

CENTER ACTIVITIES & TRIPS

SHOPPING TRIP— OLLIES

DATE: Friday, February 28th

DEPARTURE TIME: 9:30 am

**APPROXIMATE RETURN TIME:
12:30 pm**

NOTE: We will take you shopping whenever the bus is available. Please call Dana at the front desk to schedule a local shopping time to Food Lion, Walgreens, Dollar General, etc.

**SIGN UP BEGINS: Thursday,
February 6th**



PANCAKE SUPPER & MARDI GRAS CELEBRATION

ST. STEPHEN'S EPISCOPAL CHURCH FUNDRAISER

DATE: Tuesday, March 4th

DEPART: 3:45 pm

COST: \$10.00 Payable at the Door

Wear your festive Mardi Gras garb!

SIGN UP BEGINS: Thursday, February 6th

Chick's

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www.ChickSaddlery.com 302-398-4630 18011 S DuPont Hwy
Harrington, DE 19952

CENTER ACTIVITIES, TRIPS, & COMMUNITY INFO



“NOAH” SIGHT & SOUND

LANCASTER PA

DATE: Tuesday, August 19th

DEPARTURE TIME: 7:30 am

**APPROXIMATE RETURN TIME:
6:30 PM**

MEMBER COST: \$218.00

NON-MEMBER COST: \$225.00

\$75.00 Deposit to sign up

**Cost includes: Show ticket on the
main floor, lunch at Hersey Farm
Restaurant, Bus Transportation, Bus
Driver & Wait Staff Tip**

**SIGN UP BEGINS: Thursday,
February 6th**



NEW BRIDGE GROUP ON FRIDAY'S

Party Bridge will start at 9:30 am promptly and end at Noon which will allow you to stay for lunch.

The Friday Bridge is for persons who already know how to play Bridge.

From 12:30 to 1:30 there will be a Bridge Brush Up Class for those that have not played in a long time. This would also allow those that want to explore learning how to play Bridge.

All levels of Bridge experience are welcome to attend on Friday's .

If you are interested in Bridge and Friday's do not work for you to come and learn, please let us know a date a time as we have someone that is willing to work with your schedule!

PARKING



We know at times parking is tight so please try to do the following:

1. If you do not mind walking, please park in the museum lot. You may park in the handicap spots there even if you do not have a handicap tag.
2. Please make sure you are parking in only 1 spot. Please double check that you are pulled all the way in the spot and you see the white/blue lines on each side of the car.
3. On big event days, feel free to park on Fleming Street or at the bank lot. We will have the Fleming Street ramp door open on these days.
4. Consider car pooling and riding with a friend or ride the bus.

POOL GROUP

**Every Friday
starting at
9:30 AM.**



**Come join the fun
and play pool with
a group.**

**The Pool Table is also available
every day in the social room.**

CENTER ACTIVITIES



CARDIO DRUMMING EXERCISE CLASS

DATE: Mondays at 10:30 am

Tuesdays at 10:00 am

LOCATION: Dining Room

Come be a part of this fun exercise class. We will be drumming using exercise balls, a clothes basket and drumsticks! We would love to see you join us as we drum to the beat of several songs. It will be a fun time. The class will last approximately 30 minutes.



YOGA

DATE: Every Monday

MAT YOGA TIME: 12:45 PM

CHAIR YOGA TIME: 1:30 PM

You do not need to sign up to attend.

Class instructed by Elena Paladino

Location: Dining Room



REGULAR BINGO

© Can Stock Photo

REGULAR BINGO

IN-PERSON & ZOOM

**DATE: February 13th at
1:30 pm**

February 19th at 1:00 pm



Bingo + Exercise = Bingocize®

BINGOCIZE

DATE: February 27th

TIME: 1:00 pm—3:00 pm



MAH JONGG

DATE: Every Monday

TIME: 12:30 pm

LOCATION: Card Room



BLOOD PRESSURE CHECKS

DATES: FEBRUARY 12TH & 26TH

TIME: 11:30 am

LOCATION: Dining Room



BIBLE STUDY

**Everyone is welcome to
come join Bible Study
held every Tuesday at 10:00 am
in the Craft Room**

CENTER ACTIVITIES



CRIBBAGE

DATE: Every Tuesday

Time: 11:30 am

LOCATION: Social Room

NOTE DATE AND TIME CHANGE



COMPUTER TECH SERVICES

Need help with your Smart Phone, Tablet, Laptop computer or software questions? This service is free to members with the exception of parts which you will need to pay for. You must be able to bring your device into the center.

DATES: February 14th & 28th

TIME: 1:00–3:00

SIGN UP FOR AN APPOINTMENT



TAI CHI WITH RAN

DATE: EVERY MONDAY

TIME: 2:30 PM–3:30 PM

LOCATION: Dining Room

The cost of the course is being covered by a grant so join us and a relaxing class



ARMCHAIR EXERCISE IN-PERSON

DATE: Every Monday and Wednesday

TIME: 9:30 AM LOCATION: Dining Room

Take part in our Armchair Exercise. The program takes about 30 minutes. All you need is a chair without arms, a set of weights (or 2 cans of vegetables), and a towel.



SENIOR WALKING EXERCISE PROGRAM IN-PERSON

DATE: Every Tuesday & Thursday

TIME: 9:30 AM

LOCATION: Dining Room

We will be exercising by simply walking. We will walk one mile to start and we will mix in a few other steps to keep the pace lively.

The video we have been using is Leslie Sansone Beginning Walk found on Youtube.com.



DATE: Every Tuesday

TIME: 1:00 PM

LOCATION: Craft Room

Come and bring your sewing or craft project to the Center to work on with a group of great people. Machines are always set up. As long as nothing else is booked in this room you can sew, knit, crochet, or craft anytime.

CENTER ACTIVITIES



MEMBERS MEETING IN-PERSON & ON ZOOM

DATE: Tuesday, February 18th

TIME: 1:00 pm

LOCATION: Dining Room

Come share your ideas with the staff!



LINE DANCING

DATE: Every Friday

**TIME: 9:00 AM—New
Beginner Dancers**

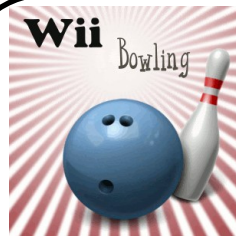
**9:30 AM—Beginner
Dancers**

10:00 AM —Improver Dancers

**This will give each level of dancer an hour
of dancing. You are welcome to stay as
long as you want for dancing.**

LOCATION: Dining Room

Come join in the fun learning how to line dance.
All levels of line dancers from beginners to the
experienced are welcome to attend.



WII BOWLING

**DATE: Every
Wednesday**

TIME: 10:15 AM

LOCATION: Dining Room

Come join in the fun of WII Bowling.
You will bowl in teams of 4 people.
Each group bowls two games.



GAME ROOM ACTIVITIES

1. TV with Comcast Channels
2. Pool Table
3. Shuffleboard Table
4. Board and Card Games
5. Puzzle Table

**Come check out this room
for activities!**



EXCECISE ROOM

**The room is open daily during
our normal business hours.
You are exercising at your own
risk.**

**Please wear sneakers only on
the equipment. Please clean
the bottom of your shoes before
entering the room and getting
on equipment. Thank You!**



HARRINGTON LIONS CLUB—EYE GLASS COLLECTION BOX

Do you have glasses you no longer need? The
Harrington Lions Club has placed a box here at
the Center for you to drop off old glasses. Your
donation helps support funding for children's eye
glasses.

CENTER ACTIVITIES

CARD GAME DAY AND TIMES



BRIDGE TUESDAYS
at 10:30 AM & FRIDAYS at
9:30 am

Card Room



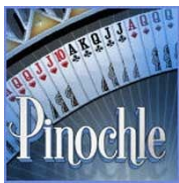
WEDNESDAYS
11:30 AM Canasta—
Craft Room



WEDNESDAYS
12:30 PM 500—
Game Room



THURSDAYS:
10:30 AM PHASE 10—
Card Room



12:30 PM Pinochle—
Card Room

**COME JOIN IN THE FUN! ALL GROUPS ARE
WILLING TO TEACH YOU THEIR GAME!**

**Let's Have
Lunch
TOGETHER**

**LUNCH IS SERVED FROM NOON UNTIL
1:00 pm**

**Please sign in on the Clipboard at the
kitchen window when you come in
and are staying for lunch.**

RESOURCE LISTS

The Center has gathered list of folks that assist with cleaning, being aides, yard work, drivers to appointments, and other needs. We are looking for folks that will do any of these services for seniors. Please let us know if you have anyone you can recommend we contact to see if they are interested in being placed on our list. If you would like a copy of this list, please call or email us.

Hendricks & Son Inc.

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Serving the Agricultural Community Since 1952

CENTER ACTIVITIES



INSURANCE AND FINANCIAL FOUNDATION LLC

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Ready to provide coverage for home, auto, business, health, life, annuities, funeral expense insurance, and more!

INDEPENDENT and LOCAL - We work for YOU, not insurance companies.

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 badri@pramukhinsadvisor.com



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Largest selection of Liquor, coldest Beer, Wine and Tobacco Products in town.

Easy in and out Sports Lottery – Lottery – Keno – ATM

ONE STOP SHOP

CENTER GUIDELINES/NEWS/ACTIVITIES



BUS INFORMATION

We need our bus riders to help us maximize our bus by doing the following:

1. Call in and schedule the bus as soon as possible for daily pick-ups. We have marked off every morning and afternoon for bus pick up and drop off.
2. Please try to schedule all medical appointments between 10:00 am and 2:00 pm. Please call as soon as you schedule an appointment so we can accommodate your needs as well as our daily riders.
3. **You will receive a call by 3:00 pm the day before your ride with a pick up time.**

BUS GUIDELINES



1. Bus guidelines will be given to all first time bus riders upon them being added to the list.
2. Bus guidelines will be posted on bulletin boards in the Center.
3. Title VI is displayed on bulletin boards in the Center, on our website, and on the bus.

GUEST GUIDELINES



1. A guest may only participate in three daily activities per year without being a member.
2. Anyone may participate in trips and activities that list a non-member price.

GRAB & GO LUNCHES



PICK UP TIME DAILY

11:15 AM—11:45 AM

Special lunches will be 11:00—11:30

Please come inside and go to the dining room window.



Food Pantry

We have restocked our Food Pantry. Thanks to so many

donations. If you are in need of food, please stop in and browse our pantry. There is no paperwork to fill out as it is open to any member.

MILES OF PENNIES



It takes 84,480 pennies to travel one mile. Let us see how far we can travel in 2025.

We collected \$181.89 in 2024



LIBRARY BOOKS, PUZZLES & DVD's

You are welcome to come to the Center to check out library books and puzzles. Puzzles are located in the Game Room.

CENTER GUIDELINES /NEWS/ACTIVITIES

CANDLE FUNDRAISER TO SUPPORT HARRINGTON SENIOR CENTER

Kent County Candles created this candle just for the Harrington Senior Center.

This beautiful blue jar is filled with the scent of Salted Carmel and Vanilla. The Jar has engraving on the front and comes with a cork lid.

PURCHASE PRICE— \$20.00

We have candles in stock and also are taking orders.

Stop by the Harrington Senior Center to purchase your candle or place your order.



PARTNERING WITH LAKE FOREST CENTRAL ELEMENTARY SCHOOL

We will be trying something new this year by working with students and staff at Central Elementary.

Pen Pals—We have the letters so if you signed up or would like to be a Pen Pal please join us for a meeting.

DATE: Wednesday, February 12th at 1:30 pm in the dining room.

We will have a breakfast reveal party on April 29th at 8:45 am

Book Fair Help—March 18th from 5:30—7:30 pm (need 6 to 8 people)

Sign up with Dana anytime for the above.

Save the Date

On, May 29th the Chorus will perform at 1:00 pm followed by an Ice Cream Social with the chorus.



**Business Hours: Everyday
6:00 am—10:00 pm**

Dine in or Take Out

**Delivery Hours:
Monday-Thursday
9:00 am—9:00 pm**

**Friday—Sunday
9:00 am—10:00 pm**

17064 S. Dupont Highway, Harrington DE 19952

302-786-2766



CENTER ACTIVITIES



SERVICE OFFERED AT THE CENTER MEMBER RATES

NOTARY—\$2.00 (Free to those in the Military or Retired Military)

FAX—\$0.25 per page

COPIES— \$0.25 per page

COLOR COPIES—\$0.50 per page

NON—MEMBER RATES

NOTARY—\$5.00 (Free to those in the Military or Retired Military)

FAX—\$0.50 per page

COPIES—\$0.50 per page

COLOR COPIES— \$0.75 per page



INCOME TAX PREPARATION

We will be doing taxes for free for members starting on February 3rd. We will be able to file most returns electronically to help you get your refunds faster. We will be doing things a little different this year. You will make an appointment to come in and meet with the preparer to review last year's return and the documents you bring in for 2024. Hopefully this will allow us to prepare your taxes faster. Once your return is completed, you will be called back to make an appointment to pick them up. Appointments will be Monday's, Wednesday's and Friday's through April 4th.

Call the Center to Make An Appointment



EXERCISE CLASSES & FITNESS CENTER TRAINING

CONNER CALLAWAY—Fitness Trainer

EXERCISE CLASS IN THE DINING ROOM

Every Monday 9:45 am—10:30 am

Every Thursday 9:45 am—10:30 am

FITNESS CENTER

Conner will be in the Fitness Center to help with learning the new equipment.

Every Monday NIGHT at 6:00 pm.

Every Tuesday & Wednesday at 9:30 am.

NOTE: Conner is available to provide a personal exercise plan for you. This is done for a fee paid directly to Conner OUTSIDE of your Center membership.



SYMPATHY IS EXTENDED TO HSC MEMBERS AND THEIR FAMILIES

HSC employee Cricket Morris on the death of her father.

HSC member Jim Rolling on the death of his mother.

HSC member Louise Betts on the death of her husband.

HSC member Helen Porter on the death of her daughter.

HSC members Michael & Cindy Coverdale on the death of his sister.

HSC member Mary Lou Betts on the death of her sister.

CENTER ACTIVITIES



MEMBER'S MEETING HIGHLIGHTS

2024 Fundraisers & Donations raised the following:

Boscov's Shopping Passes \$230.00
Alterations raised \$70.00
Canasta Card Group donated \$761.41,
Redner's Receipts \$245.87
Craft Show \$559.00
PHASE 10 group donated \$226.00
Capital Improvement Donations \$45750.00
General Donations \$5651.25
Crafts & Ceramics Classes \$472.62
Easter Eggs \$ 41.00



BIRTHDAY PARTY SPONSORSHIPS FOR 2025

Sign up begins now for sponsoring ice cream & dessert at our Birthday Parties for 2025. More than 1 person may sign up for a month due to increase costs. Sponsorships are \$20.00 per month.

MORE SPONSORS ARE NEEDED

THANK YOU JEAN MILLER FOR CONTRIBUTING THE CAKE FOR SO MANY YEARS!!



DECEMBER BINGO WINNERS

Joanne Young,
Laurie Giannetta, Darlene Marvel-Cole, Mark McGuckin, Jackie Sudler, Denise Woods and Brenda Alexander.

Congratulations to All!!



BOARD GAME TIME

Every Day

LOCATION: Social Room and/or Dining Room and Craft Room (when other programs are not in session in those rooms).

Come have fun playing a variety of board games. We have several board games available to be played by members. If we do not have a game you like, please let us know.



DONATION TO ST. STEPHEN'S EPISCOPAL CHURCH

Members have asked about making a donation to the church for allowing us to be there for two years at no charge (except their increase in utilities, which was minimal). The board will be adding to this donation and we will make a presentation to them.

Please turn in all donations by February 12th.

CENTER NEWS



We Need Your Suggestions and Ideas

1. Dine Arounds
2. Day Trips
3. Long Distant Trips
4. Fund Raising Ideas
5. Activities at the Center

Please come to our members meeting and help give us your input. You may provide suggestions by calling the Center at 302-398-4224.

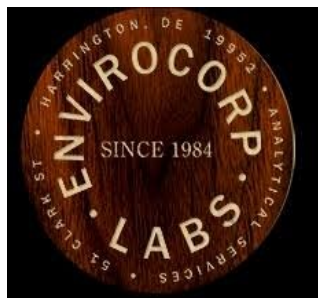


STARTING A HSC BAND

Do you play an instrument? Would you be interested in starting a HSC Band?

Sign up with Dana

Once we know the interest we will provide more details.



Full service laboratory specializing in analysis for commercial and residential clients!

51 Clark Street
Harrington, DE 19952
(302) 398-4313
Hours: Monday—Friday
8:00 AM —5:00 PM
info@envirocorplabs.com



New Members—

Remember to use your coupon for a free lunch on us. We look forward to you joining us on a day of your choice. Please bring your coupon in to redeem your lunch. You may also use your coupon for curbside as well.



EMAILS and FACEBOOK

If we have your email address, you should be receiving emails from the Center almost daily. If you are not, please check your junk or spam mail. We also post on Facebook so please like our Harrington Senior Center Facebook page to follow us.



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Your Local Shop With A **GREAT REPUTATION!**

Ask About Our Snow Blower Service & Repair

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Glenn Larson
Owner **302-786-2038** **Pick-Up Available**
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CENTER NEWS

DECEMBER PHASE 10 SCORES

- 1st Baldy Sadler with 130**
- 2nd Beverly Hollinger with 175**
- 3rd (TIE) Darlene Marvel-Cole and Jan Mitchell with 185**
- 5th Pat Shufelt with 210**
- 6th Heidi Seeley with 245**
- 7th Jeff Purse with 255**
- 8th Evelyn Sturges with 315**
- 9th (TIE) Watha Hostetler and Eileen Weber with 320**
- 11th Ginny Brooks with 440**
- 12th Eula Hoover with 455**
- 13th Bill Carpenter with 470**
- 14th Don Cooley with 755**



YOUR RIGHTS UNDER TITLE VI

Harrington Senior Center operates its programs and services without regard to race, color, or national origin in accordance with Title VI of the 1964 Civil Rights Act. Any person who believes that she or he has been aggrieved by any unlawful discriminatory practice under Title VI may file a complaint with our agency.

Any such complaint must be in writing and filed with this agency within 180 days following the date of the alleged discriminatory occurrence. For information on our nondiscrimination obligations or how to file a complaint, please contact Harrington Senior Center by any of the methods listed below.

Harrington Senior Center
102 Fleming Street
Harrington DE 19952
Phone – 302-398-4224

Laura D. Willis, Esq.
ALEMAN & ASSOCIATES
884 Walker Road Suite B
Dover De 19901
(302) 990-8801

www.ae-attorneys.com

lwillis@ae-attorneys.com

Practice areas include estate planning and business counseling.



REDNER'S RECEIPTS

When turning in your Redner's receipts, please do not cut off the bottom. We must have the part that reads "Today's 1% Save-A-Tape Total" with the date and dollar amount. All receipts must be within the last three years to count.

THANK YOU!

CENTER GUIDELINES

TRIP/ACTIVITY INFORMATION

1. We will begin boarding all trips approximately 15 minutes prior to the departure time. We board in the order in which you signed up for the trip.
3. All trips/activities must be paid for prior to the date of the trip/activity unless you are moved from the waiting list the day before. Should this occur you must pay before boarding the bus or participating in the activity.
4. **Refunds will only be issued if:**
 - A. We cancel the trip/activity
 - B. We are able to sell your seat
5. Everyone participating on a trip/activity must only need minimal assistance in transferring to seats, etc. Should you have an aide, they may sign up with you at the member price.



TRIP/ACTIVITY SIGN UP

DATE: Thursday, February 6th

DOORS OPEN AT 8:30 am

TIME: 9:00 am

Please come in and get a number from Dana and have a seat in the Craft Room.

You may only sign 1 other person up for a trip/activity.

SIGN UP

IT IS IMPORTANT TO SIGN UP

Signing up for events, activities, and trips is very important.

Please make sure you are signing up by the deadlines. This is important so we have room and items needed for the event. We also do not want to over order. Please look at the information for sign up dates and end dates. If you have questions, please contact us.



PICTURES IN THE NEWSLETTER, FACEBOOK & OUR WEBSITE

We take pictures at every event, on every trip, and just around the Center. We use these photos in various ways. If you do not want your picture used, please make sure you do not get in the picture. If your picture is taken, please notify the person taking it to delete it so it is not used. Thank you for helping us with publishing our photos to help showcase our Center.

CENTER NEWS

MEMORIAL/REMEMBRANCE TREE

As our Capital Campaign comes to an end, we will be working on our tree with the plaques and stones. (If you still would like to make a donation Please call the Center now.)

This tree will continue to grow through the years with any memorial or other donations for our building fund.

Please make sure you let the staff at the front desk know you want your donation marked as building fund.

The building fund will be used for any cost associated with the building.

NEW PROGRAMS AT THE CENTER

The Newsletter has many new activities listed. Please look at it closely.

We will have more survey's coming out soon on various program offerings. These survey's help us know what you want us to have and we are also required to gather data for grants.



**Monday-Friday
7:30 AM to 5:00 PM**

325 Walt Messick Road
Harrington DE 19952
302-398-3729

*Thomas E. Melvin
& Son Funeral Home, Inc.*



15522 S. DuPont Hwy.
Harrington, DE

(302) 398-3884

www.melvinfuneralhome.com



CENTER NEWS

NexTrex Recycling Challenge

How does the challenge work?

- Register on NexTrex.com to obtain access to the Trex Portal
- Determine a 12-month collection time period
- Collect a minimum of 1,000 lbs.
- Report recycling totals at my.trex.com

- Weigh, record and attached pictures
- Deliver the collected plastic film to a participating retailer (see list) for recycling

Stores prefer smaller and more frequent amounts in the provided bin. Please contact store ahead of time with larger amounts.

What does Trex provide?

- Up to three recycling bins
- Posters

What can I win?



Trex Bench

What can be recycled?

All plastic must be clean, dry and free of food residue.



With the help of Charlie Taylor with the Harrington Lions Club and Doug Crouse, we are looking to have a bench made for the Center. Our members can help by collecting different types of plastic listed in the article on the left.

Please bring your donation into the Center at any time to help us with this project.

Hometown Drugs

Keeping you healthy & happy

Phone: 302-450-1970

Address: 16819, S. Dupont Hwy, Harrington, DE 19952

FREE Rx DELIVERY

Our Major Services:

- Personalized Service
- Immunizations
- Accepting All Insurance
- Drive-Through Pharmacy
- Health Screening
- Over-the-counter Medicines

CENTER NEWS/SPONSORS/ACTIVITIES



DECEMBER WII SCORES—
The scores below are the total for the month.

- 1st—Eula Hoover with 230**
- 2nd—Don Cooley with 229**
- 3rd—Jeff Purse with 225**
- 4th —Jan Mitchell with 206**
- 5th—Beverly Hollinger with 191**
- 6th—Jackie Krech with 186**
- 7th—Eileen Weber with 161**
- 8th—Watha Hostetler with 125**



DECEMBER 500 CARD SCORES

December 4th—Winner was Harold Brode with 3770; Second was Donna Shugars with 2960; Third was Tom Shugars with 2820.

December 11th—Winner was Joe Frederick with 3180; Second was Donna Shugars with 3120; Third was Tom Shugars with 2770.

December 18th—Winner was Joe Frederick with 2900; Second was Tom Shugars with 2580; Third was Tom Brown with 2260.

This group is always looking for new players so come and join them every Wednesday starting at 12:30 pm.

COLLINS MECHANICAL INC.



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Residential &
Commercial**

**15294 S. Dupont Highway
Harrington DE 19952**

302-398-8877



HAPPY TAILS

DOG GROOMING

302-786-2528

**25 Commerce Street
Harrington DE 19952**

Hours:

Tuesday—Saturday

8:00 AM—3:30 PM

**Web Address: [https://
www.happytailsde.com](https://www.happytailsde.com)**

SPONSORS

Love to Win

\$40,000
Wintery Wins
Slot Tournament

**TUESDAYS
IN FEBRUARY**
4:00PM - 8:00PM
TOP PRIZE:
\$2,500
SLOT DOLLARS!

\$350,000
REALLY SWEET
KIOSK GAME
& DRAWING

**WEDNESDAYS &
THURSDAYS
IN FEBRUARY**
2:00PM - 8:00PM

\$40,000
Cash is King Drawing

**SATURDAYS
IN FEBRUARY**
8:00PM - 12:00AM
HOURLY DRAWINGS
TOP PRIZE:
\$5,000
CASH!

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WHERE WINNERS PLAY!

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*In prizes. Must be 21 years of age. No one under the age of 21 can enter the casino unless noted. Harrington Raceway and Casino reserves the right to cancel or change any promotion or event without notice. See Players Club for more details. All games are controlled by the Delaware State Lottery. Play responsibly. If you or someone you know has a gambling problem, call the Delaware Gambling Help Line: 1-888-954-8888 or visit www.delawaregambling.org.



**TO OUR 2024
SPONSORS**

PLATINUM

Blue Hen Construction
Byler's Store
Chick Harness & Supply Inc.
Cooks Tire & Auto Repair Service
Downtown Junction
Harrington Logistics
Harrington Raceway & Casino
Hendricks & Son Inc.
Hometown Drugs
Insurance & Financial Foundation LLC
MidTown Liquor
Rudy's Restaurant

GOLD

Collins Mechanical
Hudson, Jones, Jaywork & Fisher—
Laura D. Willis, Esq.
Thomas E. Melvin & Son Funeral Home

SILVER

Envirocorp Inc.
Happy Tails Dog Grooming
Larson's Mower Shop
Taylor & Messick

BRONZE

IN-KIND SPONSORS

Harrington Sunshine 4-H Club
Delaware State Fair
Ivins Florist
Harrington Lions Club
NeighborGood Partners
Harrington Fire Company Auxiliary
Home Instead Senior Care

FEBRUARY MANNA MENU

Lunch is served at 12 Noon. Meals are provided by the Modern Maturity Center, Inc. MANNA Programs. **Suggested Donation \$6.00 for ages 60 and up; \$9.00 payment required for Under 60 years of age** - Menu Subject to Change Without Notice. **IN-PERSON LUNCH is Noon until 1:00 pm**

Did you know? With funding from the Division of Services for Aging and Adults with Physical Disabilities, senior nutrition programs (Congregate and Meals on Wheels) are designed to provide balanced meals and services not met by other meal providers. We help you to live independently longer.

NOTE:

Please be advised that food served here may contain these ingredients: Milk, Eggs, Wheat, Soybean, Peanuts, Tree Nuts, Fish, Shellfish and Seafood Base.

<p>3</p> <p>Spaghetti with Meat Sauce</p> <p>Mixed Vegetables</p> <p>Italian Bread</p> <p>Brownie</p> <p>Milk</p>	<p>4</p> <p>Chili Dog on Roll</p> <p>French Fries</p> <p>Applesauce</p> <p>Milk</p>	<p>5</p> <p>Fried Chicken</p> <p>Mashed Potatoes with Gravy</p> <p>Collard Greens</p> <p>Cornbread</p> <p>Pudding</p> <p>Milk</p>	<p>6</p> <p>Beef Burgundy</p> <p>Buttered Rice</p> <p>Broccoli</p> <p>Roll</p> <p>Yogurt</p> <p>Milk</p>	<p>7</p> <p>Chicken Patty</p> <p>Potato Wedges</p> <p>Coleslaw</p> <p>Fruit</p> <p>Milk</p>
<p>10</p> <p>Chicken & Dumplings</p> <p>Buttered Carrots</p> <p>Biscuit</p> <p>Fruit</p> <p>Milk</p>	<p>11</p> <p>Beef Stew</p> <p>Buttered Broccoli</p> <p>Biscuit</p> <p>Brownie</p> <p>Milk</p>	<p>12</p> <p>Baked Ziti</p> <p>Vegetable Medley</p> <p>Italian Bread</p> <p>Mixed Fruit</p> <p>Milk</p>	<p>13</p> <p>Roast Pork w/Gravy</p> <p>Mashed Potatoes</p> <p>Sauerkraut</p> <p>Roll</p> <p>Dessert</p> <p>Milk</p>	<p>14</p> <p>Fried Shrimp</p> <p>Hush Puppies</p> <p>Coleslaw</p> <p>Roll</p> <p>Dessert</p> <p>Milk</p>
			<p>BIRTHDAY PARTY</p>	<p>VALENTINE'S DAY</p>
<p>17</p> <p>CENTER IS CLOSED</p> <p>PRESIDENT'S DAY</p>	<p>18</p> <p>Chicken Tetrizzini with Noodles</p> <p>Green Beans</p> <p>Wheat Bread</p> <p>Pudding</p> <p>Milk</p>	<p>19</p> <p>Beef Tips over Noodles</p> <p>Key Largo Vegetables</p> <p>Wheat Bread</p> <p>Pudding</p> <p>Milk</p>	<p>20</p> <p>Fried Chicken</p> <p>Macaroni & Cheese</p> <p>Mixed Greens</p> <p>Cornbread</p> <p>Pie / Milk</p>	<p>21</p> <p>Chili Con Carne</p> <p>Seasoned Rice</p> <p>Mixed Vegetables</p> <p>Cornbread</p> <p>Cookies</p> <p>Milk</p>
			<p>BLACK HISTORY</p> <p>CELEBRATION</p>	
<p>24</p> <p>Meat Loaf with Gravy</p> <p>Scalloped Potatoes</p> <p>Butter Peas</p> <p>Wheat Bread</p> <p>Mandarin Oranges</p> <p>Milk</p>	<p>25</p> <p>Boneless Pork Chop with Gravy</p> <p>Mashed Potatoes</p> <p>Chef's Blend</p> <p>Wheat Bread</p> <p>Jello</p> <p>Milk</p>	<p>26</p> <p>Sloppy Joe on Bun</p> <p>Potato Wedges</p> <p>Chuck Wagon Vegetables</p> <p>Brownie</p> <p>Milk</p>	<p>27</p> <p>Baked Salmon with Lemon Butter</p> <p>White Rice</p> <p>Chef's Blend Vegetables</p> <p>Dinner Roll</p> <p>Tropical Fruit</p> <p>Milk</p>	<p>28</p> <p>Baked Chicken with Gravy</p> <p>Mashed Potatoes</p> <p>Succotash</p> <p>Wheat Bread</p> <p>Applesauce</p> <p>Milk</p>



CALENDAR OF ACTIVITIES

Monday	Tuesday	Wednesday
<p>3 9:30—Armchair Exercise— (DR) 9:45—Exercise with Conner (DR) 10:30—Cardio Drumming (DR) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Mah Jongg (Card Room) 12:45—Mat Yoga (DR) 1:30—Chair Yoga (DR) 2:30—Tai Chi (DR) 6:00—Fitness Center with Conner</p>	<p>4 9:30—Senior Walking Program (DR) 9:30—Fitness Center with Conner 10:00—Cardio Drumming (DR) 10:00—Bible Study (Craft Room) 10:30—Bridge (Card Room) 11:15—11:45 Grab N Go Lunch 11:30—Cribbage (Social Room) 12:00—Lunch Served (DR) 1:00—Sit & Sew (Craft Room)</p>	<p>5 9:30—Armchair Exercise—(DR) 9:30 Fitness Center with Conner 10:15—WII Bowling (DR) 11:00—MMC Dietician Meeting (DR) 11:15—11:45 Grab N Go Lunch 11:30—Canasta (Craft Room) 12:00—Lunch Served (DR) 12:30—500 (Game Room)</p>
<p>10 8:45—Refresher Defensive Driving (CR) 9:30—Armchair Exercise (DR) 9:45—Exercise with Conner (DR) 10:30—Cardio Drumming (DR) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Mah Jongg (Card Room) 12:45—Mat Yoga (DR) 1:30—Chair Yoga (DR) 2:30—Tai Chi (DR) 6:00—Fitness Center with Conner</p>	<p>11 9:30—Senior Walking Program (DR) 9:30—Fitness Center with Conner 10:00—Cardio Drumming (DR) 10:00—Bible Study (Craft Room) 10:30—Bridge (Card Room) 11:15—11:45 Grab N Go Lunch 11:30—Cribbage (Social Room) 12:00—Lunch Served (DR) 12:30—Depart LFHS Pool 1:00—Sit & Sew (Craft Room)</p>	<p>12 9:30—Armchair Exercise—(DR) 9:30—Fitness Center with Conner 10:15—WII Bowling (DR) 11:15—11:45 Grab N Go Lunch 11:30—Canasta (Craft Room) 11:30—Blood Pressure Checks (DR) 12:00—Lunch Served (DR) 12:30—500 (Game Room) 1:00—Pen Pal Meeting (DR)</p>
<p>17 <b style="color: red;">CENTER IS CLOSED FOR PRESIDENT'S DAY</p> <div style="text-align: center;">  </div>	<p>18 9:30—Senior Walking Program (DR) 9:30—Fitness Center with Conner 10:00—Cardio Drumming (DR) 10:00—Bible Study (Craft Room) 10:30—Bridge (Card Room) 11:15—11:45 Grab N Go Lunch 11:30—Cribbage (Social Room) 12:00—Lunch Served (DR) 1:00—Sit & Sew (Craft Room) 1:00—Members Meeting Zoom & In-person (DR)</p>	<p>19 9:30—Armchair Exercise—(DR) 9:30—Fitness Center with Conner 10:15—WII Bowling (DR) 11:15—11:45 Grab N Go Lunch 11:30—Canasta (Craft Room) 12:00—Lunch Served (DR) 12:30—500 (Game Room) 1:00—Bingo (DR) Zoom & In-person</p>
<p>24 8:45—Beginner Defensive Driving (DR) 9:30—Armchair Exercise— (DR) 9:45—Exercise with Conner (DR) 10:30—Cardio Drumming (DR) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Mah Jongg (Card Room) 12:45—Mat Yoga (DR) 1:30—Chair Yoga (DR) 2:30—Tai Chi (DR) 6:00— Fitness Center with Conner</p>	<p>25 9:30—Senior Walking Program (DR) 9:30—Fitness Center with Conner 10:00—Cardio Drumming (DR) 10:00—Bible Study (Craft Room) 10:30—Bridge (Card Room) 11:15—11:45 Grab N Go Lunch 11:30—Cribbage (Social Room) 12:00—Lunch Served (DR) 1:00—Sit & Sew (Craft Room) 1:30—Movie Day—Mamma Mia</p>	<p>26 9:30—Armchair Exercise—(DR) 9:30—Fitness Center with Conner 10:15—WII Bowling (DR) 11:15—11:45 Grab N Go Lunch 11:30—Canasta (Craft Room) 11:30—Blood Pressure Checks (DR) 12:00—Lunch Served (DR) 12:30—500 (Game Room) 1:00—Depart for Bowling</p>

FEBRUARY 2025

Thursday	Friday	Saturday
		1
<p>6 9:00—Trip Sign Up 9:30—Senior Walking Program (DR) 9:45—Exercise with Conner (DR) 10:30—Phase 10 (Card Room) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Pinochle (Card Room)</p>	<p>7 9:00—New Beginners Line Dancing (DR) 9:30—Beginners Line Dancing (DR) 9:30—Pool Group (Social Room) 9:30—Party Bridge (Card Room) 10:00—Improver Dancers Line Dancing (DR) 11:15—11:45—Grab N Go Lunch Pick-up 12:00—Lunch Served (DR) SUPER BOWL PARTY 12:30—Bridge Brush Up Class (Card Rm)</p>	8
<p>13 9:30—Senior Walking Program (DR) 9:45—Exercise with Conner (DR) 10:30—Phase 10 (Card Room) 11:00—11:30 Grab N Go Lunch 12:00—Lunch Served (DR) BIRTHDAY PARTY 12:30—Pinochle (Card Room) 1:30—Bingo (DR) Zoom & In-person 6:00—Board Meeting (DR)</p>	<p>14 9:00—New Beginners Line Dancing (DR) 9:30—Beginners Line Dancing (DR) 9:30—Pool Group (Social Room) 9:30—Party Bridge (Card Room) 10:00—Improver Dancers Line Dancing (DR) 11:15—11:45—Grab N Go Lunch Pick-up 12:00—Lunch Served (DR) Valentines Party & Entertainment 12:30—Bridge Brush Up Class (Card Rm) 1:00—Computer Tech</p>	<p>15 BLACK HISTORY EVENT 12:00 pm to 2:00 pm Doors open at 11:30 am Here at the Center</p>
<p>20 9:30—Senior Walking Program (DR) 9:45—Exercise with Conner (DR) 10:30—Phase 10 (Card Room) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) - Black History Month Celebration 12:30—Pinochle (Card Room)</p>	<p>21 9:00—New Beginners Line Dancing (DR) 9:30—Beginners Line Dancing (DR) 9:30—Pool Group (Social Room) 9:30—Party Bridge (Card Room) 10:00—Improver Dancers Line Dancing (DR) 11:15—11:45—Grab N Go Lunch Pick-up 11:30—Depart for Dine Around 12:00—Lunch Served (DR) 12:30—Bridge Brush Up Class (Card Rm)</p>	22
<p>27 9:30—Senior Walking Program (DR) 9:45—Exercise with Conner (DR) 10:30—Phase 10 (Card Room) 11:15—11:45 Grab N Go Lunch 12:00—Lunch Served (DR) 12:30—Pinochle (Card Room) 1:00—Bingocize (DR) 2 hours</p>	<p>28 9:00—New Beginners Line Dancing (DR) 9:30—Beginners Line Dancing (DR) 9:30—Pool Group (Social Room) 9:30—Party Bridge (Card Room) 9:30—Depart Shopping at Ollies 10:00—Improver Dancers Line Dancing (DR) 11:15—11:45—Grab N Go Lunch Pick-up (DR) 12:00—Lunch Served (DR) 12:30—Bridge Brush Up Class (Card Rm) 1:00—Computer Tech</p>	



FEBRUARY 2025 BIRTHDAY WISHES



February 2nd

Regina Timmons
Mark McGuckin
Eileen Weber
Laure Giannetta

February 3rd

Lester Burton
Darlene Sampson

February 4th

Diane Lander
Sidney Jefferson
BZ Chauka
Betty Myers

February 5th

Kathleen Shoemaker
Henry Bergfelder

February 6th

Milton Fryar
Bonnie Voshell

February 7th

Robert Steigler
Carolyn Jones
Bill Manship

February 8th

Maggie Rothermel

February 9th

Bill Haines

February 12th

Lester Gibbs
Maddie Fagan

February 13th

Terrance Walsh
Ryan Brown

Linda Mullin

February 14th

Robin Rockemann

February 15th

Robin James
Frances Chandler
Shirley Ann Carpenter

February 17th

Bruce Pleasanton
Shaundra Banks-Chennell
Frederick Lake Sr.

February 18th

Bonnie Barton
Tammy DeSanto

February 20th

Sheryl Ford
Penny Folkner-Bush
Judy Young

February 21st

Ernest Jenkins
Doug Crouse

February 22nd

Florence Petroski
Kim Robbins
Richard Seeley

February 23rd

George Cooper

February 24th

Judy Walls
Allen Drummond

February 26th

Nancy Lawson

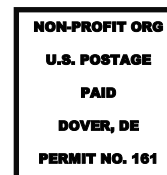
February 27th

Norman Short
Norma Frost

February 28th

Doreen Grzelak
Betty Pedersen

Harrington Senior Center
102 Fleming Street
Harrington DE 19952



Return Service Requested